



Art for the mind and soul

By Lori Penner

When the Gardens on Tenth opened in Altona in 2015, many new tenants brought art pieces and collections from their previous homes with them.

Because of space, some pieces were tucked away in storage, so a small group of tenants got together to make sure these works were displayed throughout the building. A small art committee was formed, and the building's walls have been graced with pieces featuring a variety of genres and mediums.

More recently, the hallway on the way to the atrium on the main floor has served as a gallery, displaying images and objects for all to enjoy.

"It's a place where tenants can share their own work or we can share the work of other artists," said art committee member Elizabeth Falk. "This is something we're very proud of ... we've had a number of artists over the years with various genres and mediums. It's mostly local artists but also a variety from other communities. They're always very appreciated."

There are also mini galleries on the hallway walls on each floor at The Gardens.

The current committee, made up of Falk, Lois Braun, Lloyd Loewen and Sara Bueckert, recently decided to offer a new exhibit for every season. This spring, the gallery will display the photography collection of Rick and Grace Knelsen and their daughter Litonya Knelsen.

The Knelsen family consider their cameras to be instruments of worship, praising the Creator for His beautifully created world. Through their missionary work, their cameras have gone with them to Europe, Africa and the Middle East and wherever they travelled in the U.S. and Canada. Litonya's work is also featured in online platforms such as the App Whisperer or published in Living the Photo Artistic Life Magazine.

"Our daughter grew up watching us take photos everywhere we worked and travelled," said Grace. "We take our cameras wherever we go, whether it's abroad or right here in Manitoba. This province has so many beautiful places, as well."

The family used to display their work at vendors and home shows, but this is their first official public ex-

hibit. "I look at those photos and marvel

Emergency Preparedness Week May 8th - 12th, 2023

Emergency Notification Systems Test: May 8th, 1 PM

Altona's outdoor warning siren will be activated for four minutes as an annual test to check that the equipment is working properly. The Warning Siren will continue to be tested for a few seconds daily at noon.

The siren may sound when Altona is threatened by any hazard to alert anyone outdoors of a potential emergency and let them know to seek shelter. When the siren sounds for longer than 30 seconds, seek shelter and tune in to CFAM 950 AM on your radio to find out what the threat is, & how to protect yourself.

In case you are indoors during an emergency, be sure to sign up for emergency alert notifications to your email, cell phone, or landline through the Altona CONNECT system at www.altona.ca or by calling 204-324-6468. This system will also be tested May 8th.

Emergency Preparedness Expo: May 10th, 6-8 PM

Join us at the Millennium Exhibition Centre arena surface for a familyfriendly drop-in exhibit to learn more about how you and your family can be prepared for an emergency, and learn how the town prepares as well. Join us for some food, check out the equipment that we use to help keep you safe, and enter to win prizes!





PHOTO BY LORI PENNER/VOICE

Rick and Grace Knelsen's photography is featured at the Gardens on Tenth gallery until the end of June. Their daughter Litonya's work is also on display.

at God's creation. We all have an eye for beauty, and there's a drive within us to record it and share it with other people. They may not get to Egypt; they may not get to the African continent, so this is just a way for people to get a peek."

The family also has connections to Altona. Committee member and tenant Lloyd Loewen is Grace's brother.

"My parents and brothers moved here in the 1960s, but I have never lived here. I visit the Gardens and I just love the building. It's a beautiful place for all kinds of art."

Now that they're retired, Rick and Grace continue to take photos, but they've grown to appreciate the beauty right in their own backyard.

"It's not as intense, and we search in locations near us. We always find something. We're open to whatever we see. We're surprised every time we're out there. It's good to be alert and willing to see the beauty that's right in front of you."

"Their work is fascinating, and it's a joy to have it here," said Falk. "We want to keep doing this. Exposing people to different genres makes me very happy. This exhibit is mentally stimulating and fascinating for those who may have never travelled to these places. I'm very much looking forward to future exhibits."

The Knelsen family's photography will be on display at the Gardens on Tenth until the end of June. All are welcome to come and appreciate it, and to learn more about the Knelsen family photography, go to www.knelsencollection.com or litonyaknelsen.zenfolio.com.

Altona man charged in stabbing

Voice staff

An Altona man is in custody and charged with the stabbing of another town resident.

Altona police were called to an apartment building around 3 a.m. April 22 in response to multiple calls about a disturbance.

Officers encountered a 49 year old man who had suffered multiple stab wounds, and he was taken to the Boundary Trails Health Centre in stable condition and was later released.

The suspect, a 25 year old man from Altona, fled the scene before police arrival but was later arrested several blocks away without incident.

The investigation continues with police so far just saying that the victim and accused are known to each other.

The suspect was remanded into custody on charges of assault with a weapon, aggravated assault, forcible entry, uttering threats, causing a disturbance and several counts of failing to comply with a probation order.

Area leading the way in waste diversion

By Lorne Stelmach

Morden and Winkler hosted a day long event last Thursday that showcased how it is helping lead the way in waste management and diversion.

The spring meeting of the Manitoba Association of Regional Recyclers (MARR) included tours to the regional landfill, Green Opportunities (formerly Penner Waste), Enviroclean Landfill Solutions and Gateway Resources.

It demonstrated how this region remains among the forefront in planning, delivery and management of community-based waste reduction and recycling and management in Manitoba, organizers suggested.

"The uniqueness of Morden and Winkler right now is typically when we do these things, we do one tour, one place that's doing some good things," said Mike Fernandes, a consultant working with MARR. "The difference here is we completely changed it because we have these four wonderful operations doing great things, and people can learn a lot from what they're doing here.

"There's a lot of interest in what they're doing. That kind of clustering of activity is not happening everywhere," he continued. "Winkler and Morden were always on the cusp of it ... they actually were one of the original members of this organization ... it was a lot of what was called sheltered workshops at the time.

"What's happened now as well is dealing with the organic waste and soil nutrients and trying to recapture soil nutrients and food waste and that kind of thing, and Winkler and Morden have taken on another leadership role in those areas."

MARR's vision is to maximize waste diversion and recycling and to develop more sustainable and responsible waste management practices in communities in all regions of the province of Manitoba.

The organization moves their annual spring meeting around the province and have been in Steinbach, Brandon and the Interlake in recent years, and the tours especially provide a great opportunity to see what's being done and what is possible.

"It really is Manitoba community grassroots ... all the people on the ground doing recycling and waste diversion across the province, and it includes municipalities and includes local recyclers like Gateway Resources," said Fernandes.



PHOTO BY LORNE STELMACH/VOICE

Mark Milne led tours of the Enviroclean Landfill Solutions facility in Morden as part of the Manitoba Association of Regional Recyclers meeting last week.

"The members of the association really learn from each other. This is very much a member driven, grassroots based organization ... they hear from experts and people who have been involved in the field for a long time ... that kind of learning that can take place is really important."

There is increasing interest in the idea of a circular economy and keeping material in use as long and as much as possible, and Fernandes suggested "Morden and Winkler have four great examples of it."

The next step for many is to find more ways of using things like food waste and yard waste .to capture the nutrients and put them back into use, he cited as an example.

"If we capture it, do something with it, create those nutrients that can return back into soil, what a wonderful thing, so that's the circular part of it," said Fernandes.

"This is where most of the world is going or trying to go to, and the organics is one thing we can have a real natural control over here in Manitoba," he continued. "As landfills become more difficult to manage, and land is valuable, we're going to see more and more this now. "The value of it is something that is untapped, and what they're doing in Morden and Winkler is really starting to take advantage of that ... it's happening in other places now too," he added. "They're an integral part of the waste management future in Manitoba."

Enviroclean Landfill Solutions is a prime example with the Morden facility housing six aerobic rapid bio-digestion machines that process food and green waste from surrounding cities and towns.

"I think the more people know what we can do and how amazing this process is the better," said president Mark Milne.

"It's hard to know where all this will go, with municipalities and companies that pick up product and all the other interests that are involved ... it's difficult to know the final path, but it makes so much sense on so many levels," said Milne.

"I've travelled a lot throughout the world, and I haven't found a system yet that is doing what we're doing," he concluded. "I've got benefits that we have that I haven't seen being used elsewhere ... at some point, I think people will come to realize what we've got here."



Accident takes driver's life near Roseisle

A Roseisle resident died last week as a result of an accident near the small community west of Carman.

Pembina Valley RCMP were called out April 17 at 11:25 a.m. to the two vehicle collision on PR 245 two kilometres west of Roseisle in the RM of Dufferin.

RCMP say a westbound SUV driven by a 66-year-old man from Roseisle turned south on Road 40W and was struck by an eastbound pickup truck driven by a 67-year-old man from Notre Dame de Lourdes.

The Roseisle resident was taken to hospital where he died as a result of his injuries. The other driver, a 67-year-old man, and his 66-year-old female passenger were taken to hospital with non-life threatening injuries.

Pembina Valley RCMP continue to investigate the accident.

4 The Voice Thursday, April 27, 2023 First nation honoured for conservation commitment

By Lorne Stelmach

The Pembina Valley Watershed District is honouring both a community and an individual this year for their commitment to conservation.

The district in partnership with Manitoba Department of Environment and Climate is honouring Swan Lake First Nation and traditional knowledge holder Dave Scott with the 2023 conservation award.

The first nation is cited for actively building partnerships with watershed districts and promoting sustainable environmental stewardship practices while Scott is honoured for playing an instrumental role in these endeavours.

The award in memory of the late Mike Cabernel is presented each year to recognize an individual, organization, family or business who actively promotes wise farm management and conservation practices, and it was motivation for Scott to make an exception to his general rule of not accepting awards.

"I just do the work because it's necessary," said Scott.

"I think it's important that we continue on this path of working with our neighbours especially on environmental issues. I think this could encourage more of our people to be more engaged in the environmental issues. That's the most important thing.

"It's important to recognize that there are issues far bigger ... so teaching my community members here about the environmental issues and concerns that are important is part of my outreach.



SUBMITTED PHOTOS

The Swan Lake First Nation is cited for actively building partnerships with watershed districts and promoting sustainable environmental stewardship practices while David Scott is honoured for playing an instrumental role in these endeavours.

"We seem to have forgotten our traditional roles ... so that is part of the reclamation or revitalization of our culture and our traditions."

Swan Lake First Nation was cited for being at the leading edge of building partnerships, fostering conversations with neighbours about environmental stewardship and promoting environmentally sustainable practices.

For generations, it has always promoted and practised land stewardship in ways that reflect their responsibility to care for the land and to build relationships of respect and reciprocity with all of the natural world. In recent years, it has especially ris-

en to the occasion in being proactive

in reaching out to watershed districts to explore ways to develop partnerships that would reflect commitments to caring for the land and respect for indigenous knowledge and rights.

By November of 2021, Swan Lake First Nation had led the development of a memorandum of understanding with three watershed districts that overlap with its lands. It outlined a number of key priority areas including:

- ensuring indigenous knowledge plays a significant role in sharing environmental stewardship activities;

- ensuring that projects on its lands provide economic and employment opportunities for members; - continuing to develop partnerships around specific stewardship initiatives;

- working together to better understand how aboriginal and treaty rights, truth and reconciliation calls to action and the United Nations Declaration on the Rights of Indigenous Peoples might impact partnership development.

Through partnerships, Swan Lake First Nation has been successful in securing additional funds to develop projects focused on new watershed stewardship projects and on building relationships with non-indigenous partners and neighbours.

The efforts are supporting initiatives like restoring damaged wetlands, building capacity for monitoring and research activities and creating landbased programming and workshops for indigenous and non-indigenous participants alike that demonstrate the commitment to caring for the land while building respectful relationships.

Much of what Swan Lake First Nation has accomplished in the areas of land stewardship is directly due to Dave Scott's tireless commitment to caring for the land and sharing his wealth of knowledge regarding land policy and legislation along with Indigenous historical and traditional knowledge.

In fact, Scott was instrumental in lobbying to bring about the change in provincial legislation represented by the watershed districts act in order to provide avenues for first nations



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Nomination Election Day is April 29

Eden marks Mental Health Awareness Week with free events

"WHEN WE SHARE

THAT'S WHEN WE

GETHER AND REAL-

LY SUPPORT EACH

OTHER AND LEARN

EMPTAHY."

CAN GROW TO-

OUR STORIES,

By Ashleigh Viveiros

Eden Foundation is marking national Mental Health Awareness Week with five days of free community events.

The foundation takes over the Winkler Arts and Culture Centre nightly from 7-9 p.m. May 1-5.

"Every evening is something different," says foundation director of development Jayme Giesbrecht.

The Monday night topic is "Newcomer Stories in Immigrant Populations" featuring a presentation from the Pembina Valley Local Immigration Partnership and guest speakers Shepherd Chiwandire, Yevgeniya Tatarenko, and Zahid Zehri.

"We know we have a diverse, multicultural community," says Giesbrecht. "But we don't always get to hear those stories or the mental health struggles that comes with leaving your home country, getting settled in a whole new town and getting accustomed to the lifestyle here." "An Evening with Eden Health Care Services" on Tuesday, May 2, will include presentations on mindfulness techniques from community mental health clinician Cheryl Dyck, music

therapy from certified musical therapist Joel Klassen, and mental health insights from Recovery of Hope counsellor Andrea Dyck. The Wednesday night event then takes a break from speakers for some hands-on fun with

the Mental Health Rocks Paint Night. "If you've gone for walks around town, you may already notice little paint-

ed rocks here and there," says Giesbrecht. "We want to paint our rocks with a mental health message, and then people can leave them around

town for others to see and hopefully be encouraged.

"Not to mention, painting itself can be a really good exercise for your mental health."

Thursday night will feature a presentation from author and certified life and health coach Anita Froese on "The Journey to Being Authentic."

"Anita is very open about the struggles that she has faced in her personal life and with her mental health and how she has overcome those," Giesbrecht says.

The week wraps up on Friday, May 5, with "Stories from Our Community."

"We are so looking forward to having Winkler Fire Chief Richard Paetzold out to share the struggles of being a firefighter when it comes to mental health," Giesbrecht

says. "They're running towards danger when most of us are programmed to run away from it."

Also sharing his stories that evening will be local palliative care nurse Blake Derksen.

With four nights packed full of personal stories and insights, Mental Health Awareness Week in Winkler is going to live up to this year's theme of *Get Real*.

"I think that all of these evenings will amplify that and help people to realize it's okay to say that you have struggled or are struggling," Giesbrecht says. "Because when we share our stories, that's when we can grow together and really support each other and learn empathy."

Each night is free to attend. Pre-registration is not required. Beverages will be available for purchase.

For more details, email foundation@ edenhealthcare.ca or check out the various Eden social media pages.

SPONSORED CONTENT

High School Apprenticeship: Win-win for Student-apprentices, Businesses.

As an employer, you know that skilled tradespersons are essential to your business.

Like many other employers, you may be finding it hard to hire new employees due to labour shortages.

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What if there was an innovative opportunity to address these challenges and enhance your business?

An opportunity to advance your business while supporting the next generation of skilled tradespersons. An opportunity to mentor local workers and have them learn your unique approach to business and build strong relationships with your customers. An opportunity to apply for financial incentives.

Apprenticeship is a tried-and-true method of recruiting and maintaining talent, and hiring a student-apprentice through the High School Apprenticeship Program (HSAP) could be the solution your business is seeking.

The High School Apprenticeship Program (HSAP) is a pathway for students to explore a career in the trades while completing their academic graduation requirements. Local high school students enrolled in the program gain practical on-the-job experience and develop skills for success in the workplace. Once they graduate, they may be granted advanced standing in the post-secondary apprenticeship program, allowing them to transition to their journeyperson certification sooner.

The program doesn't just benefit studentapprentices — it also benefits you as a participating employer. Hiring a studentapprentice is a smart business move in more ways than one. Adding student-apprentices to your team fills key positions, provides access to unique support and may help you develop loyal long-term employees.

Plus, there are new resources dedicated to enhancing the province's High School Apprenticeship Program that are specifically designed to support you — the studentapprentice's employer — as you support the next generation of skilled tradespersons.

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Learn more at Manitoba.ca/studentapprentice.



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DI IRI ISHER Lana Meier



EDITOR Ashleigh Viveiros





REPORTER Lori Penner



SALES Gwen Dyck



PRODUCTION Tara Gionet

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DISTRIBUTION Christy Brown moment?

I don't know why I ask because by the time you read that and respond it will be too late, I will have gone and been all political again to your great dismay.

Anyhow, I am interested in this latest round of yelling between the Prime Minister and the Leader of the Opposition, both of whom are apparently right and honourable (it's in their title so it must be true). I am interested in the same way people are "interested" in horrific car accidents as they drive past.

One of the latest arguments between these two star-crossed lovers is whether or not the Canadian Broadcasting Corporation should be labelled on

Twitter as "State Funded Media" (to be read hauntingly slow like the ghost of Sen. Joseph Mc-Carthy). The whole thing

is ridiculous given that there are **By Peter** many people in this Cantelon

country increasingly struggling to make a living and to find affordable housing. Virtually no one cares what Elon Musk and Twit-

ter think of the CBC. Still as we approach (???) another election by 2025 (so far away), political animals are doing whatever they can to gain some sort of a grasp on the legendarily slippery Trudeau. To that end Mr. Poilievre has been sending vast and enormous quantities of letters to all sorts of powerful people all over the place trying to find allies in his efforts to gain the role of Prime Minister someday.

At any rate, as of the time of writ-

ay I be political for a ing this in the recent past, the efforts to brand CBC as (gasp) "State Funded" on Twitter have been successful. This allows Mr. Poilievre to say about the CBC, "Now people know that it is Trudeau propaganda, not news" which seems like a waste of time given his followers probably thought that already and it is unlikely fans of the CBC will suddenly become suspicious.

This column is propaganda

In response the CBC clarified that it is "publicly funded" through a non-partisan committee of parliament and not state-funded (which sounds like semantics but is accurate).

Having worked for many media organizations over the years both reputable and of ill repute, I can say that not once has anyone ever gone to a journalist and said, "Hey-we just got a crap ton of money from Conrad Black so from now on nothing you write can reflect poorly on him and his interests."

This is because the insane logistics of trying to enforce and police that would be a comical nightmare and also journalists actually do have integrity (some of us) and have, in the past decades, merely become handy pawns in this weird and divisive culture war that wages all the way up to parliament.

I mean, I can write TRUDEAU IS A DYCK!!! (note the Mennonite spelling to evade the censors) in all caps because I am not part of some weird propaganda machine and I could do it at the CBC just as easily.

If we are going to label every organization that receives government funding/support as "Trudeau Propaganda" then look out churches and Bible camps because obviously you are now propaganda machines for Trudeau. Grant money, tax free status, etc. all come from government, right?

Of course, this is all part of Poilievre's effort to fulfill the promise he made to "defund the CBC" which seems odd in the sense that having a media outlet run by public funds and not beholden to advertisers and deep pocketed owners would seem to suggest LESS bias and not more. But what do I know, I'm merely a Trudeau Propagandist ... err, journalist.

I suppose if people think media would be far more fair if they were entirely beholden to wealthy owners and advertisers who am I to stand in the way.

Now if you will excuse me I have to connect with my peers in the Global Journalism Cabal (GJC) and find out who I am supposed to write propaganda for next.

Letter policy

The Voice welcomes letters from readers on local and regional issues and concerns.

Please keep your letters short (excessively long letters are less likely to be published), on-topic, and respectful.

The *Voice* reserves the right to edit, condense, or reject any submission.

Please include your full name, address, and phone number for verification purposes. Your name and city will be published with your letter. We do not print anonymous letters.

Send your letters to us by e-mail at news@winklermordenvoice.ca.

All columns and letters published on our Get Heard pages are the personal opinions of the submitting writers. They are not objective news articles, nor are they necessarily the viewpoint of the Voice.

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ADVERTISING: Gwen Dyck 204-823-0535 gdyck@winklermordenvoice.ca

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NEWS DESK:

Ashleigh Viveiros Editor 204-332-3456 news@winklermordenvoice.ca

Lorne Stelmach Reporter 204-823-2655 Istelmach@winklermordenvoice.ca

MAILING ADDRESS: Winkler Morden Voice

Box 39, Stonewall, MB R0C 2Z0

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Learning to bend without breaking

knew a lovely lady who lived to be 103. She lived on the farmstead established with her late husband almost until the day she died. She planted flowers, baked, and sewed, and confessed to a secret addiction

to soap operas. She'd look you right in the eye when she was talking to you, putting her face very close to yours so she could hear your reply. She never had plastic surgery, but her



By Lori Penner

face was beautiful, with happy lines revealing a life of wide smiles and

warm days squinting in the sunshine. The eyes that gazed at you still sparkled with mischievous life, and she could tease with the best of them.

I ran into her at a funeral years ago. She seemed to have shrunk a bit since the last time I had seen her. She approached my table at the post-service lunch in the church basement, grabbed my hand with a strength that surprised me, and asked me how I was.

"I guess the next time I attend one of these, I'll be the one in the box," she chuckled. I told her I was sure she'd still be around for many years to come. She shook her head doubtfully, but smiled at me as if to say that she wouldn't be altogether unhappy if I was wrong. We said our goodbyes and I watched her walk slowly, but steadily away.

People like her always amaze me. They endure illness, grief, financial and family stress, and heartache, but seem to get through it all unscathed. Is it their attitude that sustains them, careful attention to their health, or just a really good gene pool?

I wonder sometimes if the fountain of youth is flexibility. Never fighting the winds of change, but rather, letting them blow around you and over you, letting them carry you along. Like a willow tree, bowing to the tempest, almost touching the ground at times, but bouncing right back up when the storm dies down.

Being in the world, but not of it. Maybe people like her live with their troubles, but don't let them become a part of them. They accept that constant change and loss are the cost of being alive.

If you're anything like me, you staunchly resist change. I'm more like the stubborn old oak that refuses to bend or even sway to the gale. Sure, I'll lose most of my branches and leaves in the fight, but just don't ask me to move. People like that are admired for their strength and fortitude, but stubbornness, like anything, has a price.

Even the strongest trunk can snap with enough resistance. And a tree without branches or leaves doesn't thrive or offer much shade.

Maybe it's the strength and stability of its roots that allow the willow to bend but not break. In the storm of shifting social attitudes and political climates, when everything you thought was safe and secure turns into dust in the wind, it's important to have a solid base. You think the tree is swaying, but it's really only politely complying, knowing that what lies beneath the surface will hold it until the storm passes.

Perhaps it's hope, or knowing that the sun will shine again, that causes the tree to spread its branches as wide as its roots. Not dreading and bracing itself for the worst, but rather living with the good faith that when the worst comes, it will survive, and bend with the wind.

letter to the editor

Choose which way is the best

RE: *Council* needs to move the community forward, not backward by Kevin Driedger in the April 13 Winkler Morden Voice.

I also grew up in Winkler my whole life of 61 years. I have always been an avid reader and have taken books from the library.

I also am deeply disturbed by a minority of people who want to quietly sneak in the ideology of right becoming wrong and wrong being right.

In ancient times, before the great world wide flood, God saw the wickedness of men was great in the earth and that every imagination of the thoughts of his heart was only evil continually, and it repented the Lord that he had made man on the earth, and it grieved him in his heart - Genesis

6:5-6 KIV.

Do I grieve God if I do not stand for and speak truth and let evil slide into our great community? Am I a lone voice warning us that God's judgement is coming if we do not want and love in our hearts.

God have mercy on us.

To our citizens and members representing us: There is another option of living life of just forward and backward.There is the upward way leading to love and peace or the downward way to eternal death.

Choose you this day which way is the best.

Alma Friesen Winkler

Think you're registered? THINK AGAIN!

Sign up online to be an organ and tissue donor.

Shared health Solns communs

Many of us carry a blue paper donor card in our wallet. But did you know the registry has moved online? All Manitobans are encouraged to go register at **signupforlife.ca**. It's time to upgrade, even if you still have a signed paper card.





Manitoba 🗫

Change and growth for credit union

By Lori Penner

Significant change, evolution and growth were the themes of 2022 for Access Credit Union.

Board chair Kevin Beresford delivered a review of the past year at the annual general meeting last week, and he recalled how 2022 started off with membership approval of a merger with Noventis and Sunova credit unions in January.

"We're seeing the core benefits the board covered in their due diligence process - a stronger, more resilient credit union that can give back to the communities it serves, a robust development environment for staff and a continued commitment to great product, services and rates for all members regardless of the way they wish to bank," said Beresford.

He added these benefits led to additional conversations with Amaranth, Casera and Carpathia credit unions later in the year. As a result, memberships from all three credit unions voted to join Access as well.

"In joining with Access, it underscores the necessary work that our legacy directors and credit unions began many years ago in building the foundation of success we see today.

"While these changes have been impactful on staff and members, the rapidly changing financial services environment requires that credit unions adapt, grow and change at a faster pace than ever before," added Beresford.

"We're all faced with new requirements, new technologies and new demands for members who see convenience of technology, an aggressive rate environment and the importance of local investment as key priorities for their financial institution of choice," he continued. "Access is well positioned to be that institution, and as we continue to grow, we'll focus on serving the needs of those members including expanded in-branch offering and wealth services."

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After a year of growth, Access Credit Union will see their membership increase to over 194,000 members by July 1, 2023.

Last year, the board tasked itself with determining the new vision, priorities and values for the amalgamated organization.

"Our refreshed vision aligns with the strategic direction of the board, ensuring the financial well-being of our members and communities is served through the unique strengths of our new credit union," Beresford said.

"We continue to prioritize serving our clients and members with excellence, to invest in a sustainable future for our communities and to empower our staff to their fullest potential. We will achieve these goals through the consistent application of four basic principles: doing good, being better, owning it and moving forward."

Access Credit Union's deposit and loan portfolios grew substantially in 2022 in addition to growth as a result from the Noventis and Sunova mergers. The loan portfolio grew by 85 percent in 2022, 65 percent of which was the result of the merger but 20 per cent was a result of the organic growth, explained president and CEO Larry Davey.

Deposits enjoyed similar success, growing almost 71 percent - 64 percent of that was from the mergers and 7 percent was a result of organic growth. Last year also saw a record \$13.5 million in profits returned to members.

The institution continued to support the communities it serves by sponsoring organizations, charities and events that reflect the values of its members, employees and communities. In 2022, Access donated over \$1.5 million to local charitable organizations, and employees raised

over \$118,000 for community organizations through the Access Jeans for Charity program.

For the eighth year in a row, Access was also named one of Manitoba's Top 30 employers.

"As our team grows to almost 800 staff across Manitoba, we continue to strive to be employers of choice. Supporting professional and innovative environments, developing staff to achieve their full potential. Each employee contributes to the continued success of Access," said Davey. "Being recognized as a top employer is an important goal of Access, as both the employment market shifts and the demand for specialized knowledge increases.

"By creating an environment that encourages development, facilitates teamwork, inspires innovation and highlights the importance of worklife balance, we are better able to recruit and retain exceptional individuals that serve our members in-branch and online. Our internal teams manage specialized areas within our organization."

Looking ahead to 2023, Davey said they are excited about their upcoming merger effective July 1 with Carpathia and Casera Credit Unions, and their already effective merger with Amaranth. This merger will result in membership increasing to over 194,000, more than 1,000 employees and 61 branch locations.

"Our focus on our members, employees and communities continues through each merger, and we anticipate bringing that effort to the benefit of those organizations and their members as well."

Morden in search of firefighters

By Lorne Stelmach

Morden Fire and Rescue is again looking for a few good men or women to join the crew.

The fire department is recruiting after having lost about a half dozen members in the last few years due to retirements or families moving out of the community.

The last recruitment process happened in 2019 just near the beginning of the pandemic, and they had good interest at that time so fire chief Andy Thiessen is hoping for good candidates again this time.

"You never know who has maybe been thinking about it over a period of time," said Thiessen. "I have a number of applications already ... so there's interest out there. You just never know until they show up."

Candidates of course will have to be prepared for some vigorous testing physically, so it wouldn't be for everyone.

"We want to give everyone a chance if they're interested. The first step is the physical part," said Thiessen. "We just put them through the paces to make sure that they're not being put in a spot they won't be comfortable with," he said. "It's not meant for everyone."

The initial physical testing is to be done on June 17 followed then by interviews, so that process will likely screen some people out.

Those who are still standing will then go into the formal firefighter training process while gradually being brought on stream with the fire department.

"We want to try to start bringing them on fairly quickly in the summer time so they have an opportunity to get to know the facility, the guys who are already on the crew," said Thiessen. "We then put them into a firefighter level one course, and that starts in September and goes throughout the whole winter, and that is done here in house.

"We try to gradually include them as much as we can then as they go through the course. As they go through the course, there's different blocks, and once they have completed one block we can allow them to do that on scene," he noted.

"When they get to the full training, it doesn't matter what kind of call we go to, we're hoping and expecting them to be there for it."

The deadline for applications is May 31, and more information including an application form can be found online at www.mordenfire.com, or you can also stop in at the Morden firehall. Thiessen was confident they would

get enough candidates to get back to their full complement of 39 members.

"We've been quite fortunate so far in having people interested in applying," he said. "There's a lot of communities across the province that have a tough time getting people to join up, so we're quite fortunate ... so far anyway."

Continued from page 4

in general to build their land governance capacity.

Successfully building partnerships and collaboratively securing funding for land stewardship initiatives has enabled it to expand on much of the monitoring and relationship-building work for which Scott has already volunteered countless hours over the past decades.

One key initiative led by Scott and supported by new funding is the Swan Lake First Nation climate change summer youth program introduced in 2021.

This program brings together indigenous and non-indigenous youth for a six-week on-the-land program that provides environmental stewardship training from an indigenous traditional knowledge perspective (provided by Scott) as well as from numerous western science perspectives.

Experts join throughout the program to workshop activities ranging from learning about how to restore habitats for local plants and animals and to water and soil sampling techniques to sustainable agricultural practices and more. It is all while learning important histories of the land and indigenous perspectives on the importance of caring for the land and the roles that various plant and animal species play in Ojibwe culture.

Taken together, Scott and the Swan Lake First Nation as a whole represent great examples of what is possible when first nations develop respectful partnerships with watershed districts and other non-Indigenous organizations who are motivated by the shared goal of caring for our environment.

Swan Lake First Nation and Dave Scott will both be recognized at the Manitoba Association of Watersheds Conference this December for exhibiting, exemplifying and executing environmental stewardship practices that will help enhance our environment for future generations.





VOICE FILE PHOTOS

Morden Fire and Rescue last put firefighter candidates through their paces as part of a recruitment process in 2019.



10 *The Voice* Thursday, April 27, 2023 **Barnswallow Quilt** Show is back May 5-7

By Lorne Stelmach

Not being able to hold their annual spring quilt show for three years due to the pandemic means it is especially exciting for the Barnswallow Quilters to be getting back at it this year.

The group, which will also be celebrating 35 years, is glad to put on the show May 5-7 at the Access Event Centre in Morden, but it is also challenging for them get it all together again.

"It's incredible exciting, and it's also a little daunting. We have lots to do and we haven't done it in three years," said organizer Allison Halstead. "With the quilt guilds, we're not at the younger end of the age spectrum ... so some of our members are not able to involved or are not able to help ... it's a lot of physical work to set up the show.

"It's also sort of daunting how much work people have done over the three years. There's a lot of pieces that people have that they have not shown before, so that's an exciting part. It's a good challenge to have too much.

"COVID was a lot of things, but one of the good things was that people really delved into online resources and classes and maybe got bored with their usual stuff and thought let's try something new," added Halstead.

The show had modest beginnings in the loft of a barn southeast of Morden, but it grew and expanded over the decades to eventually fill the event centre.

The variety of pieces displayed has also grown to include all manner of fabric work by artisans from across the province.

A feature part of the show is the Guild Challenge, and this year's show finally gets to show the results of the 2020 challenge where participants were encouraged to create a piece around the theme of a favourite book.

The Manitoba 150 mosaic quilt will also finally be shown as well as work from various guild workshops held



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VOICE FILE PHOTO

The Barnswallow Quilters take over the Morden Access Event Centre May 5-7 for their annual quilt show, featuring work from artists across the region and beyond

this year and pieces by guest quilter Jean Motheral. The new challenge kit for 2024 will also be available for purchase.

There will also be a rainbow auction and a members boutique along with a number of vendor tables.

The cost to attend is \$5. The show runs May 5 from 10 a.m. to 8 p.m., May 6 from 10 a.m. to 5 p.m., and May 7 from noon to 5 p.m.

Halstead encourages people to come see the varied work of the many

skilled artisans.

"There are a lot of talented people here," she said, noting she recently attending a provincial biannual show in Winnipeg. "Their membership is a lot bigger than ours ... but what we've got out here is pretty darn good. It would stand up easily to what is there for the provincial show. So we are so absolutely thrilled and honoured to be able to show it again to our local community in the hall."



LS Airways Flight Academy | 311 Anson St, Gimli, MB | 204-651-1402

Circus offers family fun



PHOTOS BY LORI PENNER/VOICE As part of its first ever tour of Canada, Cirque Luiz Dalia offered two 90 minute high-energy family shows at the Millenium Exhibition Centre in Altona last Wednesday. It also included a kids fun zone before showtime featuring face painting, circus toys and circus treats.



April 26 has been proclaimed Community Foundation Day!

This annual day of celebration recognizes community foundations' impact on community well-being, and the generosity of Manitobans.



North Norfolk Foundation MacGregor, Manitoba

Helping keep new parents in the community by supporting the creation of a daycare centre.





Beautiful Plains Community Foundation Neepawa, Manitoba

Creating community events and fostering connections with new Canadians.



Selkirk & District Community Foundation Selkirk, Manitoba

Helping restore Netley Marsh and protect water quality for future generations.

These are just three of the 100s of projects supported annually by Manitoba's community foundations. Our 57 community foundations are built by community, for community. Learn more: EndowMB.org

Endow Manitoba is an initiative of The Winnipeg Foundation.



Altona chamber hands out honours

By Lori Penner

The Altona & District Chamber of Commerce awards gala last week showcased the accomplishments of two local businesses, an entrepreneur and a non-profit organization.

The Altona Pioneer Centre was packed April 20 to see the recipients recognized for their goals, exceptional customer service, business growth and impact on the community through spirit, drive and vision.

Presented with the business excellence award with 11 employees or more was Buffalo Creek Mills - an oat milling company located just north of Altona. This is the second time the company has been recognized with a chamber award, as it also earned the award for 10 employees or less back in 2019.

"It's a great honour to be chosen for this award," said president Melvin Penner. "Buffalo Creek Mills was born with the idea of community contribution and creating local employment. Currently we have 45 employees on staff, and we are looking to add more over the next couple of months."

Several years of double-digit growth has pushed the plant to maximum capacity in its current plant, which now produces everything from feed oats and groats, food oats and groats to flaked and steel cut oats.

Penner said this level of growth and innovation would not be possible without the ongoing efforts of production and maintenance staff that worked hard during the extensive construction within the building.

"Thank you to our management team who developed new systems and protocols for our new food grade products. Thanks to our administrative and sales staff for their hiring and training efforts. And thank you to the efforts of the Town of Altona and the Rural Municipality of Rhineland for supporting the SEED organization who assist us in finding and hiring new employees. There is more work to be done, but I'm confident this will happen in due course."

Penner also introduced new CEO Ryan Meade, who was a main driver in the transition to edible products.

The business excellence award with 10 employees or less went to Altona Yoga, and owner Susie Fisher said she was surprised but honoured to be chosen.

"Altona Yoga strives to be a welcoming and safe community space, where anyone can engage in movement and mindfulness with others, contributing to a greater sense of belonging and wholeness."

Altona Yoga began with one class a week through Altona's recreation department then it quickly grew to seven or eight classes a week plus a program in Emerson. This popularity led Fisher to decide to open a yoga studio on Main St. in January 2020, offering her more control and autonomy.

Today, anywhere from 60-120 people walk through the studio doors for practice each week, and Altona Yoga offers numerous classes for beginners to more advanced practitioners, kids and folks with limited mobility and workshops on mental health and wellness.

The business employs five instructors, and they've added classes in Dominion City and at the Gardens on Tenth. They also partner with local schools to



PHOTOS BY LORI PENNER/VOICE

Marlen Bergen (right) accepted the entrepreneur of the year award from sponsor Brian Lowes on behalf of West Park Buick Chevrolet GMC at the Altona chamber gala last week. See more on the awards inside this edition of the Voice.



Susie Fisher accepted the business excellence award from Kal Smith, president of the Altona & District Chamber of Commerce.



Melvin Penner (right) accepts the business excellence award on behalf of Buffalo Creek Mills from Jim Dick, president of sponsor Rhineland Car.

bring yoga into the life of students and teachers and offer discounted classes for those undergoing cancer treatment.

One of her biggest priorities is to ensure the studio is a safe and accessible community for all, which is why she established a bursary program this past year. Between donations and a fundraising event at Christmas, the business managed to raise \$3,000.

As the owner of several local businesses, Marlen Bergen received the entrepreneur of the year award. The list includes KOMB Ag Services, ALT Marketing, Altona/Steinbach Memorials and Top Line Equine Feeds.

He was recognized for his staffing and employee growth, quality control, marketing strategies, expansions/innovative ideas, overall contribution, and impact on the community.

According to Bergen, entrepreneurship is "risk and drive with not a fear of learning from the challenges that stand in the way of seeing what the future holds. Also, not allowing opportunities to go by without exploring the unknown.



Steve Reynolds (right) accepted the non-profit award from Loren Braul on behalf of sponsor Gilmore Braul Hiebert Law.

"To be honest, it's tough, especially the last few years - mentally, financially at times - to go through what we did," said Bergen. "I want to thank the local businesses that supported those who have fought a tough fight the last few years. I thank all the customers and other local businesses. It's important to support those who support you.

"Mostly my wife Christine. I wouldn't be here if it wasn't for her, that's for sure. Every day, coming home for supper anywhere between seven o'clock to midnight, there's always a meal on the table. That's worth a lot. And all the crazy ideas that I have, which is quite a few and they won't quit, and the support that she gives me throughout that," he concluded.

Regional Connections received the non-profit of the year award. The organization, along with Altona and area program partners, work towards supporting the success of residents for a welcoming, integrated and thriving local community.

Over the past 12 months, their Altona office has

Friesens employee-owner owes life to STARS

Friesens has supported STARS air ambulance for several years and has had a long-standing relationship with them because of the vital service they provide, not only to local communities but to rural, remote areas, arriving in a fraction of time it would take any other emergency vehicle.

STARS is a charitable, non-profit organization funded by individuals, organizations, businesses, event partners and governments.

For more than 30 years, their success has been grounded in community partnerships and donations, and they are committed to continuing those alliances and provide life-saving services well into the future.

In 2012, STARS signed a 10-year agreement with the government of Manitoba to provide helicopter air ambulance service from a permanent base in Winnipeg, and since their first mission in Manitoba, STARS has flown well over 5,000 missions here.

With STARS, those being transported to major medical centres receive the very best care via helicopters staffed and outfitted as mobile ICUs. Friesens employee-owner Rudy Dueck knew the company supported this life-saving service, but he never thought he would be the one receiving it until one fateful day last July when he experienced cardiac arrest.

Dueck was the passenger in a truck when he lost consciousness.

"My friend was driving and rushed me to the emergency room where they immediately started CPR. They were able to start my heart again, but I was still in critical condition."

STARS air ambulance airlifted Dueck not once but twice to St. Boniface Hospital in Winnipeg where they were able to provide the specialized care that he needed.

Today, having survived and recovered, Dueck is considered a STARS VIP - very important patient. Each VIP has a different story, but one detail ties them all together: the harrowing moment when STARS saved their life.



VOICE PHOTOS SUBMITTED

Rudy Dueck knew Friesens supported STARS air ambulance, but he never thought he would be the one receiving it until one fateful day last July when he experienced cardiac arrest.

Recovered and doing well, Dueck says he knows he is alive today because of the quick transport he received through the air ambulance service and the prayers of his family and friends.

"I may not have survived. Having access to STARS is essential for rural communities, as it allows them to access larger city services and doctors who have the skills needed to help those who require specialized emergency care."

But like any other vital non-profit service, STARS needs support to continue to operate. Community partners like Friesens help them to keep providing life-saving transport and care.

A donation of \$5,400 – equal to one dollar per second of an average 90 minute mission – will take STARS closer to those who need emergency medical transport. It's an organization many don't give much thought to until they're the one on the gurney. To those who may think this service is too costly, Dueck says it's worth every penny and more.

"STARS gave me a second chance at life. Their care allowed me to have more time with my wife, my children and my grandchildren. I have had the opportunity to continue to build my family and my community, and this is something I will not take for granted. I believe STARS can give people like me a second chance, and I don't think you can put a price on that."

As an employee-owner of Friesens, Dueck says it's important to him the Altona-based company chose to support and donate towards STARS air ambulance.

"Having a heart attack changed my life in many ways. I am so thankful that I had access to STARS, as it helped give me a second chance at life. I have seen first-hand how important STARS can be. For me, it helped lead to a very different outcome than many of the doctors anticipated, and I think it is essential that Friesens continues to support the lifesaving work that STARS provides."

"Friesens has been a proud supporter of STARS Air Ambulance for several years," said Byron Loeppky, Friesens employee-owner and Senior VP of Books. "It provides a vital service to rural Manitoba that has benefited both current and former Friesens employee-owners.

"Rudy's story is one example of how we have benefitted from its service, and we are so grateful that they were there for Rudy when he needed them. We consider STARS to be an essential service to Southern Manitoba."

- Paid advertorial



Roseau River student receives SCO scholarship

By Voice staff

A local resident was one of 14 students to receive a 2022-2023 scholarship from the Southern Chiefs' Organization (SCO).

SCO announced the winners of its education awards last week, including Manitoba Institute of Trades and Technology (MITT) student Keith Henry, who is from Roseau River Anishinabe First Nation

"Increasing access to education and supporting our youth are keys to empowering our First Nations," said SCO Grand Chief Jerry Daniels. "Today, I'm congratulating all SCO citizens who received scholarships, I commend and appreciate your commitment to pursuing knowledge. I also want to take a moment to thank all donors and partners who have helped us raise funds to create these scholarships."

The scholarships are awarded through Indspire, a national education charity. SCO has established an endowed scholarship for students attending the MITT. Newly created endowed scholarships at Brandon University and Red River College Polytech will be awarded for the first time in the fall of 2023.

Scholarship recipients must be a

member of one of SCO's 34 member Nations and be active in their communities.

Henry studied carpentry at MITT. "I would just like to thank the Southern Chiefs' Organization for the scholarship because without it, I would never have been able to complete my program," he said.

"Some First Nations people may feel they have missed their opportunity to get educated, or further their education. Some schools assist you with getting to the level you need to be," Henry noted. "I had a classmate at MITT who was 65 and was looking to create change in their life. They did not have a valid grade 12 diploma and had to take summer courses for an updated grade 12 diploma. They got an updated grade 12 diploma and graduated with everyone in our class. It's never too late to go to school and pursue dreams you might have had when you were younger."

Individuals can contribute to the scholarship funds by visiting: https://scoinc.mb.ca/scholarshipdonations/

SCO also hosts an annual golf tournament to support the scholarships. The 2023 one is scheduled for Aug. 17.

Redboine Watershed District a valuable resource for landowners

Submitted by Jennifer Corvino, Redboine Watershed District

By taking advantage of the funding and technical assistance offered by the Redboine Watershed District (RBWD), landowner Gordon Turner has been able to complete six different projects over the last 17 years on his land in the RM of Treherne Norfolk.

Turner owns 480 acres on the Boyne River, just northeast of Treherne. Mainly used to grow crops such as potatoes, cereal grain, pastureland, and hay, this land once provided for 50 head of cattle.

Over the years, Turner has addressed various concerns on his land through RBWD programs.

Using RBWD funding he installed a riparian fence along the Boyne and purchased a solar-powered alternate watering system to keep cattle out of the Boyne and reduce riparian erosion.

In 2021, due to declining soil health, Turner took 136 acres of cropland out of rotation for a year and planted a multi-species cover crop. By implementing this cover crop he was able to increase water infiltration, reduce compaction, increase soil biota, and allow nutrients in the soil to become available for the next year's crop. The funding for this project was partially covered by GROW.

Notice of Environment Act Proposal

Manitoba Environment and Climate invites public comment on the following proposal:

HERMAN NEUFELD - HERMAN NEUFELD AUTO-WRECKING - FILE: 6132.00 Herman Neufeld proposes to operate an auto-wrecking facility on portions of NE 28-1-4 WPM within the Rural Municipality of Rhineland, Manitoba. If approved, the facility will collect, store, dismantle, and recycle vehicles and scrap metals. Non-recyclable materials will be transported to a licensed facility for further processing, reuse, or disposal. No hazardous waste is disposed of at this location.

Anyone likely to be affected by the proposal and who wishes to comment, should contact Mehak Bajwa, Senior Environmental Engineer, in writing or by email at Mehak.Bajwa@gov.mb.ca no later than May 29, 2023. Further information is available from the Public Registry: www.gov.mb.ca/sd/eal/registries

Information submitted in response to this proposal will be available to the proponent and placed on the public registry per Section 17 of The Environment Act.



"The application process was easy to do, and Jennifer [Corvino] helped along the way" Turner says.

In 2022, as with many farmers, Turner saw an increase in severe erosion on the east of his property due to spring runoff. After a heavy rain followed the spring runoff, it overwhelmed the municipal culvert, and Turner's erosion doubled in size.

Currently this erosion has been addressed by the RBWD technician. The slope was reshaped to a stable grade and three rock check dams have been installed along the erosion cut to help disperse kinetic energy during future runoff events. The entire site is to be covered with erosion control blankets which will protect the topsoil and allow perennial forage to be established. This project is currently being funded by Disaster Financial Assistance and RBWD.

Through GROW, Turner was able to incentivize over 28 acres of riparian and upland areas.

"These are small areas that are hard to get into with equipment," he shares. "There are also springs in these areas and I thought it best to put it down to hay and stop the erosion"

In doing so, it allowed Turner to continue haying but kept marginalized land from being cropped with the added benefit of protecting the buffer area along the riverbank.

GROW will also incentivize Type 1 and 2 wetlands. By not draining these temporary pools of water on the surface, you can help slow down

> AWARDS, FROM PG. 12

welcomed 238 newcomers to Canada as well as supported many returning clients from previous years. Their services started with a parttime settlement worker operating out of a municipal office.

Since 2007, they have relocated three times and expanded offices and staffing several times in order to better support local newcomers and work effectively in the community. They currently have six full-time staff and three to four part-time instructors supporting hundreds of newcomers each year through their Altona of-



SUPPLIED PHOTO

Repairs in progress at a site of extreme erosion on Cordon Turner's land in the RM of Treherne Norfolk.

surface runoff, while increasing soil biota, habitat for microorganisms, habitat for migrating waterfowl, frogs and more. These acres are still able to be cropped once they are dry enough.

Turner is a producer that has tapped into a resource available to all landowners residing within the eligible RMs in the Redboine Watershed District.

If you would like to inquire about any of these projects, or discuss any funding opportunities on your land, please call 204-526-4223, or email projects@gmail.com.

You can also find out more at www.redboine. com.

fice.

"It's very meaningful and important for our wonderful staff, many of whom are here this evening, to receive this award," said executive director Steve Reynolds.

"We really appreciate working here in the Town of Altona and Municipality of Rhineland, it really is a collaborative effort. By working together, we can do an excellent job of welcoming newcomers to the community and building a community for all of us to live together."

Examine your footprint, business urged

Workshop asks whether they are ready for climate change

By Lorne Stelmach

An online workshop last week encouraged businesses to consider whether they are ready for climate change.

The session was part of the Manitoba Chambers of Commerce 2023 climate action for business forum series, which was to be held in person in Morden April 19 but ironically went virtual due to the weather.

The bottom line was that business and industry is being encouraged to consider what's happening within their companies and operations and what they could be doing differently.

"What is your footprint on the environment; what type of emissions are you emitting?" asked Derek Earl, manager of the KPMG global infra-

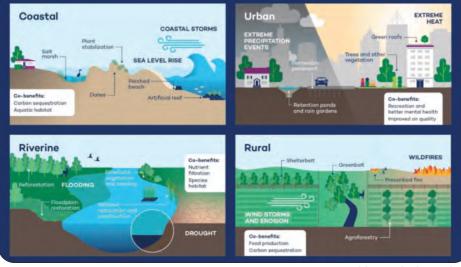
structure advisory team and founder and chair of BizForClimate.

"How are we interacting with the marketplace? What are the products and services that we're offering and that we're delivering, and how do these contribute to climate solutions and reductions?" he further asked. "It's that question that also starts to really touch on where are the opportunities going forward because there are tremendous opportunities for those who can provide solutions."

The Manitoba Chambers of Commerce is offering these business training session to help build awareness and capacity and enable businesses to share their own experiences and challenges in relation to climate change.

They want businesses to learn how to assess their climate risk and enhance resilience, how to participate in the new circular economy and reduce carbon emissions and how to take advantage of cost-effective nature-based solutions.

Darren Swanson, a climate change risk and resilience author, consultant to the United Nations and a senior associate with the International Institute of Sustainable Development,



SCREENSHOT PHOTO

The workshop presentation offered a few examples of nature-based solutions for addressing climate change and its impacts.

touched on a range of realities of climate change such as the more extreme and unpredictable weather.

"All this means real impacts for Manitoba businesses," he said, not-ing it is projected that, by the end of the century, Manitoba summers could resemble that of Kansas and northern Texas. "There are challenges and

there are opportunities to these types of shifts that could happen here."

Earl touched on the transition from the traditional linear economy, where resources are used and then disposed of in the end, to a circular economy.

"Circular economy is all about

Continued on page 16



Let's celebrate our individual and collective acinterconnected and vibrant community! Vol- forces our ability to unteering weaves us to- grow, thrive, and cregether, strengthening the ate change within our fabric of our community by sharing our time, talent and energy to support one another. This reveals unteer the importance of volunteering to the strength meaningful creates a and vibrancy of our communities through the interconnected actions we From helping build take to support one an- a home, cleaning up other. These diverse forms a park, or coaching a of sharing our time, talent and energy strengthen the fabric of our community. Through volunteering

we experience our interconnectedness, making our lives more meaningful. Getting involved in various ways, we find friendship, develop trust, and link our relationships. Threading these connections, we come to belong as we contribute towards the same goals.

Like each individual thread makes weaving stronger, every volunteer's experience, perspective, and abilities add to our volunteering

provcommunity, ince, and country. Knowing our volcontribu-

tions are valued and greater sense of purpose and dedication.

collective resilience. sports team to cooking for an ill Woven together from friend, checking in on a neightions in creating a strong, coast to coast to coast, bour, or helping a stranger rein- cross the street, each action we

take impacts our community's overall wellness, now and for future generations.



Hours: Mon. - Fri. 8:30 am - 5:30 pm

B_B.V

16 *The Voice* Thursday, April 27, 2023 Year of growth for co-op

By Lorne Stelmach

The Winkler Co-op faced challenges as it emerged from the pandemic this past year, but it also proved to be a strong year of growth.

That was the message presented at its annual general meeting held last Tuesday at the Buhler Active Living Centre in Winkler.

"Through the dedication of our staff and management and board, we've been able to really weather it and what came after, that is the inflation period and such, and we've really focussed on being there where the community needs us and that has really carried us through it all," said general manager Evan Toews.

"I think with that is the ability to change when change is needed," added board chair Milt Olfert. "When COVID hit, the ability to switch gears and be able to give customers a safe place to shop was important ... and now inflation and those kinds of things, being able to shift gears and give great product and service to our members."

The 2022 fiscal year saw total sales of \$158.4 million, and the earnings before interest, taxes, depreciation and amortization was \$8.1 million.

Member's equity and reserves totalled \$55.8 million with total assets of \$70.6 million dollars, and the member equity ratio was at 79 per cent and the reserve ratio at 38.4 per cent.

From the sales in 2022, the total patronage allocation to members in the amount of \$6.2 million, and membership continued to grow with 499 members added in 2022 for a total membership of 20,012, with 16,854 members who were active in the past 12 months.

And in 2022, the co-op donated \$506,700 to more than 200 various community projects and local causes, and it included the single largest donation in its history with the \$250,000 contribution to the Boundary Trails Health Centre expansion project.

"That feels fantastic, and because we give so much back to our communities, that's why a lot of opportunities come to us because they know the money is staying here; it's not leaving the community," suggested Olfert.

"And the money that we are talking about being donated back into the local community is well beyond paying staff and taxes and all the things that everybody does," added Toews. "This is a portion of our profits, a portion of our bottom line that we're dedicating to good causes right here."

The 2022 annual report highlighted a number of projects and acquisitions: - Mud-eze Car Wash in Morden was

purchased, renovated and re-branded.

- Morden grocery store parking lot resurfacing project was completed.

- Winkler car wash automatic wash was replaced with a new state of the art automatic washing system.

- Electronic price labels were installed in the grocery stores for ease of price changes and compatibility.

- Rosetown Ag purchased a 2015 Terra-Gator dry fertilizer floater to assist in making timely and efficient applications.

Some other projects currently on the go include a new cardlock south



PHOTOS BY LORNE STELMACH/VOICE ler Co-op were board chair Milt Olfert

Addressing the annual meeting of the Winkler Co-op were board chair Milt Olfert and general manager Evan Toews.

of Winkler to be opened in late 2023 to convenient access to fuel for the communities south of Winkler, and the Plum Coulee gas bar and convenience store is getting a complete interior and exterior upgrade.

"The communities that we are in continue to grow, and we do believe strongly in the communities, and with the success that the communities will have, we believe we need to expand as well to keep up with the growth and the needs of the community," said Toews.

"Our management team is really good to find these opportunities that fit with our core values of what the co-op is about and they bring it to the board," said Olfert. "We want to make sure that any expansion is going to be beneficial to our members ... that's always key."

"Opportunities seem to find us as well ... and we get to partner with a lot of businesses who want to do business with us and recognize the value of working together in our community," concluded Toews. "I think our area and our region really exemplifies working together.

"We've gone through a planning process and put some plans in place for the upcoming year ... some don't come to fruition, but we do have some exciting projects on the go but none that can be announced at this time."

FOOTPRINT, FROM PG. 15

changing that model, and it's about changing how we use resources to run our businesses and to produce the goods and services that we need ... it's about developing ways to circle the resources back through," he said.

"We're using less natural resources to begin with ... waste streams are being re-used, energy is being reused. It's being cycled back through so that the whole picture becomes much more sustainable."

Swanson also addressed building resilience by using nature or nature-based solutions and infrastructure. There are many examples such as green rooves or permeable pavements to help manage storm water runoff or retention ponds or natural engineered wetlands. "It can be as simple as using trees and vegetation to cool areas, and this is particularly important in downtown areas in cities and even in small towns," he noted.

They also cited examples such as Frontiers North in Churchill working with New Flyer Industries to reuse batteries that formerly powered buses to power the tundra buggies. And Overton Environmental in West St. Paul uses waste from the Simplot plant to re-purpose it as compost.

"This is how you start to see other businesses and industries work together to fill kind of new spaces in the supply chain ... it starts to build that larger circular economy," said Earl.

"It's just providing new products that really service a market that now there's new demand for here," said Swanson. "There's no doubt multiple things I'm sure you can start applying directly to your business today." The workshop heard from Benjy Loewen of Decor Cabinets in Morden about some of the simple measures they have taken such high efficiency and motion sensor activated fixtures and even just training employees about hand washing.

"Over the last year, we've taken a full greenhouse gas inventory. That is actually now one of our pillars when we do a project," he noted.

"We can capture the water that comes off the roof. That can be used to maintain trees on the yard and keep our green space lively," he added. "Just those tiny little things that seem so small and insignificant ... it saved us 300,000 gallons of water."

Mike Pinette of 3M in Morden also cited such examples as installing more efficient natural gas boilers that use less gas and save money as well as changing all the lighting to LED.

"We have a cooling tower which

supports some of the manufacturing equipment that we've had here ... we've been able to use the water for longer," he said. "We've done a few different things here at the site to try to improve our footprint ..."

Swanson said they have had good discussions with chambers and members around the province and are encouraged by the feedback.

"One comment that does stick out is sometimes climate change action can seem a lot like drinking water from a fire hose ... where do I start?" he said.

"He set a really good example where he just looked at his operation and his small business facilities and just where can I make some small changes, just in the efficiency in lighting ... more energy efficient lighting and a few energy efficient actions within the walls of their business were places where he could start."

The Voice Thursday, April 27, 2023 17

Morden students bringing Frozen Jr. to the stage

By Lorne Stelmach

The Disney hit feature *Frozen* is a favourite for many people, and it is no different for the cast of the upcoming Morden Collegiate musical production of *Frozen Jr*.

The students who landed the roles of some of the main characters were especially pumped last week as they went through dress rehearsals for the show.

"She's such a very fun bubbly character," said Molly Clyde, who plays Princess Anna. "I've been doing theatre since I was really young ... and I like playing bubbly characters, and I really liked the movie, and Anna is my favorite character, so it's pretty exciting to get to play her."

"When I got the role for Olaf, I was so excited ... he's all about positivity; he's always optimistic," said Fallon Waddell, who like many of her other cast members has some theatre experience under their belts already.

"For me, I love the feeling after a performance. It's a big adrenalin rush after that's so powerful, and building a community with others has also been amazing."

Chicago Dyck, drama teacher at Morden Collegiate, agreed it is great to have many students who were involved previously, including last year with *Sundown Alley*, which was the school's first play post-pandemic.

"From last year we only had two Gr. 12 students graduate ... so about 75 per cent have done this before; the other 25 per cent, this is their first time, and it's going to be a great experience for them."

Frozen Jr. is based on the 2018 Broadway musical, and it brings Elsa, Anna, and the magical land of Arendelle to life on stage. The show features memorable songs from the animated film



PHOTO BY LORNE STELMACH/VOICE

Morden Collegiate drama students perform Frozen Jr. at the high school May 4-6.

plus five new songs written for the Broadway production.

A story of true love and acceptance between sisters, Frozen Jr. expands upon the emotional relationship and journey between Princesses Anna and Elsa. When faced with danger, the two discover their hidden potential and the powerful bond of sisterhood.

Dyck said he finds it especially gratifying to see how the students really take on every aspect of putting on the show.

"We have 40 students in the production on stage with an additional 25 to 30 behind the scenes doing things like costumes, set pieces, lights. It's all student run and all student made this year," he said. "The goal when I got here was to create a theatre program that was student-run. I direct them and guide them, but they run the show. On the days of the show, I typically sit in the audience and watch just like everybody else.

"I'm very excited to get the chance to put it on again this year ... and it's awesome to see the growth that's happening with the students," Dyck added. "It's incredible how much they change, how much more confidence they have and how much fun they have on stage."

"It's just something I've always wanted to do," said Nuri Annamuradov, who plays Kristoff. "I've tried theatre before at the Kenmor before joining this ... everything opened up again, so I was hyped to be part of the play."

"I'm just so excited to play Sven. I pretty much tag along on Kristoff's wild adventures," added Maja Piekarska.

"I think I'm a very theatrical kid ... it was actually pretty much on a whim. I never thought I would join a theatre production, but my friends were talking about how it's such a positive group and experience, so I thought why not?"

"It's a wonderful family friendly show. It's got a bit of magic and a bit of everything for everyone. It's a story about love and togetherness and community, which I think Morden really stands out for," said Dyck.

Frozen Jr. hits the stage May 4-5 at 7 p.m. and May 6 at 11 a.m. and 3 p.m. at Morden Collegiate. Tickets are available for \$10 at the school in advance or at the door.

Hawks hand out hardware

By Lorne Stelmach

The male U18 Pembina Valley Hawks closed the book on a strong season with the team's year-end awards.

The honours were presented April 19, and the awards included the following:

- MVP Raiden LeGall
- Playoff MVP Marek Miller
- Top scorer Marek Miller
- Top goal scorer Sebastian Hicks
- Top defenseman Jayden Penner
- Best defensive forward Nate

Lodewyks

Most improved - Lane ApperleyRookie of the year - Cedric Robidoux

- Unsung hero Bryson Yaschyshyn
- Coach's award Kam Thomas

Pembina Valley finished third in the regular season at 30-7-7 for 67 points.

A three game sweep of their quarter-final series with the Yellowhead Chiefs put them into the final four, but the title hunt came to an end with a three game semi-final sweep at the hands of the Winnipeg Bruins.



SUBMITTED PHOTO

The year end awards for the male U18 Pembina Valley Hawks included honours for Cedric Robidoux, Bryson Yaschyshyn, Kam Thomas, Nate Lodewyks, Raiden LeGall, Lane Apperley, Jayden Penner, Marek Miller and Sébastien Hicks (missing from photo).

Bisons, Orioles getting ready

MJBL teams doing what they can to prepare for the season.

By Lorne Stelmach

Spring may be reluctant to arrive, but baseball season will soon be here, and the region's two Manitoba Junior Baseball League teams are gearing up for it.

The Altona Bisons and Pembina Valley Orioles are both doing what they can as far as training, although the Orioles have the advantage of being able to work out indoors at the Meridian Exhibition Centre.

"It's tough to do all the things you would do out on the field, but the practices initially have been well attended, and there's lots of enthusiasm around the team," said Orioles coach Dan Giesbrecht.

"We hadn't really made any specific plans ... we're waiting for the fields to dry up," said Bisons rep. Curt Letkeman. "We've been asking guys to try to get themselves ready, do some throwing where you are wherever you can ... once the field is ready, we'll get going, but it's hard for us to gather guys.

"It's a challenge to get everybody together. You don't want to have a practice and only five guys can show up," he said. "I remember last year too we were a little slow in getting started, and I think our first game was one of the first times some of the guys had even swung a bat in a year."

Last year saw Altona finish a solid third at 13-9 and seven games back of first place, while Pembina Valley ended up sixth at 9-15 and 12 games out of first. The Bisons ousted the Orioles in the first round of the playoffs but were eliminated by the St. James As, who then lost the championship to the Elmwood Giants.

Letkeman said it is always a bit difficult for them at first to get the team together and ready to go for the season.

"Our challenge here in Altona is being such a small market, and a lot of our guys are out of town, either going to school or living in Winnipeg," he said. "I think some of our guys are playing ball in school, so they should come back ready to go because they may have been playing for a while already."

He believes there is potential for the Bisons to field a strong team this year with a majority of players returning from last year.

"We do expect for the most part to have a pretty similar team as we had last year. We expect most of our guys to be back. We'll add a few new young guys to the mix, so I feel we should have a fairly competitive team again," he said.

"We're optimistic about how the season could go then," he continued. "We feel good about our pitching. The last few years, our offence has been a bit of a struggle for us ... but we've been a fairly solid team the last few years, and we have a good core nucleus of guys who are I think in their fifth year of junior ball."

Giesbrecht noted the Orioles face similar challenges with some players still finishing school or other commitments.

"I expect everybody to be back by the end of the month, but it's been a good start," he said.

Giesbrecht sees the Orioles as being somewhat more inexperienced this season.

"We're going to be a very young team. I imagine we'll be the young-



PHOTO BY LORNE STELMACH/VOICE The Pembina Valley Orioles have been able to run their training camp indoors at

est team in the league," he suggested.

the Meridian Exhibition Centre in Winkler.

"We only have one player currently who's come out that is in his last year of junior eligibility ... there's some players who have played a year or so with the Orioles, but overall there is a lot of youth there.

"We want to make sure that we have a solid base starting with this year for future years. Right now, we're emphasizing skill development in our practices, and we'll continue to do that," said Giesbrecht.

"I'm a firm believer in practicing throughout the season as much as you can," he said. "There's some who have good starting levels of skill, and we can now work on getting them to the next level ... that will be the challenge for the coaches for sure."

The MJBL regular season schedule was not yet posted, but it was expected to get underway the second weekend of May.

Selkirk to host Cheer Manitoba provincials for first time

Submitted by Cheer Manitoba

Cheer Manitoba will be holding its provincial championships in Selkirk for the first time at the Selkirk Recreation Complex on May 6. The event will showcase 58 routines in the disciplines of performance cheer (pom), scholastic cheer and all-star cheer. Athletes will range in ages five to 30-plus and will feature routines from the U6 Novice division all the way to Open Level 7 teams which compete at the highest level in the sport.

We will have over 500 athletes in attendance from all over southern Manitoba and northwestern Ontario. Cheerleading continues to gain popularity with shows like Netflix's "Cheer" putting a spotlight on our often misunderstood sport and cheerleading now has Olympic provisional status meaning it could be part of the Olympic Games in the near future.

Cheer Manitoba has been over-

whelmed with the positive support it has received from the community of Selkirk from sponsorship opportunities to excellent service at the Selkirk Recreation Complex. Doors open at 9 a.m. with the event starting at 10 a.m.

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Cluck & Quack Poultry Club Auction. Poultry &

UPCOMING EVENTS

small animals auction on Saturday, May 6, 12 noon. Sprinafield Curling Club in Dugald, MB. For further vendor information contact Danica Mutcher. dani email monica@hotmail.com or phone/text 1-204-770-3857.

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Are you a natural born storyteller with an eye for photography and a passion for community news? Carman-Dufferin Standard is currently seeking a full-time reporter and photographer to join its multi award-winning weekly community newspaper.

We are looking for someone who is both motivated and passionate about being the best outlet of interesting and breaking news stories and event coverage in the Carman-Dufferin area and surrounding area communities.

Qualifications:

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- Self-starter with the ability to exercise solid news judgement
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- Able to work both independently and as a team on a flexible work schedule including both evenings and weekends to meet our weekly editorial deadline
- Experience covering council and school board meetinas
- Knowledge of CP Style and about the Interlake and its surrounding communities would be an asset

Please forward your resumé along with three writing and photography samples to: Lana Meier

Email: news@stonewallteulontribune.ca



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PUBLIC NOTICE

PUBLIC NOTICE

is hereby given that the R.M. OF ROLAND intends to conduct the following Pesticide Control Programs during 2023:

1. To control noxious weeds on road allowances and municipal properties. The projected dates of application will be from May 15, 2023, to October 1, 2023. The herbicides to be used include:

Round-Up (Glyphosate)

Curtail M (Clopyralid, MCPA) 2-4-D Amine

2. To control insect pests, including grasshoppers, mosquitoes, etc. The proposed dates of application may be from May 15, 2023, to October 31, 2023. The insecticides to be used include: Malathion

The public may send written submissions or objections, within 15 days of the publication of this notice, to: Environmental Approvals Branch Department of Conservation and Climate æ

Government of Manitoba

1007 Century Street, Winnipeg MB R3H 0W4



wright. Work involves process equipment installation, maintenance and repair, lubrication, steel fabrication and welding. Preference will be given to those candidates holding a valid provincial Millwright or Industrial Mechanic ticket. Candidates who do

not hold a valid ticket will be expected to enrol in the apprenticeship program to obtain their ticket as soon as possible. Overtime and on-call duties are required. The successful applicant

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CAREERS

JNG

will possess excellent written and verbal communication skills, trouble shooting skills, and be a team player.

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A job description for this position can be found online on the Bunge website: https://jobs.bunge.com/. enter "Altona" in the field "Search by Location". Click on "Maintenance Worker" to read the description. Applications should be made online with an attached resume.

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Water Treatment

PEMBINA VALLEY

Position – Morris, MB WATER COOPERATIVE INC. Pembina Valley Water Cooperative is seeking applicants for the fulltime (40 hrs/week) position of Water Treatment Plant Operator in Morris MB. The Morris plant is one of three regional plants inside the Pembina Valley Water Coop, located 55 km

Plant Operator

south of Winnipeg on highway 75. Pembina Valley Water Coop is Manitoba's 3rd largest water utility, producing potable water for 14 municipalities in south central Manitoba. Three water plants feed a network of over 9,000 square kilometers.

What we have to offer:

- Excellent benefits package offered by the municipal government program
- · Competitive industry wage (\$22.00 to start, with no previous industry experience)
- Certified Level 1-3 wage range from \$24.00-\$34.00 (Provincial certification program based)
- Company matched retirement savings program (starts at 8%) match) through MEBP
- Strong support for internal training
- An environment geared towards learning
- 2 weeks holidays to start, 3 weeks after 3 years
- Strong safety focus

Position Description:

In this position you will perform day-to-day activities, consisting of the monitoring and control of the water treatment process. Performance of day-to-day maintenance, process checks, troubleshooting, laboratory analysis, administration, and duties with respect to reservoirs and pumping stations. Collect, record, and analyze data daily, perform necessary adjustments to optimize the process performance. When Certification is obtained, applicant will be scheduled into a rotation that will consist of working alone on the weekend and some holidays. During this time, they will be expected to be on call and responsible for the process after hours. All on call and afterhours work will be compensated.

Qualifications:

- Valid driver's licence
- · A good team player and positive attitude · Good communications skills
- Good mechanical aptitude
- Willingness to learn and further education
- Ability to work at heights, in confined spaces and in inclement weather conditions
- · Computer competency. Emphasis on Microsoft Word and Excel. Scada familiarity an asset
- Any trade experience or post secondary education is an asset
- Flexibility to work some weekends and holidays
- Comfortable handling chemicals

Training will be provided to obtain water plant operator certification.

Interested applicants should forward their resume to water@pvwc.ca by 4 pm, April 28th, 2023, or call 204-324-1931 for more information.

PEMBINA VALLEY

Plant Operator Position -**Stephenfield, MB**

Pembina Valley Water Cooperative is seeking applicants for the fulltime (40 hrs/week) position of Water Treatment Plant Operator in Stephenfield MB. The Stephenfield plant is one of three regional plants inside the Pembina Valley Water Coop, located 20 km west of Carman on highway 245. Pembina Valley Water Coop is Manitoba's 3rd largest water utility, producing potable water for 14 municipalities in south central Manitoba. Three water plants feed a network of over 9000 square kms.

EMPLOYMENT

What we have to offer:

- Excellent benefits package offered by the municipal government program
- industry experience)
 - Certified Level 1-3 wage range from \$24.00-\$34.00
 - (Provincial certification program based)
 - match) through MEBP

Position Description:

In this position you will perform day-to-day activities consisting of the monitoring and control of the water treatment process. Performance of day-to-day maintenance, process checks, troubleshooting, laboratory analysis, administration, and duties with respect to reservoirs and pumping stations. Collect, record, and analyze data daily, perform necessary adjustments to optimize the process performance. When Certification is obtained, applicant will be scheduled into a rotation that will consist of working alone on the weekend and some holidays. During this time, they will be expected to be on call and responsible for the process after hours. All on call and afterhours work will be compensated.

Qualifications:

- Valid driver's licence
- A good team player and positive attitude

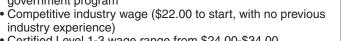
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- · Flexibility to work some weekends and holidays
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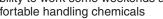
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Strong safety focus

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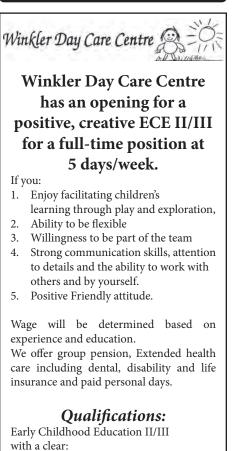
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CARD OF THANKS

The family of Arnold Krueger would like to thank everyone who called, visited, and brought food and flowers at this difficult time. The cards and online messages were very much appreciated. Thank you to Joey Grenier of Wiebe Funeral Homes for all his help. Your kindness will not be forgotten.

-Louise, Donna, Paul and Diane, and families

IN MEMORIAM



In Loving Memory of Lyle Meeks Five years have passed Since you were taken away, But you are missed, loved And remembered every day. -Leona Meeks and family

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Kathryn Louise Gillis (nee McLeod) 1959 - 2023

With gratitude for having her in our lives, the family announces the peaceful death of our mother, sister, wife, and Amma, Kathryn Louise Gillis on Sunday, April 16, 2023. Kathy had a lengthy battle with cancer but it never stopped her from living life to the fullest.

Kathy was born June 16, 1959 in Beausejour, Manitoba, the third daughter born to Alick and Nancy (nee Fraser) McLeod. The family grew and Kathy had four siblings who all survive her: Janice Wiebe (Wayne), Tracy Fehr (Ed), Scott McLeod (Darlene) and Leslie Malkowich. Her siblings all called her Kat, a nickname that was started by her father. She became much loved Aunty Kat to her five nephews and four nieces and their families.

As Kathy grew up her family moved around the province. She Lived in Lac du Bonnet, Churchill, Winnipeg and Morden. After marrying Miles (July 31, 1983) she moved to the 1-6 Icelandic community south of Morden. She loved her neighbours and friends in the district. She learned to make vinarterta and ponnukokur. She loved the Icelandic traditions and birthday coffees. Kathy was very proud of her Scottish roots, though she didn't like the haggis Tracy made for a family dinner and could not be convinced to try a sip of Scottish whiskey. Kathy graduated in 1980 as a Registered Nurse from Misericordia Hospital and pursued her nursing career at Morden Hospital, Boundary Trails Health Centre, then Tabor Home where she worked until March of 2023. She impacted the lives of many and developed numerous lifelong friendships over these years.

She is survived by her husband of 40 years, Miles Gillis; son, Evan Gillis, daughter, Shannon Maloney (Rick) and daughter, Eryn Zelcer (Eric). She was Amma to four dearly loved grandchildren: Olivia Gillis, Blake Maloney, Brooks Maloney and Bea Zelcer. She is also survived by sister-in-law, Robin Gillis. She was predeceased by her father, Alick (d. 1994), her mother, Nancy (d. 1997), her mother-in-law, Leona (d. 2005) and her father-in-law, John (d. 2011).

She will be dearly missed and forever in our hearts.

Memorial reception will be held at 2:00 p.m. on Sunday, April 30, 2023 at the Morden Activity Centre with ash interment at the Icelandic Cemetery.

Wiebe Funeral Chapel, Morden In care of arrangements wiebefuneralhomes.com



OBITUARY



On Sunday, April 16, 2023 Glen Hildebrand of Winkler, MB was called home to be with his Heavenly Father at the age of 52. After a strong fight with brain cancer, Glen passed away peacefully at BTHC.

Glen was born on February 4, 1971 in Winkler, MB. He grew up in Greenfarm in a Christian home where he helped on the farm and enjoyed spending time riding his dirt bike. Glen started dating Nellie in early 2001 and chose her to be his life companion. They were married on July 26, 2002 and were blessed with two children, Justin and Samara. Glen gave his life to the Lord Jesus at an early age and was baptized on April 7, 2002 at WMBC. He lived out his faith by starting each day in prayer and taught his family the

importance of reading the Bible and going to church. Glen was dedicated to his job at Hometown Ford for the past 25 years. He served many customers with his considerate and common-sense approach. He appreciated that his workplace was so close to home so that he could bike to and from work and be home with his family for mealtimes. Glen enjoyed the outdoors and loved to ride motorcycles in summer and often headed to the outdoor rink to play hockey in the winter months. He was dedicated to his family and loved spending time together camping, going on vacations, and playing sports with Justin and Samara.

Glen will be sadly missed but lovingly remembered by his wife, Nellie, son, Justin and daughter, Samara. He is survived by his parents, Albert and Doreen Hildebrand; sisters, Carolyn (Richard) and Leanne (Dave); parents-in-law, Henry and Nellie Klassen; brother-in-law, Henry (Helen); sisters-in-law, Helen (Cornie) and Tina (Shaun) and their families.

Funeral service was held at 2:00 p.m. on Friday, April 21, 2023 at the Winkler Mennonite Brethren Church with interment at Westridge Memorial Gardens.

The family would like to extend a special thanks to Dr. Brian Kroeker, Dr. Woelk, HSC Cancer Care, BTHC Medical Ward staff and volunteers.

Donations may be made in Glen's memory to the BTHC Foundation designated to Palliative Care.

Wiebe Funeral Home, Winkler In care of arrangements wiebefuneralhomes.com



Your memory will live forever Engraved within our hearts

OBITUARY

Remembering Uncle Abe

n 1949, my parents bought a small acreage near Horndean.

Dad continued to work and live in Winnipeg. He had an older cousin, Abraĥam Giesbrecht, who was mentally challenged. After his mother died, different relatives gave him a room in their homes.

Since Dad was working away from home, some relatives thought Mom might need help. We were asked if we could keep Abe. After talking it over, Mom and Dad decided his monthly fee would be helpful. What an inter-

esting year this turned out to be!

Abe was Dad's first cousin but Mom insisted we call him Uncle Abe. He moved in with a huge trunk containing all his worldly possessions. Mom did not allow us



By Florence Dyck

to enter his room without knocking or without an invitation. Even then, she kept a close eye on us and Uncle Abe. On different occasions, Uncle Abe opened his trunk to show us various treasured trinkets he had collected over the years. Sometimes he let us handle them, but other times we could just look.

Uncle Abe kept juicy fruit gum in his front shirt pocket. He gave Jeanne a whole stick because she was the oldest. He bent another stick in half to give me because I was the second oldest. Jimmy got half of a half because he was the youngest. When we complained, Mom merely said, "Its Uncle Abe's gum and he gets to choose how he divides it."

Uncle Abe proved to be a blessing for all of us that year. On cold fall and winter days, he hitched our horse, Stout, to the buggy and drove us the two miles to school. He carried water from a nearby dugout for the animals and water from the well for household use. He helped mom gather the eggs and milk the cow.

One winter morning after Uncle Abe had driven us to school, he was outside shovelling snow that had drifted in overnight. Four-year-old Jimmy was bundled up and went out to help with his toy shovel. Sometime later, Uncle Abe came in grumbling about "that naughty little boy" in his Low German dialect. Apparently, Jimmy, tired of helping, had gone up on top of the bank and shovelled snow down on unsuspecting Uncle Abe. He came in with a snow-covered hat and snow down the inside of his jacket. Mom had a hard time suppressing her laughter as she disciplined young Jimmy.

That long, cold winter we were thankful for Uncle Abe, our strong work horse, and our covered caboose. One morning the tracks were covered in deep snow. Uncle Abe could not see to guide the horse. When the runners of the sled went out of the tracks, the caboose tipped on its side with all of us inside. We scrambled out and stood laughing while Uncle Abe untangled the harness and righted the caboose. He complained to Mom about our laughter that day. But come 4 o'clock, he was faithfully waiting at school to pick us up again.

Uncle Abe whittled spinning tops for us out of the wooden spools Mom's sewing thread came on. We colored them and had fierce competitions. These tops were a forerunner of the beyblades my grandsons play with today.

One winter evening we came home from visiting to find Uncle Abe had left a wonderful gift for us. He had gone into our bedroom, taken our barn with the few plastic animals we had and added realistic looking wooden ones. He set it all up on the kitchen table along with a freshly carved white picket fence. He must have worked on it secretly for weeks!

When Uncle Abe learned we were moving, he was so sad. Not only would he have to find another place to live but he loved us and would miss having young children around. He said no one had ever treated him as well as we had, so he must have forgiven us all our pranks.

Mom and Dad did not keep track of Uncle Abe after we moved to Ontario and then to Morden. They had many more pressing concerns as they tried to find a permanent home for us and a way to live after Dad could not work anymore. Then one day when Jeanne and I already each had two young children, Mom phoned to ask if we would go to Altona with her. Uncle Abe was living in a nursing home there.

He was so excited to see us. He could not believe Jeanne and I were grown up with little ones of our own. He had last seen us when we were 7 and 8 years old.



The kids with Uncle Abe.

Maybe he couldn't read and write or lived together. discuss world events, but to us he was a kind loving friend. We have nothing but good memories of the year we

Florence Dyck is a former Mordenite now living in the Okanagan







Total time: 3 hours, 10 minutes Servings: 6 2 racks (about 4 pounds) baby back ribs 1/4 cup Tajín Clásíco Seasoning 1/4 cup Tajín Mild Hot Sauce, plus additional for serving, divided 2 tablespoons olive oil 2 tablespoons brown sugar lime wedges, for serving

mashed potatoes or steamed rice, for serving (optional)



Total time: 15 minutes Servings: 2

- **Rim Glass:**
- 2 tablespoons Tajín Fruity Chamoy Hot Sauce 2 tablespoons Tajín Clásico Seasoning
- Drink: 4 tablespoons Tajín Fruity Chamoy Hot
- Sauce, divided
- 1 cup frozen mango cubes, plus addi-



Recipe courtesy of Aramark Servings: 4 2 tablespoons Dijon mustard

- 1 tablespoon honey
- 1 tablespoon granulated sugar

Spiced Pork Ribs

Rub ribs with seasoning. Marinate at least 4 hours or overnight in refrigerator. Preheat oven to 300 F. Combine hot sauce, oil and brown sugar; brush over both rib racks.

Line baking sheet with double layer of aluminum foil with enough overhang to wrap foil around ribs.

Lay ribs, bone side down, on foil-lined baking sheet. Wrap foil around ribs and seal. Place on baking sheet.

Fill large baking dish or roasting pan with 2 inches of boiling water. Place on lower oven rack to keep ribs moist as they bake. Place ribs on middle oven rack.

Bake 2 1/2-3 hours, or until meat is tender and just starting to fall off bone.

Preheat broiler. Unwrap ribs and place on foil-lined baking sheet. Broil 4-6 minutes on middle oven rack, or until lightly charred and caramelized.

Serve with lime wedges and additional hot sauce.

Serve with mashed potatoes or steamed white rice, if desired.

Savory Mango **Chamoy Daquiri**

tional for garnish, divided

1/3 cup natural syrup

3 ice cubes 1/3 cup orange juice

1 tablespoon Tajín Clásico Seasoning, for garnish

To rim glass: Rim glass in chamoy hot sauce then seasoning.

To make drink: Blend 3 tablespoons chamoy hot sauce, mango cubes, syrup, ice cubes and orange juice.

In glass, pour remaining chamoy hot sauce.

To serve, garnish with additional mango cubes and sprinkle with seasoning.

Apricot Brussels Sprouts Coleslaw

1 teaspoon salt

1 teaspoon ground black pepper 2 cups trimmed and shredded Brussels

sprouts 1 cup dried apricot, diced

1 cup red onion, trimmed and diced

Combine mustard, honey, sugar, salt and pepper. Mix well.

Add Brussels sprouts, apricot and onion; toss to coat.

Recycling 101 – paper and cardboard

By Karl Daher, REACT

Paper and cardboard are highly recyclable materials that serve a useful part in the recycling system. As most people know, paper and cardboard can be placed in recycling – please make sure to fold items rather than scrunch them. While wet paper can be recycled, soaking wet paper cannot and is sent to the landfill. All precipitation cannot be avoided for those with an open blue bin system, however if you see rain in the forecast overnight, try placing the bin out in the morning instead.

Amongst the most popular items to recycle are corrugated cardboard, boxboard, paper bags, magazines, newspapers and flyers, and office paper – all colours are fine, just don't include elastic bands, plastic wrap or stickers with them. Other items you may not immediately think of are envelopes (plastic window envelopes are OK, plastic lined shipping envelopes are not), store receipts, juice boxes, soup cartons, paper egg cartons, milk cartons, ice cream containers, or boxboard from frozen foods. Food and beverage containers should be rinsed of visible food particles.

Paper products should not be soaked or coated with other substances. While paper and cardboard are readily recycled, oily paper and cheese or tomato sauce laden pizza boxes do not make for good recycling; neither does used facial tissue or paper towels. You also cannot recycle paper with non-paper elements embedded into it, such as wrap-



Recipe courtesy of Aramark

Servings: 4

Tomato Bruschetta Topping:

1/4 pound fresh plum tomatoes, cored and diced

2 tablespoons red onion, peeled and

minced 2 tablespoons fresh basil leaves, thinly

- sliced 1 teaspoon olive oil
- 1/4 teaspoon kosher salt
- 1 pinch ground black pepper
- 1 pinch fresh garlic, peeled and finely minced
- Sandwiches:
- 1 pound fresh portobello mushrooms, cleaned, stems removed, sliced thin
- 3 tablespoons olive oil
- 1/4 teaspoon garlic powder
- 1/4 teaspoon kosher salt
- 1/8 teaspoon ground black pepper

ping paper, pet food bags, or microwavable popcorn bags.

What is the number one paper product that people put into their recycling that cannot be recycled? The answer is take-out beverage containers. But with all of the reusable drink containers that we all have, why not ask your local restaurant or coffee shop to simply reuse yours?

There are also a few paper based items that require a little bit of preparation to make them recyclable by breaking them down and removing non-recyclable items from them before they go into your blue bin. A good example of this is books. While books are certainly paper based, they need to have their covers and/or binding removed before recycling. Depending on what the binding is (for example, a metal coil binding), it may have to be disposed of. But before recycling them, perhaps your books can be donated locally?

Once collected, recycled paper and cardboard is converted into newsprint, boxboard, cardboard, egg cartons, tissue paper, office paper or cellulose insulation. Please do your part and always ensure that you are putting all of your clean paper and cardboard into your blue box each week.

Rockwood Enviornmental Action Community Taskforce (REACT) is a voluntary, non-profit, non-governmental association of individuals committed to environmental responsibility. If you are interested in joining or attending a meeting, call 204-467-2334 or email: info@reactinc.org

Portobello Mozzarella Sandwiches

1/4 cup mayonnaise

2 1/2 tablespoons prepared basil pesto 4 ciabatta rolls (4-by-4 inches), split in half

4 ounces fresh mozzarella cheese, sliced small

4 ounces tomato bruschetta topping 2 ounces fresh baby arugula

- 1/4 cup balsamic glaze
- To make tomato bruschetta topping: In

bowl, combine tomatoes, onion, basil, ol-

ive oil, salt, pepper and garlic. Set aside. To make sandwiches: Preheat grill pan or grill to medium heat.

Toss sliced mushrooms with olive oil, garlic powder, salt and pepper.

Grill mushrooms until fork-tender, 3-4 minutes on each side. Let cool.

Mix mayonnaise with pesto until combined. Spread 2 tablespoons pesto mayonnaise on cut sides of each roll.

For each sandwich, layer 1/4 of grilled mushrooms, mozzarella slices, tomato bruschetta topping, arugula and balsamic glaze.

Top with other roll halves. Cut diagonally in half to serve.