



4153 PTH 30 HIGHWAY IN
ALTONA \$499,000
 1.58 Acres
 MLS# 202413115
 BED: 2 BATH: 3 SQFT: 1738
 Inground pool, Large workshop,
 and plenty of garage space.



border
 real estate ltd.
 204-324-8348

The **Voice** Altona • Rhineland • Morris

VOLUME 3 EDITION 29

THURSDAY,
 JULY 18, 2024

altonavoice.ca

LOCALLY OWNED HISTORY BOOK FOR THE COMMUNITY



**COLE
 &
 MACE**
 LAW
 OFFICE
 Barristers,
 Solicitors
 & Notaries

(204) 324-6451
 Altona, MB
 www.colemacelaw.com



Fun in the foam

Alexa, Emily, and Olivia were all smiles at the Gretna Hot Spot Festival's foam party on Saturday. For more photos, see Pg. 2.
 PHOTO BY EDWARD VINCENT ARGENAL/VOICE

news > sports > opinion > community > people > entertainment > events > classifieds > careers > everything you need to know

GETTING READY FOR HOLIDAYS? MAKE SURE YOUR VEHICLE IS TOO!

Have the experienced team at Canadian Tire Auto Service get your vehicle ready to roll

- Check brakes for life and operation
- Check your steering and suspension component to ensure no costly breakdowns
- Test operation of cooling system and fans
- Tire rotation if necessary
- Conventional oil change - synthetic oil available at additional cost

SPECIAL PRICE

MUST BRING IN COUPON AND MENTION AT TIME OF BOOKING

Regular Price \$279.99

\$149.99*
 + TAX

*LIMITED TIME OFFER

PARTS & SERVICE

Direct Line to Service

204.325.0641

781 Norquay Dr., Winkler



CALL JAMES OR SHANE FOR AN APPOINTMENT TODAY!



www.instagram.com/CTWinkler
 www.facebook.com/CTWinkler
 Make sure you head over and LIKE our new facebook page



Hot Spot fest



Gretna's Hot Spot Festival had a western theme this year and offered something for all ages July 12-13.

PHOTOS BY EDWARD VINCENT ARCENAL/VOICE



MANITOBA SUNFLOWER FESTIVAL

July 26 - 28, 2024 in Altona

Don't miss out on great music, food and fun all weekend long! Visit manitobasunflowerfestival.ca to check out the lineup of events and entertainment!




Altona passes on proposed Headstart to a Home program

By Lori Penner

The Town of Altona has decided to pass on a recent housing program proposal.

The proposal was presented to council by Choice Realty and involves a home ownership program through K Block Developments and Access Credit Union. A similar program was launched in Winkler earlier this year.

The program provides a no down payment option for qualified buyers. It includes an insured mortgage and an interest-free loan for a down payment of five per cent of the purchase price for five years.

Altona Mayor Harv Schroeder said the proposal went to the economic development committee for review. After that review, it was presented to council on July 9.

"During that meeting, council discussed this proposal and agreed to not move forward at this time," he said. "During the discussion, it was noted that a developer was already providing this option to help new homeowners. With this in mind, we felt it

Pickup *Your* Community Weekly News at



BIGWAY

IN MORRIS MB

Continued on page 16

Tractor trekkers raise funds for mental health

A parade of vintage tractors hit the streets of Winkler Saturday afternoon for the 17th annual Eden Foundation Tractor Trek, raising funds and awareness for mental health programming. The day began with a tractor show and shine and Gardenland Co-op barbecue lunch followed by the trekkers heading out of Winkler to Chortitz and then to the Pembina Threshermen's Museum and back to Winkler for supper. In past years the event has raised upwards of \$80,000 for Eden Health Care Services. Organizers did not have a final tally for this year's trek at press time.



PHOTO BY ASHLEIGH VIVEIROS/VOICE

Morden's wastewater plans hit another roadblock

By Lorne Stelmach

The City of Morden has again hit a major roadblock in moving forward with its wastewater treatment project. Spiralling costs and funding shortfalls have the city taking another look at its options while also continuing to have further discussions with both provincial and federal government partners.

Following a news release last Friday, Mayor Nancy Penner said everyone recognizes the urgency of finding a solution, because further development in Morden otherwise is brought to a halt.

"The province knows where we are at in terms of development ... it's not new news to them ... they know full well we are at capacity," she said. "Funding is the critical piece in the puzzle that they are fully aware of too. Funding is the gap ... our primary barrier to progress is funding ... right now, taxation is not the preferred way that the city wants to go."

The city thought it had found the

answer last May when evaluations for upgrading the wastewater treatment system determined a lagoon-based moving bed biofilm reactor (MBBR) treatment system was the recommended option based on a cost estimate of \$70 million.

Over the summer and into late fall of 2023, an engineering firm continued design work on the project, but it came with preliminary design costs ranging from \$88 million to \$108 million, significantly exceeding the original estimate of \$70 million.

With available federal and provincial grant funding totalling \$37 million and the city's borrowing limit set at \$38 million (which would be passed on through increased taxation and utility rate hikes), the city was looking at a shortfall between \$13 million and \$33 million, and it is a cost Morden cannot incur without further increased taxation.

The city's news release stated they have thoroughly examined all options—from rebuilding onsite to constructing offsite—and have renewed

discussions with partners and stakeholders.

Continued on page 4

BEST GIFT EVER!

Scenic Flight Tour

Show them the world from 5000ft!

SPECIAL BIRTHDAYS

\$149

3 PASSENGERS AND THE PILOT ALL FOR ONE LOW COST

Book Today!

LS Airways Flight Academy | 311 Anson St, Gimli, MB | 204-651-1402

Adult & Teen Challenge

SuperThrift

HOURS OF OPERATION:

Monday - Friday
9:00 am - 5:30 pm

Saturday
9:00 am - 5:00 pm

SHOP AND DONATE

NEW ITEMS GOING OUT DAILY

324 CARGILL ROAD, WINKLER

Like Us On

Morden Cheer Board hosting movie party

Christmas in July at Stardust Drive-In July 25

By Lorne Stelmach

Winter may be a ways away, but the Morden Christmas Cheer Board will soon begin planning for another campaign.

The organization is working to help start building up some funds and support for what they think will be another busy campaign later this year.

They're inviting people to come to the Stardust Drive-In next Thursday for Christmas in July.

Spokesperson Ali Wiens noted the need keeps increasing, so the financial pressure on the Cheer Board rises as well.

"We're finding we're giving out more hampers every year, and the cost of everything that we need to purchase for the hampers is going up every year, so we're finding it more of a challenge to be able to raise enough money and to meet everybody's needs."

The Christmas in July idea started

pre-pandemic and then returned last year and brought in around \$1,000 along with donations of toys and non-perishable food items.

"The response to the Christmas in July was amazing. We had the drive-in pretty full of cars and truckloads of donations and lots of cash," said Wiens.

"I think it's popular first of all just because it's a fun thing to do to go out with your family and enjoy the drive-in ... we are lucky to have it here in Morden," she said. "It's also an easy way to help Morden Christmas Cheer get a head start on our fundraising for the year."

This year's Cheer Board movie night will feature the Will Farrell Christmas comedy *Elf*.

Gates open at 8:30 p.m. Admission is by donation of either cash, unwrapped new toys, or non-perishable food items with an expiry date after January 2025.

Wiens noted they will actually be starting their annual campaign planning soon, with the first meeting as a board happening



VOICE FILE PHOTO

Christmas in July at the Stardust Drive-in July 25 will feature a showing of *Elf* in support of the Morden Christmas Cheer Board.

in September. They're always looking for more people to get involved as volunteers.

You can connect with the committee online at mordenchristmascheer.com.

> WASTEWATER, FROM PG. 3

"The financial implications of these options are a significant concern for both council and our administration, as we strive to minimize the financial burden on our business community and residents," the release noted.

"The primary barrier to progress is funding. Additionally, council has recently undertaken further feasibility studies to explore other potential solutions and funding strategies. These studies are essential to ensure that we make the most informed and fiscally responsible decisions for our community's future."

Penner said the ongoing saga of wastewater treatment continues to be frustrating for everyone.

"We have been working really hard on behalf of the community, and it's not like we are sitting still on this," she said. "We move forward; we take one step forward and it seems like we take two steps back."

"Right now, our biggest obstacle and hurdle that we have to get over is the cost, and we have to be very aware of that impact it is going to have on our residents and the community at large," she continued. "As we move forward, we are going to have renewed discussions with both our partners and stakeholders, and the province being one ... federally and provincially, we need to work on the financial end of it."

"Also, design is another issue of what we're looking at in terms of the type of lagoon system ... that does

impact cost," she added.

The cost has also been a challenge for the City of Winkler, noted Penner, as it also had to go back to the drawing board as a result of sticker shock.

"I don't know that that was ever a lost opportunity because we both applied ... we both applied with independent projects," she said. "Both projects took 180 degree turns because both our project and Winkler's were blown out of the park financially right off the bat."

"Back in May of last year, we thought we had a solution, and then when it went to design, it came back way over budget ... we're again back at the drawing board," said Penner. "Hopefully, we can find a way out of that without putting the burden on the taxpayer."

"We're trying to work with provincial counterparts, and if we have to go back federally to look at some funding opportunities, we may have to look at that, but right now we're trying to work with stakeholders provincially."

Our mistake

Our story last week on the heritage museum in Plum Coulee incorrectly referred to it as the Prairie View Elevator Museum.

The correct current name is the Plum Coulee Elevator Museum.

We regret the error and any confusion it may have caused.

Oakview
Golf & Country Club Inc.

Come to Oakview Golf and Country Club 5km south of Altona, MB and enjoy an unforgettable day of golf.

<p>Golf Course: Family Day Golf July 21st 4-7pm Ages 0-99 Free Hotdogs and Bottled Water</p>	<p>Ladies Open Aug. 12th 10am Shotgun Start \$55.00 Registration Fee Silent Auction - (Cash only)</p>
<p>Superintendents Revenge Tour - July 25th 5:30 pm Shotgun start at 6:30 \$10.00 Entry Fee Reservations Required One Week Prior Drink Specials/Happy Hour. Rib Dinner \$20.00 (call in reservation) 204.327.5590</p>	<p>Dine On Nine: Daily Specials (check our social media). Host your special events with us July and August Hours: Monday 12 - 7 Tues. - Fri. 11:30 - 8 Sat. 8-8 • Sun. 8 - 2</p>

RURAL BUDS
CANNABIS SHOP

MORRIS • CARMAN
ST. PIERRE • ST. ADOLPHE



Darlingford celebrates



Darlingford celebrated 125 years last weekend with a variety of events, and it was estimated over 400 people turned out for the fun and fellowship. The festivities kicked off with a family dance and fireworks Friday followed by a pancake breakfast, quilt show, kids activities, museum tours, a vintage fashion show, Belgian bowling, a show and shine and a community supper and social Saturday. Sunday then featured the annual war memorial service at the Darlingford Memorial Park.

PHOTOS BY LORNE STELMACH/VOICE



Of Earth and Fire Women's Festival in Stanley Park July 26-28

By Lorne Stelmach

Attending a women's festival in Saskatchewan gave Stephanie Rempel the vision for a weekend here to bring women together and create space just for them.

She hopes the Of Earth And Fire Women's Festival next weekend at Stanley Park will help local women be nourished on all levels: physically, mentally, energetically and spiritually.

She wants to see women connect through movement, nature and embodiment practices, educational workshops, laughter, dance, play and ceremony.

"I often hear from so many women who say I really enjoy doing these kinds of things and having a deeper sense of spiritual connection ... they think I just feel like there's nobody in this area who's quite like me. I kind

of feel like an outsider ... but there's so many of us who are kind of on a similar path."

Rempel attended a similar event in 2022 in Saskatchewan with a couple of her girlfriends, and they came away from it thinking there was nothing like this here.

"I had never been to anything like that before that had been a full weekend of just gathering with women and learning and listening to presenters and spending time together in that way," she said. "So on the way home ... we were just saying we need to do this in Manitoba."

Of Earth and Fire Women's Festival goes July 26-28 at Stanley Park south of Morden.

There will be 13 different presenters on a variety of topics such as breath work, dance and movement, motherhood, marriage and relationships,

raising children, body care and more.

It will bring together a variety of teachers and coaches from across Manitoba as well as some practitioners in such areas as massage and yoga.

In addition, there will be vendors offering items like jewelry, body care, arts and clothing. The weekend also comes with six meals catered by Kevin and Ashley Funk of Hidden Haven Homestead

"We wanted to just kind of cover everything that might be needed," said Rempel.

"It's really just making time for ourselves ... to listen to our hearts and just take time to slow down. Especially when you're a mother, everything is just kind of go, go, go ... it's really nice to have something for us," she suggested.

"Just gathering as women is some-

thing that our grandmothers, great grandmothers used to do ... and in our modern world, it's just something that we've really gotten away from, and we need it. We need that time to get together and slow down and connect with ourselves and connect with each other.

"The first thing that I hope for is that they come away from it having a deeper sense of self, feeling more connected to who they as a person, as a woman, as a mother ... really just a deeper knowing and peace within themselves," Rempel concluded. "On top of that, hopefully they make some friendships, some connections."

As of last week, there were just two weekend passes left, but there were also Saturday day passes still available. For more information or to register, head online to ofearthandfirewomensfestival.com.

News or sports tip? E-mail news@winklermordenvoice.ca or call 204-325-6888

The **Voice**

get heard

EDITORIAL > VIEWPOINTS > LETTERS



PUBLISHER
Lana Meier



MARKETING & PROMOTIONS
Brett Mitchell



EDITOR
Ashleigh Viveiros



REPORTER
Lorne Stelmach



REPORTER
Lori Penner



REPORTER
Siobhan Maas



SALES
Gwen Dyck



PRODUCTION
Nicole Kapusta



PRODUCTION
Tara Gionet



DISTRIBUTION
Christy Brown

The newspaper is supported by advertising dollars. If you enjoy the paper and would like to see it grow and prosper, visit any of the advertisers and businesses in our rural communities. Keep your dollars working at home and shop local.

Our commitment to you: we want to help build stronger communities through articles that both inform and entertain you about what's going on throughout the Pembina Valley. This is your community newspaper—let us know what you want to see in it.

OUR SISTER PUBLICATIONS



How do you re-create?

I have a friend who bought a boat. It's a nice boat. He takes it fishing along the coastal waterways of eastern Florida and pulls up many a weird (and not so weird) creature.

I used to think this was dumb. I mean boats are expensive, gas is expensive, fishing equipment is expensive. And then you must gut, clean and cook the things. What a waste of time.

But for my friend it was important. He needed the activity to get away alone, with family or friends, in order to rebuild himself after a crazy week running sales for a large software company.

This was not simply an expensive hobby. This was therapy, meditation, rest and relaxation all in one. It was a suite of important things that let him deflate from the past week and prepare mentally for the coming week.

In short it was an act of creation, or perhaps more apt, an act of re-creation.

It is no surprise that the word recreation literally means to re-create yourself. But for whatever reason I never recognized the re-creating powers of recreation. I always associated recreation with frivolity like games, hobbies, sports, outdoor activities etc. Important for sure, but somehow not as important literally all the oth-



By Peter Cantelon

er things that we do in our lives, like work and pay bills.

I have been thinking a lot about the need for re-creation lately both personally and as a culture that seems on the brink of open warfare these days.

We are too wound up. We are too caught up in what we consider important and too capable and willing to ignore things like fishing, golfing and boating for instance.

My re-creating activity has always been writing.

I have been writing since I was 17 years old, but I never really stopped to ask myself why. This is odd coming from someone who has published two collections of poetry, nearly 500 columns, countless articles, short stories, and maintained a blog at for 20 years now (cantelon.org).

For me, writing has been a little like breathing—I just do it. It is an automatic system that keeps me alive in a way. It is a way to eliminate the poison that builds up inside of me.

But yes, I have come to realize lately that my re-creating activity is writing. Do you know what yours is? You may think you don't have one, but I bet you do—you just don't know it.

Some people cook, others like to or-

ganize chaos into order, some people like carpentry, going to the cottage, designing buildings, or working on engines. Some people watch movies or stream TV series, and others garden or paint, or hang out in a coffee shop and read or talk. This list is literally endless. Sometimes the simple act of regularly resting, napping, stretching and yoga is a person's time of re-creation.

While it is not critical to know what your thing is I have come to find the knowledge valuable.

When you learn that your hiking, dog walks, swimming, regular drives to the country or photography hobby is actually an act of re-creation it becomes more than just "a waste of time." It becomes a thing worth safeguarding and protecting for your mental health and wellbeing.

Too often we see a hobby as a waste of money or time. We can shame and guilt ourselves and others for doing things we see as useless when it might be one of the most important things you can do for yourself outside of breathing.

Continued on page 7

Letter policy

The *Voice* welcomes letters from readers on local and regional issues and concerns.

Please keep your letters short (excessively long letters are less likely to be published), on-topic, and respectful.

The *Voice* reserves the right to edit, condense, or reject any submission.

Please include your full name, address, and phone number for verification purposes. Your name and city will be published with your letter. We do not print anonymous letters.

Send your letters to us by e-mail at news@winklermordenvoice.ca.

All columns and letters published on our Get Heard pages are the personal opinions of the submitting writers. They are not objective news articles, nor are they necessarily the viewpoint of the Voice.

GET IN TOUCH WITH US

GENERAL INQUIRIES:
204-325-6888

ADVERTISING:
Gwen Dyck 204-823-0535
gdyck@winklermordenvoice.ca

Advertising Deadline: Monday at 4 p.m.

NEWS DESK:

Ashleigh Viveiros Editor
204-332-3456 news@winklermordenvoice.ca

Lorne Stelmach Reporter
204-823-2655 lstelmach@winklermordenvoice.ca

MAILING ADDRESS:

Winkler Morden Voice
Box 39, Stonewall, MB R0C 2Z0

The Voice is published Thursdays and distributed as a free publication to 21,141 households. Republishing in whole or in part without permission is prohibited. Printed in Canada by Prolific Printing. The Voice received financial support from the Government of Canada in 2021.

View the Voice online at www.winklermordenvoice.ca or altonavoice.ca

getinformed

WISE Kid-Netic Energy Camp entertains, educates

By Lorne Stelmach

A summer camp that ran all last week in Morden aimed to make science fun for youth.

The WISE Kid-Netic Energy program had 20 kids between the ages of nine and 12 explore science, technology, engineering and mathematics (STEM) topics each day through a multitude of hands-on projects and activities.

Co-ordinated through the University of Manitoba, the camps include indoor and outdoor components and incorporate everything from physical activity to creative design challenges to digital technology.

"Hopefully it gets them more interested in science. I feel like the younger you start kids in science, the more they can gain interest in it," said Paulina Wiebe, one of the instructors who led the camp at École Morden Middle School.

"I get into most of the activities even myself ... they're pretty enjoyable, and it's fun getting activities I didn't get to do when I was younger, coming from a rural community. It's really cool to see all these kids now getting access

to this kind of program."

The program each year develops a new set of STEM theme days. This year it kicked off with construction and architecture on day one.

"A lot of the activities revolved around engineering," Wiebe said of the day's activities where they learned about the design process as they drew, planned, built, and tested simple designs.

Day two had a focus on plants and fungi where the youth learned about some of the special powers and features of plants and the environments where they grow.

Day three moved on to forensic science, and the youth could learn about such things as dusting for fingerprints, testing DNA and analyzing ink.

Day four then delved into marine biology and touched on ideas like the science behind scuba diving, the adaptations of marine animals and even a device that helps clean up oil spills and garbage in the ocean.

"One of the activities was building insulation for an ice cube," noted Wiebe, adding they even touched on thermal energy and the layers of the



SUPPLIED PHOTO

Local kids got hands-on with science at the WISE Kid-Netic Energy day camp in Morden last week. The camp will also be held in Altona Aug. 12-16.

ocean.

The final day's theme then was the science of sound, and they had a chance to learn how sound waves travel through the air and how music playing devices have changed through the ages.

The fun part was making various instruments like harmonicas and guitars out of everyday materials.

"Hands on especially is the best way to go. When they're just sitting and listening for a long period of time, it's just a lot of knowledge going in and out," said Wiebe, who noted she

sees the program as helping make the STEM fields accessible particularly for rural communities.

"We hope the activities will get their interest in fields like science, technology and engineering. We want to make them more aware that not all science and engineering is just hard, it can also be fun ... there's a lot of fun activities you can do that can also increase your knowledge.

"It's been awesome. The kids all seem super engaged; they're super energetic ... it's been a fun camp."

Man arrested in Winkler City Hall break-in

By Ashleigh Viveiros

The surveillance equipment at Winkler's City Hall allowed police to track down the man responsible for the July long weekend break-in at the facility.

The Winkler Police Service last week announced a 50-year-old man from Holland, MB has been arrested for the crime.

City staff returned to work Tuesday, July 2 to find that someone had been inside the building. A number of items were missing and several others were found loaded onto carts and parked near the doorway still inside the building.

Video surveillance revealed a man

walking around the civic centre in the early afternoon of Sunday, June 30th attempting to open doors. He found one he was able to force open.

"The male was unknown to police and therefore a picture of him was posted on social media and it wasn't long before a member of the public was able to identify the male," Chief Ryan Hunt shared in a statement. "Officers were able to do a search of police databases and through social media to confirm without a doubt the name was correct."

A warrant was issued and the man was arrested on July 5 by Brandon Police after an unrelated traffic stop. He will appear in Morden Court on July

23.

"During the time between June 30th and his arrest in Brandon on July 5th, the same male did a break and enter into a business in Shoal Lake, MB," Hunt said. "He was arrested on scene and was wearing a Winkler Harvest Festival T-shirt, likely the same T-shirt he stole from the Civic Centre

and was seen wearing on video surveillance when he left the building.

"The high-quality video that city staff were able to provide to police was instrumental in identifying the culprit," the chief noted. "We'd like to thank the public for assistance in identifying the male."

> CANTELON, FROM PG. 6

The next time you are tempted to question yours or somebody else's odd passion consider that maybe they are simply breathing and keeping themselves alive. They are

re-creating themselves to be the best they can be in the circumstances they have been given.

Now, go re-create yourself.

Check out the Voice online at www.winklermordenvoice.ca or altonavoiced.ca

Mitobi cuts the ribbon on Morden storefront

By Lorne Stelmach

It was a celebration in a number of respects last Wednesday as a ribbon cutting marked the opening of a new business in Morden.

It's been quite a journey for Michael Ikhuoria, who came to Canada from Nigeria and now has started up Mitobi, which offers integrated electronic and smart security systems as well as a photo studio and website design.

Ikhuoria ran an IT and electronic security business in Nigeria, so he brought 17 years of experience in the electronic security industry with him when he moved here about 14 months ago.

"It's been tough ... starting a new business here has been tough. There are many challenges, but God helped me through," he said, adding that he has had a lot of support and encouragement from an array of people as well as the City of Morden.

"I'm so grateful to Morden for all of the support," he said. "It's a very quiet, peaceful place. I wanted to be close to my family. My two other children are in the University of Manitoba, so I wanted a place close that is quiet ... I didn't want a big city."

He initially came to the community for an exploratory visit.

"The people were really warm, and I said this is the place I need to be," said Ikhuoria, who recalled immediately seeing a need for this business here. "When I came here five years ago for an exploratory visit, I didn't see cameras ... I said, 'I want to do a security business here.'"

He initially encountered some who were skeptical and who noted this kind of security wasn't really done locally, but he saw it from the other point of view that there was a void that could be filled.

"I saw that this is a big market here, and I am so excited to be here," said



PHOTO BY LORNE STELMACH/VOICE

Michael Ikhuoria cut the ribbon on his new business, Mitobi, in Morden last week.

Ikhuoria, who added he looks forward to also getting involved in the community and helping train and inform people and provide support.

"I'm going to get myself involved in empowerment, to empower people like the high school students."

Mitobi specializes in delivering security solutions that provide protection in alarm surveillance and more. They are a distributor of top-notch

security surveillance, home automation, access control, green energy and other ICT devices. As well, it works with visual media, photography, and website design.

"We realize a lot of companies don't have websites, so we want to do that too," Ikhuoria said. "We're also going to have some good website design."

You can find more information online at mitobi.ca.

A TRUE FRIEND

Vietnam veteran and Air Force Colonel John Mansur tells about an eight-year-old orphan wounded by a mortar who needed a blood transfusion. No American had her blood type, but several of the other orphans did. In pidgin Vietnamese, with a nurse's smattering of high-school French, the doctor explained to the frightened children that unless they could replace some of the girl's lost blood, she would die. He asked who would be willing. The children looked in wide-eyed silence. After several moments, a hand was raised, wavered, dropped, and then went back up. "Oh, thank you," the nurse said. "What is your name?" "Heng." Heng's arm was quickly swabbed, and a needle was inserted in his vein.

At first, he lay stiff and silent. Then he began sobbing. He covered his face in shame with a fist in his mouth. His sobs turned to silent crying.

A Vietnamese nurse arrived. Seeing Heng's distress, she spoke rapidly in Vietnamese, listened, and answered in a soothing voice. He stopped crying and looked questioningly at her. When she nodded, relief spread over his face.

She then said to the Americans, "He misunderstood. He thought he was dying."

He thought you asked him to give all his blood so she could live."

After thoughtful silence, the American nurse asked, "Why would he be willing to do that?" The translator asked him. He answered simply, "She's my friend." "Wouldn't we all like friends like that. One willing to give their life for another. In John 15:13 Jesus said, 'Greater love hath no man than this, that a man lay down his life for his friends.' Take your Bible and read Romans 5:6-11. The truth of these verses lays out the Gospel story expressed in a modern translation 'When we were utterly helpless, Christ came at just the right time and died for us sinners. Now most people would not be willing to die for an upright person, though someone might perhaps be willing to die for a person who is especially good. But God showed his great love for us by sending Christ to die for us while we were still sinners. And since we have been right in God's sight by the blood of Christ, He will certainly save us from God's condemnation. So now we can rejoice in our wonderful new relationship with God because our Lord Jesus Christ has made us friends of God.'" Jesus chose us as friends, He died for us as friends, He caused us to trust him as our friend, and He will remain our friend for the endless ages to come. What a friend we have — moment by moment, now and forever — in Jesus.

For more information about God's Salvation visit www.sermon4u.com.

Paid Advertisement

Summer French camp spots filling up fast

By Lorne Stelmach

A dynamic French immersion summer camp designed to enrich the language skills and cultural experiences of youth is coming back to Morden

this summer.

Canadian Parents for French Manitoba is holding a series of camps for youth aged 5 to 12 across the province throughout July and August, and the camp set for the week of Aug. 26-30

in Morden is receiving the most interest to date.

"Morden alone, as of right now, has the most registrations of all the camps," said Caelen Plischke, camp co-ordinator for Camp Soleil. "I think the Morden community has quite a large interest in French and our organization."

What's *Your* story?

We want to hear from you.

The Voice connects people through stories to build stronger communities.

Do you know someone who has a unique hobby? Will be recognized by a local organization for volunteer service? A teacher that goes above and beyond? A hometown hero? A sports star? A business celebrating a milestone or expansion? A senior celebrating their 100th birthday? A young entrepreneur starting out?

Please share your story ideas via email to news@winklermordenvoice.ca or call 204-325-6888

The **Voice**

Continued on page 12

Feeding the hungry, one bag of soup mix at a time

After two years of fundraising, Southman Gleaners begins operations in Reinfeld

By Ashleigh Viveiros

Southman Gleaners fired up its equipment in Reinfeld for the first time just a few months ago, and now they're inviting people to come learn how you can help them feed those in need around the world.

The non-profit gathers vegetables donated by local producers and dices and dehydrates them to make soup mixes that are distributed by a variety of partner Christian aid agencies, including Faith Mission and Samaritan's Purse.

"We started production about a month and a half ago, but we've been at it for two years now," shares board chair Abe Janzen, explaining a lot of legwork needed to be done before the first bag of soup made it off the production line.

The organization was inspired by similar Gleaners operations elsewhere in Canada. There are two in

Alberta and three each in B.C. and Ontario.

"A gentleman from Le Crete, Alberta challenged [fellow board member] George Wieler, and so we had a meeting of about 15 people and they all thought it was a good idea," Janzen recalls.

Southman Gleaners Inc. was officially formed as the first Manitoba Gleaners group in 2022. The founding board members spent the next few years raising funds to pay for the necessary equipment and space to work in.

"We consider ourselves a regional operation—all of southern Manitoba," Janzen says, explaining they are a mission-minded agency inspired by Leviticus 23:22, which encourages farmers to share the bounty of their harvest with the poor.

"It also has the element of salvaging something," he adds. "We were all taught to waste not want not. So

"WE WERE ALL TAUGHT TO WASTE NOT WANT NOT."



PHOTOS BY ASHLEIGH VIVEIROS/VOICE

Facility manager Richard Reimer and wife Anna Reimer with some of the other vegetables they've received for processing. The variety will add nutrients and flavour to the final soup mix. Right: Add a bit of water and this small bag can feed 100 people. The facility can produce over 260 such bags daily.



PHOTO BY ASHLEIGH VIVEIROS/VOICE

Southman Gleaners volunteers Ike Wall (left) and Abe Janzen on the production line, checking donated produce for blemishes and cutting it up to be diced and then dehydrated into soup mix.

we're turning culled potatoes, culled vegetables into more useful products. We're adding value so that they can be eaten."

There is a wealth of locally-grown food that is culled every single day for not meeting grade requirements simply because they're too big, too small, or have minor blemishes.

But it's all still perfectly edible, Janzen stresses.

"A lot of potatoes that get culled out go to cattle farms, which is not bad, but we think feeding people should be a higher priority"

Southman Gleaners is working with numerous large-scale producers to divert these culled vegetables their way.

Each week, volunteers assess and cut off any blemishes before the produce is diced and then dehydrated.

The resulting bags of soup mix have a long shelf life and can be economically shipped wherever they're needed.

"A bag like this should feed a hundred people a cup of soup," shares volunteer Ike Wall, holding up a relatively small bag. "We can keep 100 people from starving with just this."

"We dice and dehydrate about 3,000 pounds of potatoes in one day," he adds. "So that makes a lot of meals."

Facility manager Richard Reimer, who oversees the operation alongside wife Anna as the only two paid employees, explains those 3,000 pounds, once dried, translates into about 800 pounds of soup mix. That makes 266 bags and enough servings to feed tens of thousands of people.

So far their focus has been almost exclusively on potatoes, but the plan is to expand to include more other vegetables as well.

"We've tried a little bit of onions, and yesterday we tried zucchini—it dehydrated to almost nothing," Reimer says. "But it still adds colour to the mix. Some nutrients."

Anyone with excess vegetables is encouraged to connect with Southman Gleaners—they'll take them.

"We're looking for more avenues to get [connected with] more vegetable growers," says Reimer, noting that includes backyard gardeners. "We just ask that it's washed before it comes here. We're not set up for that specifically."

Beets, carrots, peppers, cabbage, cauliflower, tomatoes—if you've got extra veggies, call 204-542-8988 to arrange a time to drop it off.



Council approves new Victoria St. green space

By Ashleigh Viveiros

Victoria St. residents will have a new park to enjoy in the years ahead.

At its July 9 meeting, Winkler city council approved the purchase of the empty lot at 288 Victoria St. to use as neighbourhood green space.

The city got the property for \$270,455, with the money coming from its general reserves and green space development fund.

"With the amount of infill development that we're seeing in this neighbourhood—which would include Victoria St. and Albert St. and could also include some that may be on Pembina [Ave.]—and what's expect-

ed to happen in the coming years, the city's been in search for some additional green space to ensure that, for the number of kids that will be in that neighbourhood, we provide adequate green space," city manager Jody Penner explained. "We've been on the hunt for space for some time."

Winkler director of corporate services David Martens noted after the meeting that plans are in place to install a playground structure at the site, though there is no firm timeline as of yet.

"I'm happy to see this coming forward because it is something that we've been looking for awhile," Mayor Henry Siemens said as council vot-



PHOTO BY ASHLEIGH VIVEIROS/VOICE

The City of Winkler has purchased this lot on Victoria St. to create a new neighbourhood green space.

ed unanimously in favour of the lot purchase (Coun. Don Friesen stepped out due to a conflict of interest). "As [development] intensifies there it's

important to make sure that we look after the community and provide a good, liveable community for young families."

> SOUTHMAN GLEANERS, FROM PG. 9

The facility doesn't currently have a cooler (that's on their wish list for the future), so they're looking at having designated drop-off days for specific types of produce so they can be processed at the same time within a few days.

Aside from produce, the Gleaners also need more volunteers to keep things moving smoothly.

"We need 30 people a day," Janzen says. "We have half of that right now."

Volunteer shifts run from about 8:30 to noon, and the work isn't particularly demanding.

"It's sitting at a table chopping potatoes and going through vegetables," says Wall. "They can sit or they can stand, as they please. And if somebody wants to work for an hour, or two, or three, we'll take anything that we can get."

"We also need more volunteers than just trimmers," Reimer adds. That includes cleaning, equipment maintenance, and a dryer operator. Contact the Gleaners at the number above or email admin@southmangleaners.ca to find out how you can get involved.

And you can check out the Southman Gleaners

operation yourself at their grand opening next week Thursday, July 25, at their facility at 24 Reinfield St. North.

The open house will start at 10 a.m. followed by a ribbon cutting at 11 a.m. and a fundraising lunch provided by Horizon Colony from 11:30 to 1 p.m. To RSVP for the lunch, email waldemarb@mandako.com by July 17.

"We'll have a limited production going so they can at least see what we're doing," Janzen says.

You can also connect with them online at southmangleaners.ca.



PHOTOS BY ASHLEIGH VIVEIROS/VOICE

Winkler's Concerts in the Park series kicked off with music from The Cracked Egg Shell in Bethel Heritage Park last Wednesday night. The opening night also included inflatables and face painting for the kids while their parents enjoyed the show. The series continues every Wednesday night at 7 p.m. until August. The Silas Presley Band performs this week, Paul Bergman takes the stage July 24, and The Traveling Kind wrap things up July 31.

Cracked Eggshell kicks off Concerts in the Park



arts & culture

Candlewick bringing Hunchback of Notre Dame to the stage

By Lorne Stelmach

The Candlewick Players are taking on the daunting task of performing *The Hunchback of Notre Dame* for their annual summer musical production.

Based on the gothic novel by Victor Hugo and featuring several songs from the Disney animated feature of the same name, the musical involves over 60 cast members and musicians along with all of the other supporting crew.

Director Richard Klassen was excited to see such a powerful production team come together to give direction for an exceptionally talented cast of actors and musicians.

"The cast is a joy to work with, as always. They represent such a wide variety of talents and communities. They are what make the summer shows so fun."

The performances all take place at the Manitou Opera House and are set for Friday, July 26 and Saturday, July 27 at 7 p.m. and Sunday, July 28 at 3 p.m.. There are then three more shows the following weekend (Aug. 2-4) at the same times.

The production team led by Klassen brings together some fantastic talent including vocal director Jennifer Nichol, character coach Eric Buhr, choreographer Erin Klassen, stage manager/director Chuck Fefchak, and ensemble director Vanessa Klassen along with many others looking after costumes, makeup, props, technicals and more.

The musical, which shares the story of Notre Dame Cathedral's hunchbacked bell-ringer Quasimodo, has been one which Candlewick has talked about tackling for a number of years.



SUPPLIED PHOTO

Final rehearsals for Candlewick Players' production of *The Hunchback of Notre Dame* are taking place now at the Manitou Opera House. Shows run July 26-28 and Aug. 2-4.

"I originally read the Hugo novel when I was younger and really en-

Continued on page 12



SUPPLIED PHOTO

Florence Dyck's new book, *Child Labour in the Bean Patch and Other Manitoba Memories*, includes columns that previously ran in the *Voice*, along with dozens of other stories.

'A Look Back' columnist pens new book

By Ashleigh Viveiros

A former Morden-Winkler resident and *Voice* columnist has pulled together dozens of stories from her childhood in the area into a new book: *Child Labour in the Bean Patch and Other Manitoba Memories*.

Florence Dyck says the project was a labour of love and represents over a decade of writing.

"That first column I sent to [the *Voice*], it was because I was starting to write for my kids and my grandkids. Things about my life that I didn't think they knew," she recalls. "And then I thought, 'This is actually pretty interesting stuff—maybe others would be interested in reading it.' So that's how it all started."

Dyck's "A Look Back" columns ran in the *Voice* for several years starting in 2017. She took break from the column in the wake of the death of her husband, Ron.

In recent years, Dyck has returned to writing. *Child Labour in the Bean Patch* includes over 50 stories, some of them previously published here in the *Voice* alongside dozens of new pieces.

"At first I was just going to do it for my kids and grandkids, but then people kept asking me if I was making a book," Dyck says. "So I thought I'd take the plunge."

Dyck's family moved to Morden when she was seven and she lived there until moving away to pursue

Continued on page 12

The **Voice**

Get in touch with us via e-mail:

Send news items to: news@winklermordenvoice.ca
Advertising inquiries to: ads@winklermordenvoice.ca



SUPPLIED PHOTO

From left: Canadian Parents for French Manitoba chapter leaders/ instructors Laurel Lassi, Kendra LePage, Caelen Plischke, and Julianne Chartier. The chapter is hosting a French summer day camp in Morden in August.

> CANDLEWICK, FROM PG. 11

joyed it," Klassen said. "Of course, the Disney animated feature starred some fantastic songs, but it strayed a little from the book to be more conducive for a young audience.

"What made the live musical itself more interesting was that it moved back to the original story in the novel, which of course makes it less light-hearted, but the stage edition has some powerful scenes along with a few new songs which are equally good.

"Another aspect of the musical that I liked was that it hosts a fair sized cast along with a choir ensemble. To have such a large group involved is also exciting."

After rehearsing for a few months in

> IN THE BEAN PATCH, FROM PG. 11

a teaching degree. Later, she and her husband returned to farm and raise their kids in the Winkler area.

The couple ultimately moved to British Columbia in the '90s. Dyck today lives in the Okanagan Valley, though she still has family roots in Morden-Winkler.

"If it wasn't for my twin grandsons [in B.C.], I would have moved back to Morden," she shares. "It feels like home there."

Her stories mainly revolve around growing up in Morden in the 1950s.

"Those were the years that nobody arranged play dates," she says. "The neighbourhood kids all just played baseball together, played football together. We always had something to do outside. We didn't have TV, we didn't have video games.

"We lived in a small house with a grumpy dad, so outside was always a good place to be," Dyck adds. "We tried to play where my mom wouldn't see us because if she saw us we always had to haul water or bring in vegetables or do something productive."

Times were tough, but her parents ensured there was always food on the table.

"My mom was such a hard worker. We grew up on social assistance, but nobody

Morden, the troupe recently moved into the Opera House for their last leg of rehearsals.

"When the music started and the cast sang their opening song, the haunting music filling the hall sent shivers down the spine. They are a pleasure to work with," said Klassen. "Each one representing so much creativity and ability... and to see them come together in this way is so rewarding. You don't want to miss the results of all their hard work."

More information and tickets can be found online at candlewick.ca or call the Candlewick box office at 204-822-SHOW (7469).

would have known it," Dyck says. "We always had vegetables all winter long because she canned and later on froze. And she sewed our clothes and tried to make them stylish to what the other kids were wearing."

Delving back into memories from her past has been an incredibly cathartic experience, Dyck reflects, noting it's especially gratifying when readers have shared that a particular story has resonated with them.

"I had this one gal who said, 'Oh, I can just imagine myself in your stories.'"

She's pleased as well to know her stories will live on with her kids.

"Either they tell me I've told them everything a hundred times or else it's 'Why didn't you ever tell me that?'" she says, laughing. "Now it's all there in print, and I'll have a copy for each of my kids and grandkids."

Dyck also has copies available for anyone else interested in stories of local life way back when. She's planning on putting the book up on Amazon but, in the meantime, you can reach her at flojo001@gmail.com or 250-770-0194 if you're interested in getting one. They're \$20 each.

> FRENCH CAMP, FROM PG. 8

Canadian Parents for French Manitoba is committed to promoting and supporting French language education for youth in Manitoba. Through various programs and initiatives, it aims to foster an appreciation for Francophone culture and bilingualism in the province.

There has continued to be a strong level of interest and involvement in Morden, which has a well involved local chapter, noted Plischke.

"It's great. We're happy to have all of the volunteers who have helped us out with locations and provided us with all of the materials and things that we need," he said. "It's good to see the level of engagement from all of the volunteers as well as the parents and the children who are getting involved in it."

The camps have been around now for about two decades, and Plischke sees them as playing a vital role to help youth keep up with their French skills.

"It's about engaging with new people and new experiences in French and keeping the interest in French going outside of school," he said. "I was a French immersion student ... and I enjoyed the French I did do outside of school, so I think having an external research is helping keep up the interest in French language and culture."

Each camp session is designed to provide a fun, engaging, and educational environment where children can immerse themselves in the French language through games, arts and crafts, sports, and even occasional field trips.

"What we're trying to do is find activities where there's not only communication in French but collaboration and co-operation in French with these activities," said Plischke. "We're looking for things like teamwork and things to do together. We want them to be involved together and to be working together towards an end goal and communicating as a group in French."

Registration for Camp Soleil is open, but spaces are going fast. For more information, visit mb.cpf.ca/en/cpf-summer-camps/ or contact Jessica Eblie by email to cpfmb@cpfmb.com.

The Funnies

PLANET GARRY™
By: Garrison Doll ©

P.O.V.: Hospital waiting rooms



Just a few more minutes, Sir!

You said that for the past 50 years!



Garrison Doll 2024

get informed

Monthly waffle fundraiser always draws a crowd

By Lori Penner

The tables were full, and the waiting list kept growing as the Altona Senior Centre committee served up another one of their waffle breakfasts.

The monthly event acts as a fundraiser for the building and additional expenses. Last week's breakfast drew about 100 people.

"Our record is 120, but that's still a great number. We ran out of the white sauce, so I guess everybody really enjoyed it," says planning committee member Ron Falk. "The committee does all the food preparations. The sauce is homemade and safe for diabetics. And the fruit we use is all locally grown."

The waffle breakfast runs throughout the year and draws diners of all ages.

"This is a substantial fundraiser for us," Falk says. "Everybody enjoys it. You can see it by their enthusiasm. And at just \$10 a plate, it's a pretty good deal."

Falk says hosting the event is definitely a team effort.

"There are so many helping hands here. The seniors in this community

are really involved, not only in this organization, but in so many others, as well. That is just fantastic for such a small community. The people here just rally when there is a need."

Visitors to the community often attend as well. Last week's event drew a group from Edmonton.

Meanwhile, the senior centre has a few projects on the go this summer.

"We just finished redoing the roof. We had so much help from Co-op, which donated the shingles. That was really great," says Falk. "Now we are looking at redoing the parking lot. We want to have better drainage on it so LET Construction is going to do that for us."

The Altona Senior Centre is a non-profit organization, so any bills or projects rely on donations, facility rentals, and fundraisers.

"There are some government programs we can hook up with, which is very nice, but we do have to work for the money that runs this place," Falk says. "Our rentals have been very good. Small weddings, funerals, family gatherings. It pays the bills and provides a really nice spot for people to gather, especially since we upgrad-

ed the kitchen and bathrooms a few years ago."

Future events include a watermelon and rollkuchen fundraiser and they're thinking of holding a soup and pie

"We need those funds to operate. But we're not worried. The people in our community really support those things. That's what keeps these kinds of facilities operating. I've lived in Altona all my life, and I love the place. We've been running these waffle breakfasts for many years, and they've always been a big hit."

Volunteer Marge Peters monitors the row of busy waffle irons with a smile.



PHOTOS BY LORI PENNER/VOICE

Hungry visitors line up to get their plates filled with fresh baked waffles, fruit and white sauce at the Altona Senior's Centre waffle breakfast last week.



SAVE WITH A GROUND SOURCE HEAT PUMP

- ✓ Enjoy energy-efficient heating and cooling in a single unit
- ✓ Reduce your electric heating costs by up to 60%
- ✓ **Get a rebate!**

Visit efficiencyMB.ca/heatpump to learn more.



Your FARM



Stephenfield cattle farmer still farming at 91

By Ty Dilello

Local cattle farmer Albert Mutcher was recently featured on the June 2024 cover of *Canadian Cattlemen* magazine and in the latest *Better Farming* magazine for his 73-year agriculture career.

Mutcher has been farming in Stephenfield since he was 18. He is now 91, so after 73 years, he is still managing his cattle herd on his own and hopes to pass on his passion to his great-grandchildren.

Mutcher was born and raised on the farm and just fell into livestock farming. He worked at home until he was 18, and then he went out on his own and started a farm with eight head of cattle.

At one time, Mutcher built his herd of up to 300 head of cattle and farmed 2,500 acres of grain. Now he is downsizing his herd and has rented out his crop acres.

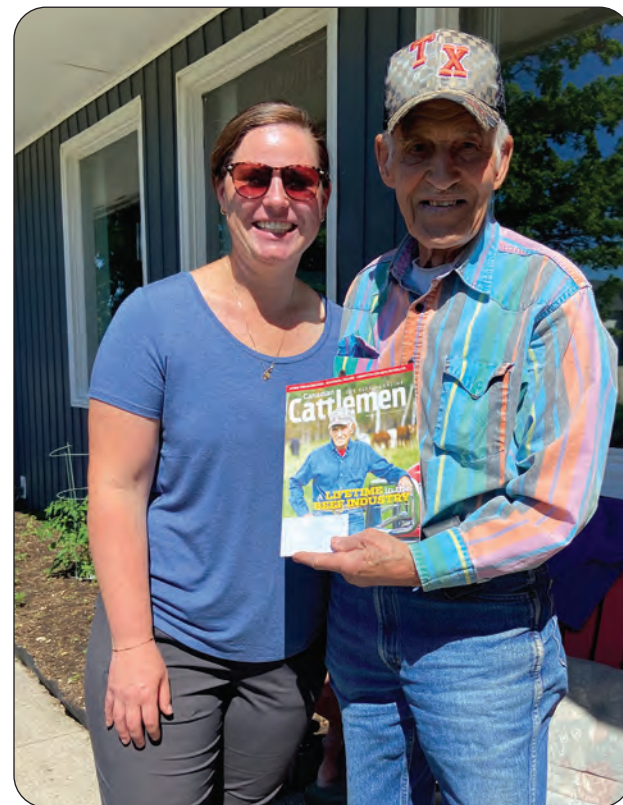
Sharing his passion for agriculture with his community has always been a priority for Mutcher.

He has been a part of his local fair board for 55 years and started his local livestock committee 65 years ago. He has also been involved in 4-H and has judged many cattle shows over the years.

Mutcher has two granddaughters, a grandson, four great-grandsons, two great-granddaughters, and another on the way.

When Mutcher's grandchildren were six years old, he gave them all one cow, and that got them started, as they all showed an interest in livestock.

Each cow had a calf every year, and when it sold, Mutcher put the money in a trust that they couldn't touch un-



Granddaughter Karla Last, left, and Albert Mutcher holding up a copy of the June 2024 cover of the *Canadian Cattlemen* magazine that he is featured on the cover.



PHOTO BY MALLOREY BERGEN

Albert Mutcher has been farming in Stephenfield for the past 73 years. Now, at the age of 91-years-old, he has no signs of slowing down and will keep on trucking as long as he can.

til they turned 18. So, all of the grandchildren had a pretty nice little trust fund when they turned 18.

Mutcher plans to do the same now for his great-grandchildren. He even hopes that some of his great-grandchildren will be cattlemen when they grow up.

Granddaughter Taylor Nicolajsen and her husband have cattle, while granddaughter Karla Last's career has led her to crop and soil science and business ownership.

"The importance of healthy animals and soils for sustainability all started with him and the life lessons he shared with us when we were young, as well as making economically smart choices in life, both business and personal," said Karla Last.

Mutcher's granddaughter Karla Last has many memories over the years on his farm.

"All of the grandkids have lots of great memories from our childhood. When they still lived on the farm, we would always go to the barn and



JOIN US FOR THE JULY CONSIGNMENT SALE 2024

GOSSELIN FARM RETIREMENT. LOTS 1 THROUGH 5 ARE FEATURING TOP END PIECES IN EXTRA CLEAN CONDITION. THE GOSSELIN BROTHERS HAVE DECIDED TO RETIRE AND HAVE PUT THEIR EQUIPMENT UP FOR AUCTION. THIS IS A WELL MAINTAINED SET OF EQUIPMENT. ALWAYS SHEDDED AND WELL CARED FOR, USED IN THE PRIME LAND OF THE RED RIVER VALLEY. DAY 1 ITEMS AVAILABLE TO VIEW GOSSELIN FARM RETIREMENT AUCTION ARE JULY 15 TO 19, 9-5PM. DAY 2 ITEMS AVAILABLE TO VIEW JULY 15 TO 19, 9-5PM. BIDDING STARTS: JULY 18TH AT 9AM.

DAY 1 OFFSITE ITEMS WILL BE CLOSING ON JULY 24TH STARTING AT 10AM

DAY 2 ONSITE ITEMS WILL BE CLOSING JULY 25TH STARTING AT 10AM

Pickup Days: July 26 & 27 from 9am to 5pm. Arrangements can be made otherwise. SALE WILL CONSIST OF FARM EQUIPMENT, GENERAL MERCHANDISE, OVERSTOCK AND SURPLUS ITEMS, PLUS MUCH MORE! THIS IS AN ONLINE BIDDING AUCTION ONLY! IF YOU REQUIRE HELP OR DO NOT HAVE INTERNET ACCESS PLEASE CALL THE OFFICE AT (204) 434-6519.











Call today if you would like to consign your items! Office (204) 434-6519 • Brad Kehler (204) 346-2440
Darryl Enns (204) 216-0931 ITEMS ARE SOLD AS YOU SEE THEM. Call Now to Consign in Upcoming Auctions.

Your FARM



New sclerotinia tool helps growers access disease risk and severity

Supplied by the Canola Council of Canada

Growers and agronomists looking for help in making sclerotinia spray decisions this summer will have access to a new online tool from the Canola Council of Canada.

Available at CanolaCalculator.ca, the sclerotinia risk assessment tool offers both a recommendation about whether or not to spray a canola crop (at 20-50 per cent flower) based on several inputs from the user, along with an opportunity to assess the spray decision by rating sclerotinia severity at maturity (30-60 per cent seed colour change).

The second part of the tool is an economic calculator to provide an estimated return on a fungicide application based on different scenarios. These include percent of infection, fungicide cost, expected yield and

market price.

"These new tools are designed to help growers and agronomists make timely, informed decisions on whether a foliar fungicide application is advised," said Chris Manchur, CCC agronomy specialist and lead on sclerotinia stem rot. "Farmers have a lot of choices to make throughout the growing season. It's very exciting to put this new technology in their hands to help simplify decision making and assess potential impacts on productivity and profitability."

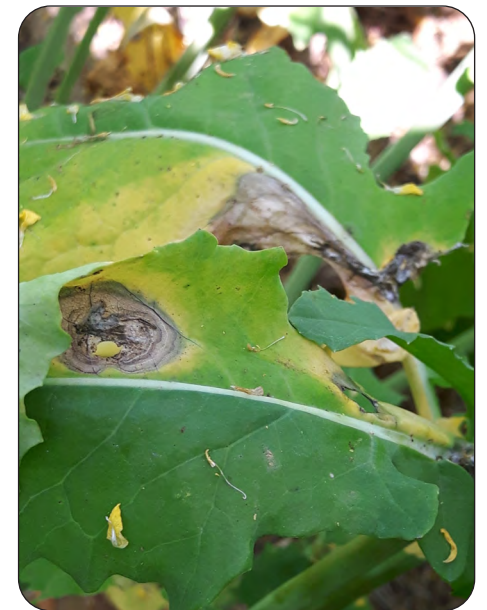
Sclerotinia stem rot is one of the most economically significant canola diseases in Canada. Caused by the fungus *Sclerotinia sclerotiorum*, the disease is heavily influenced by environmental conditions leading up to and during the flowering period of canola. Assessing the environment can make it difficult to predict

outbreaks and make the decision to spray. That is where the tool comes in.

The tool also includes a helpful resource library which hosts images, videos and other educational materials, serving as a valuable knowledge hub supporting growers and agronomists in sclerotinia management.

These tools were built following three years of collaboration with Agriculture and Agri-Food Canada and extensive testing with agronomist partners and are an evolution of the sclerotinia stem rot checklist that growers and agronomists have relied on for years.

The project was funded in part by the Government of Canada under the previous Canadian Agricultural Partnership - AgriScience Program, along with support from Alberta Canola, SaskCanola and Manitoba Canola Growers.



SUPPLIED PHOTO

Sclerotinia stem rot infection often starts when spore-infested petals drop onto leaves and create lesions.

> MUTCHER, FROM PG. 14

drink from the pump that fed water to the cows," said Last. "It was the best and coldest water. I remember trips to the vegetable storage shed and then feeding the cows in the pasture. That is where we all learned to drive. And trips to the vet with prolapsed cows."

Last notes that she and the other grandkids are all extremely proud of their grandpa and how well he has done for the age of 91.

"We have always been proud and honoured to be his grandchildren," said Last. "A lot of community members often say to us how amazed they are of how many cattle he still has. He has quite the astounding reputation in the cattle industry, especially at the local cattle auction marts for selling quality beef. The amount of effort and care he puts into his handling facilities is also a point of pride. It's not often that you have to wait to be loaded up. He is often asked to judge at beef shows because of his knowledge and workmanship. He has a keen eye on cattle and enjoys teaching and mentoring the younger generation. He loves to see the younger generation doing

what he loves."

Still today, Mutcher's grandchildren often stop in at the house or the pasture so that their kids can learn from him the same way that they did.

At 91-years-old, Mutcher has no

signs of retiring or slowing down. He loves what he does and is committed to doing it for as long as his health allows him too.

"He still loves to tend to his well-maintained yard and well-known

'red tulips.' Needless to say, he is still very active, and his age is not slowing him down. Whether he is sorting cattle, hunting or playing with his great-grandchildren."

Make your money work harder.

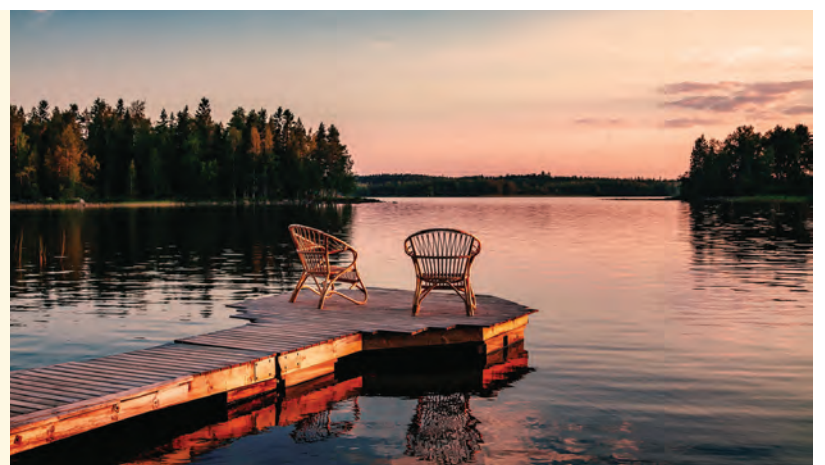
I can help you develop a customized financial and retirement strategy that meets your needs today and builds a solid foundation for your future.



Brad Ritchie*, CFP®
Financial Planner, Sun Life
TruPath Financial Solutions Ltd.
Tel: (204) 822 - 6777
brad.ritchie@sunlife.com

*Advisors and their corporations conduct insurance business through Sun Life Financial Distributors (Canada) Inc. Mutual fund business is done with your advisor through Sun Life Financial Investment Services (Canada) Inc.

Sun Life Assurance Company of Canada is the insurer and is a member of the Sun Life group of companies.
© Sun Life Assurance Company of Canada, 2023.



Critical illness insurance • Savings plans •
Estate and Financial Planning Service





Biz Camp a success

The twelve youth participating in the Morris Biz Camp sold their hand-made products at the Bigway parking lot last Friday. "Making money and the products was my favourite part," said Jordynn Dyck, who sold bracelet's under the name 'June's Jewels' in honour of a friend. Mylo Thiessen shared, "We learned that the customer is most important." She decided to sell cat toys made from thrifted socks, pompoms, and jingle bells. Left: Mylo Thiessen (left) selling cat toys with Jordynn Dyck. Right: Curtis Claydon, chairperson for Community Futures Triple R, purchases key chains from Shelby Dyck's Bob's Keychains. Jillian Hamblin was selling painted barn wood signs (foreground).

PHOTOS BY SIOBHAN MAAS/VOICE



> HEADSTART TO A HOME, FROM PG. 2

would be best that the developers and the financial institutions could provide this opportunity [without the Town's involvement]."

Choice Realty co-owner Nick Friesen represented K Block at the presentation. Friesen said the town's support is vital for the program to

proceed.

"The program involves Access Credit Union providing a zero percent interest loan to the buyer in place of the down payment. That loan needs security from Access Credit Union, just like any home purchase. Our understanding is municipalities are required to have a certain amount of savings and reserves that just have to be sitting there. And these down payment loans would be secured by those savings. So it wouldn't take any money out of any account from the municipality. It would just basically have to stay in that reserve account for five years as security until that down payment loan has been paid back. They have that money sitting there anyway, and these loans get registered against that."

The program specifically needs the loan secured by a third, uninvolved party.

"It can't be developers' money

or anything like that," Friesen explained. "Municipalities are able to do it. That's what we're doing in Winkler and that's what we were hoping to launch in Altona as well."

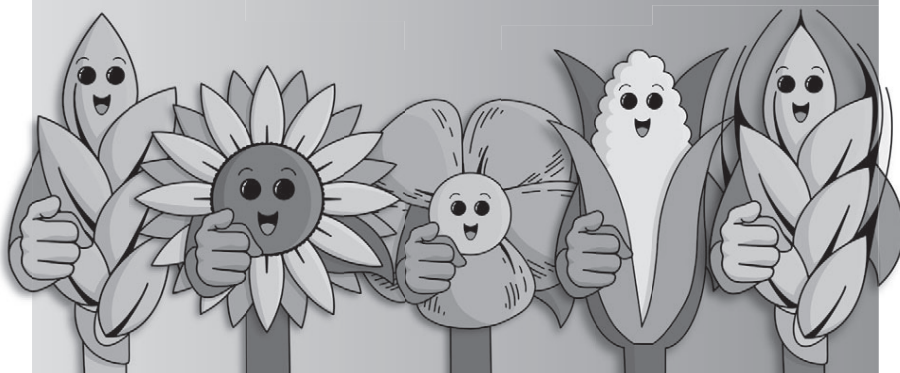
Friesen added that rental demand is high right now and they constantly get calls from people wanting to rent in Altona.

"This program would give a tenant trying to rent a place the potential to buy a condo. This would promote population retention in Altona and that's why we were excited about it. It would take someone who is renting and get them to move somewhere else, and it would lock them in for five years and become a homeowner."

While they're disappointed about council's response, Friesen says they haven't given up on the idea.

"We'll keep trying. We'll figure something out yet. We'll try to figure something out in the future."

MANITOBA CROP ALLIANCE WANTS YOU TO LET YOUR NAME STAND



We are currently accepting nominations from farmer members to serve as delegates on our four crop committees: wheat and barley, corn, sunflower and flax.
Nominations close on Oct. 1, 2024.



To learn more,
visit mbcropalliance.ca
or scan the QR code



The *Voice*

What's *Your* story?

Call 204-325-6888

JOIN US AT THE

Manitoba's Only Professional Rodeo!

July 19 - 21, 2024

manitobastampede.ca

Hooves hit the ground this weekend

By Siobhan Maas

The Manitoba Stampede & Exhibition returns to Morris this weekend.

After last year's record-breaking attendance of 35,000 and a sold-out Saturday grandstand, the Valley Agricultural Society expects crowds of 37,000 over the three days of this year's event.

Society general manager Malissa Dreger Lewis, shared her excitement about the momentum that rodeos across Canada have experienced over the last several years.

"Rodeos have a growing following. They are coming back [into popularity] with record attendance," she said. "The cowboys, the cowgirls, the chuck wagons and chariots love to compete in front of the grandstand audience."

A large, enthusiastic crowd is exciting for the competitors as well, Dreger Lewis noted. The status of being "Manitoba's only professional rodeo" means that participants must hold a permit from the Canadian Professional Rodeo Association and enter to compete for one of the three

days. Many competitors "turn and burn," meaning they drive to Morris especially for this prestigious event.

"Our small town of 2,000 explodes on Stampede weekend," Dreger Lewis said.

The Valley Agricultural Society—with a board of twelve directors, two full-time staff, two part-time summer staff, and hundreds of volunteers—contribute thousands of hours to the success of the Stampede.

CONTINUED ON PAGE 3

Join Sunseekers World Travel & Explore the World Manitoba's Leader in Group & Escorted Tours

Let us plan your next holiday with the perfect mix of comfort, security and adventure.

LONG STAY SPAIN February 17 - March 11, 2025
One bedroom Condo, Air and Transfers from \$2999.00

TREASURES OF JAPAN March 23 - April 5, 2025
Cherry Blossom Time. 4 seats available.

ROME AND THE AMALFI COAST May 1-10, 2025. Journey through Southern Italy and experience its rich history, art, culture, food & wine.

GREEK ISLAND CRUISE - ISTANBUL TO ATHENS

September 26, 2025. Highlights include: Kusadasi, Rhodes, Crete, Santorini, Mykonos & Athens. Onboard the new Oceania Vista. 4 cabins available.

COLORS OF MOROCCO

October 23 - November 6, 2025
A captivating adventure through a land of centuries - old culture & customs

VIETNAM & CAMBODIA January 20, 2026 with 7 night Mekong River cruise.
A journey filled with history. Only 4 cabins available.

MYSTERIES OF INDIA March 13-17, 2026 Discover India's nature, spirituality and regal legacy. From the Taj Mahal to the iconic tigers, step into a world of vibrant color.



For more info. on these and other tours
contact karen@sunseekerstravel.ca
or call 204-750-3190 or
corwin@sunseekers.ca 204-945-9786

Yeeha It's Rodeo time!!

Western Hats, Belts, Wallets and Buckles
20% off

Blundstones For The Whole Family!

Western Boots 20-25% off

Sandals 20% off

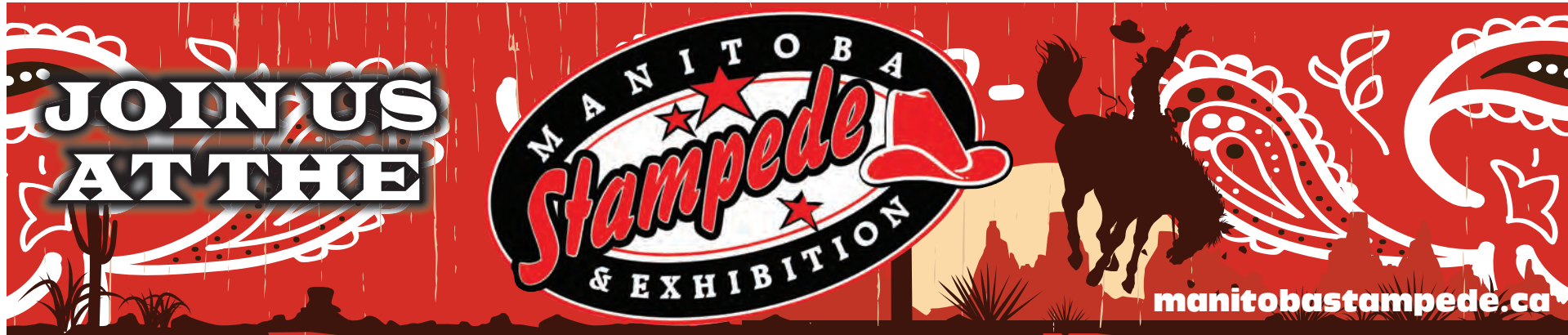
Wrangler Shirts & Jeans
Buy one tax inc. buy both 20% off.

Rubber Boots 20% off

ENTER OUR COLORING CONTEST!

KC's Shoe Repair
WORK & WESTERN WEARHOUSE
YOUR FAMILY FOOTWARE STORE
WINKLER, MB • Ph: 325-5538
Service & Selection Guaranteed
Company charges welcome (must be arranged ahead of time)

HOURS: Monday to Friday 9:30 am to 5:30 pm
Saturday 9:30am to 4:00 pm
325 Kimberly Rd. - East of Canadian Tire
GIFT CERTIFICATES AVAILABLE



	July 19, 2024		July 20, 2024		July 21, 2024	
	EVENT	LOCATION	EVENT	LOCATION	EVENT	LOCATION
7:30	FREE PANCAKE BREAKFAST	ACCESS CREDIT UNION				
9:00	GYMKHANA	PRECISION LAND SOLUTIONS ARENA				
10:00	PETTING ZOO PONY RIDES	PETTING ZOO BARN HEAVY HORSE BARN	MANITOBA STAMPEDE & EXHIBITION PARADE PETTING ZOO INDOOR TRADE SHOW MANITOBA STOCK DOG COMPETITION PONY RIDES	LUCINDA STREET, MORRIS MB. PETTING ZOO BARN MORRIS MULTIPLEX PRECISION LAND SOLUTIONS ARENA HEAVY HORSE BARN	PETTING ZOO MANITOBA STOCK DOG COMPETITION CHURCH SERVICE PONY RIDES	PETTING ZOO BARN PRECISION LAND SOLUTIONS ARENA MAIN GRANDSTANDS HEAVY HORSE BARN
11:00	BEER GARDENS ARTISAN PAVILION OUTDOOR CONCESSIONS PRAIRIE EXOTICS EXHIBIT SCHOOL WORK & DISPLAYS	SCRATCHING RIVER SALOON GATHERING OF NATIONS SOUTH ORANGE BUILDING SOUTH ORANGE BUILDING	BEER GARDENS ARTISAN PAVILION OUTDOOR CONCESSIONS PRAIRIE EXOTICS EXHIBIT SCHOOL WORK & DISPLAYS	SCRATCHING RIVER SALOON GATHERING OF NATIONS SOUTH ORANGE BUILDING SOUTH ORANGE BUILDING	BEER GARDENS ARTISAN PAVILION OUTDOOR CONCESSIONS INDOOR TRADE SHOW PRAIRIE EXOTICS EXHIBIT SCHOOL WORK & DISPLAYS	SCRATCHING RIVER SALOON GATHERING OF NATIONS MORRIS MULTIPLEX SOUTH ORANGE BUILDING SOUTH ORANGE BUILDING
11:30			DRAFT HORSE FARM CHORE EVENT	ACCUPIPE ARENA		
NOON	THE MAGIC OF JENN POWWOW DEMONSTRATION	MAIN STAGE - SCRATCHING RIVER SALOON GATHERING OF NATIONS	MIDWAY OPENS THE MAGIC OF JENN POWWOW DEMONSTRATION	MIDWAY MAIN STAGE - SCRATCHING RIVER SALOON GATHERING OF NATIONS	MIDWAY OPENS THE MAGIC OF JENN DRAFT HORSE FARM CHORE EVENT	MIDWAY MAIN STAGE - SCRATCHING RIVER SALOON ACCUPIPE ARENA
13:00	CHARLIE'S PLACE MATT ZIMMERMAN INDOOR TRADE SHOW	MAIN STAGE - SCRATCHING RIVER SALOON MORRIS MULTIPLEX	CHARLIE'S PLACE MATT ZIMMERMAN	MAIN STAGE - SCRATCHING RIVER SALOON	CHARLIE'S PLACE MATT ZIMMERMAN	MAIN STAGE - SCRATCHING RIVER SALOON
13:15	PRAIRIE EXOTICS PRESENTATION	SOUTH ORANGE BUILDING	PRAIRIE EXOTICS PRESENTATION	SOUTH ORANGE BUILDING	PRAIRIE EXOTICS PRESENTATION	SOUTH ORANGE BUILDING
13:45	RCMP MUSICAL RIDE WARM UP	PRECISION LAND SOLUTIONS ARENA				
14:00	PONY CHUCKWAGON & CHARIOT RACING INCLUDING THE RCMP MUSICAL RIDE MIDWAY OPENS	MAIN GRANDSTANDS MIDWAY	MANITOBA'S ONLY PROFESSIONAL RODEO	MAIN GRANDSTANDS	MANITOBA'S ONLY PROFESSIONAL RODEO PONY CHUCKWAGON & CHARIOT RACING INCLUDING THE RCMP MUSICAL RIDE	MAIN GRANDSTANDS
15:45					RCMP MUSICAL RIDE WARM UP	PRECISION LAND SOLUTIONS ARENA
17:00	NORMAN CHIEF MEMORIAL DANCERS THE MAGIC OF JENN MANITOBA MOUNTED SHOOTING ASSOC.	SWEET GRASS STAGE, GATHERING OF NATIONS MAIN STAGE - SCRATCHING RIVER SALOON ACCUPIPE ARENA	NIC MESSNER THE MAGIC OF JENN MANITOBA MOUNTED SHOOTING ASSOC.	SWEET GRASS STAGE, GATHERING OF NATIONS MAIN STAGE - SCRATCHING RIVER SALOON ACCUPIPE ARENA		
18:00	NIC MESSNER MATT ZIMMERMAN	SWEET GRASS STAGE, GATHERING OF NATIONS MAIN STAGE - SCRATCHING RIVER SALOON	NIC MESSNER MATT ZIMMERMAN	SWEET GRASS STAGE, GATHERING OF NATIONS MAIN STAGE - SCRATCHING RIVER SALOON		
18:15	PRAIRIE EXOTICS PRESENTATION	SOUTH ORANGE BUILDING	PRAIRIE EXOTICS PRESENTATION	SOUTH ORANGE BUILDING		
18:45			RCMP MUSICAL RIDE WARM UP	PRECISION LAND SOLUTIONS ARENA		
19:00	MANITOBA'S ONLY PROFESSIONAL RODEO	MAIN GRANDSTANDS	PONY CHUCKWAGON & CHARIOT RACING INCLUDING THE RCMP MUSICAL RIDE	MAIN GRANDSTANDS		
22:00	NELSON LITTLE	MAIN STAGE - SCRATCHING RIVER SALOON	NELSON LITTLE	MAIN STAGE - SCRATCHING RIVER SALOON		
22:30	QUINTON BLAIR	MAIN STAGE - SCRATCHING RIVER SALOON	QUINTON BLAIR	MAIN STAGE - SCRATCHING RIVER SALOON		

**Good Times.. Great Fun!
FOR EVERYONE!**

AW
AUDIO WORKS
production services

204-772-7193
www.awps.ca

**Enjoy the EVENTS at the
MANITOBA
STAMPEDE!**

**ON SITE
AUTO GLASS**

Ph: 204-746-6026
www.onsiteautoglass.ca



FROM PAGE ONE

Between the midway rides, indoor and outdoor vendors, stock dog competition, RCMP Musical Ride, mounted shooting, draft horse chore team competition, and professional rodeo, “we are able to offer something for everyone in the family,” shared Dreger Lewis.

“Large crowds are anticipated this year, so we are strongly encouraging people to come early, purchase their tickets in advance, and spend their extra time on the grounds.”

Family activities include the Morris Chamber of Commerce Kick-Off on Thursday evening from 6-8 p.m. at the Stampede Grounds. A magic show begins at 6 p.m. followed by free cotton candy, hot dogs, bouncy houses, glitter tattoos, corn hole, and grocery scramble, all sponsored by local businesses.

The Morris Fire Department is hosting their annual fundraising Kick-Off Steak Dinner from 6-9 p.m. at the Beer Gardens. Tickets can be purchased at Morris Build-All, Valley Super Thrifty Pharmacy, and from all Morris Fire Department members.



A Friday morning pancake breakfast beginning at 7:30 a.m., hosted by Access Credit Union, is held in downtown Morris, and a Saturday morning parade starts at 10 a.m. on Lucinda Street.

A petting zoo, pony rides, and reptile exhibit are located in the south barns of the grounds.

Live music begins at midday daily and includes performances from country music artists Quinton Blair, Nelson Little, and Matt Zimmerman. Discounted pre-sale tickets for the midway rides can be purchased at Rempel Insurance or Morris Bigway until Thursday, July 18th. Regular price tickets can be purchased at the midway on Stampede weekend.

The popular Gathering of Nations powwow takes place on Friday and Saturday beginning at noon at the grounds’ south end.

Grandstand events take place on Friday and Saturday at 2 p.m. and 7

p.m. Sunday’s rodeo runs at 2 p.m. only.

“The best way to avoid ticket purchase queue delays and possible disappointment is to pre-purchase grandstand tickets online,” stressed Dreger Lewis. “With last year’s sell-out crowds, people did leave disappointed or missed exciting events while in line.”

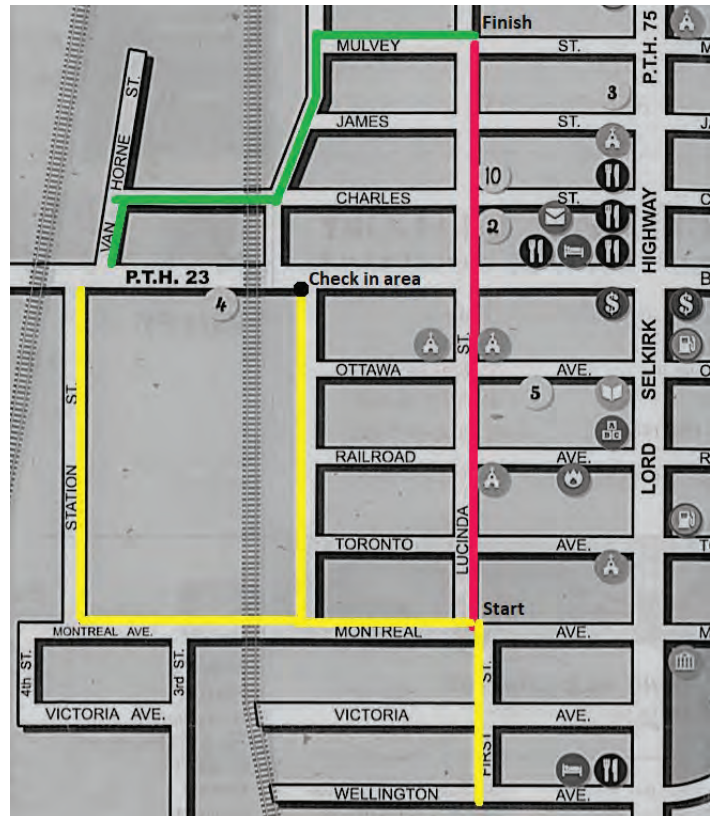
The Valley Agricultural Society loves how the Stampede brings the community together. Dreger Lewis cannot thank the volunteers and board enough.

“But especially the community—thank you for opening up our community, opening up Morris, allowing the Society to host this event, and for the support shown for the Stampede. We roll with the punches, and we run rain or shine, if safe to do so.”

The full schedule of events and times can be found at manitobastampede.ca.

Saturday starting at 10 am Stampede Parade! Rain or Shine!

- Marshal Area
- Parade Route
- Parade Participants Exit Route



DOUBT & CERTAINTY

One Woman’s Journey Through Her Veiled Heritage

A true account of abandonment, courage, love and triumph over loss.

By Elma Enns-Kreitzer and Raymond Kreitzer

This is the true story of Gertrude Penner-Enns. It takes place between 1890 and 1919 in southern Manitoba as she moves between Blumenort, Winnipeg and Rosenort. Orphaned at the age of nine, she must earn her keep by working full time for the aunt and uncle who took her in. She slowly begins to feel the constraints placed upon a woman who must survive on her own in the insular Mennonite culture of her upbringing. Having the opportunity to experience what life is like in the non Mennonite world, she finds herself split in two. This is the story of her struggle to gain the freedom and independence she craved. Hope, courage, despair and triumph all belong to her. Held in her grip, we join her in the incredible journey through and beyond her veiled heritage.

Order now! Physical or digital copy (kindle) available at amazon.ca



Sun Valley
122 Main Street Morris

**PROUD TO SUPPORT THE
MANITOBA STAMPEDE**

FUEL YOUR DAY WITH US!

**FRESH MEAL
options,
SLUSHIES, ICE
CREAM, and
COLD BREW
COFFEE!**



Proud to support the Manitoba Stampede & Exhibition.

Congratulations to all participants, staff and volunteers.

valleyfiber.ca | 1.800.958.5698



sports & recreation



PHOTOS BY ASHLEIGH VIVEIROS/VOICE

Winkler's Night of Champions Friday celebrated the successes of local teams with a dunk tank, inflatables, food, fireworks, and a Winkler Whips game, which went the home team's way 5-4.

A night of champions

By Ashleigh Viveiros

The Winkler Whips downed the visiting Altona Bisons 5-4 Friday night to cap off Champions Night at the Parkland ball diamonds.

The community moved its rained-out Canada Day fireworks to that evening and also brought in food vendors, inflatables, and a dunk tank to

celebrate the many local sports teams who shone during their seasons over the past year.

The win came a few days after the Whips had crushed the Carman Cardinals 10-0 on the Tuesday.

Elsewhere in the Border Baseball League, the Morden Mud Hens found themselves on either side of the win-loss column.

They followed up a 13-2 victory against Carman Thursday night with a 4-3 loss to Cartwright Friday.

The Cardinals then got their revenge Sunday afternoon in Morden when they beat the Mud Hens 11-9.

Morden was also slated to host Baldur Monday night, though results were not available at press time.

Other league action over the weekend included the All-Stars game, which saw Border West fall to Border East 2-1 Saturday in Altona.

This week, Morden closes out the

regular season in Baldur Tuesday night. Winkler is in Pilot Mound that same evening and then hits the road to wrap things up with a doubleheader in Baldur Thursday.

At press time, the Altona Bisons were in first place in the East Division standings with a record of 12-5. Morden is in the number two spot at 9-6 followed by Winkler (5-8) and Carman (3-11).

In the West Division, Cartwright is in first followed by Pilot Mound, Baldur, and Clearwater.



The **Voice**

Get in touch with us via e-mail:

Send news items to: news@winklermordenvoice.ca
Advertising inquiries to: ads@winklermordenvoice.ca



PHOTO BY LORNE STELMACH/VOICE

The host Morden Mudhens faced the Stonewall Blue Jays Friday evening in Morden as part of the Baseball Manitoba U13 Tier 1 provincial championship. Morden won this game 14-0 and went undefeated on the way to winning the title with a 12-2 victory over Winkler.



SUBMITTED PHOTO

The U13 championship team includes (back row, from left) assistant coach Scott Edwards, head coach Pat Fehr, Rhett Dyck, Raiden Rutter, Jett Nickel, Nathan Enns, Mattix Unrau, assistant coach Kevin Henderson, manager Jeremy Funk, (front row) bat boy Kipp Edwards, Jett Edwards, Seth Prokopowich, Graydon Funk, Silas Teichroeb, Garrett Henderson, Korede Babalola-Griffin, Dublin Fehr, and bat boy Noah Teichroeb.

Local teams win provincials

By Voice staff

Last weekend saw another round of baseball and softball provincial championships across Manitoba.

Morden hosted the 13U Tier 1 Provincials, and it was the home team who won the gold.

The Morden Mudhens wrapped up their undefeated season with six more wins at provincials, including the championship match against the Winkler Giants. Morden won it 12-2.

Meanwhile, Altona hosted the 15U Tier 1 tournament, which had local teams from Morden, Winkler, and Al-

tona vying for the title.

The Bisons went through the weekend undefeated, downing Winkler 9-2 in the championship game.

In softball action, Winkler's U17 A team clinched the gold in La Salle, beating Steinbach 10-1 in the final match.

End of the line for MJBL's Orioles, Bisons

By Lorne Stelmach

The MJBL season came to an end last weekend for both the Pembina Valley Orioles and Altona Bisons.

The Orioles lost their first-round series in three games to the St. James A's, while the Altona Bisons were swept in two games by the Carillon Sultans.

The Bisons lost 13-2 Friday and then dropped game two 7-4 Sunday. The Orioles won game one 4-2 Friday but then lost 11-0 in game two Saturday and 12-2 in game three Sunday.

"We played well in the first game. Although St. James outhit us, we manufactured some runs," said Orioles coach Dan Giesbrecht. "In the second and third games ... they outhit us, and we just couldn't shut them down."

After managing to double up St. James in game one, the tide turned in game two with the A's connecting for 16 hits while the Orioles could only manage three. Sam Blatz took the loss on the mound in allowing five runs on eight hits in two innings.

Game three then unfolded in a sim-

ilar pattern, but Pembina Valley's fate was sealed when St. James drove home seven runs in the second inning. Hits were 12-4 in favour of the A's.

Carillon held a 7-0 lead after two innings in game one against Altona, as the Bisons were outhit 12-4. Kasen Mateychuk gave up seven runs off six hits over the two innings.

Game two was much closer, and Altona actually outhit Carillon 13-7. Bryson Loewen and Dillan Thiessen

led the way for the Bisons with each connecting for three hits, but the Sultans were opportunistic including collecting seven stolen bases. Maddux Mateychuk allowed seven hits and seven runs over four and one third innings.

Giesbrecht said a major factor for the Orioles especially down the stretch was a busy schedule and the demands placed on a few key players.

"Our pitching staff had a very heavy

load in the last week or so. We played seven games in a short time, and it took its toll," he said. "We weren't able to respond ... but I'm proud of the guys and how they battled through it."

"We played stronger, and we played some really good games and won some really good games against the top teams."

Bisons' coach Evan Anstett couldn't be reached for comment.

Storm 2 blank visiting Kings 9-0

By Ashleigh Viveiros

Winkler Storm 2 trounced the visiting Richmond Kings 9-0 Sunday evening in Winkler.

Amery Roberts contributed four goals to the impressive tally, with singles coming in as well from Pah Dah, Marcelo Froese, Thomas Giesbrecht, Janick Richter, and Mohammad Shahab.

It bolsters the Division 2 team's record to 2-5-2, which has them in seventh place in the standings, ahead of only the Kings (1-9-1).

This weekend, Storm 2 host the Bonivital Flames 2 Sunday afternoon at 5 p.m. They then play an away game against the Scorpions FC next Tuesday.

Meanwhile, Winkler's MMSL Division 1 team, Winkler Storm 1, saw

their Sunday home game cancelled after Winnipeg FC forfeited.

It gives the Storm an automatic win, bringing their record to 7-1-2 and giving them the top spot in the division, with Galacticos FC and Winnipeg FC nipping at their heels.

Storm 1 next play in Steinbach against the Hanover Kickers on Sunday.

News or sports tip? E-mail news@winklermordenvoice.ca or call 204-325-6888

sports & recreation

Central Energy to represent Manitoba at Nationals

By Ty Dilello

The U17 Central Energy team captured the U17 AAA Softball Provincials this past weekend in Friedensfeld to clinch a berth to the upcoming Nationals.

U17 Central Energy dominated in the round robin, going 5-0, and clinched the first seed going into the playoff round. With the top two teams at Provincials going to Nationals, U17 Central Energy just needed to win one of the two semi-final matchups.

In the first semi-final, U17 Central Energy was humbled by an 11-1 loss to the Eastman Wildcats.

Molly Cowan led things off in the circle for U17 Central Energy. The starting pitcher surrendered five hits and six runs (four earned) over one inning, striking out none and walking none.

Leadoff hitter Molly Conrad led U17 Central Energy with two hits in two at-bats. Hailey-Jo Guffei went 1-for-2 at the plate as the left-handed hitter led the team with Central Energy's lone run batted in.

U17 Central Energy still had one more chance to get to Nationals, and the girls were able to put the last loss behind them as Brooklyn Friesen drove in four runs on three hits to lead U17 Central Energy past Winnipeg Lightning U17 by a 10-0 score.

Friesen hit a home run to centre field in the first inning, scoring two runs, and singled in the third inning, scoring two.

U17 Central Energy scored six runs in the third inning on the way to victory. Friesen singled, scoring two runs; Tori Mangin tripled, scoring three runs; and Kenzie Dudeck induced Karli Toews to hit into a fielder's choice, but one run scored.

Nelia Fehr stepped into the pitching circle first for U17 Central Energy. The starting pitcher allowed three hits and zero runs over four innings, striking out seven and walking one.

U17 Central Energy would get their revenge against the Eastman Wildcats in the Provincial final as they prevailed with a 4-1 victory.

A home run to right field by Brooklyn Friesen put U17 Central Energy on the board in the top of the first. Friesen provided pop in the middle of the lineup and led U17 Central Energy with three runs batted in.

Karli Toews stepped into the circle first for U17 Central Energy. She surrendered five hits and one run over seven innings, striking out six and walking two, leading Central Energy to the victory.

U17 Central Energy will now represent Manitoba at the U17 Female Canadian National Championships in Calgary from July 31 to Aug. 4.



PHOTOS BY BOBBI-JO GUFFEI

The U17 Central Energy are the U17 AAA Female 2024 Softball Manitoba provincial champions after prevailing through a six-team field this past weekend in Friedensfeld. The Energy will represent Manitoba at the National Championships in Calgary. Pictured, Brooklyn Friesen, Nelia Fehr, Kara Buhler, Molly Cowan, Emma Klassen, Maddy Friesen, Tori Mangin, Christina Van De Velde, Gabrielle Hildebrand, Hailey-Jo Guffei, Karli Toews, Molly Conrad and Heidi Reimer.

"The girls were incredible all weekend," said U17 Central Energy coach Cam Zacharias. "We were undefeated in the round robin, then came out flat in the first playoff game against a very good Eastman team. Then the girls got focused and played great again in the next game to get into the final against Eastman again. Karli Toews

pitched just an incredible game to keep Eastman to only one run, and with Brooklyn Friesen hitting a three-run home run, they won a really tough tournament to be provincial champions. It was just a huge team effort all weekend, and there were endless highlight-reel plays on defence and really timely hitting. We're looking forward to Nationals now in a couple of weeks' time."

Diamond Dogs at 15U provincials



A Winkler Diamond Dog slides in safe under the tag on second base in his team's victory over Neepawa 11-10 in Warren at the 15U Tier 2 Provincials last Friday in Stonewall/Warren. The Diamond Dog's were defeated 8-6 by Brandon Dodgers and 11-6 by Killarney Lakers. The team came back to beat Portage Phillies 8-5 and Lundar Brewers 10-7 but fell short of the title.

PHOTO BY JO-ANNE PROCTER/VOICE

U15 TEAM OFF TO PROVINCIALS

The U15 Central Energy team's provincials will be held from July 18-21 in Winnipeg at Ray Fennel Park. From there, the top two teams at provincials will represent Manitoba at the U15 Female Canadian Championships in Ile-Perrot, Quebec, from Aug. 14-18. The teams finishing third and fourth will represent Manitoba at the U15 Female Western Canadian Softball Championships in North Battleford, Saskatchewan, from Aug. 2-5.

Finally, the U13 Central Energy team's provincials will be held at Stonewall's Quarry Park from July 25-28. The top two teams (not including Westman Magic) will join the host team, Westman Magic, and represent Manitoba at the U13 Female Western Canadian Softball Championships in Brandon from Aug. 1-4.

Classifieds

The Winkler Morden Voice

Book Your Classified Ad Today - Call 325-6888 or Email ads@winklermordenvoice.ca

SCRAP METAL

Buyer for all farmyard scrap, machinery and autos. No item too large! Best prices paid, cash in hand. Phone Alf at 204-461-1649.

FLIGHT ACADEMY

Want to learn how to fly? Recreational Pilot Program is the best way to get started, must be 16 years of age. Privileges: fly for fun in a certified airplane, a home-built aircraft or an ultralight; fly by day only in Canada with one passenger; can easily add float rating to permit. LS Airways Flight Academy 204-651-1402.

WANTED

WANTED: 1928-1948 Ford cars and trucks. Any condition. CASH PAID. Phone Walter 204-870-2267.

Firearms wanted. Looking for all unwanted firearms. Fully licensed for both non-restricted and restricted. Anywhere from individual items to estates. Cash buyer, paying top dollar. Please call or text Adam at 204-795-2850.

FINANCIAL SERVICES

Private mortgage lender. All real estate types considered. No credit checks done. Deal direct with lender and get quick approval. Toll free 1-866-405-1228 www.firstandsecondmortgages.ca

NOTICES

URGENT PRESS RELEASES - Have a newsworthy item to announce? An exciting change in operations? Though we cannot guarantee publication, MCNA will get the information into the right hands for ONLY \$35 + GST/HST. Call MCNA 204-947-1691 for more information. See www.mcna.com under the "Types of Advertising" tab for more details.

Online McSherry Auctions

Estate of James Sheldon Vintage Tractor Offsite Auction - Stonewall, MB August 1 @ 7pm @ 7:00 PM 3 Miles West on 67, Then South 1/2 Mile on Road 3E Lane #75102 49 Ford 8N with Tracks, 20 Case Tractors, 2 John Deere Tractors, 2 McCormick Tractors, Caterpillar D2 Dsl Crawler, Caterpillar D4 Dsl Crawler, McCormick Thresher, Case A Combine, Hyd Scraper, Int Vibrashank, Stationary Engines, 3PH Equip, Farm Miscellaneous, Tires, Power & Hand Tools 204-467-1858 or 204-886-7027 McSherryAuction.com

Online McSherry Auctions

Estate & Moving July 24th @ 7:00 PM Featuring Lumber & Equip. Road Force 16' Enclosed Cargo Trailer, Enclosed Trailer, B Hitch Box Trailer 10', 5 Trailer Cement Mixers, Heavy Duty Power Tools, Welder, Semi Load of Lumber + Plywood 12 Patterson Dr. Stonewall, MB 204-467-1858 or 204-886-7027 McSherryAuction.com

NOTICES

REGISTERING FALL CLASSES? Book your ads now to boost enrolment! SELLING SOMETHING? Have your blanket classified ads seen in the 31 Member Newspapers which are seen in over 368,000+ homes in Manitoba. Now booking advertising for the remainder of 2024. Plan your success! Call 204-467-5836 or MCNA at 204-947-1691 for more details or to book ads. MCNA - Manitoba Community Newspapers Association. www.mcna.com

HEALTH

Are you suffering from joint or arthritic pain? If so, you owe it to yourself to try elk velvet antler capsules. Hundreds have found relief. Benefits humans and pets. EVA is composed of proteins, amino acids, minerals, lipids and water. Key compounds that work to stimulate red blood cell production & cartilage cell regeneration & development. Stonewood Elk Ranch Ltd., 204-467-8884 or e-mail stonewoodelkranch@mymts.net

FARMLAND TENDER

FARMLAND FOR SALE BY TENDER MUNICIPALITY of RHINELAND

Title #	Legal Description	Total Acres
3254064/4	The W 1/2 of the E 1/2 of SW 1/4 9-1-2 WPM Excepting - All Mines and Minerals as Reserved in Transfer 80985 MLTO	40
3254063/4	Parcel One: The W 1/2 of Legal Subdivisions 1 and 8 of Section 11-1-2 WPM Parcel Two: All that Portion of the Ely 1650 Feet Perp of the SE 1/4 of Section 11-1-2 WPM Lying to the West of the Western Limit of Legal Subdivisions 1 and 8 of said Section	60
3254069/4	The NW 1/4 of Section 1-1-2 WPM Exc The Nly 1320 Feet Perp	80
3254071/4	The E 1/2 of the E 1/2 of the SW 1/4 of Section 1-1-2 WPM	40
2880231/4	The S 1/2 of SE 1/4 21-1-2 WPM	80

When submitting an offer, please note:

- The highest, or any, offer will not necessarily be accepted.
- Offers may be for any or all parcels, however, additional consideration will be given to offers which include all parcels.
- The date of closing and date of adjustments will be January 1, 2025.
- The successful bidder may have possession of the property for the purpose of completing fall work once the 2024 crop has been removed.
- You must provide a certified check or bank draft in the amount of \$10,000.00 payable to Cole & Mace Law Office. The cheques accompanying unsuccessful tenders will be returned.
- You must rely on your own research of the property.
- Tenders are binding upon acceptance and not subject to any conditions precedent.
- Tenders may only be submitted in the form provided by Cole & Mace Law Office; a form of tender may be requested from Cole & Mace Law Office in person at the address below, or by emailing: adam@colemacelaw.com.
- The Vendor will be responsible for the taxes on the property up to the date of adjustments.
- The Purchaser will be required to pay GST unless the Purchaser is registered for GST and agrees to self-assess.
- Title to the land will be transferred free and clear of all encumbrances and liens, excepting as to Title No. 2880231/4: Easement No. 76124/4, Caveat No. 115141/4, Caveat No. 1214639/4, Easement No. 1231380/4, Partial Discharge No. 1289186/4.
- The Vendor will also give consideration to tenders which include an offer to lease any or all of the following properties:
 - SE 1/4 16-1-2 WPM (153.42 acres)
 - NE 1/4 5-1-2 WPM (160 acres)
 - part SW 1/4 16-1-2 WPM (99.04 acres)
 - part SW 1/4 16-1-2 WPM (50.92 acres)

Signed and sealed Tenders will be received up to 4:00 p.m. on July 30, 2024 at:

Cole & Mace Law Office
26 Centre Ave. East,
Box 2039, Altona, Manitoba, R0G 0B0
Attn: Adam Mace

CAREERS



Border Land School Division invites applicants for a

**TERM
GRADE 3/4 CLASSROOM
TEACHER (1.0 FTE)**
FOR ROSENFELD ELEMENTARY SCHOOL
IN ROSENFELD, MB

FOR DETAILS VISIT WWW.BLSD.CA

CAREERS



Border Land School Division invites applicants for a

**PERMANENT RESOURCE
TEACHER (1.0 FTE)**
FOR ROSEAU VALLEY SCHOOL AND
COLONY SCHOOLS IN THE
DOMINION CITY AREA

FOR DETAILS VISIT WWW.BLSD.CA

CAREERS



MAINTENANCE MECHANIC/MILLWRIGHT

Bunge Altona has an opening for a Maintenance Mechanic/Millwright. Work involves process equipment installation, maintenance and repair, lubrication, steel fabrication and welding.

Preference will be given to those candidates holding a valid provincial Millwright or Industrial Mechanic ticket. Candidates who do not hold a valid ticket will be expected to enrol in the apprenticeship program to obtain their ticket as soon as possible.

Overtime and on-call duties are required. The successful applicant will possess excellent written and verbal communication skills, trouble shooting skills, and be a team player.

The following would be considered an asset for this position:

- Experience in grain handling, processing, or manufacturing facility
- Experience in industrial equipment maintenance and repair
- Ability to read blueprints and technical documents
- Pressure or structural welding tickets and related experience

This is a regular full time position providing an excellent wage and benefits package. Bunge is committed to providing a safe, healthy, and rewarding workplace for all employees.

Starting Wages:

- Mechanic \$32.70/hour
- Red Seal Millwright: \$38.08/hour

A job description for this position can be found online on the Bunge website: <https://obs.bunge.com/>. enter "Altona" in the field "Search by Location". Click on "Maintenance Mechanic/Millwright" to read the description. Applications should be made online with an attached resume.

Bunge Canada is an equal opportunity employer.

EMPLOYMENT



LOCAL LABOURERS WANTED

for demolition work at
the Southland Mall in
Winkler MB.

PPE needed including:
hard hat; steel toed boots;
high visibility vest; gloves

\$18/hr.

Text to Bob at 204-898-7323

**FIND THE RIGHT PERSON FOR
THE POSITION with an
EMPLOYMENT/CAREERS AD in**

The Winkler Morden
Voice
467-5836

Classifieds

The Winkler Morden Voice

Book Your Classified Ad Today - Call 325-6888 or Email ads@winklermordenvoice.ca

IN MEMORIAM



Ray Plett

August 13, 1952 - July 16, 2011

In Loving Memory
It's easy to remember you...
All the ways we had fun
Long days fishing in the sun
Camping by the lakes
And road building we would make
Our riding Harley years
Wind in our hair, we had no fear
The family we made together
We thought it would be forever
It seems our life had just began
But God had other plans
The memories never fade
They keep me strong and unafraid
Oh, together we were meant to stay
Somehow, I feel betrayed
In Heaven we will reunite
I will see you again and hold you tight
From the day we met
To the day you left
I will always remember you...

-Forever and Always
Sherry

GRAND OPENING/COMING EVENTS

GRAND OPENING & FUNDRAISER

July 25, 2024

OPEN: 10:00 AM
Ribbon Cutting: 11:00 AM
LUNCH: 11-30-1:00 PM

Meal provided by Horizon Colony
24 Reinfeld Street N. (204) 542-8988
www.southmangleaners.ca

PUBLIC NOTICE



UNDER THE AUTHORITY OF
THE PLANNING ACT

NOTICE OF PUBLIC HEARING FOR RE-ZONING By-Law # 2024-06

On the date and at the time and location shown below, a PUBLIC HEARING will be held to receive representations from any person(s) who wish to make them in respect to the following matter:

Heather and Randy Unger, (applicants) of Plum Coulee, Manitoba have made an application to amend the Municipality of Rhineland Zoning By-Law 2021-06 and Re-Zone to CN - Commercial Neighborhood the land legally described as Part of Lot 1 Plan 33956 in the NE-2-3-3-W, civic address 62-RUSSELL STREET, roll # 401000.000 from "RLD - Residential Low Density" to "CN - Commercial Neighborhood"

HEARING LOCATION: Rhineland Council Chambers

DATE AND TIME: 109-3rd Avenue NE,
Altona, MB
August 07, 2024 at 9:00 AM

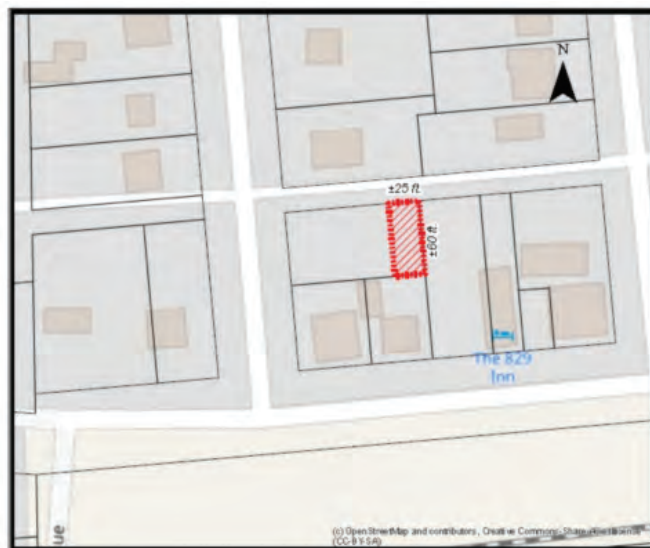
GENERAL INTENT:

The applicant is applying to rezone the property to CN - Commercial Neighborhood from RLD - Residential Low Density on the property described above. A Public Hearing is required for this purpose. Notices were sent out within 100 Metres.

Please see attached Schedule "A" for reference.

FOR INFORMATION CONTACT:

Tanya Waddell, RPGA General Manager
109 - 3rd Ave NE,
Box 270 Altona, MB R0G 0B0
Phone: (204) 324-5357
Email: manager@rpgamb.ca



Schedule "A"

Attached to and forming part of
By-Law No. 2024-06

Associated with Subdivision
File No. 4164-24-8384

Amending Schedule "A" of the
Municipality of Rhineland
Zoning By-Law No. 2021-06

LEGEND:

Portion to be rezoned
From: "RLD" Residential Low Density
To: "CN" Commercial Neighbourhood Zone



CAREERS



Border Land School Division invites applicants for a

PERMANENT DIVISIONAL SPEECH-LANGUAGE PATHOLOGIST

FOR DETAILS VISIT WWW.BLSD.CA

CAREERS



Water Treatment Plant Operator

Pembina Valley Water Cooperative is hiring a Water Treatment Plant Operator to join their team at the Morris Facility. Experienced operators or someone wanting to start a new career in water are both encouraged to apply.

Position Description:

Perform day-to-day activities consisting of the control of the water treatment process, which impacts the volume and quality of the potable water. This may include performance of day-to-day maintenance, process checks, troubleshooting, laboratory, administration, special study work or duties with respect to reservoirs and pumping stations.

- Excellent benefits package offered by the municipal government program
- Competitive Industry Wage
- Company matched retirement savings program (starts at 8% match)
- Strong support for internal training to obtain CEU's for progression
- Strong safety focus
- Participate in a rotating schedule. Consisting of some weekends, once certified.

Qualifications:

- Water Treatment Certification an asset
- Ability to work at heights, in confined spaces and in inclement weather conditions
- Valid driver's licence
- Good communication skills
- A good team player and positive attitude
- Good mechanical aptitude
- Experience in a computerized environment
- Post secondary education or experience in mechanical or electrical field an asset.

Training will be provided to obtain water plant operator certification. Interested applicants should forward their resume to water@pwwc.ca by July 26, 2024, or call 204-324-1931 for more information.

Pembina Valley Water Coop is Manitoba's 3rd largest water utility producing potable water for 14 municipalities in south central Manitoba. Three water plants feed a network of over 9,000 square kilometers.

Please support our advertisers
SHOP LOCAL

Classifieds Announcements The Winkler Morden **Voice**

Book Your Classified Ad Today - Call 467-5836 or Email ads@winklermordenvoice.ca

OBITUARY



Ruth Schroeder
September 20, 1921 - July 7, 2024

On July 7, 2024, our most wonderful mother, grandmother, great-grandmother, aunt and friend, Ruth Vonden Schroeder passed away from this life to her heavenly home in the Morris Hospital at the age of 102 years and 9 months.

She will be dearly missed by her children Dan (Joan) Schroeder, Wendi (Sieg) Neumann, Susan Chartier (Gilles Buisson), Jack (Debi) Schroeder, and Jeannie (Bill) McVicar as well as 14 grandchildren and 12 great-grandchildren.

She was predeceased by her husband John of 76 years, son-in-law Roger and her mother and sister Ruby and her family as well as all her in-laws.

Ruth was born the second daughter to Henry and Bertha Aebig in Winnipeg, Manitoba on September 20, 1921. Shortly after her birth, she moved to Nokomis, Saskatchewan with her mother and sister Ruby. She spent all her childhood and teen years on the family farm and in the town of Nokomis until she moved to Winnipeg after high school with her mother. She was employed at a bank as well as by a retired judge until she moved to Morris, Manitoba in 1949 with her husband John to run the greenhouse business.

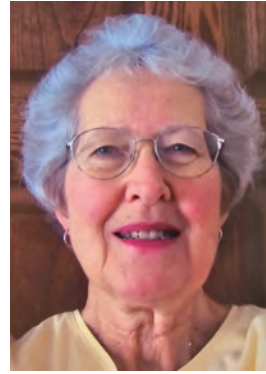
She loved her large extended family and had a deep and abiding faith in God. She will be dearly missed by all who knew her.

A celebration of her life will take place at 11:00 a.m. on Monday, July 22 at the Emmanuel Baptist Church in Morris. There will be a private family burial.

In lieu of flowers, donations may be made to MCC or World Vision.

Arrangements entrusted to:
morrisfuneralhome.ca
204-746-2451

OBITUARY



Dorothy Leona Janzen
1938 - 2024

Dorothy Leona was born to Anna and Henry Kuhl on October 21st, 1938.

Before she married the love of her life, Albert Janzen on September 15th, 1957, Mom was a nurse and then she and Dad farmed from 1958. Mom was actively involved in farming and operated the combine all these years.

Their marriage was blessed with their children: Joann (Andrew), Wayne (Mona) and Terry; and granddaughter Leah (Kaylen); and two great-grandsons Alex and Riley.

Mom was a true Christian, reading and living by her Bible.

Mom and Dad enjoyed travelling and spent many winters in Florida and Arizona. They took numerous trips to Hawaii, Mexico and Alaska.

Mom also loved golfing and curling, even golfing a round a few days before her passing. She enjoyed sewing, curling and gardening. But her greatest love was her family.

Funeral service was held on Tuesday, July 9, 2024 at 2:00 p.m. at Wiebe Funeral Chapel, Morden with interment held prior to the service at Lakeside Cemetery, Morden.

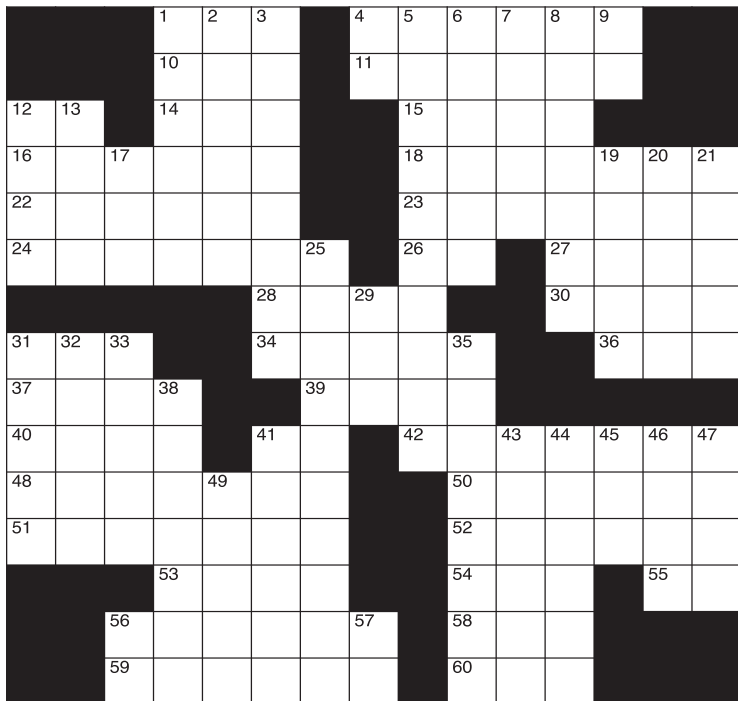
Wiebe Funeral Chapel, Morden
in care of arrangements
www.wiebefuneralhomes.com



X CROSSWORD

take a break

> GAME

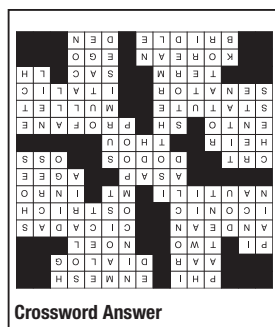


- CLUES UP**
1. Letter of the Greek alphabet
 2. American island state
 3. Inflexibly entrenched
 4. "Pollock" actor Harris
 5. Foolish person
 6. Follows a particular Chairman
 7. Choose
 8. Sunrooms
 9. One hundred grams (abbr.)
 12. A symptom of some physical hurt or disorder
 13. South American hummingbird
 17. "Girl Chopping Onions" painter
 19. Wild dog
 20. Units of land
 21. Footwear
 25. Possessing a constant temperature
 29. Hormone that promotes water retention (abbr.)
 31. Popular game
 32. Pension (German)
 33. Giant of industry
 35. Inferred
 38. One who revolves
 41. Kept possession of
 43. Loss of electricity
 44. Stopped bottle
 45. Everything
 46. First to walk on the moon
 47. Engrave
 49. Female organs
 56. Equal to 1,024 bytes (abbr.)
 57. Northeast

- CLUES DOWN**
1. A right conferred through legal means
 2. American island state
 3. Inflexibly entrenched
 4. "Pollock" actor Harris
 5. Foolish person
 6. Follows a particular Chairman
 7. Choose
 8. Sunrooms
 9. One hundred grams (abbr.)
 12. A symptom of some physical hurt or disorder
 13. South American hummingbird
 17. "Girl Chopping Onions" painter
 19. Wild dog
 20. Units of land
 21. Footwear
 25. Possessing a constant temperature
 29. Hormone that promotes water retention (abbr.)
 31. Popular game
 32. Pension (German)
 33. Giant of industry
 35. Inferred
 38. One who revolves
 41. Kept possession of
 43. Loss of electricity
 44. Stopped bottle
 45. Everything
 46. First to walk on the moon
 47. Engrave
 49. Female organs
 56. Equal to 1,024 bytes (abbr.)
 57. Northeast

- CLUES ACROSS**
1. Letter of the Greek alphabet
 4. Cause to become entangled
 10. Swiss river
 11. Conversation
 12. "Magnum" was one
 14. Small integer
 15. Christmas
 16. Of a specific mountain region
 18. Burrowing bugs
 22. Of a symbol worthy of veneration

23. A type of syndrome
24. Cephalopod mollusks
26. Metric ton
27. Ornamental box
28. As quickly as can be done
30. "Hoop Dreams" subject Arthur
31. Old TV part
34. Extinct flightless birds
36. Former CIA
37. Successor
39. Archaic form of you
40. Within
41. Danny Hurley's alma



BATTERIES FOR EVERYTHING! 50,000 BATTERIES IN STOCK

- *Auto *Farm *Truck
- *Construction *ATV
- *Motorcycle *Golf Carts
- *Rechargeables *Tools
- *Computers *Medical
- *All phones *Chargers
- *Marine *RV & more

Shipping/Delivery avail.
THE BATTERY MAN
1390 St. James St.
Winnipeg
TF 1-877-775-8271
www.batteryman.ca

WANTED

Coins, Coin Collection, Old Jewelry,



Cash paid for silver coins, gold coins, rare coins, old coins & paper \$, Olympic coins, Royal Canadian Mint Coins, Franklin Mint, US Mint etc, unwanted jewelry, old Rolex & Omega watches, nuggets, sterling silver, Bullion, all Gold & Silver!

Wanted:
USA, Canada, World Coin Sets & Coin Collections.
Will buy entire collections & accumulations!

Todd
306-774-2420



Power Builder Advertising WORKS!

- GET SEEN by over 360,000 Manitoba Homes!
- Use your LOGO!
- Create instant top of mind awareness
- Showcase your info, business, product, job, announcements or event
- We format it, to make it look great!
- Starting at \$339.00 (includes 45 lines of space)
- The ads blanket the province and run in MCNA's 31 Manitoba community newspapers
- Very cost effective means of getting your message out to the widest possible audience

Contact this newspaper NOW or MCNA at 204.947.1691 or email classified@mcna.com

www.mcna.com

Call 467-5836

SPRING DISCOUNT
15% OFF

Call or email for a **FREE ESTIMATE!**
403.872.4934

Veteran Owned & Operated

WE OFFER:
Painting • Drywall • Flooring
Re-roofing, New Roofs & Repairs
Asphalt, Rubber Tiles and Metal
RESIDENTIAL & COMMERCIAL

Have an odd job? Give us a call!
prestigeroofingcontracting@gmail.com

PRESTIGE ROOFING

SCRL summer reading program underway

By Lorne Stelmach

Her seasonal job in overseeing the summer reading program at the Morden Library is a rewarding one for Abby Storey.

Serving as the branch's summer programmer is also a full circle moment for Storey, who benefited from the initiative when she was young.

"I loved doing this program when I was a kid. I was always on a separate team from my brother, so we would always fight to see who would be the better reader.

"I absolutely love it ... and it's nice to be able to help the kids, watch their love of reading grow," Storey added. "We hope to keep the kids reading and just hope that they enjoy it and love it and keep doing it forever ... inspire a lifelong love of reading."

The Summer Reading Program is underway at all branches of the South Central Regional Library: Winkler, Morden, Altona, Miami, and Manitou.

Registration started July 2 and continues through July 27, with the program running until Aug. 17. The Bookland Explorers' theme this year is "Join Us Under The Sea."

Children are given a reading log filled with circles that each represent an hour of reading.

"They colour it in when they are done their reading, and they can bring in their log at any point during the summer until Aug. 17 when the program ends," explained Storey.

For every hour spent with their nose in a book, kids get 10 pretend dollars

and a weekly book draw ticket. They can use their dollars to purchase prizes from the store or grand prize draw tickets.

The weekly book draw takes place every Saturday, while the grand prize draw will be at the end of the summer.

There has already been strong interest in the program. The first day of registration in Morden had 183 kids, which was just under half of the total registration last year when it reach just over 400. Winkler, meanwhile, already had 220 kids signed up on day one.

"Winkler and Morden always have the highest, but the Miami, Altona and Manitou branches have less kids," noted Storey. "We've had tremendous participation from all of the communities."

The whole point of the program is keeping the kids engaged.

"In addition to the kids reading at home, we also run arts and crafts throughout the summer and activities like story time to get them to come into the library," Storey said, noting they usually do two or three craft sessions per day, and there is anywhere from 10 to 30 kids participating.

The program attracts kids as young as three all the way up to 13. Older kids, age 14-19, are invited to register for the separate teen reading program which offers movie tickets and gift cards as prizes instead of toys and trinkets.

"The main goal of the program is just to keep the kids reading throughout the summer when they're not



PHOTO BY LORNE STELMACH/VOICE

Abby Storey is heading up the Summer Reading Program at the Morden Library. All SCRL branches have launched programs designed to keep kids reading through the summer months.

in school and help them enjoy their books ... it's rewarding them for reading," Storey said. "It's important especially with the younger kids who are Kindergarten or Gr. 1 and who maybe just learned how to read ... if they're not going to pick up a book for a couple months, all those skills are going to go out the window, so we kind of want to nurture those skills and help them develop them further.

"I think the kids love it. They love reading, and they love doing the arts and crafts," she said. "They also like

picking out their prizes, but if it takes prizes to keep them motivated to keep reading, that's an easy yes."

Storey now looks forward to continuing to get to know the kids and their families throughout the summer.

"You get to know a lot of members of the community through this kind of thing because the parents come and they bring their kids ... you get to know a lot of the faces and their names and you see them around town. It's nice to connect with everybody."

43rd Cripple Creek Music Festival is July 28

By Lorne Stelmach

The Cripple Creek Music Festival follows a tried and true formula for success that now has it in its 43rd year.

Cripple Creek brings people out each year for its traditional bluegrass, country, folk and gospel music performed in the shade of the mighty oak and ash trees at the scenic site just south of the Glencross Church.

The emphasis is always on local talent from the region, and organizers do change things up a little bit and aim to bring in a different act or two.

"There is so much local talent. It's all local talent, all Manitoba grown," said Art Wiebe, one of the main organizers. "We have two groups this year that haven't been here previously or at least recently."

And he dropped the hint that there will be a special surprise act on the schedule this year for the festival set for Sunday, July 28.

"This year we added another dimension to the festival. We have one group that is to be announced, so that will be a mystery act from 4 o'clock to 5 o'clock. Nobody knows except for our stage manager."

He only offered one club about it.

"We've been in operation now for 43 years, and so we've gone through the first generation, second generation and third generation ... and it definitely has a connection."

The appeal of the festival aside from the setting is just the traditional roots music that has lasting appeal, and the lineup this year includes Ed Wayne,

Orlando & Grace, Shield of Faith, The Blue Water Boys, the Yodeling Farmer's Daughter Juanita Clayton and many more.

The day begins with the gospel morning from 10 a.m. to noon followed by more music until 7 p.m.

There will be food available from The Bunker's food truck as well as snacks from Sunny Day, and a shuttle will be available to take people from the overflow parking lot.

The traditional style of music is at the heart of the appeal along with the location, said Wiebe.

"The setting is phenomenal," he said. "It's beautiful, and we are so thankful that Annie Wiebe allows us on a yearly basis to use this site for the festival.

"We always look forward to seeing the supporters who come back, and we enjoy seeing new faces ... and we really appreciate the support that we get from the local community and businesses and all of our volunteers that help pitch in and The Bunker for looking after the food. It's all done by volunteers, and it's amazing how it all comes together."

Cripple Creek is located about six miles south of Morden on Road 27 West, or go seven miles south of Winkler on Highway 32 then six miles west on PR 201 and a half mile north.

You can find more information on the festival at www.facebook.com/CrippleCreekMusicFestivalMB.

get inspired

> MEAL IDEAS



Chocolate-Dipped Frozen Grape and Yogurt Clusters

Yield: 7 mounds
 1 cup black Grapes from California, halved
 3/4 cup plain nonfat vanilla Greek yogurt
 2 teaspoons pure vanilla extract
 2 1/2 ounces bittersweet chocolate, chopped
 1 teaspoon extra-virgin olive oil
 In medium bowl, combine grapes, yogurt and vanilla. Line 9-inch square metal baking pan with parchment paper then, using 1-ounce scoop, place

mounds of grape-yogurt mixture on sheet. Freeze until set, about 3 hours, or overnight.

Place chopped chocolate in small, wide microwaveable bowl. Microwave 1 minute on medium power. Stir and repeat. Stir then microwave 30 seconds, repeating as needed until melted and smooth.

Stir in oil. Dip bottoms of frozen clusters in chocolate to coat and return to pan.

Store frozen clusters in airtight container in freezer up to 1 week.



Lemongrass Grape Cocktail

Yield: 1 drink
 Lemongrass Simple Syrup:
 1 cup sugar
 1 cup water
 3-4 stalks lemongrass, trimmed, halved, inner cores cut into 1-inch pieces, chopped
 Cocktail:
 1/2 cup cold Grapes from California
 2 slices fresh ginger
 1 cup ice
 2 ounces vodka
 1 1/2 ounces lemongrass simple syrup
 1/2 ounce lime juice
 frozen Grapes from California, for

garnish
 lemongrass stalk, trimmed, for garnish

To make lemongrass simple syrup: In heavy, small saucepan, combine sugar and water. Bring to simmer over medium heat. Stir until sugar is dissolved; add lemongrass pieces and simmer 3-5 minutes. Remove from heat. When cool, cover and refrigerate up to 2 weeks.

To make cocktail: In shaker, muddle cold grapes and ginger. Add ice, vodka, lemongrass simple syrup and lime juice; shake well. Pour into glass over ice and garnish with frozen grapes and lemongrass stalk.

Note: For mocktail, replace vodka with seltzer water.



Sweet Potato Bowl with Cilantro, Turmeric Ghee and Lime

2 large sweet potatoes, peeled and cubed
 2 tablespoons 4th & Heart Turmeric Ghee, divided
 1 teaspoon cumin powder
 1 teaspoon smoked paprika

Non-Exercise Activity Thermogenesis and Staying Fit

By Julie Germaine Coram

Did you know that much of the success in maintaining a healthy body weight doesn't come from workouts, but from your general movement throughout the day? In other words, burning calories while cleaning, walking around, and playing with little ones significantly contributes to weight loss. Another term for this is NEAT, or non-exercise activity thermogenesis. It encompasses all your movements daily excluding rest, meals, and workouts.

Planned exercise is good for you for many reasons, particularly if you have a sedative job, but it is important to highlight the benefits of an active lifestyle in other ways. If you make a point to move around frequently, at least every hour, you are constantly encouraging the cells in your body to burn energy. This is a fantastic way to use up excess body-fat and create a strong metabolism. Studies have actually shown that when individuals are made aware of the physical health benefits of house-cleaning, gardening, or carrying groceries, they end up burning even more calories! (That mind-muscle connection I've spoken about paying off again.)

How can you increase your NEAT? Here are some tips:

- Less screen time: Set a timer and make a promise to yourself to get in your steps before relaxing again to finish the show.
- Incorporate active chores into screen time: Use an earbud and get your laundry done while listening to a podcast.
- Walk at lunch: It's summertime, so try enjoy the sunshine and walk with a co worker during the lunch break.

salt, to taste
 pepper, to taste
 1 cup quinoa
 1 can black beans, drained and rinsed
 1/4 cup red onion, finely diced
 1/4 cup fresh cilantro, chopped, plus additional for garnish, divided
 1 lime, juice only
 1/4 cup crumbled feta or goat cheese (optional)

Preheat oven to 400 F.
 In large bowl, toss cubed sweet potatoes with 1 tablespoon turmeric ghee, cumin powder and smoked paprika; add salt and pepper, to taste. Spread sweet potatoes evenly on baking sheet and roast 25-30 minutes, or



Julie Germaine Coram
 Registered personal trainer

- Social actively: Meet up with your date to go rollerblading or biking, or ask a friend to come to the beach with you. Even if you are relaxing on the sand, you have to haul all those towels, snacks, and accessories from the parking lot.

Finally, making a point to burn some energy after a meal is always an effective way to kickstart the digestion process and help your body be more efficient. This even helps if you had a 'treat meal' of higher calories than usual.

Do you want to discuss your individual nutrition questions, fitness goals and struggles with me? Visit my website www.juliegermaine.com or schedule a consult by visiting: www.calendly.com/juliegermaine

Coach Julie Germaine Coram is dedicated to long-life health! She is a fit mom, Registered Personal Trainer, a 2x Pro Fitness Champion, Certified Nutrition Expert & Fitness Specialist. She has helped many thousands of men and women in Manitoba and worldwide improve their health since 2005.

until tender and slightly crispy on edges, turning halfway through.

Cook quinoa according to package instructions. Once cooked, fluff with fork and set aside.

In medium bowl, mix cooked quinoa with black beans, red onion and 1/4 cup chopped cilantro.

Drizzle half the lime juice over quinoa mixture and stir to combine. Add salt and pepper, to taste.

In large serving bowl, top quinoa mixture with roasted sweet potatoes. Drizzle remaining turmeric ghee over bowl. Squeeze remaining lime juice over top. Garnish with additional chopped cilantro and crumbled feta or goat cheese, if desired.