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**Roseau River hosts powwow**

Roseau River Anishinabe First Nation hosted its annual powwow last weekend, welcoming dancers of all ages. For more photos, see Pg. 13.

PHOTO BY EDWARD VINCENT ARCENAL/VOICE

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# Border Land is prepared for a brand-new school year

By Lori Penner

While kids are taking full advantage of the final weeks of summer vacation, staff and administrators across Border Land School Division (BLSD) have been busy preparing for the new school year.

Division maintenance supervisor Barry Friesen says while there haven't been any huge upgrades in the works to prepare the grounds and buildings for the return to classes, there were still the usual things to repair or replace before those school doors swing open again.

"There are several buildings that are getting some new flooring. Elmwood School got a lot of new flooring this year, because they've been waiting for this for a while."

Friesen notes that some of the old flooring still has traces of asbestos.

"As long as it's intact, it's not a problem. But as a precaution, for the last five or six years, we just have been working at replacing all of it."

One of the biggest projects was re-

placing the public address systems at École Parkside School in Altona and Shevchenko School in Vita.

"Those were big ticket items. Technology gets old, so now they've been upgraded."

Because of ongoing drainage issues, the basement of École West Park School in Altona was waterproofed this summer. Crews excavated areas of the school's front yard and insulated and applied water-proofing film on the trouble spots.

"When it rains really hard quickly, or if we get a quick spring melt, the water can't get away and it would seep into the small mechanical room in the basement and drip all over our equipment," says Friesen. "When they built schools way back when, they often just picked a piece of land and didn't take things like proper landscaping and drainage into consideration. So we're just trying to prevent that flooding from happening again."

Friesen shares that other summer work throughout the division included cabinetry and locker replacements,



PHOTO BY LORI PENNER/VOICE

Over the summer, École Elmwood School received new flooring throughout the building in anticipation of the new school year

lighting upgrades, concrete work, and a refresh of the power mechanics classroom at RVS in Dominion City.

"That classroom got new gyprock on the walls and fresh paint. We just kind of brightened it up."

This is all just part of the wear and tear during the life of a school, Friesen adds.

Registration numbers are slightly higher than anticipated for the 2023/24 school year. BLSD superintendent Krista Curry says 2,132 students are anticipated throughout all 17 school locations, including the Hutterian colonies and Regional Alternative Education Centre.

"We're not a significantly declining division, but we're certainly not an increasing division. We had budgeted for 2,078 which would show we're

up a little bit, but we'll have a better idea of where we're at when everyone starts to show up next week."

Curry adds that while the staffing is in place, they are still looking to hire more support staff.

"There are a few medical leaves, but we're feeling ready to go."

Meanwhile, she says the province still hasn't changed the overall funding for the upcoming school year, so the budget is still in a declining position because of enrollment numbers.

"We're anticipating more news about the new funding model to come this year. But we had our first divisional meeting this week, and people are in good spirits. We're excited about the new year, and we know that, for the most part, the kids are excited about coming back, too."

## RHA mourns loss of Morris doctor

By Ty Dilello

On Aug. 12, Dr. Anna Kolakowski, a long-time physician in Morris, was a victim of what RCMP are calling a murder-suicide.

As a respected rural family physician, Kolakowski provided extensive physician support to the community of Morris and the surrounding area for over 24 years and was a deeply valued member of the Southern Health-Santé Sud medical team.

She was well known as a compassionate and attentive physician who was regarded with the utmost respect among staff, colleagues, and patients.

Due to physician shortages, the Morris General Hospital's emergency department will be closed starting Sept. 1 as Southern Health-Sante Sud explores its options.

"Prior to this event, we were aware

of and anticipated challenges related to two physician vacancies. The loss of Dr. Kolakowski increased the number of physicians needed to three physicians," said Dr. Denis Fortier, Regional Lead – Medical Services and Chief Medical Officer for Southern Health-Sante Sud.

"We had anticipated the arrival of a new physician in September, and the arrival of this physician is expected by mid-September," Fortier said. "We remain, with this arrival, with two physician vacancies in Morris."

The well-being of staff who worked alongside Dr. Kolakowski at the Morris General Hospital remains Southern Health's top priority, the RHA said in statement, noting that all efforts are being made to provide on-site and readily accessible support for those impacted by the tragedy.

## Looking for something to do this fall & winter?

The Altona Recreation Guidebook will be available to pick-up on Sept. 6th at Town of Altona offices, and a few other locations around town.

View the guide and all programs online at [altona.ca/p/recreation-programs](http://altona.ca/p/recreation-programs).





# Work continues on washed-out bridges

By Lorne Stelmach

Morden residents are all anxious to see the replacement of the two flood damaged bridge crossings in the city completed, but perhaps some more so than others.

Not having the bridges in place at both Parkhill Drive and Alvey Street has meant a lot of detours for residents travelling to and from both areas, and it has been especially challenging for residents in the area of Alvey and Maple who have had to live with a temporary crossing over the railway tracks.

Reid Sloan and Cherise Bergen, who live right next to the creek on the west side of the damaged Alvey crossing, had both their backyard wedding social and subsequent wedding impacted after the flooding washout in April 2022.

"It was the morning of our social. I woke up at five or six in the morning, and a piece of the asphalt of the

bridge had fallen, and I woke up to the thud, and our backyard was completely flooded," recalled Bergen.

"We had our wedding then in the backyard last summer, so my brother was having to arrange things. He drove our golf cart and shuttled people in because there was only one access, and there's nowhere to park here.

"The most challenging part has been going down Maple and making sure the city has been maintaining that road, and they've actually done a pretty decent job with that when it's been needed," said Sloan.

"I feel like we haven't always been updated with where the process is at ... but I know there's always complications," he added. "The construction crews that have been here have been great and very respectful."

Traffic being cut-off at both Parkhill and Alvey has also



PHOTO BY LORNE STELMACH/VOICE

The restructuring of the Parkhill Dr. bridge is expected to wrap up this fall.

had a ripple effect in the city with some residents on Gilmour, for example, citing significantly increased traffic as well as speeding issues on that route as a result of access being blocked at the Parkhill crossing.

Likewise, residents of Oak West Estates have had to live with the traffic now accessing the temporary route bordering their property to cross the railway tracks to get to the area of Maple and Alvey west of the creek.

Resident Marion Schroeder, who

lives second from the corner closest to the temporary road, understands why this had to be done but thinks a little more could have been done to mitigate the impact, particularly in terms of dust.

"They made this partial road here, but when you do that, you've got to remember there's going to be a lot of dust," she said. "I do have a breathing problem ... I've got to cover my nose every time a vehicle goes by."

Continued on page 4

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> BRIDGES, FROM PG. 3

"As far as the traffic, I understand the need, but there are ways to keep the dust down."

The last project update from the City of Morden in July noted the construction schedule for the Parkhill Drive and Alvey Street bridges had changed following a meeting that included the bridge contractor Tri-Core and the project consultant.

The completion date for the bridge construction was pushed back to Sept. 30 due to some design and scheduling issues between the consultant, contractor and the manufacturer for the manufacturing of precast girders and concrete embankment panels.

"There were some underground utility conflicts that we expected that consultant should have noticed earlier," explained deputy city manager Santokh Randhawa. "Unfortunately, those came up at a later date during the design process."

So water and sewer mains needed to be relocated, and they also then faced delays with the precast girder and panel fabrication.

"The lines were not too deep, so the water main was intersecting where the panels will go," Randhawa said. "So we had to redo those deeper."

"Sometimes, things fall through the cracks," he said. "It's a complex proj-

ect. It's not just putting two culverts or filling it back. If that was the case, we could have done that last year. But it's all geo-technical investigations and pile foundations and things like that ... it's a full scale bridge project ... although the span is small, we are still going through all of the steps.

"The City tried its best to manage and control the schedule, but most of the events leading to the delay were out of the City's control. We understand the hardship that residents have gone through and appreciate the patience."

Randhawa noted the CP rail deadline to remove the temporary access is the end of October, so the Alvey bridge will be functional before the deadline.

"I am not aware that we have received complaints about the dust issue from the residents, but I will check with public works if they can apply the dust control," he added.

Sloan and Bergen both agreed the city has largely done its best with a challenging situation where some factors have been out of their control.

"It adds a little bit of time to your travels; not really that much, but you do notice you have to leave a little bit earlier for different things. Getting on to the highway is a little bit harder than when you're at a set of lights," said Sloan.

Bergen noted there has been an impact not only in terms of vehicle traf-

fic but pedestrian traffic as well that comes that way a lot for walking and cycling into the golf course pathway.

"For me, the biggest concern is that on Maple it's just the one lane access ... and especially the increased pedestrian traffic. This has always been a main walking path to go up to the lake," she said. "It's just a concern for people to be really cautious when they are out here."

She noted they even experienced some flooding this past spring which left them completely isolated.

"On Maple Street, it actually flooded over for a few hours, so we had no access to our property ... sometimes we call this area the Alvey Island."

"In the last week they have really put a lot of effort into getting the bridge to a place where they can bring the prefabricated bridge in and place it," noted Sloan, who agreed with Bergen that they are anxious to see the day come when the work is completed.

"It would be really nice not to have to go through another winter of driving up that road to go over the railway crossing," said Bergen. "I'm actually looking forward to the day that I can bike across ... that will be an exciting day."

"Both of the bridges will be good for the next 80, 100 years, and there will be no backup of water ... so it will resolve that flooding situation," noted Randhawa.



PHOTO BY LORNE STELMACH/VOICE

Reid Sloan and Cherise Bergen live near the damaged Alvey St. bridge and are looking forward to being able to use it once again.

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# Winkler Chamber announces business award winners

By Ashleigh Viveiros

The Winkler and District Chamber of Commerce has announced the winners of the 2023 P.W. Enns Business Awards.

It was a tough decision, but five local businesses really stood out for going above and beyond, says executive director Tanya Chateauf. “I don’t know if we broke a record, but we certainly got a large number of nominations in, and for a number of businesses that have never been nominated before,” she says, noting the nomination process is open to businesses and the community at large alike.

Receiving this year’s Community Builder Award is Ed Penner Construction. “They were nominated by someone within the community who recognized all of the different ways that they quietly contribute to many different things within our community and wanted to celebrate that,” Chateauf says.

The Business Builder Award is going to Renew Wellness Center.

“If you take a look at their website and all the incredible services they offer and how they’ve added to their staff and added to essence of our community—this was a no-brainer,” says Chateauf. “Renew Wellness deserves this award for sure.”

The 2023 Customer Service Award winner is the Outpost Grill. “People don’t come to Outpost just for a meal—they come because it’s a social outing and they’re going to bump into five of their friends and Frank [Peters, Outpost owner] is going to stop by your table and chat with you. It’s just such an experience when you go there,” says Chateauf. “People are looking for those amazing customer experiences when they go to any business, and Outpost definitely is top notch in that department.”

Taking home the Business Excellence Award is Bloom Floral Creative. “Bloom was actually nominated for multiple categories,” Chateauf shares. “Lots of nominations came in for them this year, so I hope that for them it’s just confirmation to continue on the path that they’re on because they have created a beautiful business and they touch so many different parts of our community with hosting events, with collaborations, with

just helping promote other businesses and doing what they do so well. “I would say they are epitome of business excellence in our community.” Finally, Winkler Arts and Culture will be honoured with the Not for Profit Service Award. “There has been a lot of changes with Winkler Arts and Culture and through it all they’ve really found

Continued on page 9

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## People like me

**B**rain: "Ok, you have like a billion things to do right now but what you should be focused on is writing a column."

Me: "What? really?"  
"Absolutely. I mean there's always going to be a need for more content, you may as well start creating it now instead of getting to that work project due in two hours."

(By this point Peter has zoned out and is reading an article about Shakira's newest "daring" look on the internet.)

"Peter. PETER! Pay attention!"  
"What?"

"Never mind." A disappointed brain proceeds to move into frustrated, energy consumption mode.

I struggle to focus (understatement). It has been a lifelong challenge. I fidget. I have a poor memory for immediate things and I can hop from idea to idea and passion to passion at lightspeed. Often, I talk over and interrupt other people (very annoying) and can be alarmingly transparent (TMI mode).

These and various other charming and "unique" attributes have been variously either super powers or super deficiencies depending on the circumstance.

They can be helpful, annoying, and/or frustrating, often all at once, both for myself and other people.

I brought it up with my doctor once and he said, "Well, you're over 50 and

have developed a lifetime of coping mechanisms. There's really no point in digging into this now.

Mum used to actively plan ahead for my memory issues. She would send me to the store with a note. Eventually even the note was not enough and she would include a quarter for the inevitable phone call asking clarification questions

Even now I need to very carefully and concisely repeat back to people what I believe I have heard so I can be confident I understood the requirements expected of me. Thankfully this is now called Active Listening, but it has not always been seen as "a good thing."

Once I did this at a software company meeting and the CEO said, "You have a unique skill for saying what has already been said." He did not mean it as a compliment.

I think one of the reasons I have been a lifelong computer/console gamer is that it gives me a place to immerse myself in a goal-oriented isolation chamber. I can hide out in these worlds and safely release an enormous amount of pent-up restless energy far from critique.

I always admired (and continue to admire) people who seemed to be able to do anything well. Friends in

school who could somehow manage to achieve decent grades in everything no matter how hideously boring the subject (I'm looking at you math).

I was all over the place in school. If I was passionate about it, I would ace it. If I was not, I would fail or struggle to get past the pass line.

People like me were often just seen as dumb and lazy. We could be good in a crisis and enormously empathetic but useless at things most other people seemed to find easy.

We would often be confronted by mentors, tutors and others who would offer a structured approach.

"All you have to do is BLANK. It's easy."

It did appear easy. Just do BLANK. All you have to do is BLANK and you will accomplish the task. So why couldn't I just do BLANK? Why was BLANK making me feel anxious and like I would rather scratch my eyes out than do BLANK?

The doctor was right, of course. After more than 50 years of being me I have come up with various and sundry support behaviors that help me navigate this world reasonably well (I think). Still, it can be exhausting.

People like me, before we go out into

Continued on page 9



**By Peter Cantelon**

## Letter policy

The *Voice* welcomes letters from readers on local and regional issues and concerns.

Please keep your letters short (excessively long letters are less likely to be published), on-topic, and respectful.

The *Voice* reserves the right to edit, condense, or reject any submission.

Please include your full name, address, and phone number for verification purposes. Your name and city will be published with your letter. We do not print anonymous letters.

Send your letters to us by e-mail at [news@winklermordenvoice.ca](mailto:news@winklermordenvoice.ca).

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## • FAITH FOCUS

# Patience—a skill for living

**T**here are many skills we all need to learn and practice for daily living. I have been considering the importance of patience.

Have you noticed how patience is needed many times each day? When we stand in line at a store do we choose to be content to wait for our turn, or do our minds churn with the rush of the other tasks that we have on our to do list?

When the traffic is not moving at the pace we expected, do we become anxious and reactive? An agitated state of



By Randy Smart

mind does not improve our attention to details for safe arrival.

Being patient does not have to mean we are being passive or too relaxed. It actually points to an assessment through listening and observation of what is most important at this moment and the way to adjust and still achieve our goals without compromising respect for the needs of others around us, in the home and in every place we go.

Patience is not a stand-alone skill. It is a companion to qualities such as courtesy, kindness, hospitality, graciousness, thoughtfulness and respect. It is nurtured through intentional awareness and practice in our lives each day.

When we encounter injustice, and concerns that need to be addressed we do need to be ready to take action, but the action should not be a hasty and impatient reaction in word or deed.

For the Christian, the roots of a commitment to personal patience come from what the Bible teaches about the character of God. God has been patient with rebellious people in every generation. God is still patiently waiting. Are you aware of his loving and patient concern for you?

When we understand the teachings he has provided for us, as recorded in the Bible and through the example of Jesus, we can begin to develop, with God's help, a new awareness of God's way for living in community with others.

In Ephesians 4:2 as part of an instruction to disciples of Jesus Christ, the apostle Paul wrote: "Be completely humble and gentle, be patient, bearing with one another in love."

This summer I discovered that I need to keep developing my capacity for patience. A project on our yard was calling for attention but there were other tasks and ways that I wanted

to use my time. I wanted to quickly do my part on this project and had an internal deadline for how long it should take. I can report to you that it required more attention to detail and took more time than I expected. The slower approach was the right one for this task and I am confident the result will endure much longer. The project will become a visual reminder to me that "patience is a virtue". (The phrase is believed to have originated from the poem "Piers Plowman" written in 1360 by English poet William Langland.)

We may spend a lifetime learning to become patient people in a frantic world. God can help us grow in the practice of patience.

*Randy Smart has been a pastor in Southern Manitoba since 1979.*

## • DON'T MIND THE MESS

## Rocking my worries away

**I** stumbled upon it in an old storage shed, where a local museum committee was trying to get rid of some antiques they didn't have room for.

They told me the rocking chair is nearly 100 years old and I loved it the moment I set eyes on it.

Its wide wooden arms are just the right height and length.

The big old springs under the cracked leather seat could accommodate a bottom of any shape or size. And its long, solid oak rockers keep it from travelling across the floor like the smaller, newer versions.

And best of all, it comes with a story. Apparently, many decades ago, the little great-granddaughter of one of the original village settlers used to curl up in this chair as she watched thunderstorms from the verandah of their big old farmhouse.

Sitting in the chair made her feel safe

during the storm.

That story was all the coaxing I needed.

When I sat in it for the first time, it had a delightful, quivering creak that seemed to say, "Welcome home."

A mere \$40 later, this sweet piece of history was tucked away in the back of my car and heading home with me.

I found the perfect spot for it in the corner of the sun porch, where you can watch the neighbourhood go by from the tall windows, but you're tucked too far back to be watched yourself.

Later, when the sun went down and I had a moment to myself, I settled in.

And I rocked. And I rocked. And for the first time in my life, I realized what a beautiful, healing thing rocking can be. The back-and-forth rhythmic motion is like a gentle dance, keeping time with my heart.

My heels lift, my toes push, my knees bend ... and I rock. Repeat the motion, and it becomes almost as involuntary as breathing.

The deep creaking of the rockers is like the echo of footsteps, tiptoeing on stairways long ago.

I settle my elbows on the wide, faded arms, and wonder how many babies they've supported, as their sleepy mamas slowly rocked and

rocked, praying for rest, while perfect little round eyes stared up at them in the dark, fighting sleep.

How many restless souls have found solace in this chair, pondering some deep decision, or wrestling with a problem?

How many hours have been spent in this chair, waiting for a son or daughter to come home from a date, or a

journey, or a war?

How many books have been devoured from this springy seat, hours whiled away in stolen pleasure and the mystery of other worlds and times?

I rock and I rock and I wonder if I should get up and get on with my

*Continued on page 9*

## Letters

### URGE ACTION ON CLIMATE CHANGE

I'm writing this letter on another wildfire-smoky day and thinking that there are probably other people who are concerned by this summer's wildfire season and wondering if these latest wildfires will motivate our politicians and policy-makers to take bolder action to help protect against climate change.

This summer, I have had the privilege of having a great conversation about climate change with Josh Guenter, my MLA, who really emphasized the water aspects of addressing climate challenges (water supply and wastewater management) as well as another conversation with Conservative Party

of Canada MP Gerard Deltell, the Shadow Minister for Climate, who affirmed the CPC's commitment to supporting Canadian citizens and businesses to make greener choices.

With the upcoming Manitoba election, I'd encourage other local residents concerned about climate to reach out to our candidates and let them know that we want them to consider climate in their platforms and policy decisions.

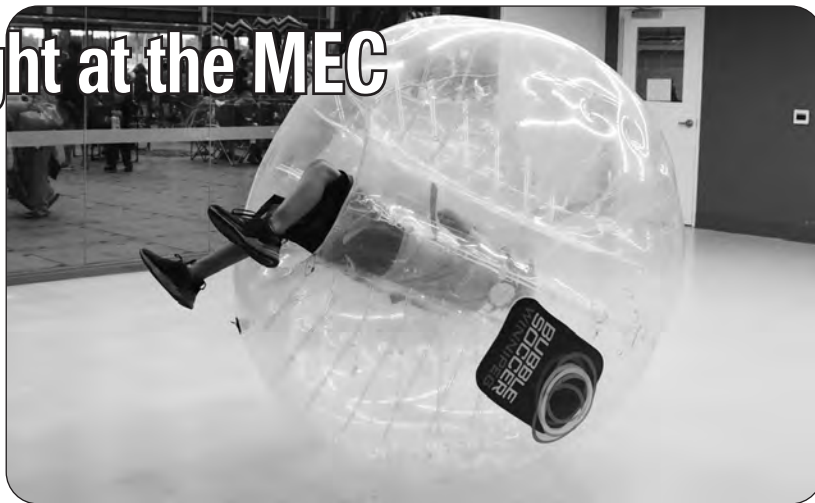
I've also recently become aware of a non-partisan Manitoba initiative called Consider Climate which has resources available to help citizens raise this important concern to our elected leaders.

**Barrette Plett,  
Tinker Creek**





## Movie night at the MEC



Access Credit Union hosted a Movie in the Park in Winkler last Thursday night, though the iffy weather forecast sent the event indoors to the Meridian Exhibition Centre. Clockwise from left: Levi Nissley came appropriately attired to enjoy watching *The Super Mario Bros.* Movie;



catching some air in the bubble balls; a massive inflatable obstacle course tired kids out before the show; Access CU staff handed out free snacks; meet and greet with Princess Peach and Mario.

PHOTOS BY  
ASHLEIGH  
VIVEIROS/VOICE



# City of Winkler looking to address Main St. noise complaints

By Ashleigh Viveiros

The City of Winkler is taking a closer look at what might be done to address noise complaints in the heart of downtown.

At its meeting last week, city council heard from the transportation committee that it is on the hunt for a solution that would lessen the number of complaints Winkler Police receive and thus minimize the need for constant enforcement on Main St.

"It's something that we've dealt with for years and we've looked at different pieces and tried different things," said Mayor Henry Siemens. "We've had increased traffic enforcement in the area, we've had signage put up asking people to keep the noise down as much as possible ... nothing really has made a significant difference."

It doesn't help that Main St. has long been a popular drag for cruising, but Siemens noted a large part of the problem is the fact the high-rise

apartment complexes between South Railway Ave. and Mountain Avenue create a bit of an echo chamber, amplifying road noise.

"In many instances, I don't even suspect that people that are driving through are necessarily intentionally making additional noise. It's a heavy traffic route," he said. "But as we continue to hear from residents who are frustrated by it, we want to take that very seriously.

"We're going to see if there's additional mitigation measures that we haven't considered before. To really be thinking outside the box in terms of maybe reducing lanes or a signifi-

cant decrease in speed or really pretty much anything we can put on the table and have a really good conversation about to see if, once and for all, we can do something that'll make a difference."

There is a challenge, though, in balancing the complaints of local residents with the need for the road to remain an efficient thoroughfare.

"Whatever we do, we want to make sure that Main Street stays Main Street. That it has the ability to move people and that it is still going to be able to do the things that we need it to do," Siemens said, noting the discussion has also included things like

perhaps adding more trees or other landscaping features to help muffle sound while maintaining the efficiency of the road itself.

The mayor said city staff will be reaching out to engage area residents and businesses and then the community at large on this matter to see what other solutions might emerge.

Another item of interest that came out of the transportation committee's report include the fact it is looking at a recommendation from planning and infrastructure to lower speed limits on certain streets from 50 km/hr to 40 km/hr to increase pedestrian and cyclist safety.

"Partly it's because of safety concerns because we've seen a lot more e-bikes and e-scooters around and it just gets a lot more dangerous," Coun. Marvin Plett shared with the rest of council. Electronic vehicles such as these move much quicker than their

Continued on page 9

Check out the Voice online at [www.winklermordenvoice.ca](http://www.winklermordenvoice.ca) or [altonavoice.ca](http://altonavoice.ca)



# getinformed

## Council sets its sights on housing acceleration funding

From Pg. 8

manpowered counterparts, which have caused a few near misses of late as automobile drivers fail to take into account just how fast e-traffic may be travelling the road alongside them.

Lowering the speed limit for vehicles could save lives, Plett said.

“Studies have shown that somebody that is hit at 50 km/hour, two out of ten people survive. And at 40 kilometre/hour, six out of 10 would survive a hit, so that’s something that would be seriously worth looking at.”

Mayor Siemens said council is open to researching and discussing the idea and how it might be rolled out, if warranted.

“At this point in time no decisions have been made, but it is something that we’re going to research a little bit further to find out whether it makes sense or not.”

### HOUSING FUNDING

Also at the Aug. 22 meeting, city council approved Winkler’s application for the Canada Mortgage and Housing Corporation’s Housing Accelerator Fund.

The fund, launched by the federal government this spring, has \$4 billion to give away to communities across Canada in support of projects that will address the housing crisis.

Winkler’s application was drafted

using information gleaned from the comprehensive housing needs assessment the City commissioned earlier this year, Siemens explained.

The report found that the number of private dwellings added to Winkler on an annual basis will not keep up with future demand, nor is there enough rental units to meet current and future demand. It also identified the growing need for a variety of different types of housing options in the community—more affordable units for young families looking to get into the market, accessible housing for aging seniors, more subsidized and social housing units, and so on.

Given the community’s rapid growth, the report predicts Winkler by 2041 will need an additional 1,588 single-detached houses, 563 semi-detached houses, 758 row houses, 762

apartments, 15 duplexes, and 66 moveable/other-attached houses to keep pace with growth.

Winkler’s application to the Housing Accelerator Fund requests approximately \$18.9 million to help address these needs by supporting new building projects and related programs, such as a local incentive program for first-time home buyers.

“We’re really looking at pretty much every opportunity, every option, everything that we can possibly do to try to help build up housing in southern Manitoba as we continue to grow,” Siemens said, stressing that even if Winkler doesn’t receive the full amount it’s asking for, the community will continue to work on getting these projects and programs off the ground by seeking out other funding options.

### > CHAMBER AWARDS, FROM PG. 5

their feet and they’ve found stable ground and they’re doing really well ... showing growth and community involvement,” Chateauneuf says. “We’re really excited to see what comes out of WA+C in the upcoming years.”

Taking a moment to shine a spotlight on local businesses and non-profits for all the work they do is integral to the work of the chamber, Chateauneuf stresses.

“Our entrepreneurs and business leaders work so hard in our community, day in and out. So for us to take a minute and say, hey, look at all of these incredible accomplishments. Not even just what you’re doing

within your business, but how you are a huge part of our community. We want to celebrate that, to congratulate these amazing business owners and their employees for all the fantastic work that they do every single day.”

In addition to honouring this year’s winners, Chateauneuf says they have an engaging guest speaker lined up for the gala, which takes place on Thursday, Nov. 16. An announcement on who it is will be made in early September.

Tickets to the 2023 P.W.. Enns Business Awards Gala are on sale now. Call 204-325-9758 or head to [winklerchamber.com](http://winklerchamber.com) for details.

### > CANTELON, FROM PG. 6

the world, we put on a mask and armor. A veneer of normal to navigate social circumstance without coming across as too weird. Often the mask will slip and freak people out but you get it back on quickly. The armor weighs you down and it’s nice

to get home and take it all off.

Sometimes it’s nice to sit down and play a video game and forget the world or to write a column and expose yourself naked to the readers because it makes things a little lighter for people like me.

### > PENNER, FROM PG. 7

work, but I’m caught up in this sweet, ancient rhythm of motion and thought.

What happened to the little girl who found comfort from the storm on this very perch? Did she ever find her courage in the bigger

storms beyond the front porch? Did she sometimes return to this spot when the thunder got too loud and the lighting overwhelmed her?

Should I get up now? Soon. Very soon. Just let me rock a little more.



### REMINDER NOTICE OF PUBLIC HEARING

## You’re Invited

### to share your views about the proposed rate changes from Manitoba Public Insurance

The Manitoba Public Insurance Corporation (MPI) has filed the 2024 General Rate Application before the Public Utilities Board (Board) for approval of Basic Autopac vehicle insurance rates and premiums effective on April 1, 2024 through March 31, 2025.

For further details, please contact MPI at [inquiries@mpi.mb.ca](mailto:inquiries@mpi.mb.ca) or visit the Board’s website at [www.pubmanitoba.ca](http://www.pubmanitoba.ca).

A public hearing on the proposed rate application will be held beginning:

**Tuesday, October 10, 2023** at 9:00 a.m.

Please view the hearing via the PUB website link: [www.pubmanitoba.ca/v1/live-stream.html](http://www.pubmanitoba.ca/v1/live-stream.html)

If you are interested in learning more about this rate decrease, you are encouraged to attend the hearing, observe the hearing via live streaming, or provide your perspectives through the Board’s online comment tool.

If you wish to speak at the hearing or make a written submission, please contact the Board Secretary, Dr. Darren Christie at 204-945-2638 or toll-free 1-866-854-3698, no later than **October 1, 2023**.

For more information, visit [www.pubmanitoba.ca](http://www.pubmanitoba.ca)

**Manitoba Public Utilities Board**

400-330 Portage Avenue

Winnipeg, Manitoba R3C 0C4

Phone: 204-945-2638 | Email: [publicutilities@gov.mb.ca](mailto:publicutilities@gov.mb.ca)



# Check out the Pembina Valley Studio Tour Sept. 9-10

Over two dozen stops on this year's self-guided tour

By Lorne Stelmach

It's been running now for almost two decades, but the Pembina Valley Studio Tour always offers plenty of reasons for people to come back again and again.

There are usually at least a new artist or two, and the familiar faces who are there most years always have new work to show, organizers noted last week in advance of the tour weekend Sept. 9-10.

"It's not entirely the same tour year after year. It always changes up at least a little bit," said Susan Pharaoh, who is part of the organizing committee and a participating artist. "I think it's something you can't ever get tired of doing the studio tour because there's always something interesting and different ... it's like a treasure hunt.

"There's lots of really interesting artists out here ... so it can really spark your interest and imagination," she added. "There's lots of interesting participants on the tour, and there's something for everyone."

The 19th annual showcase of arts is back with a full slate of artists' homes, studios, and galleries to visit.

"Artists are super excited to get involved where there's people coming to see them in their own places. We all



VOICE FILE PHOTO

The Pembina Valley Studio Tour gives art-lovers the chance to peek inside the workspaces of local artists Sept. 9-10.

do our own things as artists, and now with this studio tour you get a chance to show off what you're doing," said Pharaoh, noting there are over two dozen stops in all. "This year we've got a really wide variety ... and a wider geography with a few more people outside of where we've been in the past."

This year's tour goes further east with potter Joanne Graydon in Emerson, and as far west as Pilot Mound with the United Community Arts. To the north, Carman has a strong presence with not only the Golden Prairie Arts Council but also artists Barb Murray, Beverly McLean, and Chris Larsen.

"So we've kind of expanded way east and way west, and that's been re-

ally cool for everybody to start to see," Pharaoh said. "We've got a number of group tour stops, so they're one stop points for people."

Pilot Mound has really become a great addition, Pharaoh said, noting how it has developed a great centre in the community.

"It's a real gift back to the community," she said, adding as well that it has been good that Winkler has a real presence in the tour again. "It's sort of a central area for the tour ... and I think the art gallery in Winkler as well has been instrumental in encouraging people to show their work."

There will be many familiar faces and places but also some new highlights for the self-guided tour.

Altona stops include not only the

Gallery in the Park but artists Ken Loewen and Olga Krahn. In Winkler, there is not only Winkler Arts and Culture but also artists Jessica Rachele, Sharon Kroeker, and Nina Sawazki.

In Morden, the tour features the Pembina Hills Gallery and also artists Marilyn Young, George Fieber, Laverne Lovatt, and Margie Hildebrand.

In the area from Darlingford to Manitou and La Riviere, participating artists include Susan Crawford Young, Susan Pharaoh, Tracy Currie, Deb Petersen, and the Wee Wolle Shoppe and Studio.

Miami will have Brian McMillan and Lucinda Doran in addition to the group show at the active living centre.

Pharaoh hopes having more artists spread out over a larger area will encourage more people to spend multiple days exploring.

"You get the most out of it if you can plan a two-day tour because you get to see a lot more, and you don't need to make it a hurried trip."

The variety of galleries, studios, and homes will be open on the Saturday between 10 a.m. and 6 p.m. and Sunday between noon and 5 p.m.

Brochures are available at various community locations, including Gallery in the Park in Altona, Winkler Arts and Culture, and the Pembina Hills Arts Council in Morden.

You can also head to [www.pembina-valleystudiotour.com](http://www.pembina-valleystudiotour.com) for more information.



## Marking Ukrainian Independence Day

Local Ukrainian families, friends, and supporters gathered for rallies in Winkler and Morden last Thursday evening to mark Ukrainian independence. At the Morden event (left), held at the city's entrance sign, the Ukrainian flag was proudly flown and participants formed a human chain of unity to symbolically join with others around the world in celebration and hope. Winkler's celebration in Winkler Park featured a potluck supper.

PHOTO BY LORNE STELMACH/VOICE

*The* **Voice**

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# Bringing Corn & Apple to Tabor Home

By Lorne Stelmach

The residents of Tabor Home couldn't all go to enjoy Corn and Apple, so staff brought a little bit of the festival to them.

There were a number of fun activities for residents throughout the week leading up to festival weekend, including a Little Corn Cob and Apple Core pageant last Monday, a car show and line dancers Wednesday, and



PHOTOS BY LORNE STELMACH/VOICE

Tabor Home residents got the chance to enjoy several days of festival-inspired fun last week.

a carnival day Friday that featured such favourites as Whack-a-Mole.

"It was nice to have things for them all week," said recreation manager Lorraine Holenski. "It was a way to make them feel part of Corn and Ap-

ple. We've always done maybe one afternoon, but we had so many ideas we decided we would do it all week.

"It went over very well. The residents really enjoyed it."

# Province offers free entry to provincial parks for Labour Day weekend

Submitted by the Manitoba Government

The Department of Natural Resources and Northern Development's Manitoba Parks branch is inviting all Manitobans to enjoy the great outdoors for the last long weekend of summer with free entry to provincial parks.

Vehicle permits are not required to visit provincial parks on the Labour Day long weekend from Sept. 1 to Sept. 4. Overnight camping fees and entrance fees to national parks still apply.

Individuals who wish to camp can make a reservation through the Parks Reservation Service at [www.manitobaparks.com](http://www.manitobaparks.com) or by calling toll free at 1-888-482-2267. Several provincial park campsites, cabins and yurts remain open through the fall, allowing campers to stay as late as Thanksgiving weekend in October.

Tips for visitors and campers at provincial parks include:

- be 'Wildlife Smart' by maintaining a clean campsite, keeping all food, trash, toiletries and cooking utensils locked in a vehicle or trailer, and pack out trash and recyclables before leaving;
- keep all pets on leash;
- keep all campfires in approved pits such as those found in campsites, check with the campground office for

any campfire restrictions; and

- to prevent the spread of the emerald ash borer, firewood should not be transported outside Winnipeg and can result in charges and fines of up to \$1,300 for individuals or \$15,000 for businesses. Firewood should be obtained and burned locally, and is available for purchase from local retailers at most campgrounds.

To prevent and contain the spread of aquatic invasive species such as zebra mussels, all water users including boaters, fishers and beachgoers, must follow the specific decontamination and bait requirements in place in control zones. Anyone transporting watercraft including canoes and kayaks must stop at a watercraft inspection stations when they are open. For more information on invasive species, visit: [www.manitoba.ca/StopAIS](http://www.manitoba.ca/StopAIS).

Schools are encouraged to participate in free interpretive programs this fall at Birds Hill, Spruce Woods and Whiteshell provincial parks. Park Interpreters deliver trail hikes, exploration activities and other curriculum-based learning experiences for all grades on cultural history, ecology and flora and fauna study, as well as outdoor skills. Teachers can find program details and plan field trips to parks by visiting [www.manitobaparks.com](http://www.manitobaparks.com).



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A college education is the quickest route from where you are now to a job you'll love.

When you enrol in a program at RRC Polytech, you won't just spend your time in lecture halls and reading textbooks — you'll develop valuable skills through applied learning.

Many of our programs offer a practicum, integrated work experience, or co-op work placement to equip you with the experience you need to become a leader in your chosen career.

Our students have the opportunity to practice what they've learned in real-life settings, and in many cases, employers get to see what a potential employee can do. Certificate and diploma programs are usually an investment of two years or less, with intensive or flexible programming that allows you to move into the workforce at your own pace.

The College is also a place for re-skilling — where those looking to upgrade or change their careers can take courses to improve their skills and knowledge, positioning them ahead of the competition.

Some people have a natural curiosity to learn and absorb all they can, and find they're able to expand their personal horizons through education.

Lifelong learning can help us understand the world around us, and provide us with opportunities to improve our quality of life.

RRC Polytech is Manitoba's only polytechnic and the province's largest institute of applied learning and research, offering more than 200 degree, diploma and certificate programs. We provide award-winning instruction and training on state-of-the-art equipment. Our students are trained to become leaders in their fields, while our staff and instructors partner with industry to conduct research and keep curriculum up to date.

Wherever you are in Manitoba, RRC Polytech is in or near your community. Five of our nine campuses are located outside of Winnipeg — in the Interlake, Peguis - Fisher River, Portage la Prairie, Steinbach and Winkler.

Learn more at [rrc.ca/winkler](http://rrc.ca/winkler).



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# Weekend of dance, music



Roseau River Anishinabe First Nation's three-day powwow last weekend featured competitions in traditional, fancy, grass, jingle, and chicken dance categories ranging in age from young kids all the way to senior adults, with cash prizes up for grabs in all categories. The weekend also featured a drum competition, fireworks, and more.

PHOTOS BY EDWARD VINCENT ARCENAL/VOICE



## Big expansion for BU, big opportunity for students

BRANDON, Man. – A leading program in Canada with huge career opportunities continues to get better, with a big expansion and upgrade to Brandon University's Health Studies learning spaces.

The renovations have helped fuel a major expansion in seats for BU's nursing and psychiatric nursing programs. There are updated spaces, with new labs, at the main campus in Brandon, which offers a Bachelor of Nursing degree and a Bachelor of Science in Psychiatric Nursing, as well as in Winnipeg, where the Bachelor of Science in Psychiatric Nursing is offered. Both are in high demand by employers.

"As we move forward, the future of the nursing and psychiatric nursing professions are very, very bright," said Linda Ross, BU's Acting Dean of Health Studies.

Many more options are available at the Brandon campus, where students can choose from 19 undergraduate degree programs, six graduate programs and four certificate programs across the Faculties of Arts, Education, Health Studies, Science and the School of Music. In all, about 3,500 students pursue their education at BU each year, taking advantage of the full range of services in a friendly and personalized atmosphere.

Brandon University also excels at providing students with meaningful real-world experience, including research opportunities

and the growing Co-operative Education program, which this summer was successful in finding paid work experience related to their studies for every Co-op student in Arts, Science and Business.

Academic advising, career planning, personal counselling and accessibility services provide students with support every step of the way, while extracurricular activities like the Student Leader program and 50 clubs create even more opportunities for growth and friendships.

As Canada's finest regional university, BU maintains a close-knit network of alumni, who play leadership roles in their communities right here in Manitoba and around the world. BU graduates are proud of their education, with 93 per cent saying it prepared them to excel in the workforce and 98 per cent recommending Brandon University.

"Building relationships and learning from outstanding professors is what students love about Brandon University," said Leanne Barcellona, BU's Director of Recruitment and Retention. "We bring students together from around the world, but thanks to the connections that we forge in our community and with each other, we're really able to make everyone feel like they're at home."

Learn more about Brandon University, take a virtual tour, or set up an in-person visit at [BrandonU.ca/Future-Students](http://BrandonU.ca/Future-Students).



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## PORK PERSPECTIVES

### HOG FARMERS HELP US EAT MORE SUSTAINABLY



As days become shorter and nights turn cooler, the sights and sounds of harvest come into focus across Manitoba's prairie landscape. Farmers start moving equipment into place, working long hours and hard days to bring in the crops they have tended to and worried about for months. After they're done, they return key nutrients to the soil by applying manure, signaling the end of the season's crop cycle.

"All crops require nitrogen and phosphorus to grow," says Scott Dick, co-founder of Agra-Gold Consulting. "Manure is an excellent

source of these essential nutrients, and our team provides expert nutrient management services for farmers to ensure that manure is applied at the right rate, at the right time and in the right place to meet the nutrient needs of the farmland."

According to Statistics Canada, about 90 percent of hog manure in Manitoba is injected under the soil surface or incorporated into the soil, the highest rate in Canada. This method of application ensures that valuable nutrients are not lost through runoff but remain firmly in the soil for uptake by plant roots — it's

nutrient recycling at its best. It also mitigates odour and greenhouse gas emissions.

"I love working with farmers and helping them grow the food that goes on our tables while protecting our environment," Scott says. "Every day, I can see that Manitoba hog farmers are passionate about protecting the environment, and they are committed to following best management practices that meet or exceed environmental regulations."

Manitoba's hog farmers raise the animals and help grow the crops that feed us here at

home and millions of people around the world. This fall, as the crops are harvested and the soil begins to rest over the winter months, farmers will once again do what they have done for generations: protect our land and water so that the work can begin anew in the spring.

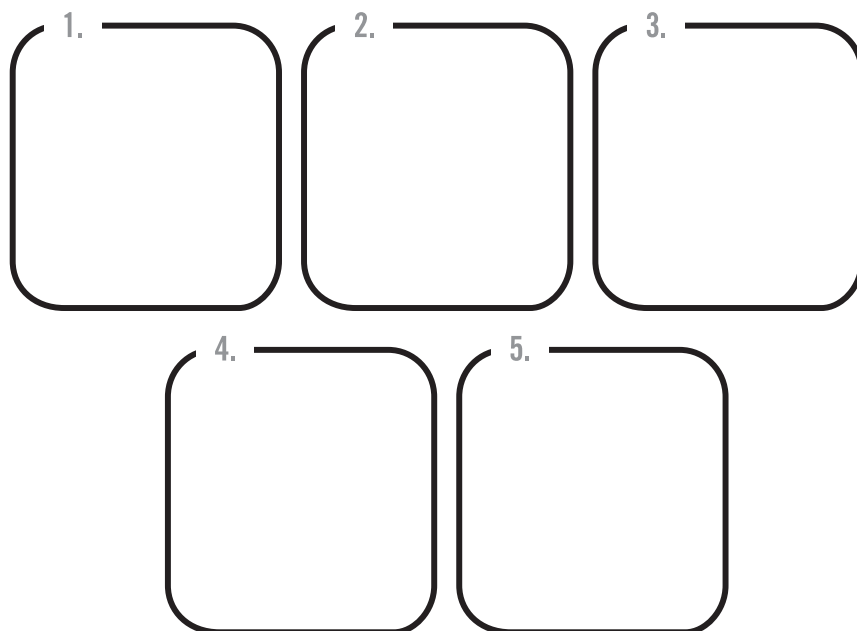
To learn more, visit [manitobapork.com/environment](http://manitobapork.com/environment)

## PIG TALES

### THE RECYCLING OF MANURE FOR CROP PRODUCTION IS CALLED THE NUTRIENT CYCLE

<sup>1</sup>Pigs eat grains and then, like all animals, <sup>2</sup>they poop. <sup>3</sup>Farmers store the poop (manure) until it's time to <sup>4</sup>fertilize their fields. <sup>5</sup>Farmers then harvest the grains and feed the pigs, often using lower-grade crops not suitable for human consumption.

DRAW IN THE CORRECT PICTURE AT EACH STEP OF THE NUTRIENT CYCLE.



GOOD FOR ME      GOOD FOR MB

My job allows me to protect the natural resources we enjoy as Manitobans.

Tricia Schmalenberg, P.Eng  
Environment Manager,  
Maple Leaf Agri-Farms  
Winnipeg, MB

Manitoba hog farmers are leaders in environmental best practices.

[manitobapork.com/environment](http://manitobapork.com/environment)



# Friesens invests in new digital inkjet press

Friesens Corporation has proudly launched their latest press acquisition, the HP PageWide T250 HD inkjet press.

This new digital inkjet press comes with the latest printhead technology, which will have a positive impact for many of their customers.

Byron Loeppky, Senior VP of Books, explains that while Friesens has had digital presses for years, this is their first high speed inkjet production press, with an integrated press and finishing system.

"The big difference between an inkjet press and our conventional toner-based digital presses is the process. Our conventional large presses have a plate which transfers the image to the blanket and then the blanket transfers the image to the paper. With the inkjet press there is none of that in the process. There are inkjet print heads, and they simply spray the ink directly onto the paper. So it's much simpler. A lot cleaner. The machine is quite quiet. It looks nothing like any other press we have here. It's got a very unique look."

The inkjet press also adds to efficiency in the printing process, requiring less labour and capital space.

"This press takes it from a roll to a book block, ready for the binding line, in about 80 feet with one or two people running it," Loeppky says.

Another advantage of the inkjet press is its speed.

"Unlike the digital toner which runs relatively slow, the inkjet presses run very fast (up to 800 feet/minute) and because of that they've got to spray with tremendous accuracy at high speed," says Loeppky. "What's happened is the digital toner has not been able to get much faster over the years because of the limitations of technol-

ogy, while inkjet press quality is improving substantially. This press is high definition, with 2,400 nozzles in an inch that allows it to spray with accuracy at high speed. Certainly, the quality is very comparable with our offset presses on uncoated paper."

One of the challenges of the inkjet press is the high cost of ink.

"With a web press, for example, ink could be two per cent of the cost of a book, which is very small. For inkjet the cost of ink could be 30 per cent. That's a big difference."

Despite that added cost, Loeppky says they find their value with efficiency in other areas.

"With conventional printing, where you put on plates and produce one part of the book at a time, and then take the plates off, and produce another part of the book, digital presses are actually producing the entire book, one at a time. So the sweet spot for these inkjet presses is that they are more cost effective in

shorter runs.

"What is the new normal going to look like for run lengths? I believe many of our customers will continue to prefer shorter runs and reprint more often as opposed to just making one big order and then hoping they can sell all the books."

As well, with big equipment such as sheet fed or web presses, there's a certain amount of cost every time you start it up.

"Once it gets going you can start running efficiently, but it's all that time and paper that gets built into the cost of start-up, which is virtually nothing on these digital presses."

While the inkjet press requires less space, less capital, and results in less waste of paper, Loeppky says at some



SUPPLIED PHOTO

Friesens' new HP PageWide T250 HD inkjet press features the latest printing technology. Staff have been training on it since its installation last month.

point it still crosses over to where the efficiencies of large equipment in scale are still there for longer runs.

"In the current marketplace, the question is what's going to happen to run lengths? The general trend has been shorter run lengths, less inventory, only order what you need, and then reprint as needed. Historically, publishers would order a whole bunch, and then sell them or they got recycled. They're better able to manage their inventory now than they used to. With these kinds of technologies in the marketplace, they are getting better at determining quantity. We used to have a 10,000 run on a title at the start. Now publishers will print 3,000 and see how it sells."

The T250 HD inkjet press was delivered and installed in July, and operators have been training on it for weeks.

"We're in the early stages but we are starting to produce live jobs on the press," Loeppky says.

Reinvesting in equipment has been a hallmark of Friesens and one of the early strategic decisions was to move from the industry standard of 40" printing. At that time the leadership team decided to get into large format printing.

"So that's when we started buying 50-inch presses. It actually doubled the sheet sizes we could run. This allowed us to run 32-page signatures instead of 16's. For us as a business and for the book industry, it was transformational."

Loeppky adds, "Our philosophy at Friesens is to keep investing in the business."

"We continue to reinvest and believe this gives us a competitive advantage. Some of what we're doing isn't unique, but it's certainly in keeping with our historical strategy that we don't want to be like everyone else. We do want to have our niche and do things a little differently."

Having toured printing plants around the world, Loeppky says Friesens is certainly at the forefront of printing and book manufacturing technology.

"That's what we need to do to make sure we can serve our customers as well as we can, and protect our employee owners' jobs by keeping the company strong. Reinvesting in the company is one of the strategies we use to execute that plan, and our new T250 inkjet press is part of that plan."

*Paid advertorial*

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We **HELP** others  
share their **BEST**  
**STORY** with the world!



# National Trucking Week

The Canadian Trucking Alliance (CTA), the country's national trucking group, in conjunction with the provincial trucking associations, launched National Trucking Week many years ago. It begins on the first Sunday in Sept. and runs to the following Saturday.

The purpose of the weeklong celebration is to recognize the important contributions made by the 400,000 Canadian men and women who keep the country's freight moving.

Provincial trucking associations, carriers, industry suppliers and other stakeholders are encouraged to undertake activities in their own province to mark the event. In previous years, provincial associations have marked the occasion with newspaper supplements, radio advertising, contests, special promotions, and special events at truck stops and roadside inspection stations.

Carriers and industry suppliers have hosted BBQs, breakfasts, truck washes, offered special giveaways to employees and marked the week event with a wide variety of activities.



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Canada's trucking industry is actively embracing sustainability to reduce its environmental impact and contribute to a greener future. In honour of National Trucking Week, taking place this year from September 3 to 9, here are five ways the industry is becoming more sustainable:

1. Adopting alternative fuels. More and more trucking companies are opting for alternative fuels, such as compressed natural gas (CNG) and renewable diesel. Compared with traditional diesel, these fuels produce fewer emissions, helping reduce greenhouse gas emissions and improve air quality.

2. Investing in fuel-efficient technologies. The industry's investment in fuel efficiency includes advanced engine systems and hybrid vehicles. These technologies optimize fuel consumption, reduce emissions and improve overall energy efficiency.

3. Optimizing logistics and route planning. Trucking companies are leveraging advanced telematics systems and route optimization software to plan delivery routes and minimize empty miles. By reducing unnecessary travel and improving load capacity, trucks consume less fuel and produce fewer emissions.

4. Promoting eco-friendly driving practices. Training programs and

initiatives encourage drivers to adopt greener driving practices such as smooth acceleration and deceleration, reduced idling and proper vehicle maintenance. These practices improve fuel efficiency and reduce greenhouse gases.

5. Embracing trailer aerodynamics. The industry is increasingly adopting aerodynamic technologies for trailers, such as side skirts and trailer tails, to reduce drag and improve fuel efficiency.

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## Corn & Apple delights



Morden's downtown was bustling with the annual Corn and Apple Festival last weekend. Clockwise from top left: Ecoline Crush on the main stage Saturday; the festival parade made a triumphant return; clowning around; volunteers helped serve up thousands of free corn on the cob; braving The Sizzler; cutting a rug at the Cottonwood Stage.

PHOTOS BY  
LORNE STELMACH/VOICE







Under the hood at the car show.



The Browns take the stage Sunday.



Morden Elks man the grill at their Beef Shack.



Fun on the midway.



A street busker performs.



There was certainly no shortage of food options.



Epic Eagles tribute band Friday.



Dance battle at the youth stage.



Artisan wares in the craft tent.



Pottery demonstration at the Pembina Hills Gallery.



Greeting furry friends at the petting zoo.



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SUBMITTED PHOTOS

Donna Cameron's miniature houses will be on display at the Roland United Church Sept. 30. She typically hosts tea and tours at her house—this will be a bigger version.

## Tea and tour: local craftswoman to showcase elaborate miniature houses

By Becca Myskiw

Victorian mansions, an old school-house and a gypsy wagon are just some of the miniature buildings Donna Cameron has built by hand.

Now, the local craftswoman is using her hobby to raise money for those in need, by hosting a tour of her collection.

Cameron used to make houses from cardboard as a child. Now, she uses wood and leaves no detail behind.

Her first creation was a large Victori-

an mansion, with one side displaying the exterior — complete with siding and a yard — and the other showing the interior with many decorated rooms.

The mansion's original design didn't include a room for the maid, so Cameron added a maid's quarters herself.

Each room has been intricately decorated with the trappings of Cameron's life, she said.

For example, her mom was an avid quilter, so in one room there's a quilt being made. The same room features an old-fashioned sewing machine, just like one Cameron's grandma used.

Cameron created a one-room replica of the living room from National Lampoon's Christmas Vacation. Inside it is the infamous Christmas tree and around 30 other things mentioned in the film.

She also built an Irish cottage to honour her family's roots and a sod

Continued on page 23



Cameron's sewing shop miniature is crafted from the drawer of a vintage sewing machine, similar to one she used in her youth.

### 22<sup>nd</sup> Annual Charity Golf Tournament

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# THE STUDENTS ARE BACK TO SCHOOL!

## Create safe and supportive environments for students and educators returning for a new school year.

Back-to-school season represents the start of a new academic year and a time of excitement and anticipation for the kindergarten through grade 12 (K-12) community. It's also an important reminder of the continuous need to create and maintain safe and supportive environments for students and educators.

School safety encompasses several important elements, which span planning and prevention activities to protection and mitigation measures, to response and recovery actions during and after an actual incident. By integrating these various elements – and applying them to their individualized and unique needs, challenges, and settings – schools can create comprehensive and holistic school safety plans, procedures, and systems.

Bullying is defined as unwanted, aggressive behavior among school-aged children that involves a real or perceived imbalance of power. The behavior is repeated, or has the potential to be repeated, over time. Bullying is linked to many negative outcomes and in some instances can play a contributing role in school violence. Reducing bullying in schools requires a multi-faceted approach, including identification, prevention,

immediate response, and appropriate support for serious incidents, as well as attention to cyberbullying and online harassment, including gender-based harassment and violence. School-based programs that strengthen students' skills; build a positive and supportive school climate; modify the physical and social environment, including through guidance on appropriate, respectful engagement online and through the use of electronic devices; and engage parents and youth can also play a part in preventing bullying and/or reducing key risk factors.




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# Peters family commemorates escape to Canada a century ago

By Lori Penner

Descendants of Paul and Helena Peters recently commemorated the 100th anniversary of the family's arrival in Manitoba from Ukraine.

About 200 registrants gathered in the Village of Gnadenthal on Aug. 19, 11 miles east of Altona, to reconnect and honour the journey that brought them to safety in Canada in 1923.

Grandson and reunion committee chair John R. Peters says the event included hymns, scripture readings, and names read in-memoriam by children and grandchildren.

There were also tours of the village where the original homestead still stands, plenty of good food, and ample time for visiting and reminiscing along with stops at the local cemetery and the village community centre to check out family history displays.

The theme was *Remembering with Gratitude*.

"My grandfather was just 12 when the family migrated to Canada. The events that brought them here were traumatic, and we wanted this event to be more of a commemoration than a celebration," says Peters. "It went exceedingly well. They enjoyed meeting each other again. This was a great reason to reunite."

"A number of the descendants came from as far away as Ontario, BC, and the U.S. to attend the event. All nine siblings were represented."

Historical reflections were read by grandson-in-law and historian John J. Friesen, who offered some background on the Peters family migration, and four great-grandchildren



John R. Peters addresses the crowd at the Peters family reunion earlier this month.

SUBMITTED PHOTOS BY BERNIE LOEPPKY

read recollections from three of Paul and Helena's sons: Diedrich, Johann and Paul. They also shared excerpts from the diary Peter A. Rempel, made during the 43-day journey to Canada.

Friesen noted how in the 1920s the majority of the Russian/Ukrainian Mennonites were relatively prosperous farmers, like the Peters, owning about 180 acres of farmland. Many owned large estates or factories.

Son Diedrich's recollections paint a picture of a busy, abundant life, with a household of 10 children, sharing all the farm tasks.

The Village of Gnadenthal in Ukraine boasted windmills and factories. Yards were filled with bountiful orchards and gardens. Every family had

herds which provided an ample supply of dairy and beef products, along with sheep and hogs. Two adjacent lakes supplied limitless fish. There were workshops and tradesmen within many families. Homes were large, and well-maintained, there was a school and church services. Life in the village was good.

Everything changed in 1914 when Germany declared war against Russia. All the male peasant workers were ordered to the battlefield, and while Russian Mennonite young men were exempt from fighting, they had to do alternative service. Four of the Peters sons were drafted.

When the First World War began in 1918, terror gripped every village as bandits claimed control over the territory, killing and brutalizing many of the Mennonites. During the revolu-

tion that followed, the Red Army took over. Christian religion was banned, and ministers and wealthy people were persecuted, tortured, and murdered. The wars, revolutions, lawlessness, and loss of land convinced many Mennonites they should leave Ukraine.

The Peters were one of many families that decided to leave for Canada. On July 9, 1923, Paul and Helena Peters, five unmarried children, and two married sons and their families, along with many others from the village of Gnadenthal, Ukraine fled by horse-drawn wagons. On July 28, they boarded the ship Bruton.

In his recollections, son Johann shared some of the hardships of crossing the Atlantic to Canada.

"The ship Bruton, was small and old, with about 815 people aboard."

After three weeks at sea, where many fell ill, they landed in Quebec City, and travelled on to Altona and Winkler.

In total, 21 members of the Peters family arrived in Manitoba.

Son Diedrich was detained to fulfill an obligation to the army and arrived later in Canada in 1924. Paul and his wife, along with their three children (one died en route) lingered in Ukraine until 1929, because of an underlying attitude that things would improve, and there was a large farm his grandparents had left behind to maintain. Living conditions did not improve. He and 20,000 left for Moscow later, with the hope that they would get exit visas and be able to join their family in Canada.

Continued on page 23



Above: Michelle Falk and Elfrieda Peters take a look at an old family photo. Right: Frying up rollkuchen Saturday afternoon.





# King Korn Maze holds grand opening for new event space

By Becca Myskiw

King Korn Maze held its grand opening for their new barn earlier this month, and it was a day full of sunshine and smiles.

The ribbon cutting included local municipal, provincial and federal government dignitaries.

King's Korn Maze is a community staple, offering everything from a corn maze to a golf range, with human hamster balls, mini golf, a bale slide, a tire structure, and lawn games for the whole family to enjoy. One admission fee gets you access to everything at the maze — \$9 for adults, \$6 for youth, and free for children three and under.

This new barn was built last year and serves multiple purposes. One wing is the golf range, the other wing is a dining area with modern washrooms (also brand new this year), and the middle part is an event centre they're hoping the community will take advantage of.

Janik Grenier owns the corn maze with her siblings, Justin and Taya. She said they noticed some holes in what the community could offer, so they created a corn maze, a driving range, and now an event centre for people to enjoy.

Grenier said they don't have anything planned in their barn yet, save for what's now becoming their annual haunted house in the fall. King Korn Maze held its first haunted house last year and Grenier said it went well, with people coming out of it smiling and scared. They are already planning this year's haunted house and Grenier said people can only expect it to keep getting better.

Besides Halloween, King Korn Maze's barn is for locals to use. Grenier said they're hoping businesses will rent it for private gatherings or customer appreciation events and that area residents will consider it for their events too.

The barn's grand opening featured lunch by donation and raised \$1,400 for the Notre Dame Fire Department.

To learn more about using King Korn Maze's new event space, call or text 204-979-2358.



PHOTOS BY ARIANE COMTE/VOICE

King Korn Maze held a ribbon cutting to open their new barn. From left: RM of Lorne Reeve Aurel Pantel, co-owner Justin Grenier, MLA Doyle Piwniuk, MP Branden Leslie, co-owner Taya Grenier, Councillor Gilbert Vigier, co-owner Janik Grenier, and Councillor Lindsay Ketsman.



Siblings Taya Grenier, Justin Grenier and Janik Grenier are the owners of King Korn Maze.



## > MINI HOUSES, FROM PG. 20

house similar to the one her great grandparents would have lived in when they built their homestead by Myrtle.

Another building among her collection is a sewing shop made from the drawers of a sewing machine, similar to one she used in her youth.

Last week, she started building a

log house.

Cameron's hobby is truly like no other. The houses are bursting with design, with each aspect considered from floor to ceiling.

On Sept. 30 from 1 p.m. to 4 p.m., five of Cameron's buildings will be on display at the Roland United Church. There, people can tour the

miniatures and enjoy a full English tea spread with cream and dainties.

Patrons will be asked to make a donation, with the proceeds going to the church and to Carman Palliative Care. The cause is close to Cameron's heart because she worked in the field for years, she's no stranger to silently holding the hand of some-

one "transitioning from this life to the next," she said.

"People are so excited at a birth," Cameron said. "They want to be there but it's equally important to be there for the end."

## > REUNION, FROM PG. 22

"Their migration was dramatic, eventful, risky, never knowing how it all would end," Friesen said. "But throughout, they were confident that a higher power was leading and protecting them. They were deeply

grateful to God for their safe escape."

By the 1950s, there were eight Peters families living in Gnadenthal, Manitoba.

Peters says the reunion was a meaningful way for current and

future generations to stay connected, and to remember the legacy his grandparents left behind, as well as the courage it took for them to come to Canada.

"The stories that were shared were

incredibly meaningful and I think this event meant a lot to everybody who attended."

The **Voice**

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# Annual Pritchard Memorial golf tournament supports cancer care



SUBMITTED PHOTOS

Mike Pritchard's family recently presented cheques in the amount of \$50,746 to CancerCare Manitoba Foundation and \$50,746 to South Central Cancer Resource following the success of the annual Pritchard Memorial golf tournament. The event was held at the Carman Golf Course July 8, with 296 golfers, generous sponsors, donations, and an online auction making for a very successful day. The Pritchard Memorial has now donated \$523,000 to these two agencies since 2013.

## How to identify verticillium stripe

By Courtney Boyachek,  
Canola Council of Canada

Verticillium stripe is the hottest new disease in canola world, rising to yield-damaging levels in Manitoba and eastern Saskatchewan and found in all growing regions across the Prairies.

Many farmers and agronomists are learning how to tell it apart from blackleg or sclerotinia stem rot. This article provides the keys to accurate verticillium stripe identification.

**Symptom one: stem striping.** When the crop is full height but still green, canola plants infected with verticillium stripe will often have a two-toned stem – half healthy and green and half discoloured and drying down. This is where the “stripe” name comes from. Leaves can show similar symptoms – healthy on one side, diseased on the other. You will not see stem or leaf striping with blackleg or sclerotinia stem rot. Sclerotinia will cause stem discoloration, but it will not stripe half the stem.

**Symptom two: stem cross section discoloration.** Verticillium stripe infects roots and enters the plant's vascular system. Verticillium hyphae and conidia fill up the vascular system, giving the stem cross section a greyish colour. This is easily confused with blackleg. We have two tips to distin-

guish the pathogens. With blackleg, stem tissue infection tends to be darker and cause distinct wedge shapes of black. Verticillium is lighter grey and more general throughout the cross section. And two, blackleg stem discoloration is confined to the crown area at the base of the stem. Verticillium darkening can extend well up the stem.

**Symptom three: black specks.** As verticillium infection advances, microsclerotia will start to form on the underside of peeling stem skin. These can be found all the way up the stem. Verticillium specks may seem similar to blackleg pycnidia, but they're much smaller – more like powdery pepper. In some cases, blackleg pycnidia will have a purple-pinkish ooze of pycnidiospores around them. Blackleg pycnidia are also confined to a lesion no more than a couple centimetres in size. If you see pink and specks confined to a lesion, it's blackleg.

**Symptom four: stem peeling and weakening.** Peeling stem skin is a symptom of verticillium stripe. Under that peeled outer layer will be the microsclerotia, often taking the shape of faint black vertical striping. Severely diseased stems may break off and can be confused with lodging. Sclerotinia stem rot will also cause weakened brittle stems, but sclerotinia will not have the stripy, speckly microscler-



These stem cross sections show the differences between verticillium stripe (left), blackleg (middle) and a healthy plant (right).

rotia. Sclerotinia stem rot will cause the entire stem tissue to shred, not just the outer layer. Inside the stem, sclerotinia will form sclerotia bodies – the canola-seed-sized resting bodies. Verticillium stripe does not produce sclerotia bodies.

The ideal time to scout for verticillium stripe is at harvest when symptoms are most obvious. No fungicide or soil amendment is known to be effective on verticillium stripe, so accurate identification is all about future management.

Verticillium microsclerotia are soil-borne, so steps to keep soil in place could provide some reduction in spread. Two- or three-year breaks be-

tween canola crops are good disease management in general, but verticillium microsclerotia can remain viable for many years. Plant tolerance or resistance is likely to provide the best solution, and plant breeders are looking into this trait.

Blackleg and sclerotinia stem rot, if those are the diseases present, are more manageable through genetic resistance, crop rotation and fungicides.

For more on verticillium stripe identification and management, read the verticillium stripe chapter at [canolaencyclopedia.ca](http://canolaencyclopedia.ca) and “Verticillium stripe - identification and management” at [canolawatch.org/fundamentals](http://canolawatch.org/fundamentals).



# Nellie McClung heritage site undertakes legacy restoration

By Ty Dilello

The historic home of Nellie McClung is slated to undergo a significant restoration for the first time in more than a century.

The Nellie McClung House, built in Manitou in 1896, will soon receive a full interior refurbishment, allowing the destination to expand to a three-season tourist attraction.

McClung was a Canadian author, politician and social activist who is regarded as one of Canada's most prominent champions of women's and human's rights.

"Our goal is to attract more visitors by offering the home as a three-season venue for events like meetings, book clubs, teas and exhibits," said board co-chair Barbara Biggar. "Equally, we want to attract more school groups by being open during the spring and fall of each school year."

With the help of a \$117,000 grant from the provincial government, the two-year project will be completed in stages that include heating, cooling and humidity control retrofits; the restoration of original hardwood flooring; repainting of all millwork to period-appropriate colours; the addition of a small servery off the main



Nellie McClung in her Manitou den, circa 1908. This photo was used to promote *Sowing Seeds in Danny*, which was her first novel that went on to become a Canadian best seller.

kitchen; and a furnishing plan consistent with McClung's writings of years she spent with her family in the home.

Turtle Mountain MLA Doyle Piwniuk presented the funding in July.

"We are thankful to the Manitoba government and to historians like Gordon Goldsborough and former



SUBMITTED PHOTOS

Nellie McClung House co-chair Diana Vodden accepts a ceremonial grant presentation from Turtle Mountain MLA Doyle Piwniuk.

lieutenant governor Janice Filmon and her team of historic designers for their help and guidance," said Biggar. "Now, it's our turn, as a small team

of volunteers, to leave a legacy restoration to future generations of McClung guardians in Manitou."

## 'Lace Up' and support Diabetes Canada this September

By Lorne Stelmach

January Regnier will be getting extra active this coming month for a cause that is personal for the Winnipeg resident.

She will be joining a team of co-workers to participate in the Lace Up Your Way challenge to raise funds and awareness for Diabetes Canada, and the Type 1 diabetic is wanting others to take it on in September.

"Spread the word. Get involved. There's so much you can do ... tell your family, your friends ... it all makes a difference," she said.

"We're hoping to get 2,000+ participants this year, which is a significant growth from 400 in 2020," said Kelly Lambkin, senior manager of community fundraising and events in Western Canada for Diabetes Canada. "Anybody anywhere geographically can participate, and it really is just movement that is meaningful for them, so wherever you are in your fitness journey, you can participate as well."

Every September, thousands of Canadians from coast to coast to coast

take the #LaceUpYourWay challenge to raise funds and awareness for Diabetes Canada.

Anyone at any fitness level can participate, and you can join a distance challenge or start a daily streak in the Lace Up app. Share it with your circle and tell them why you Lace Up to raise funds in support of Diabetes Canada.

Choose your favourite endurance activity and track how many kilometres you move on the Lace Up app, and you can join the 10k, marathon or 100k challenge. Match movement for dollars, and let your supporters set your pace. Commit to completing kilometres or repetitions for every donation.

Every three minutes, a person in Canada is diagnosed with diabetes or pre-diabetes. It is estimated 11.7 million Canadians are impacted by diabetes and about 412,000 in Manitoba or about 30 per cent of the population.

There are 92 per cent with Type 2 diabetes and eight per cent with Type 1 and gestational diabetes.

"And unfortunately those numbers are on the rise, so that's why there's so

much importance to creating awareness and community partnerships," noted Lambkin.

Regnier has been living with the disease for 38 years. There is a history of it in her family.

"It's very prevalent in our family on my dad's side," she noted.

"I want to help raise money for a cure and for more improved management options," Regnier continued. "There have been great strides. When I first started when I was first diagnosed, I tested my blood sugar four times a day and took my insulin twice a day ... that slowly changed over the years, and now the technology has improved so much.

"It's a complete game changer for me. I'm on the continuous blood glucose monitor and insulin pump, and they work together to keep my blood sugar in better control, and my blood sugar has never been so good," she said. "With diabetes, things just happen, though. Sometimes, you never have the same day, and it can be due to so many things ... there is still work to do."

Lambkin noted that Lace Up origi-

nated in Manitoba and was an in-person event before going virtual as a result of the pandemic.

"It's one of the events that we felt was really relevant to keep our diabetes community together throughout the pandemic," she said.

"It's a national fundraiser ... and participants choose their activity, whatever's meaningful for them so they can walk, ride, dance," Lambkin said. "We just encourage them to move and it's at their own pace. Every distance and every dollar helps fund education and our support services, advocacy and diabetes research.

"It's really a good opportunity to challenge yourself or rally a team together," she added "We have a map which pinpoints participants right across the country," she noted. "It actually indicates some in-person walks as well."

There will also be a special virtual event on Sunday, Sept. 24.

"It's actually a cross country virtual relay ... we have an emcee who is going to be virtually in every province ... it's a really good connective piece of it."



# sports & recreation

## Deadhorse Creek Speedway holds King of the Corn races

By Lorne Stelmach

Organizers are buoyed by the positive response around the return of dirt track car racing to the Pembina Valley this summer.

The newly christened Deadhorse Creek Speedway west of Morden kicked things off with the Watermelon Cup July 7-8 and then held the King of the Corn last weekend.

"We had a fabulous couple days of racing," said president Chris Unrau on Monday. "The weather was incredible, and the turnout was amazing ... in terms of cars and spectators, I think we had everything pretty much full.

"We're getting nothing but positive feedback. The response was incredible, and people are already talking about next year," he added. "It tells me there is a demand for this type of entertainment here. There is a lot of excitement and buzz about it."

The former ALH Motor Speedway offered weekly races during the summer months from 2009 to 2019, but never reopened after pandemic restrictions eased.

The track is now operated by the Valley Motorsports Association. Their first two race weekends this summer featured Deadhorse stocks including pure stocks, street stocks,



[FACEBOOK.COM/DEADHORSESPEDWAY](https://www.facebook.com/deadhorsespeedway)

The Deadhorse Creek Speedway delighted racing fans with two days of competition in the King of the Corn races last weekend.

super trucks, IMCA hobby stocks, and more.

Racing of course was the focus, but both events also included other activities for the whole family such as live entertainment, beer gardens, a candy toss and bouncy castle for the kids, fireworks, and pit-party cookouts.

"What's making our track a little different is we're putting a lot of effort into additional entertainment," said Unrau.

Both events also served as fundraisers in support of the Boundary Trails Health Centre expansion project.

Unrau was pleased with the response that included 78 cars racing last Saturday night.

"We have actually increased our car count on the pure stocks quite a bit from the July event to the August one because of people who went out and bought cars to start racing," he noted.

"I would expect to see that class grow even more. It's a great place to start racing. It's affordable and just a good option for locals who want to get into it."

He also noted the conditions contributed to some different racing action from one night to the next.

"The track was actually quite different from Friday to Saturday. On Friday, we had a much dryer, slick track which makes for a really slippery surface for the racers ... it showcases different skills from what we had on Saturday night.

"We put quite a bit more moisture into the track, and we ended up getting a really sticky tacky track, so that's a track where you can put down a lot of horsepower and get good traction, so we had some really, really fast racing on Saturday night.

"There was lots of action ... we had

a rollover, we had a car on fire. We had a helmet thrown at another car. So all the exciting things you would expect ... we had it all," Unrau said. "Some of the racing was door to door four wide, so incredible talent being shown there."

There has already been some preliminary discussion about plans for next year.

"We are starting to talk about next year. We haven't laid down any solid dates yet, but there is definitely talk about next year," said Unrau.

"I think we've got a bit of a program figured out that works. We probably won't try to really push it too much further ... we're probably looking at again two or three dates next year."

You can find more information online at [deadhorsecreekspeedway.ca](http://deadhorsecreekspeedway.ca).



## Storm teams post wins

By Ashleigh Viveiros

The Winkler Storm teams both bolstered their MMSL records with home wins on Sunday, though only Storm 2 got to the field.

Storm 1 won their Premier Division match against World Soccer Academy by default after the visitors were a no-show.

Storm 2, playing in the 3rd Division, crushed Bandits FC 6-2, with Pa Ha contributing four goals and Nico Nickel and Janick Richter adding singles.

With that, Storm 2's record for the

summer thus far is 9-2-1, good for 28 points and second place in the division behind only Scorpions FC, who also have 28 points but have played three more games than the Storm.

Storm 1 are 5-10 for 15 points, which has them solidly ahead of the division's bottom ranking teams, Lions FC (five points) and World Soccer Academy (three points) but well back of the front-runners, FC Winnipeg Lions (34 points).

Storm 1's next game is at home against the NKMB Saints Sunday, Sept. 10. Storm 2 play in Winnipeg against AC Fiorentina Friday, Sept. 8.

Storm 2 beat visiting Bandits FC 6-2 Sunday in Winkler.

PHOTO BY ASHLEIGH VIVEIROS/VOICE

Check out the Voice online at [www.winklermordenvoice.ca](http://www.winklermordenvoice.ca) or [altonavoiced.ca](http://altonavoiced.ca)



# Winkler's Stephenson tended goal in SEMHL

By Ty Dilello

Wayne Stephenson might be the greatest hockey player to ever play in the SEMHL (Southeastern Manitoba Hockey League), along with Jimmy McFadden, perhaps.

Stephenson was born in Fort William, Ontario (now Thunder Bay) on Jan. 29, 1945, to Lillian (nee Horsfall) and Fred Stephenson, who owned an air-conditioning business. The family moved during his childhood to Vancouver and Calgary before settling in Winnipeg when Stephenson was a teenager.

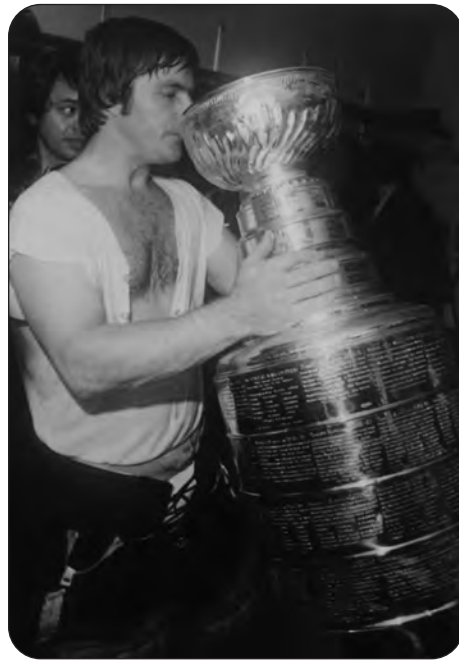
When Stephenson arrived in Winnipeg, he attended Grant Park High School and played for their hockey team and ran track and field team. He also played junior hockey with the Winnipeg Braves and began picking up steam as a potential goaltending prospect.

When he graduated from Grant Park, his classmates presented him with a goalie stick with a puck-shaped hole in the blade as a gag gift.

Soon after high school, Stephenson joined the Canadian National Team and was a member of the 1968 Canadian Olympic Hockey Team that won a bronze medal in Grenoble, France.

One of the big reasons why Stephenson didn't want to turn professional right away and instead pursue the National Team route was so that he could continue his education at the college level. He graduated from the University of Winnipeg with an economics degree and later worked as a chartered accountant.

When the National Team folded in 1970, Stephenson thought his hockey career was pretty much over and thought he would just work at his job for a living instead of playing pro hockey.



Wayne Stephenson drinks out of the Stanley Cup.

Still enjoying the sport of hockey, he joined the Winkler Royals of the SEMHL and tended goal with them for the 1970-71 season. It was here that he stopped pucks from the likes of the Carman Beavers and Altona Maroons as he carried the Royals to the league championship that spring.

In December of 1971, Stephenson was called up to the NHL's St. Louis Blues on a thirty-day tryout as the team's goalies were going through some injury problems. He said he would come back and play another year for the Winkler Royals if he didn't make it.

But he did make it and wound up spending the next ten seasons as a goaltender in the National Hockey League.

After three seasons with the Blues, he was traded to the Philadelphia Flyers. While in Philadelphia, Stephenson served as a backup to Hall



SUBMITTED PHOTOS

Stanley Cup winner Wayne Stephenson once suited up for the Winkler Royals of the SEMHL and tended goal against the likes of the Altona Maroons and Carman Beavers.

of Famer Bernie Parent for the 1974-75 season, where Stephenson won his first and only Stanley Cup.

When Parent suffered a pinched nerve in his neck during the 1975-76 preseason that required surgery, Stephenson became the Flyers starting goaltender and retained the job when Parent returned late in the season but couldn't regain his previous All Star form.

During that year, Stephenson also allowed one goal in the Flyers' win over the Soviet Red Army hockey team, in a victory that Stephenson referred to as the highlight of his career. He even got the game sheet from that night bronzed so it could be immortalized forever.

After a few more years in Philadel-

phia, Stephenson was traded to the Washington Capitals prior to the start of the 1979-80 campaign. He played there for two seasons before retiring.

When it was all said and done, Stephenson accumulated a 146-103-49 record in 328 NHL games and 14 shutouts.

After he retired from professional hockey, Stephenson worked in the banking industry. He passed away from brain cancer on June 22, 2010, in Madison, Wisconsin. He left behind his wife Nedina and four children, two sons and two daughters.

"Wayne was an amazing father, and I'm so thankful for the time we got to spend with him," said Wayne's oldest son Chris Stephenson.

# Roseisle Tractor Drive rolling into town on Sept. 4

By Ty Dilello

The Roseisle Tractor Club will host its sixth annual tractor drive on Sept. 4 at 10 a.m. at the Deerhaunt Retreat in Carman, located three miles west of town and a half-mile south on Road 27W.

"A tractor drive is like a parade, but most of it is done out on country roads at a speed of 10 mph, which would be fast for a parade," said organizer Curtis Cavers. "We welcome spectators as long as everyone keeps a safe distance and obeys all traffic laws."

The event is meant to raise donations for local charities. It will feature an assortment of tractors, vintage equipment, motorbikes, and quads. Other vehicles are welcome to follow.

Cavers said it's hard to guess how many vehicles will participate, as it fluctuates from year to year.

"In past years, we get about a dozen, but with the change in venue, it would be nice to have more."

At 12:30 p.m., there will be grain binder and threshing demonstrations. Followed by 2 p.m. tractor pulls at \$10 per hook.

All tractors for the event must have

functioning brakes and slow-moving signs with a 10-mph speed limit. French fries and burgers are available for lunch at the venue, with coffee and water served (cash only).

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A cheque for \$10,000.00 must accompany the tender as a down payment. Written tenders must be received by 2:00 p.m. on September 7, 2023. Down payment will be returned if tender not accepted.  
Closing date for the sale shall be September 29, 2023 by cash or approved loan proceeds. Any loan advances paid after closing date are subject to payment of interest at loan rate during reasonable delay for registration of security. Purchaser shall be responsible for payment of all 2023 property taxes and GST or shall self-assess for GST.  
The highest or any Tender may not necessarily be accepted.  
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P.O. Box 1150  
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Winkler, MB R6W 4B2  
Ph. (204) 325-8807  
To the attention of Scott C. Doell  
For more information on the tender email info@doelllaw.com

**HEALTH**

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**PUBLIC NOTICE**



**UNDER THE AUTHORITY OF THE PLANNING ACT  
NOTICE OF PUBLIC HEARING FOR RE-ZONING  
By-Law # 2023-06**

On the date and at the time and location shown below, a PUBLIC HEARING will be held to receive representations from any person(s) who wish to make them in respect to the following matter: REDEKOP, JOHAN & AGATHA, (applicant) of mailing address 35 PARKLAND CRES, WINKLER, MB, has made an application to amend the Municipality of Rhineland Zoning By-Law 2021-06 and Re-Zone the land legally described as Lot 11 Plan 492 in the NW-1-3-3-W, civic address 12158-ROAD 13NW, roll# 195000.000 from "RR - Rural Residential" to "AI - Agro-Industrial"

**HEARING LOCATION:** Rhineland Council Chambers  
109-3rd Avenue NE, Altona, MB

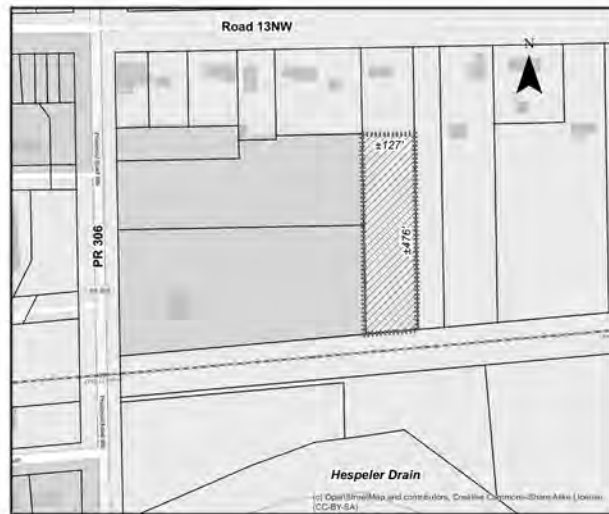
**DATE AND TIME:** Sept 13, 2023 at 9:30 AM

**GENERAL INTENT:**

The applicant is applying to rezone the property to AI - Agro-Industrial from RR - Rural Residential on the property described above. A Public Hearing is required for this purpose. Notices were sent out within 100 Metres.  
Please see attached Schedule "A" for reference.

**FOR INFORMATION CONTACT:**

Tanya Waddell, Community Development Officer  
109 - 3rd Ave NE, Box 270 Altona, MB ROG OBO  
Phone: (204) 324-5357 Email: manager@rpgamb.ca



Schedule "A"  
Attached to and forming part of  
By-Law No. 2023-06

Associated with Subdivision  
File No. 4164-23-8304

Amending Schedule "A" of the  
Municipality of Rhineland  
Zoning By-Law No. 2021-06

**Municipality of Rhineland  
(Plum Coulee)**

**Part of NW 1/4 1-3-3 WPM  
Being Part of Lot 11, SS Plan 492 MLTO**

**LEGEND:**

Portion to be rezoned

From: "RR" Rural Residential Zone

To: "AI" Agro-Industrial Zone

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This is a regular full time position providing an excellent wage and benefits package. Bunge is committed to providing a safe, healthy, and rewarding workplace for all employees. A job description for this position can be found online on the Bunge website: <https://jobs.bunge.com/>. enter "Altona" in the field "Search by Location". Click on "Maintenance Worker" to read the description. Applications should be made online with an attached resume.

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## THANK YOU from Camp Wannakumbac

Thanks to everyone who attended Camp Wannakumbac's 75th Anniversary on Aug. 4-7, 2023 including all the amazing volunteers and Camp participants, Current & Alumni Campers, Counsellors, Staff and families, with appreciation for all the donations and support. You all contributed to our 75th Anniversary event being a huge success. Please continue to support Camp Wannakumbac!

**Camp Merchandise is still for sale:**  
**wannakumbac.com**

## LJI REPORTER WANTED

Neepawa Banner & Press is seeking a candidate with a passion for journalism, a strong news sense, excellent research skills, a creative approach to coverage, a desire to learn and an ability to adapt to rapidly changing situations.

Reporter will have a focus on Municipal Council, School Board and Health Region news. Contract position until March 31, 2024, but may be extended.  
**Deadline: Friday, Sept 1**  
Email resume, cover letter, and three references to: Ken Waddell, Publisher Neepawa Banner & Press 204-476-6214  
kwaddell@neepawabanner.com



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## PUBLIC NOTICE



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# 2023-24 SCHOOL BUS STOP INFORMATION SCHEDULE

Please visit our website at  
[www.westernsd.mb.ca/Division/Transportation](http://www.westernsd.mb.ca/Division/Transportation)  
for all City of Morden bus stop locations and times.

## CAREERS



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## PUBLIC NOTICE



## UNDER THE AUTHORITY OF THE PLANNING ACT NOTICE OF PUBLIC HEARING

On the date and at the time and location shown below, a PUBLIC HEARING will be held to receive representations from any person(s) who wish to make them in respect to the following matter:

**CITY OF MORDEN BY-LAW 12-2023**  
**Being an AMENDMENT to the CITY OF MORDEN**  
**ZONING BY-LAW 08-2017**

**HEARING:** Morden Civic Centre

**LOCATION:** 195 Stephen St., Morden, MB

**DATE:** September 25, 2023

**TIME:** 7:00pm

**AREA:**

By-law 12-2023 will apply to the entire limits of the City of Morden

### GENERAL INTENT:

To amend Part-111 section 27 of The City of Morden Zoning By-law 08-2017 to include "Industrial Multiplex" as a conditional use under MB and MG Districts.

To amend Part-IV Use Specific Standards, to add 30.17 to add governing conditions for such developments.

To amend Part-IV Use Specific Standards clause 30.6, to accommodate industrial/commercial bareland condo developments

### INFORMATION CONTACT:

Santokh Randhawa, M. Eng., P. Eng.

133 7th Street, Morden, MB. R6M 1V3

Phone: (204) 822-2567

*A copy of the above proposal and supporting material may be inspected at the location noted above during office hours, Monday to Friday. Copies may be made, and extracts taken therefrom, upon request.*

## PUBLIC NOTICE



## TOWN OF ALTONA PUBLIC NOTICE 2024 BOARD OF REVISION

The 2024 Real Property, Personal Property and Business Property Assessment Rolls have been deposited in the Office of the Clerk at 111 Centre Avenue East (Town of Altona Civic Centre) and will be open for inspection by any person(s) during regular office hours.

The Board of Revision will sit at the Council Chambers of the Town of Altona located at 111 Centre Avenue East in Altona on Tuesday, October 10th, 2023 at 6:00 P.M. for the purpose of revising the Assessment Rolls of the Town of Altona.

Complaints against any of the above noted assessments must be received by the Secretary of the Board by Monday, September 25th, 2023 and may be made as follows:

### Application for revision

42(1) A person in whose name property has been assessed, a mortgagee in possession of property under subsection 114(1) of The Real Property Act, an occupier of premises who is required under the terms of a lease to pay the taxes on the property, or the assessor may make application for the revision of an assessment roll with respect to the following matters:

- liability to taxation;
- amount of an assessed value;
- classification of property;
- a refusal by an assessor to amend the assessment roll under subsection 13(2).

### Application requirements

43(1) An application for revision must

- be made in writing;
- set out the roll number and legal description of the assessable property for which a revision is sought;
- set out which of the matters referred to in subsection 42(1) are at issue, and the grounds for each of those matters; and
- be filed by
  - delivering it or causing it to be delivered to the office indicated in the public notice given under subsection 41(2), or
  - serving it upon the secretary, at least 15 days before the scheduled sitting date of the board (no later than September 25th, 2023) as indicated in the public notice.

Dated at Altona, in Manitoba, this 24th day of August, 2023, A.D.

Town of Altona  
Box 1630, Altona, Manitoba ROG OBO

Terry Fehr, Secretary  
Board of Revision for the Town of Altona



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The *Winkler Morden* Voice

## OBITUARY



### Michael Gordon Gingrich April 22, 1961 – August 22, 2023

It is with deep sorrow and much love that we mourn the passing of Micheal Gordon Gingrich. Surrounded by his family on August 22, 2023, Michael passed away at the Gimli Community Health Center at the age of 62 years.

Michael is survived by his daughter Megan Reid (Kyle Telford), son Ethan Gingrich, granddaughter Meilya Telford and his loyal service dog Kalea; siblings Gayanne Prise, Jane Schoonmaker (Les), and Heidi Gingrich (Dan); nieces and nephews Russell, Abby, Ian, Devan and Felicia, their partners, and families; many aunts, uncles and cousins; along with the mother of his children Hope, former son-in-law Paul, and former brother-in-law Sandy. Michael was predeceased by his parents Gordon Gingrich (Maryanne) and

Betty Gingrich, and an infant sister.

Mike was well respected in the EMS community working as a paramedic, educator, and mentor for over 20 years in Gimli, Churchill, and Altona, as well as a flight medic out of Churchill and the South Air Ambulance Pilot Project. He was a volunteer firefighter and dedicated member of the Manitoba Paramedic Honour Guard. In every role Mike consistently demonstrated compassion, care, and duty to the communities that he served.

Over the last number of years Michael battled many health issues. The family would like to thank the Boundary Trail and Gimli dialysis units, the nurses and staff at the Gimli Community Health Center and his homecare workers for their care and compassion.

Cremation has taken place and a Celebration of Life will be held at the Gimli Lutheran Church on Saturday September 9, 2023, at 11:00 a.m.

Donations in Michael's honour can be made to the Kidney Foundation of Canada, Manitoba Chapter, or a charity of your choice.



204-949-2200  
Gimli 204-642-7124  
[neilbardalinc.com](http://neilbardalinc.com)

## OBITUARY



### Franics Alan Kennedy

Francis Alan Kennedy was the only child of Hazel Irene (nee Burrows) and Lorne Christopher Kennedy, born on February 10, 1931 at the Miami Cottage Hospital. Alan left this earth on August 23, 2023 at Salem Home in Winkler, with his family at his bedside.

Alan lived life with a lot of energy, and a lot of ideas. He was well known for his mechanical abilities, his inventive designs for farm machinery, and even artistic metal work in weathervanes and stained glass and iron signs. To finance his farmland purchase, he designed and built a crane from war surplus parts (including the hydraulics from the landing gear of a P51 bomber), and put it to work on the bridge building crew of the RM of Thompson in the '50s.

He was a farmer, through and through, with a special passion for corn growing. Although farming could be close to all consuming, his real love was aviation. He earned his pilot's license, and had his own plane for many years before the responsibilities of family life convinced him to spend time on less dangerous pursuits, while still reading every aviation magazine he could get his hands on. In his midlife years, Alan was an active member of the Winnipeg Gliding Club, where he probably spent more hours maintaining the runways (more farming really) and tinkering with the mower than he did actually flying.

Alan's other lifelong passion was downhill skiing: from driving a grain truck to Banff and Lake Louise in 1962 for a ski trip, to teaching each of his daughters to ski at Ski Birch and then Snow Valley, to watching his grandchildren learn to ski in the Rocky Mountains. His retirement project was being a volunteer Canadian Ski Patroller along with his wife Dulcie, which kept him skiing well into his 80's and also shoveling snow (which is like more farming).

Alan believed in community service, serving on the boards of the Corn Growers Association, Miami Coop, Access Credit Union, Miami United Church, Midland School Division, Morden Stanley Thompson Winkler Planning District, in addition to being a councilor for the RM of Thompson.

He is survived by his wife Dulcie and his daughters Michelle, Risa (Wayne) and their children Natalia and Lauren Cusson, and Sandy (Arlin) and their children Anson and Erica Amundrud.

Funeral service will be held on Friday, September 8, 2023 at 2:00 p.m. at the Miami Community Hall. Interment will take place in the Miami Cemetery.

Memorial donations may be made to the Miami Area Foundation, Box 334, Miami, MB, R0G 1H0.

Doyle's Funeral Home  
in care of arrangements  
[www.doylesfuneralhome.ca](http://www.doylesfuneralhome.ca)

Your memory will live forever Engraved within our hearts

## OBITUARY



### Mary Dorothy Hiebert (nee Enns) 1936 – 2023

On Friday, August 18, 2023, Dorothy Hiebert our beloved mother, grandmother, Oma, sister, sister-in-law and friend entered the presence of the Lord peacefully in her sleep at the age of 87 years.

She leaves to mourn her passing three daughters, Barb (Harv) Unrau, Shelly Jones, Bev (Rick) Wiebe, six grandchildren, nine great-grandchildren, two sisters, three brothers as well as many nieces and nephews.

Dorothy was born May 18, 1936 to parents, Jacob and Agatha Enns. She grew up and was educated in Schanzenfeld. She worked as a sewing machine operator and waitress before marrying the love of her life, Neil Hiebert on August 24, 1958. They started their married life farming in Graysville, MB. After 10 years of farming, and being blessed with four children, Wes, Barb, Shell and Bev, they moved to Winkler where Mom was a homemaker and seamstress. She sewed many coats, pants and wedding dresses for others and many bright dresses that we girls would have preferred not to wear (Well not all of us don't like wearing dresses!). They purchased Valley Transport and Mom did all of the paperwork as she did when they owned the Car Wash in Winkler. After the kids left home, Mom began her career as head cook at the Winkler Bible School until they closed their doors. This was something she enjoyed immensely, feeding the students. She also always remembered the grand and great grandchildren's favorite baked goods, which she made more often after Dad passed away in 2020. When she moved into Crocus, some things she looked forward to every evening were playing Skipbo with her sister-in-law, Anne Wiens from 7-11 p.m., going for breakfast with her sisters, Mabel and Lorriane, supper with her brother, Ed who would join them. After the Bible School closed, Mom and Dad began to spend winters away in Texas volunteering for Maranatha Missions where Mom taught the ladies how to sew. For health reasons, they stopped travelling so Mom continued to volunteer in the fabric department at the MCC store in Winkler. Mom's faith in the Lord was very strong right until she went to her eternal rest.

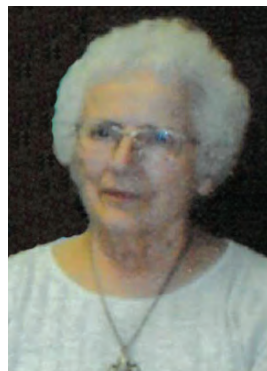
Funeral service was held at 2:00 p.m. on Friday, August 25, 2023 at the Winkler Bergthaler Mennonite Church with interment at Westridge Memorial Gardens.

Donations may be made in Dorothy's memory to the Boundary Trails Health Centre Foundation designated to Palliative Care.

Wiebe Funeral Home, Winkler  
In care of arrangements  
[wiebefuneralhomes.com](http://wiebefuneralhomes.com)



## OBITUARY



### Phyllis Hunter (Brown) Age 92

Lovingly remembered by her cousins, nieces, nephews and many friends.

Phyllis is predeceased by her husband Gordon (2004), her parents Wanda (1971) and Gustav (1975) and her siblings Helen, Virginia, Rudolf, Herbert and Conrad.

Died August 19, 2023 at Boundary Trails Health Centre.

Funeral service will be held on Thursday, August 31, 2023 at 2:00 p.m. at the Zion Evangelical Lutheran Church, Morden. Interment will be in the Manitou Cemetery.

In lieu of flowers donations can be made to the Heart and Stroke Foundation.

Doyle's Funeral Home, Carman  
in care of arrangements  
[www.doylesfuneralhome.ca](http://www.doylesfuneralhome.ca)

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with an Announcement in the**

The *Winkler Morden* **Voice**

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# Altona Rec. wraps up another busy summer

By Lori Penner

With autumn just around the corner, staff at the Altona Recreation Department are reflecting on a warm and successful summer.

The Altona Centennial Park enjoyed a constant flow of traffic throughout the season, says recreation programmer Brittany Winkler.

"The demand for campsites never slowed down. I would say we were busier than normal, all summer long. We had times where every site was taken."

While the great weather was definitely a factor, she says, the annual two-week shutdown at Bunge saw many of their seasonal employees also take advantage of the campground.

"So, we had people renting sites back in May already, which we don't usually see. We also had several big events that drew a lot of people, such as the Sunflower Festival and the Gospel Music Festival. Plus, families with kids in swimming lessons often camp here during that time. People just love our park, and we had so many new people from out of town this year."

The park stage was also busier than usual, she adds, and the picnic shelters were filled every weekend with

a flurry of family gatherings and events.

"We also introduced disc golf last fall, and that was a very popular activity this season. Someone was always playing it. Baseball diamonds were in constant use. Altona minor soccer was also busy at all the softball fields. Something was always going on somewhere at the park."

The Altona Aquatic Centre also rounded out a successful season with its last swim on Saturday.

"We provided just over 550 swim lessons. We introduced new online registration and overall, and this was very successful," said Altona Recreation Services manager Eric Hildebrand. "We also implemented new one-week lessons and the feedback we've received is that parents really appreciated the condensed lesson offering, so we'll likely be offering this again next season, and may look to expand the number of lessons, as well."

Overall, the facility benefitted by the above normal temperatures in early June and the great weather continued throughout most of the season.

"Managing a municipal outdoor seasonal pool facility can often come with challenges, keeping the water levels clean and safe, and we only



PHOTO BY LORI PENNER/VOICE

Two-year-old Rylie Edwards enjoyed a final dip at the Altona Aquatic Centre on August 26. After enjoying a busy season, the facility is closed until next summer.

had two closures this season due to pH levels being slightly outside of the norm," Hildebrand noted. "That's simply a testament to the great work our full-time maintenance staff and veteran lifeguards do daily, checking the chemical levels."

Another area that Hildebrand noted significant growth was in the aquatic classes.

"Our veteran staff have indicated to me that these class numbers were above average throughout the season,

so we'll take a look at seeing if we need to add classes next year, or not."

While the numbers have not all been calculated, and some expenses are still anticipated until the end of August, he considers the season a financial success as well.

"I credit the weather and outstanding staff, and of course, great customers are all part of the equation for a great season at the aquatic centre."

## • SUSTAINABLE LIVING

# Growing food close to home

By Jack Heppner,  
Altona Community Action Network

Producing organic vegetables in our community will always be better than importing them from afar.

Local gardeners can ensure that their vegetables are chemical free, travel only a short distance to their dinner table, and are fresh, nourishing, and tasty.

While it takes some time and effort to plant, tend, harvest and process or store vegetables, all gardeners know it is well worth it.

A generation or two ago growing vegetables was considered normal. But in recent decades it has become fashionable to purchase your weekly supply of food brought to the local grocery store from nearly any place

on earth. And gradually local gardens ceased being a primary source of food for most people. So a lot of people today have little idea how or where one could begin growing food.

But because of concerns about chemicals in food products and food insecurity caused by global dynamics such as overpopulation, political uncertainties and climate change, serious vegetable gardening has begun to make a comeback. With creativity and determination, an increasing number of people are planting vegetables wherever they find a place; backyards, side yards, planters on balconies and even front yards. This is a wonderful development and needs to be supported in whatever way possible.

One way to support this movement

is to develop community gardens in towns and villages across our land. In the Town of Altona a community garden has been developed by the Altona Community Action Network (ACAN) over the past six years. It started out with about 55 plots and has grown to include 140 plots gardened by 97 families in 2023. Nearly half of these families are newcomers to Altona.

Right from the start the garden included a "commons" area where gardeners could meet each other and access tools, water and compost. Over the past three summers the commons has grown to include a timber-frame pavilion, an accessible garden, washrooms and a beautiful, park-like entrance; all made possible by generous local support.

ACAN is planning a grand opening of these facilities at 11 a.m., Saturday, Sept. 9th (Rain date is Sept. 16th). All are invited to join us for this festive occasion. Lunch will be served by Sun Valley Coop.

Grab a lawn chair and join us! If you wish, bring some cash to donate a little to help us pay all our final bills.

See you there!

*ACAN seeks to educate and inspire sustainable practices in our community. Follow us on Facebook, Instagram, [altonacan.blogspot.com](http://altonacan.blogspot.com) or email inquiries to [altonacan@gmail.com](mailto:altonacan@gmail.com) Give us a shout if you would like to be a Friend of ACAN.*



# get inspired

> MEAL IDEAS



## Watermelon Bourbon Glaze with Grilled Flank Steak

Servings: 6  
 1 1/2 cups watermelon juice (approximately 2 1/2 cups chopped watermelon, blended)  
 2 tablespoon minced garlic  
 1/4 cup soy sauce  
 1/4 cup brown sugar  
 2 teaspoon hot sauce  
 1/4-1/2 cup bourbon  
 2 pounds flank steak or London broil  
 1/4 teaspoon cornstarch  
 In medium saucepan over medium-high heat, reduce watermelon juice to 2/3 cup. Toward end of reduction, add garlic. Remove from heat, cool 10 minutes then add soy sauce, brown sugar, hot sauce and bourbon. Mix well.  
 Place watermelon-bourbon glaze in

large zip-top bag. Add steak and massage to cover meat. Close bag and refrigerate 3-4 hours.

Heat grill to high heat. Remove steak from plastic bag and gently shake to remove excess glaze.

Grill steak 4-6 minutes; turn, grill 4-6 minutes, depending on thickness of steak. Remove from heat. Steak should be pink in center.

Allow steak to rest on platter or cutting board 10 minutes.

Mix small amount of watermelon-bourbon glaze with cornstarch. In small saucepan over medium-high heat, add cornstarch mixture to remaining glaze and simmer 3-5 minutes. Reduce to medium heat until mixture thickens. Remove from heat.

Cut flank steak on bias into thin strips. Drizzle watermelon-bourbon glaze over top.



## Watermelon Walnut Currant Chutney

2 tablespoons apple cider vinegar  
 1 1/2 cups packed brown sugar  
 1/2 medium white onion, sliced  
 1 tablespoon minced garlic  
 1/2 teaspoon nutmeg  
 1/4 teaspoon cloves, ground  
 1 teaspoon lemon zest  
 1 lemon, juice only  
 2 tablespoons currants  
 2 tablespoons roasted walnuts  
 1 wheel brie cheese, for serving  
 crackers, for serving

In saucepan over medium heat, reduce watermelon juice to 2 cups. Combine with watermelon rind, apple cider vinegar, brown sugar, white onion, garlic, nutmeg, cloves, lemon zest, lemon juice, currants and walnuts; simmer until almost dry.

Chill and serve over brie with crackers.

## Ham and Swiss Sliders



Total time: 25 minutes

Servings: 4-6

1 stick butter  
 1 package (12 rolls) King's Hawaiian Original Hawaiian Sweet Rolls  
 1 pound shaved deli ham  
 1 pound thinly sliced Swiss cheese  
 Heat oven to 350 F. Melt butter and set aside.  
 Cut entire pack of rolls in

half horizontally, keeping all top and bottom halves intact.

In 9-by-13-inch pan, place bottom halves of rolls and cover with ham and cheese.

Cover ham and cheese stacks with top halves of rolls. Drizzle butter mixture over tops of rolls.

Bake, uncovered, 15-20 minutes. Separate rolls for serving.

## Ask The Money Lady

Dear Money Lady,

*I have recently separated from my partner and am finding it really hard to figure out my finances and make ends meet. I am only making the interest payments on my credit line that is now maxed and I have cancelled my gym membership and even Netflix. I don't even want to indulge in buying grapes at the store because I can't afford it. Please help. Julie*

Dear Julie – Hang in there, it will get better!

Divorced, separated, and starting over can be very hard on you personally, let alone financially. Having to accept the stress of a divorce with or without children can be very traumatic and monetary decisions can seem overwhelming. We all deal with money every day and for something so common, it can sometimes make very little sense. How to balance your budget, how to save, how much to spend and what future decisions to make; these are the questions that most people grapple with. So, let's look at some options right now that you can do to fix your situation.

First – if you are low on income every month you need to earn more. Your ability to earn an income is your greatest asset. Could you take on a part-time job doing something you are good at? – sewing, gardening, computer skills, babysitting, senior companionship, anything that can make you a little more each month. Another option could be to slim down what you own and start selling it online for quick cash.

Second, look for ways to save on banking, mortgages, and lines of credit. It might be necessary to get a consolidation loan or perhaps refinance your mortgage to amalgamate your debt. Why not consider looking at a local credit union instead of one of the Big-5 banks? They tend to be a lot better on personalized advice and financial counselling. Credit unions also have much lower loan rates, no-fee banking, and lower cost options on a variety of banking products.



Unlike the “big banks,” credit unions focus on providing members with financial services at an affordable fee and give back to their members and community. The Big-5 banks serve their investors with their ultimate goal being to maximize returns for their shareholders.

If you are really struggling, don't be shy to find your way to a local food bank or pantry service and ask for grocery assistance. Lean on a friend or family member to help you out and seek guidance on how to improve your situation. Community outlets that offer free food bring people together and I've met many lovely, caring volunteers who give up their time to help out.

Lastly, keep a journal either on your phone or on paper. It is imperative that you plan your way out of your troubles and into financial freedom. Brain-dump all your thoughts out, write them down, read them, and start strategizing ways to get better. Track all your spending and educate yourself about money – how to make it, how to spend it, and most of all how to keep it.

Good Luck & Best Wishes,  
 ATML - Christine Ibbotson

Written by Christine Ibbotson, Author, Finance Writer, National Radio Host, and now on CTV Morning Live, and CTV News @6. Send your money questions (answered FREE) through her website at askthemon-eylady.ca

## Peanut Butter, Jelly and Banana Sliders

Prep time: 5 minutes

Servings: 4-6

1 package (12 rolls) King's Hawaiian Original Sweet Rolls  
 4 tablespoons salted peanut butter  
 4 tablespoons strawberry jam  
 2 bananas, sliced

Cut entire pack of rolls in half horizontally, keeping all top and bottom halves intact.

Spread peanut butter on bottom halves followed by strawberry jam. Top with banana slices then top halves of rolls.