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The **Vo**ice  
Altona Rhineland

THURSDAY,  
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# Home Routes tour comes to town

The Gardens on Tenth played host last Wednesday to a Home Routes concert featuring folk musician Daniel Pélouquin-Hopfner and visual artist/songwriter James Culleton. The duo's "Crankie" tour includes moving panoramas, an old storytelling art form popular in the 18th century. See Pg. 15 for more.

PHOTO BY EDWARD VINCENT ARCENAL/VOICE

news > sports > opinion > community > people > entertainment > events > classifieds > careers > everything you need to know



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# GET AHEAD OF THE STORM

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# AAFRC reflects on a year of challenges and progress

By Lori Penner

The Altona and Area Family Resource Centre (AAFRC) recently held their annual general meeting, to review their successes and challenges over the past year.

The non-profit organization supports and connects families through free programming for pre-school children to enhance learning and build healthy communities.

In her report, board chair Dana Bergman noted there have been good conversations about the long-term goals of the organization.

"More work needs to be done, but we're off to a good start," she said.

Last year saw two board members step down, and two new ones come aboard.

"There remains a need for additional board members to support the work of the centre in a few areas," Bergman said. "Some key areas where support would be valuable include technology (website), public relations, pro-

gramming, fundraising."

Bergman noted that the work of the centre remains a hybrid model of in-person programming and take-home programming for families with each community of Altona, Rosenfeld, and Gretna providing one in-person program weekly between September and June. Engagement in Emerson is also growing.

"This also includes other in-person programs delivered throughout the year to coincide with special events, specific seasons, or to specifically support the transition of preschoolers to kindergarten."

The AAFRC relies on its supporters, donors, and families from the community, along with those from the health care, education, and business communities to offer these programs.

While it was exciting to see the return to more in-person programming, following the setback of COVID, finance chair Courtney Hutchison said the increase in program offerings, such as take-home kits, also resulted



SUBMITTED PHOTO

Participants in AAFRC's Altona Stay and Play program get ready for Halloween. Programs are also held in Gretna and Rosenfeld.

## The Return of Monthly Compost Collection

It's getting colder outside, which means that the compostable material collection schedule changes to monthly. Collection will be on your normally scheduled pick-up day on the following weeks this winter:

**November 7 - 10, 2023**

**December 5 - 8, 2023**

**January 2 - 5, 2024**

**February 6 - 9, 2024**

**March 5 - 8, 2024**

Weekly collection resumes in April.

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in increased expenditures.

Last year the AAFRC delivered 34 total programs to 146 distinct families, with expenses amounting to \$25,161 for facilitator wages and supplies.

To offset these costs, the organization turned to new funding opportunities, which included new community partners and Puzzle Palooza, a fundraising puzzle event.

However, these efforts still left the organization operating at a deficit for the second year in a row.

For the upcoming fiscal year, Hutchison said they plan to again host Puzzle Palooza with the intention of growing this fundraiser annually.

"We will continue to connect with community partners to keep our programs running successfully. We have secured some multi-year commitments for funding which puts the organization in a strong position going into the next fiscal year and we expect to be back to a surplus budget for 2023-2024."

Coordinator Nina Edbom-Kehler noted the year started off with restrictions, but there were aspects that helped them realize what was most important to families.

"This was the first year we had a full complement of facilitators, one for each community plus one to run our bi-weekly take-home kits and one

to run the physical activity programming in Altona in the evenings.

"By continuing with our monthly facilitator meetings, we felt stronger as a team and as a coordinator I found I was better connected to them and the programs, so I was better equipped to report to the board."

A common observance among all facilitators, she said, was the change in the behavior of families since the pandemic.

"While we used to host programs where parents and children were separated for a portion of the program, this was not something that was asked for. Families preferred to all stay together. And some families were just not comfortable in a group setting and preferred to only utilize our take-home kits. Hence, we provided what we could to accommodate all that to support all families in our communities."

She added, "We can see now, how important that social piece, that being together, really is. The take-home kits were fantastic, but the bottom line is about supporting families who are raising their young ones and to help them grow into those well-rounded human beings that are going to thrive in the world. So however they get that is great."



# Newcomer kids hit the ice

By Ashleigh Viveiros

Thanks to funding from Canadian Tire Jumpstart Charities, newcomers to the Pembina Valley are getting the equipment and guidance they need to learn how to skate this fall.

Twelve youth were on the ice for the third of five training sessions at the Meridian Exhibition Centre in Winkler Friday morning. Similar sessions are taking place in Morden and Altona as well.

"The kids here all received brand new skates and brand new helmets they get to keep," says Aubrey Krahn, a staffer with Regional Connections Immigrant Services' Settlement Workers in Schools (SWIS) program. "We have kids from Afghanistan, Nigeria, Ukraine ... most of them hadn't really ever skated before, so it's all very new to them."

Learn to skate sessions have run in Altona a number of times now, but this is a first for both the Winkler and Morden SWIS programs.

"We're always trying to get the kids out learning something new and having new experiences," says Krahn. "And skating and hockey for our culture and our community is such a big

thing.

"The fact they get to keep the skates and helmets afterwards is great; in the wintertime we can show them where some of our outdoor skating rinks are or we can bring them here to the arena.

"It's a good way to build community connections and learn a new skill."

Twenty-year-old Syrian immigrant Mohamad Ibrahim was feeling pretty good about his on-ice footwork last week.

"It's my first time on the ice and I'm still learning," translated SWIS worker Ani Manukyan.

"It's not too hard to learn, but it will take time to practice it."

Ibrahim says he jumped at the chance to be part of this program because skating is such a quintessential Canadian hobby.

"I like other kinds of sports, like basketball and football, but in Canada this is the most popular so I thought maybe I should start learning it."

He's looking forward to being comfortable enough on skates to give hockey a try sometime in the future.

Twelve-year-old Vasim Abdullah,

Continued on page 4



PHOTO BY ASHLEIGH VIVEIROS/VOICE

Twelve local youth got the chance to hit the ice in Winkler, many of them for the first time, thanks to a grant from Jumpstart that supplied them with skates and helmets.



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# Winkler Cheerboard Holly Jolly Breakfast coming up Nov. 4

## Flyers/Fire Dept. Charity Classic is on Nov. 5

By Ashleigh Viveiros

The Winkler and District Christmas Cheerboard kicks off another season of giving in a big way next week.

The Cheerboard's "Holly Jolly Weekend" features two events on Saturday, Nov. 4 and Sunday, Nov. 5 to mark the start of the 2023 fundraising campaign.

First up is the Holly Jolly Breakfast at the Central Station Community Centre (555 Main St.) that Saturday morning from 9-11 a.m.

"The whole community is invited to come support us and enjoy a nice breakfast along with entertainment," says Cheerboard president Crystal Rempel. "We've got some great groups lined up that morning with live Christmas music."

On the menu is pancakes, sausage, and juice or coffee, all by donation.



VOICE FILE PHOTO

Cheerboard volunteers are ready to serve up a hearty pancake breakfast at the Holly Jolly Breakfast next week.

The next day is the second annual Charity Classic, which pits the Winkler Flyers junior hockey team against members of the Winkler Fire Department.

The friendly game begins at 2:30 p.m. at the Winkler Centennial Arena. Admission is \$2, with all funds going to the Cheerboard.

"There will be some raffles for great prizes, a 50/50, and we'll be selling hot chocolate and cotton candy and coffee," Rempel says, noting the fire department is also bringing fire trucks for people to explore. "All the money raised will go directly to the Cheerboard."

Last year's inaugural competition drew upwards of 800 people and raised \$10,000.

"We're doing it in the afternoon this year so hopefully more families and younger kids feel they don't have to be out too late and they can come enjoy the fun as well," says Rempel.

Following up on the Holly Jolly Weekend, the local Tim Hortons is selling Holiday Smile Cookies in support of the Cheerboard from Nov. 13-19. Half of the proceeds from each cookie sale will go to the local campaign, with the other 50 per cent supporting Tim Horton's Foundation Camps.

The community's support of these events will help the Cheerboard reach the estimated \$130,000 needed to send out hundreds of care packages to families in need the first week of December.

Last year they distributed 424 such packages, and Rempel says they're preparing for at least that much again this year.

In lieu of actual hampers filled with food, the Cheerboard will once again be delivering grocery gift cards along with wrapped toys as gifts for younger kids and gift cards for teenagers.

"It just works so much better for the more diverse community that we are growing into," says Rempel "It can suit everyone's needs better because they can pick their own foods, foods they'll actually eat, and have the dignity to make those choices on their own at the store."

Volunteers will be wrapping presents and bundling gift cards Dec. 5-6 and then delivering them on the 6th.

Digital hamper applications will be available soon. The link will be distributed by local service reps who work with families in need, but you can also reach out to Central Station to see if you qualify or to get help filling out the form.

Donations to the Winkler and District Christmas Cheerboard can be made online through their website ([winklercheerboard.com](http://winklercheerboard.com)) or in person at any of the above events or at the Winkler Co-op grocery store closer to the end of November.

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### > SKATING, FROM PG. 3

also from Syria, had tried skating before and it certainly showed: he was the only student zipping around on the ice without a chair for balance.

He says he's enjoyed honing his skills and helping out the other kids.

"He likes it a lot," translated Manukyan.

Fellow Syrian immigrant Ibrahim Ibrahim, 15, shared that he's very much been enjoying learning to skate, but it's also been a challenge.

"It's icy and you are falling to the ground a lot," he said.

Mariia Radchenko was out on the ice with her husband, Vi-

cheslav, and their twin five-year-olds, Yeva and Vira. The family recently moved here from Ukraine.

Speaking through Manukyan, Radchenko said they knew they wanted their kids to try skating soon after they arrived here.

"You can't live in Canada and not practice skating," she said. "And we knew for sure that Winkler is [big into] hockey."

Her girls have very much enjoyed the lessons.

## Our mistake

Our article in last week's edition of the *Voice* on the honorary designation of Krushel Drive in Morden (Pg. 5) incorrectly named Chris Krushel's

"They're getting better and better at it."

Krahn says they hope to get more newcomer children out on the ice in the months ahead, but could use the community's help to make that happen.

"If anybody has skates or helmets that they're not using, feel free to reach out to your local Regional Connections, because we can definitely make use of them."

father.

His name is Wayne, not Warren.

We apologize for the error and any confusion it may have caused.



# Career symposium gives students a chance to explore their options

By Lorne Stelmach

Students in Winkler had an opportunity last week to explore some of their options for after high school.

Garden Valley Collegiate hosted the school division's annual career symposium last Wednesday for students from the two Winkler high schools. There were about 40 businesses and post secondary institutions participating in the event.

"It just gets them to think a little bit about what can happen for them after high school," said guidance counselor Ross Derksen.

"We bring in as many businesses, organizations and post secondary institutions as we can from all around Manitoba," he said. "What it does is it provides an opportunity for our students to just get a feel for possible career paths after high school or programs at universities."

One of the busier displays was Manitoba Hydro, where trades co-ordinator Kelly Chabot touted the surprising number of career paths they offer.

"With Manitoba Hydro, you have about 80 different career streams to explore," he noted. "It's huge for us, getting out to the students and explaining what Manitoba Hydro has to offer when it comes to careers."

"The careers is one thing, but it's also about trying to promote education,"

he added. "Education is key, especially getting your math and physics ... some of our trades need the math 40S and the physics 40S."

"When we come here, we really do try to promote the trades because the trades are where we do our major recruiting," said Chabot, who noted there are also opportunities to get paid while taking training.

"I don't think there's too many employers out there who will pay for education ... that's something we really want to push, that you get to earn while you learn with us."

"We're also in a major hire right now for telecommunications," he noted. "We mainly hire from Red River College ... so go take those courses and you have a great opportunity to come to us when you're done."

Randy Dyck, director of talent for Kroeker Farms, was also on hand to share the variety of opportunities offered by the Winkler company.

"We're attending more and more career fairs and trying to reach out to the younger folks and show them what the next generation of farming looks like, and we hope that they want to be a part of it," he said.

"I think it's been a while since we've been here ... it's fantastic. The students seem very engaged, and we were looking forward to connecting with them."

"We're a very diverse workplace. I

**"IT PROVIDES AN OPPORTUNITY FOR OUR STUDENTS TO JUST GET A FEEL FOR POSSIBLE CAREER PATHS ..."**



PHOTOS BY LORNE STELMACH/VOICE

Garden Valley Collegiate hosted the division's annual career symposium last week, featuring booths from a variety of local employers and post-secondary institutions.

think a lot of people just associate us with the farming aspect, but we also have a tremendous packing facility, so we're staffing all year long," Dyck added. "And it's everything from farm operators to forklift drivers to stackers, baggers and everything administratively like marketing and accounting. It's not just a seasonal business."

Jonas Friesen, a Grade 12 student at GVC, said it was interesting to see the variety of options that are out there.

"I think it's a really great opportunity not just for graduating students but even the [Gr.] 11s as well to see what your options are," he said.

"For me, last year in Gr. 11, I didn't know what I was looking for, so it was nice to have this and see what the options are," he said. "Now I've kind of figured out the path I'm looking for, so now it's a little more specific for me."

"One of my passions would be graphic design ... and Red River has a respected graphic design program," Friesen noted. "But even Manitoba

Hydro has a couple opportunities even in terms of marketing ... so really, when you dive into it, there are a lot of opportunities."

"This is great ... I went last year, and it really helped me," said fellow Gr. 12 student Ryanne Shepherd.

"I still don't really know what I want to do, but this is really helping. I'm talking to Brandon and U of M just to kind of see where I want to go to university. I definitely want to go to university, but I just don't really know for what yet."

Derksen suggested it can be good if students don't have a clear plan in mind for themselves at this point.

"We find more and more the students are a little less certain so they're open to more possibilities, which is great," he said.

"We try to tell them, after grad, there's so many things you can explore that you don't need to decide when you're 17, but go explore the options ... you can go to university without knowing exactly what career you want."



# Lease plans fall through for new Morden thrift shop

Plans for a new thrift store option in downtown Morden have fallen through, at least for the time being.

In last week's edition of the *Voice* it was reported Matthew Vetten and Leni Zacharias were planning to open the Oba Yo Thrift Store based on the idea of every item being priced for no more than \$5 (Oct. 19 edition, Pg. 4).

They had been expecting to open it in

downtown Morden in early November, but the lease for their planned location fell through after the building was sold. News of the sale broke after publication last week.

Vetten said last week they have inquired after other potential locations, but for now they've shelved their plans to open.

News or sports tip? E-mail [news@winklermordenvoice.ca](mailto:news@winklermordenvoice.ca) or call 204-325-6888



# The Voice

# getheard

EDITORIAL > VIEWPOINTS > LETTERS



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## Caring for our neighbours

Every day provides the privilege and opportunity to be caring neighbours to people we know and to people we meet wherever we go.

We might ask ourselves: “Who is my neighbour?” Are they the people on your street, the people in your community, or the people of your faith community or special interest groups?

The answer may be shaped by what you were taught or experienced in your early life. Is your neighbour someone who seems to be like you, or to be someone you like? Or can we and do we think in bigger pictures? Are we all neighbours, but some are friends we have not met yet?

One day a man asked Jesus about how to inherit eternal life. Rather than just give him the answer, Jesus asked him about what he already knew from the Scriptures. The man could correctly quote a theological summary. He answered, “Love the Lord your God with all your heart and with all your soul and with all your strength and with all your mind”; and, “Love your neighbor as yourself.” But the lesson was not over yet. “You have answered correctly,” Jesus replied. “Do this and you will live.” But he wanted to justify himself, so he asked Jesus, “And who is my neighbor?”

Sometimes we have our mind made

*All columns and letters published on our Get Heard pages are the personal opinions of the submitting writers. They are not objective news articles, nor are they necessarily the viewpoint of the Voice.*

up and we want to justify ourselves rather than see the bigger picture. In response to the man’s question, Jesus told the parable of the Good Samaritan. You may know the story, which is recorded for us in Luke 10:25-37.

A man was travelling from Jerusalem to Jericho. He was attacked by robbers and left as “half dead.” Jesus introduces to this story three travelers who came on their individual journeys on the same road. There was no cell service, or 9-1-1 number to call. They had the responsibility and possible privilege of being the first responders. The first two travelers were people of the same religious background but each of them “passed by on the other side.”

The third person to come along was presumably also a man of spiritual conviction. The Samaritans shared some of the same heritage of honouring the Old Testament “law” but they were looked down upon by people like the man asking Jesus the ques-

tion. I am sure it was not an accident that Jesus chose to have the Samaritan be the friend of action in this story.

The Samaritan did not leave the wounded man suffering by the roadside. He generously met the man’s needs, immediate and in a longer term.

Being an active neighbour can be tiring and challenging. It is not always easy or convenient. Do we leave enough room in our hearts and our schedules for times to take an interest, listen, encourage and assist the neighbours God has placed around us?

Every week this newspaper prints stories about our neighbours and neighbourhoods. Keep learning about what it means to be a neighbour. In Proverbs 11:25 we read “...whoever refreshes others will be refreshed.”

*Randy Smart has been a pastor in Southern Manitoba since 1979.*

**“ARE WE ALL NEIGHBOURS, BUT SOME ARE FRIENDS WE HAVE NOT MET YET?”**

### Letter policy

The *Voice* welcomes letters from readers on local and regional issues and concerns.

Please keep your letters short (excessively long letters are less likely to be published), on-topic, and respectful.

The *Voice* reserves the right to edit, condense, or reject any submission.

Please include your full name, address, and phone number for verification purposes. Your name and city will be published with your letter. We do not print anonymous letters.

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The *Voice* is published Thursdays and distributed as a free publication to 21,141 households. Republishing in whole or in part without permission is prohibited. Printed in Canada by Prolific Printing. The *Voice* received financial support from the Government of Canada in 2021.

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# getinformed

## Dr. Aly Dhala named a Top 40 Under 40 by Doctors MB

By Ashleigh Viveiros

A Winkler doctor has been named by Doctors Manitoba as one of its Top 40 Under 40 in Medicine picks for 2023.

Dr. Aly Dhala, 38, joins a list that this year includes nine medical students, 10 residents, and 21 practicing physicians from across Manitoba.

"The top 40 are a truly amazing group from our medical community who give me hope about the future of our profession and the care Manitobans will be able to count on," said Doctors Manitoba president Dr. Michael Boroditsky. "They share an inspirational commitment to pushing the boundaries of medicine in ways that improve patient care, develop and introduce new ways to diagnose and treat patients, and advocate for physicians' and patients' well-being."

Dhala joined the staff at the C.W. Wiebe Medical Centre in Winkler in

2014 after completing his residency in family medicine in Dauphin with a focus on rural medicine.

He has served as the medical director of medicine at the Boundary Trails Health Centre and is currently the chief of staff at the regional hospital, a role he took on at the height of the pandemic. He is also the medical director at the clinic.

This honour is a humbling one, Dhala says.

"I knew I was nominated by one of my colleagues at the clinic. I was pleasantly surprised. It's nice when one of your colleagues considers you for one of these awards. It's very validating for some of the work that we do."

He's quick to pass along much of the kudos to his colleagues.

"I think a lot of the credit that I get for the work that's recognized really comes from the fact that I work

with a fantastic group of physicians, both in Winkler and Morden and at the hospital," Dhala says. "It's such a great group to work with and that I've learned a lot from. And it makes advocating for them and representing them a very easy thing to do."

Dhala's practice encompasses not only primary care but also cancer care, emergency care, and hospital medicine. He also works as a doctor at the Salem Home personal care home.

That variety is something he was looking for from the get-go.

"Family medicine in a rural perspective is more broad and varied than in an more urban setting," Dhala says. "In my training in Dauphin I worked in the ER, did cancer care, and more inpatient medicine work than a family physician who would have an office-exclusive based practice would have.



SUPPLIED PHOTO

Dr. Aly Dhala has been named a Top 40 Under 40 by Doctors Manitoba.

# letters

## "TURN AROUND SO I CAN KICK YOUR ..."

In response to Mr. Cantelon's column "Resigned" [Oct. 19, Pg. 6] I strongly feel I owe him and my community an explanation. I speak for myself as a former councillor for the city of Morden. Although the main reason for my resignation is correct, there are other reasons: The criticism and public feedback I encountered as a councillor bordered on harassment. No matter where—sitting on council, walking on the street or browsing online—every decision we made on council was met with thankless and rude comments. Every step we took (and even the ones we didn't take) was put into a negative light and I rarely heard a word of encouragement or appreciation. Instead, there was an overwhelming bitterness, anger and a resistance to any change, no matter how slight. If we want to grow as a community, a change in attitude might be needed.

In the year serving on council, I have seen how diligently our city's councillors, administration, and em-

ployees on all levels work every day to make this place a good place to live. They pour all their energy, ideas and dedication for this community into their work. They are met with non-compliance, outspoken anger, and disrespect from the public daily. I invite you to come to city hall and witness it yourself. Nothing seems to be good enough, from snow clearing to executive decisions the council must make in order to grow the community. Everything is met with bitterness and resentment. Life isn't perfect and the city does what it can do with the funds and resources available. At the end of the day we are all just humans.

I would like to give you another example: Why I received the blame for all the stop-signs is still a mystery to me, but I did get the blame. Online and on the streets people would be angry at me. The decisions the council makes are group decisions, the most basic democratic principle. It is a team of leaders that makes executive decisions. At one of the sun catch concerts this summer an older gentleman asked me if I am that

"young" councillor, and after I confirmed, he told me to "turn around so I can kick your ass." I was taken aback by the comment, as he added "that's what we do with public servants." Although meant as a joke, it had so much truth to it.

The final trigger to send my resignation was a comment as I happened to stumble over a conversation about another decision we made as a team of leaders. This time the comment was: "When are you going to finally stop interrupting our lives?" and this was the point when I had it with being on council, putting in all the hours and all my energy to try and make our city better, for a monthly pay that nobody can live off of.

I wish the new council members all the best from the bottom of my heart. You do need to grow a thick skin and I was not willing to grow it.

To the council, the city staff, and employees of all departments I send my highest respect. This show would never run without you!

Florian Lassnig,  
Morden

"That really spoke to me. So when I was looking for a place to work, I wanted to work somewhere there was a similar setup."

The Morden-Winkler area fit the bill, and Dhala has become an integral part of the local medical community in the decade since he began his practice here.

In the last few years he's begun to take a keen interest in the administrative side of health-care as well, taking up leadership roles at both the clinic and the hospital.

"I had thought about doing that kind of work in the future, but it happened faster than I had originally planned for," Dhala says of his chief of staff job, explaining the position became vacant mid-pandemic. "We were in the depths of COVID at the height of the pandemic and there was lots of work to be done at the hospital in terms of managing how we would care for patients sick with COVID, and just run the facility in general. So there was lots of work to do."

Dhala has found it to be incredibly rewarding work, as it gives him the opportunity to not only advocate for his fellow health-care workers but also effect real change.

"It works because I get to practice medicine alongside with my colleagues and at the same time have a

Continued on page 11



## Morden Community Thrift Shop distributes \$94K in grants

### Announces major expansion plans

By Lorne Stelmach

The Morden Community Thrift Store had more than one reason to celebrate Monday as it announced its fall round of community grants.

The organization distributed \$94,000 in funding to a dozen organizations serving the community in and around Morden, but representatives also used the occasion to reveal expansion plans.

"It's not as much as we usually give ... we've hit the point where we need to expand on our store, so we purchased a three quarter acre lot across the street," said president Kent Noel.

"Our future plans are to design and build and put up a second structure," he explained. "The building we're in right now, this will be clothing and housewares and some of the smaller items, and the new store will be for the bigger items such as furniture and sporting equipment.

"We don't have space right now to

take a lot of furniture. We can take little bits here and there, but we need a place where we can actually set up a store with furniture," said Noel. "There's a growing need out there, and we're going to do our best to fulfill it."

And he noted the need for more volunteers will be limited as they believe the new building could be run with just three or four people, as it won't have the same need for people to sort through donations and fix things up.

As for the fall grants, the largest recipient was the Menzies Medical Centre, which was presented with \$35,000 for new chairs, curtains, and flooring in connection to its renovations and expansion.

Other grants included:

- \$10,000 each to Many Hands Resource Centre for the food bank, 500 Stephen Community Centre for operations including a large screen TV and other resources, and Morden Police Service for a canine officer vest and a bite suit.
- \$5,000 each to Big Brothers Big Sisters for its mentoring program, Knightcot cemetery at Thornhill for a



PHOTO BY LORNE STELMACH/VOICE

The Morden Community Thrift Shop presented \$94,000 in grants to a dozen local community groups and projects on Monday.

new fence, Prairie Crossroads School for a building project and sports equipment, and Pembina Counselling for financial assistance to defray costs.

- \$3,000 each to Small Wonders Nursery School for supplies and outdoor space and the Morden Multicultural Winterfest for bus service costs between pavilion locations.

- \$2,000 to Rock Lake United Church Camp for assistance with upgrades.

- \$1,000 to Morden Christmas Cheer Board to help with expenses.

Noel emphasized how it is community support which makes this all possible.

"With the community donating what they donate to us, it's mind blowing how much they actually give ... it keeps on coming in," he said, adding they have some donors from as far away as Winnipeg and Brandon.

"We take a look at everybody who hands in a request, and we try to fulfill everybody's wishes to the best of our ability," he added, noting that "police, medical and fire, that's protective services for our community, and they're very prime for us."

## Winkler's new snow parking ban now in effect

By Ashleigh Viveiros

The City of Winkler isn't messing around this year when it comes to parking on public streets after snow storms.

Winkler's new snow parking ban went into effect on Oct. 1 and remains active until April 30.

The bylaw allowing the ban was approved by city council back in spring of 2022, though it took some time to sort out how it would be implemented, so this is the first winter parking bans will be in effect.

Throughout the next six months, the City will be implementing community-wide snow route parking restrictions to allow workers to more easily and efficiently clear the streets after it snows.

During these bans, parking on public streets will be prohibited until roads have been cleared to the curb.

Winkler has never had snow parking ban before, but the growth of the community has made it a necessity,

says city manager Jody Penner.

"We've pretty much just coped in the past," he says. "But it's become clear that it's just gotten too difficult with people parking in the street and then we're having to go around them, so that takes more time and we're having to come back later to do more cleanup.

"As we look to become more efficient in all of our departments, that just became one thing that we thought it shouldn't be that hard for us to address."

When city staff head out to clean the roads after it snows, they're tackling 130 kilometres worth of streets, 60 km of sidewalks, and 59 cul-de-sacs.

They generally focus on the primary roads first and then move on to secondary ones, Penner says, and the

goal is always to get it done as cleanly and quickly as possible so traffic can return to normal.

"Generally speaking, we can get the city cleared in a couple days," he says

Not having to dodge parked cars will be a welcome change for the team responsible for snow clearing, Penner says.

"We've also heard from some residents that they're encouraged by us doing this because it's frustrating also for residents who

have to drive around these big piles of snow when people have parked on the street during snow clearing. So I think overall it feels like something that's welcomed by the community."

Public notice will be given 24 hours before a parking ban goes into effect. These notices will be posted on the

City of Winkler website and social media pages. People can also sign up through Connect Winkler to receive text alerts (head to [www.cityofwinkler.ca/p/connect-winkler](http://www.cityofwinkler.ca/p/connect-winkler) or call 204-325-9524 ext. 1106 for details).

"We're working very hard to make sure we communicate well when there is going to be a parking ban," Penner stresses. "We're using various media to do that ... we're trying to do everything we can to notify people"

Not every minor snow fall will result in a parking ban.

"It gets triggered for more major snowfall events," Penner explains. "Five or seven centimetres or more. We typically only have about nine or 10 of those events in a year."

If you fail to heed the alerts and still park on the street, you could receive a ticket or your vehicle could be towed at your expense.

Learn more about Winkler's new snow parking ban online at [cityofwinkler.ca/p/snow-clearing](http://cityofwinkler.ca/p/snow-clearing).

**"IT'S BECOME CLEAR THAT IT'S JUST GOTTEN TOO DIFFICULT WITH PEOPLE PARKING IN THE STREET ..."**



# Staffing shortages remain a challenge for RHA

By Lorne Stelmach

There are many challenges facing the health care system, but widespread staffing shortages are likely the biggest priority.

The continuing need for both retention and recruitment came up as a key topic at the annual meeting of Southern Health-Santé Sud held online last Wednesday.

"We're working very hard on our recruitment issues ... we are experiencing unprecedented vacancies after COVID," said chief executive officer Jane Curtis.

She highlighted a number of provincial initiatives such as the recent recruitment campaign to bring health care workers from the Philippines to the province, which attracted interest from over 300 nurses and health care aides.

"We expect about 40 of those health care providers by the end of the year, and our first one will be starting at Lions Prairie Manor [in Portage] sometime in the new year," Curtis shared. "We also really want to focus on training, increased training in the province. We obviously want to grow

our own, and I think there's lots of opportunity to do so.

"One thing that makes it a lot easier for residents in Southern Health is they can take training courses within our region," added Curtis, noting LPN programs are happening in a number of locations, including Morden, and the province has added 400 additional nursing seats overall.

"We're looking at our future workforce and trying to build that capacity," she said. "Our number of nursing students has grown from around 35 last year to over 160 this year, so huge increase in the number of nursing students who are right now in our regions.

"We have to be diligent; we have to always be thinking about other ways of recruiting and training and also retaining our staff."

Denis Fortier, vice president of medical services and chief medical officer for the RHA, also noted there's been an increase in education spots for physicians from 110 to 125 this year and to 150 over the next couple of years

"It's a longterm investment, but

that's still an important event ... as well we've increased the number of seats for internationally trained physicians from 20 to 25 and to 30 next year."

"Our recruiters go across Canada to attend job fairs," he added.

The annual meeting otherwise covered a lot of ground, with both Curtis and board chair Adam Monteith touching on the health authority's new five-year strategic plan.

Curtis highlighted the addition of purposeful innovation as a new core value.

"Innovation is truly about reimagining. It's not just about doing things the way we've always done them ... in many ways, the pandemic forced our hand towards innovation," she said. "It expanded and elevated our way of thinking to create our new vision of healthier people, healthier community.

"This region has historically had the reputation of finding new ways to make things work," she said.

"It's how we transform the vision into action ... always keeping in mind our mission of providing safe, accessible and sustainable people centred health care," added Monteith.

He also highlighted several significant capital projects in the region, including the Boundary Trails Health Centre expansion.

"The first phase of the Boundary Trails Health Centre renovation and

expansion project will add new acute care in-patient beds and provide a larger, more modern space for programs."

As well, there is the new renal dialysis unit at Bethesda Regional Health Centre in Steinbach as well as additional acute beds and medical capacity, while site preparation has been done for the new Portage Regional Health Centre. There is also the new Boyne Lodge personal care facility in Carman and the expansion of the Rest Haven facility in Steinbach.

These kinds of projects are vital to help them meet the increasing needs that come with a significant increase in the region's population.

"This past year alone our population grew by more than 6,000 people—an amount greater than many of our rural communities," Monteith noted.

"Of course, this has a substantial impact on our health programs and services. The challenge we face because of the population increases are large factors in our discussions at the board table. We know that opportunities are always embedded in our challenges."

Curtis added one of those key challenges continues to be addressing wait times and waiting lists. She highlighted the additional capacity added at Boundary Trails Health Centre for an additional 120 hip and knee replacement surgeries.

Continued on page 10

"WE HAVE TO ALWAYS BE THINKING ABOUT OTHER WAYS OF RECRUITING AND TRAINING AND ALSO RETAINING OUR STAFF."

## Southern Health-Santé Sud hands out service awards

### Longtime Winkler doc named physician emeritus

By Lorne Stelmach

The annual meeting of Southern Health-Santé Sud also saw the regional health authority present its annual service awards, including an honour for a longtime Winkler physician.

The honorary designation of physician emeritus is given to someone who is retired or semi-retired to recognize their contributions and accomplishments over their professional careers within Southern Health-Santé Sud.

Denis Fortier, vice president of medical services and chief medical officer for the RHA, announced the honour is being given this year to Dr. Don Klassen in recognition of over 45 years of service.

Over that lengthy career, Klassen has provided a broad scope of medical services and served in other vital roles such as with the Boundary Trails Health Centre clinical teaching unit, noted Fortier.

"Dr. Klassen is an integral part of the medical

team at Boundary Trails Health Centre and at the CW Wiebe Medical Centre in Winkler," he said. "He has been an exemplary champion of rural medicine ... locally and provincially, he has long championed the importance of medical education."

Other service awards included:

- Quality service awards: Gisele Gagnon, home care administrative assistant; Christine Gundrum, a registered nurse at Lorne Memorial Hospital; Denise Hoepfner, business and finance analyst; Jennifer Hyra, disability case co-ordinator; Janelle Lapointe, site lead at St. Anne Hospital; Edna Vandekerchove, a registered nurse at Lorne Memorial Hospital.

- CEO achievement award: Bonny Soper, ward clerk and accounting at Gladstone Health Centre for over 39 years of service.

- Team award: finance leadership team including Ainsley Wiebe, Darren Tindall, Danielle Dupuis, Denise Hoepfner, Jeanne Audet, Lovepreet Sidhu and Carrie Lynne Tetrault.



SUPPLIED PHOTO

Dr. Don Klassen, a longtime Winkler doctor, was honoured by Southern Health-Santé Sud last week with the designation of physician emeritus.



# Outgoing PVWC CEO reflects on a busy seven years

By Lorne Stelmach

His tenure as the chief executive officer for the Pembina Valley Water Co-op only lasted seven years, but Greg Archibald dealt with every just about every issue imaginable in that short time.

There were not only significant capital projects needed to deal with capacity issues, but also everything from flooding to drought to a global pandemic.

"Those things all required a whole different way of doing things. There was no textbook," Archibald said recently as he began a transition period that sees former Dale Toews step into the CEO role. "We've had to work through a lot of things over the last number of years, but I think we've accomplished a lot ... there's still lots to do, and there always will be ... but I think we're in a good place."

Hailing originally from Nova Scotia, Archibald worked in Alberta for 18 years and then in Saskatchewan in the pulp and paper sector. A move to southern Manitoba brought him to a flax processing operation before then working for a time at Decor Cabinets in Morden as an operations manager.

The CEO job with the water co-op seemed to be a good fit for him, considering he had been utilities manager at the pulp and paper plant, so he knew a lot about water and wastewater.

His tenure with PVWC included six years as a Manitoba board member on the Canadian Water and Wastewater Association as well as on the executive of the Red River Basin Commission to represent the 14 municipalities that are members of the co-op.

The CEO role has put a lot on his plate, but Archibald has enjoyed all of the challenges.

"The level of delegation to me was pretty extensive, so there was the idea that I would have to go find money, I would have to raise capital, deal with banks and deal with all of these things," he noted.

"We run it as a for-profit even though it's a not for profit, and it's really about keeping the water rates as low as we can for the consumers but staying out in front of the economic development so that the water is there for the 14 municipalities when

they need it."

One of his first major tasks was a request for proposals related to banking to find the best deal as part of working out funding ideas. Then came the need for expansion of the system's capacity.

"Probably the biggest initiative in the time that I've been here is really aggressive expansion to be able to provide the water," Archibald said.

Early on, the co-op was in the middle of turning the treatment plant at Stephenfield from a lime plant to a membrane operation to help increase capacity. Then the attention turned to Morris to increase the capacity there.

"This was part of the picture as to where we wanted to go to get the water moving," said Archibald, explaining that a key part of the work was installing a 12-inch pipeline from Roland into the Morden-Winkler corridor.

Next came the province wanting to shut down the treatment plant at Carman and have the water co-op provide the water supply there

"We didn't have the capacity at Stephenfield, and so we worked with the province and the feds ... and it ended up that the town put a big reservoir in, but we had to upgrade the treatment plant at Stephenfield significantly."

More recently, much of the focus has been on the Letellier plant.

"It was the most difficult and kind of got put off a little bit, but the wa-

ter usage in the corridor is significant, so we were at the point where we needed another lift."

The first step was a new four million litre reservoir for more water storage.

"That project is a \$16 million project, and we're currently about 85 per cent complete on that," Archibald noted. "So we're kind of getting ready for a big plant upgrade at Letellier."

A key issue became the fact they weren't able to pull the water out of the river because of the low levels, so they had to install new temporary pumps.

"As we were looking at the river, we found there was one spot, a different spot, that was a deep spot, so if we had the intake located there, it would be a good idea. We had already planned on putting in more capacity to help the plant upgrade, so here it is.."

That project has now been tendered and awarded, but the contract is still to be awarded for the pipeline.

"That would get us in a place where we could pull significantly more water," Archibald noted. "So from an availability perspective and a licensing perspective, we will have water there that's allocated for the future for future growth and development."

The drought particularly became a severe issue for the region, but especially for Morden.

"We worked hard to support it. At one point of time, we were probably supplying half of their water," said Archibald.

"We tried to strategically put the water in the right places, say up in St. Claude and Haywood. We allowed them to keep water so they could feed the dairy cattle," he said for example.

"We learned a lot about our system with the drought," he continued. "We learned where's the backup, how much do we really need? We learned and came to appreciate that about 30 per cent of the water produced goes into the ag sector ... a significant amount of water goes into the ag sector."

"But then, in the one year, we had this terrible drought. The water level flows dropped significantly ... and I could almost walk across the Red River without really getting wet," Archibald said. "And then the very next year, in the spring, we had a major flood."

Archibald added even COVID posed a challenge, as they had limited personnel at the water plants, so there was the question of what would happen if everyone was sick.

"We were very close a couple of times to not having an operator.."

In the end, after working through all of these challenges, Archibald feels the co-op is in a better place.

"Probably the thing I've pushed



PHOTO BY LORNE STELMACH/VOICE

Greg Archibald has served as the PVWC's CEO for seven years. He's retiring this fall.

the hardest is putting systems and processes in place and bringing people along," he said. "We've got now a really good system of training and certifications. We've got good, quality operators at all of our plants and distribution system ... so I'm kind of proud of what we've been able to accomplish.

"The challenge, as we move forward ... is we need another upgrade at Letellier, and it's somewhere between \$20 to \$25 million, and the province has said they might give us \$10 million," he added. "And as the development continues to grow in the corridor, and everybody needs a little bit more water, we just get tighter and tighter, so now is the time to try to figure it out."

## > RHA AGM, FROM PG. 9

"We still have backlogs of patients waiting for treatment, and we have volumes of people requiring support for mental illnesses," she said. "These are real challenges and uncertainties. These are ongoing pressures that we are working on to address in many different ways ... our resolute commitment is always to our patients.

"The impact of the global pandemic on wait times has been significant. We continue collaborating with the

provincial diagnostic and surgical task force, putting into practice recovery measures to support access to care and to improve wait lists."

Financially, Southern Health-Santé Sud saw revenue remain stable at about \$430 million while expenses increased to \$460 million, so it left the health authority with a deficit of approximately \$30 million. The accumulated surplus though remains at \$59 million.



# New owners cut the ribbon on Big Tree Properties

By Ashleigh Viveiros

Tim and Tammy Suderman have big dreams for Big Tree Properties.

The couple recently purchased the property management business and held a ribbon cutting at their offices at 205 Main St. in Winkler last week to celebrate.

It was too good an opportunity to pass up, observed Tim Suderman, as Big Tree is a perfect fit with his existing business, Urban Plains Management.

"I've been managing condo corporations for the last 10 years, and it was always more of a side-line business for me," he said. Incorporating Big Tree into the business was a great way to expand. "We sat down and we hashed through a few things about where we wanted to be ... and the opportunity just kind of took off from

there."

Suderman said they're still assessing how many properties they'll be overseeing under the Big Tree mantle.

"We're still working through some of the numbers. It's been only a few days that I've been in the office, so just getting caught up with who my staff are, what we're all doing.

"Some of the feedback is that some of the properties we've seen a reduction in because of interest rates," Suderman said, noting some investors have seen their rates double or even triple, leading to a number to begin selling off properties. "We have lost some due to that, so we're still working on a total number."

Big Tree oversees a diverse portfolio of rental properties in Winkler, Morden, and Plum Coulee on behalf of property owners. They see to all the day-to-day aspects of running a rental



PHOTO BY ASHLEIGH VIVEIROS/VOICE

From left: Tammy Suderman, Sarah Penner, Tim Suderman, Eva Wiebe, and Mayor Henry Siemens cut the ribbon on Big Tree Properties last week. The Sudermans are the new owners of the property management business.

property.

"We place tenants into homes, we screen tenants, we collect rent, we fix stuff," Suderman said. "If the dishwasher breaks, [property owners are] not getting the phone call. We get the phone call and we go fix it."

There are a lot of people looking for places to rent in the area.

"In the short amount of time that we've taken ownership, we've had many, many conversations with people who are looking for properties,"

Suderman said. "So that's the goal is to keep developing that and have options available."

The merger of Big Tree with Urban Plains is a work in progress, Suderman noted. People will continue to see both names out in the community, but eventually it will all be under the Urban Plains Management banner.

"We are one and the same," he said, adding that they are keeping on all three of the existing Big Tree staff members.

## > TOP 40 UNDER 40, FROM PG. 7

voice in trying to make things better for them," he says. "I think the experience would have been different if I was in an entirely administrative role and not being able to practice with the group.

"I think it's harder doing both at the same time, but it's given me a unique perspective on things. It helps me advocate for some of the changes I've been able to put in place over the last few years."

There are a lot of inefficiencies in the medical system, Dhala observes, and he's tried to tackle some of them to improve conditions for staff and patients alike.

"It's hard to complain about things if you don't participate in making changes," he says. "I'm someone who, if I get frustrated with something or something isn't working, I would like to find a way to change it. That's what drew me to more of the administrative work I'm doing."

Having a hand in lots of different aspects of medicine—primary care, emergency care, long term care—

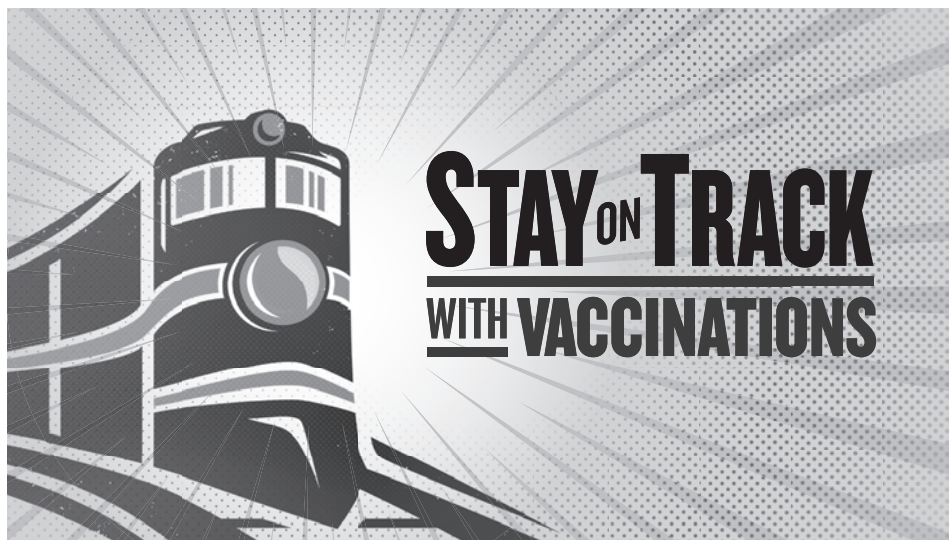
also gives him a broader perspective in his work.

"There's lots of benefits in working in all of the different areas because you can see, at least from an administrative perspective, how the different components of the system interact," Dhala says, "and you can have that big picture view."

Likewise, as a clinician he's able to help guide patients and their families through what to expect when they're moving through the system—receiving cancer treatment or getting surgery or entering a care home—because he's had firsthand experience in all those areas.

"In some ways it can be difficult working in all of the different areas, but in other ways it's complementary because you have insight into all the different areas ... and it can help you communicate with your patients who have to navigate the system."

Dhala and his fellow Top 40 winners will be honoured at a celebration in Winnipeg Nov. 3.



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# Winkler Co-op hands out \$3.5M in equity cheques to members

By Ashleigh Viveiros

Winkler Co-op celebrated Co-op Week by handing out \$3.5 million in equity cheques to its members.

"It's a significant increase over last year and we're glad to be able to do it," says general manager Evan Toews, who noted the Co-op allocated approximately \$6 million in equity overall to its 20,200 members for the past year—up from \$5.6 million in 2022.

Co-op Week Oct. 16-21 saw staff hand out the equity cheques at locations in both Winkler and Morden. If you didn't make it down to the store to pick yours up, it will be mailed to you.

It's always a fun week for staff and members alike, observes Toews.

"We get tons of people coming in looking for their cheques, and usually everybody is pretty happy about it," he says, noting they also mark the week with sales specials and gift card giveaways.

These rebates are the hallmark of what it is to be a Co-op, Toews says.

"If you think about all the business that you do personally or for your company with Co-op, all those profits stay here. One hundred per cent of



PHOTO BY ASHLEIGH VIVEIROS/VOICE

Winkler Co-op general manager Evan Toews with Chantal Klassen behind the equity cheque table last week. Co-op handed out \$3.5 million in equity cheques to members this year.

them stay here in the community. This is one way that we get to give back on top of the donations we do each year."

The Co-op has had a successful couple of years, which has allowed it to pay off some debt and head into the future on solid financial footing, Toews says.

"We do see some challenging years ahead, but at least we are able to give

back when we can," he says, noting rising inflation are making times tough for everyone. "There's so many unknowns in the world today, so we want to make sure that we plan for as many of those as we can ... and try to keep everything as stable as possible locally."

The Co-op continues to grow every year, welcoming about 100 new mem-

bers each month.

They're also in the midst of a potential merger with the St. Joseph Co-op that would see the addition of a gas station/convenience store and agro centre to the business (members vote on that proposal this week).

Winkler Co-op also recently purchased the assets of Rosenort Co-op. They take possession Oct. 28.

"They chose to sell their assets and we've elected to buy them and continue to run a grocery store and a card lock in the community," Toews says, adding that Winkler Co-op already does a fair bit of business in Rosenort in petroleum and lubricant sales. "It borders the Lowe Farm area, so it's a good natural fit and helps us to expand our food department into that area as well.

"We're excited to see where that's going to go and the support we'll get out of that community."

Toews thanks Winkler Co-op members across the region for their ongoing support of the business.

"We don't take it for granted," he stresses. "We want to give everybody the best service and the best quality we can."

# Wab Kinew sworn in as new premier, unveils cabinet

By Voice staff

Wab Kinew was sworn in as Manitoba's new premier at a ceremony at The Leaf in Winnipeg last week.

"Manitobans have entrusted us with the great honour of leading our province and I do not take this responsibility lightly," Kinew said. "I am proud of the team we have assembled to get real results for Manitobans on the issues that matter most—fixing health care, making life more affordable and bringing Manitobans together to build our shared future.

"We will work together to grow our economy and ensure that more Manitobans can join the workforce, join a union and join the middle class. I am humbled by the privilege of forming our province's next government and I look forward to the work that lies ahead."

Also sworn in were the 14 members of Kinew's cabinet:

- Uzoma Asagwara (MLA for Union Station) – deputy premier, minister of health, seniors and long-term care;
- Ron Kostyshyn (MLA for Dauphin) – minister of agriculture;
- Matt Wiebe (MLA for Concor-

dia) – minister of justice and attorney general, keeper of the great seal of the province of Manitoba, minister responsible for the Manitoba Public Insurance Corporation;

- Nahanni Fontaine (MLA for St. Johns) – minister of families, minister responsible for accessibility, minister responsible for gender equity;

- Bernadette Smith (MLA for Point Douglas) – minister of housing, addictions and homelessness, and minister responsible for mental health;

- Nello Altomare (MLA for Transcona) – minister of education and early childhood learning;

- Ian Bushie (MLA for Keewatinook) – minister of municipal and northern relations, and minister of Indigenous economic development;

- Malaya Marcelino (MLA for Notre Dame) – minister of labour and immigration, and minister responsible for the Workers Compensation Board;

- Jamie Moses (MLA for St. Vital) – minister of economic development, investment, trade and natural resources;

- Lisa Naylor (MLA for Wolseley) – minister of transportation and infrastructure, minister of consumer pro-

tection and government services;

- Adrien Sala (MLA for St. James) – minister of finance, minister responsible for the Public Utilities Board, minister responsible for Manitoba Hydro, minister responsible for the Manitoba public service;

- Renée Cable (MLA for Southdale) – minister of advanced education and training;

- Tracy Schmidt (MLA for Rossmere) – minister of environment and climate change, minister responsible for Efficiency Manitoba; and

- Glen Simard (MLA for Brandon East) – minister of sport, culture, heritage and tourism, minister responsible for francophone affairs, minister responsible for the Manitoba Liquor and Lotteries Corporation.

In addition to his premier duties, Kinew (MLA for Fort Rouge) is also taking on the role of minister of inter-governmental affairs and international relations and is the minister responsible for Indigenous reconciliation. This is a first for a sitting Manitoba premier.

The premier noted the important message this sends to leaders of Indigenous nations in Manitoba: that

they will be treated as leaders of governments, much like the relationship between the province and its federal and municipal counterparts.

Kinew is the first First Nations premier of a Canadian province. Asagwara, deputy premier and minister of health, also makes history as the first Black and non-binary person to hold the role of deputy premier. Smith and Fontaine are also the first First Nations women to be appointed to Manitoba's cabinet.

"Our government is ready to get to work on the strong mandate given to us by Manitobans to improve health care, make life more affordable and bring Manitobans together," said Kinew. "I have every confidence in the team of skilled and passionate individuals who have answered the call to serve in cabinet. I am grateful for their commitment to working diligently and collaboratively on the issues that matter most to Manitobans. I look forward to the varied perspectives they will bring to the cabinet table, representing the diversity of our province as a whole."



# Eli Barsi performs in Manitou next week Sat.

By Lorne Stelmach

Eli Barsi is a genuine farm girl who has independently taken her career to all parts of the country as a full-time singer-songwriter, musician, and artist.

She has been a frequent visitor to this region for everything from Cowboy Christmas events to performances at Bella's Castle and book readings at the local libraries.

Suffice to say, she has a bit of an affinity for the Pembina Valley region.

"It's been quite a few trips over that way. We really love the communities there," Barsi said in advance of her Nov. 4 show at the Manitou Opera House organized by the Manitou Opera House Foundation. "I think we connect with the communities in the area. I'm a farm girl, and both my art and my music is relatable."

Barsi's music is a special blend of western retro roots, Canadiana country, bluegrass, folk and gospel. A prairie girl from southeastern Saskatchewan, her traditional minded music is layered with an undeniable clear vocal, melodic yodelling, and 'Carter Scratch' style of lead acoustic guitar.

She has spent a lifetime playing music, with over three decades of professional road work that has resulted in international radio airplay, full-time touring, and many award accolades, including the Wrangler Western Heritage Award. Only two Canadians have received this honour, with the other being Ian Tyson.

Barsi's show features John Cunningham on percussive upright bass and harmonies along with Anthony Kelly on lead guitar, mandolin,

Continued on page 19



SUPPLIED PHOTO

Eli Barsi brings her music and artwork to the Manitou Opera House next week Saturday, Nov. 4.

## Opera house hosting art shows

By Lorne Stelmach

Eli Barsi has made a career out of her music for over three decades, but her creativity now also extends to artwork.

It is something special then for her to not only be bringing her traditional country, folk and roots music to Manitou next week, but her visual art as well.

"I'm thrilled about it. This is the direction I've been wanting to go, as I'm usually going in all different di-

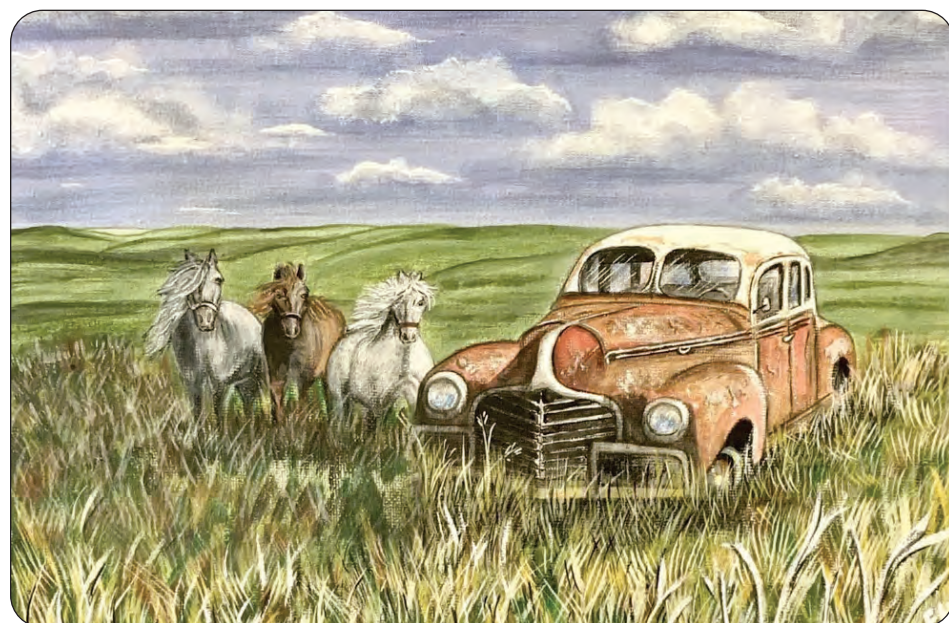
rections doing my music or my art," Barsi said last week in advance of her performance at the Manitou Opera House. "I've been trying to combine it as often as I can now."

Barsi has added her passion for art as a side business with her Prairie Girl Gallery and Gift Boutique in Moosomin, Saskatchewan, where she also offers two books: *Poems & Paintings from a Prairie Girl* and a children's book called *Beneath the Prairie Sky*.

Her artwork includes original commissioned paintings and canvas

prints as well as transformations of recycled and reclaimed prairie treasures and antiques.

Continued on page 15



SUPPLIED PHOTO

One of Barsi's paintings on display at the opera house gallery this month.

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# FTC going Back to '80s

By Ashleigh Viveiros

Flatlands Theatre Company is going back in time for its fall show next week.

The Winkler theatre troupe performs *Back to the 80s* at the P.W. Enns Centennial Concert Hall Nov. 2-5.

"It's a parody of *Back to the Future*," explains director Jeannette Hoepfner.

Modern teen Mary Fitzfry finds herself sent back in time on a flying hover board built by the eccentric Professor Gelb. She goes on an adventure in the tubular '80s, meeting her own protective mom as an adventurous teen. Together they set out to fix problems caused by time travel shenanigans.

The play is packed full of references to the TV shows, movies, and music of the decade, says Hoepfner, noting their cast of 37 depict about 100 different characters during the show.

"We have so many callbacks to shows and movies and even cartoons of the '80s coming to life," she says, adding there are also dozens of familiar musical beats sprinkled throughout. "It's really a celebration of everything '80s."

*Back to the 80s* was penned by playwright Dean O'Carroll, who was also behind FTC's *Star Stars: The Franchise Awakens* parody a few years ago.

This script was a hit with FTC veterans.

"Everyone was saying 'We have to do this,'" says Hoepfner, noting it has broad comedic appeal, even if you don't remember the pop culture of the decade.

Denice Pauls plays Professor Emma Gilb. It's a crazy character she's enjoying diving into.

**"I THINK THIS IS DEFINITELY THE FUNNIEST SHOW THAT WE'VE DONE IN AWHILE."**

"I'm essentially playing Doc, and I'm very, very pumped about that," she explains, noting she wasn't sure at first if she was going to use Christopher Lloyd's performance as inspiration but admits some of those classic Doc mannerisms are

certainly in evidence. "It just kind of happens and I tend to be okay with the whole manic scenario so ..."

Pauls says cast and crew alike are having a lot of fun bringing the decade to life.

"If you watched TV or movies in the '80s, at some point during the show you're going to be like, yes, that's my favourite thing," she says, listing just a few of the homages—everything



PHOTO BY ASHLEIGH VIVEIROS/VOICE

From left: Denice Pauls, Klages Klages, and Cheyenne Thiessen run through a scene from *Back to the 80s*, the *Back to the Future*-inspired parody Flatlands Theatre Company performs at the Winkler concert hall Nov. 2-5.

from *Perfect Strangers* and *Golden Girls* to *Gremlins*, Michael Jackson's *Thriller*, and *Bill and Ted's Excellent Adventure*. There's even one character who speaks entirely in catchphrases from the decade.

"It's going to be a super fun show," Pauls says. "It's funny and it's entertaining and it's so colourful. Even if you don't get all the references, you're going to find a reason to laugh."

Cheyenne Thiessen plays Mary, and while she certainly isn't old enough know all the pop culture being referred

"Our director likes to refer to it as a series of pop-up ads for different '80s movies and things," she says. "My dad got me to watch a bunch of '80s stuff when I was younger, things like the *Goonies* and *Gremlins*, so it's been fun ... it's got a lot of familiar characters in it and all the actors do such a good job of emulating the characters they're portraying."

"I think this is definitely the funniest show that we've done in awhile. There's a lot of laughs and a lot of nostalgia if you were around for the '80s."

Performances are nightly at 7:30 p.m. Nov. 2-4 and 3 p.m. Nov. 5.

For ticket information, head online to [winklerconcerthall.ca](http://winklerconcerthall.ca).

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• SUSTAINABLE LIVING

# Green Action Team report

By David Sawatzky, Green Action Team

2023 saw a small but dedicated group of local volunteers, led by the Manitoba Green Action Centre, join together to perform a Green Audit of Altona's largest public facility, the MEC (the Millennium Exhibition Centre including the Rhineland Pioneer Centre and the Altona Curling Club).

Melissa, Michael, Shayna, Winnie and myself worked hand in hand with leaders from the MB Green Action Centre to better understand how these buildings affect not only their own environment but the people of the community that use the facility as well.

Monthly meetings saw the Altona CAT (Climate Action Team) assess and analyze the facilities through six specific impact lenses: building and energy, transportation, waste, food, water and green infrastructure.

These meetings focused on how the MEC was currently performing in each category as well as forming ideas on possible improvements that could be made.

Data supplied by the Town of Altona as well as audits performed by the team gave an overall picture of how the building performed in each category. One example is that during the waste audit it was discovered that while we currently send 61 per cent of

our waste to the landfill only 30 per cent of our total waste is landfill material. Twenty-one per cent is actually compostable and another 10 per cent is recyclable. Another regarding water usage saw that 90 per cent of the entire MEC water consumption was related to building and maintaining the ice surface.

These observations were analyzed and improvement ideas were divided into three categories of action: short-term, mid-term and long-term.

Short-term actions were those that could be easily implemented, had a smaller effective cost and had an immediate impact on the building's performance. Mid-term actions would likely involve a little more effort or cost with positive gains being farther in the future. And long-term actions were costlier, more substantial investments for the facility.

Ideas were considered across all six of the areas of analysis with some possible actions being: programmable thermostats to properly adjust heating/cooling during usage, reducing water usage by improving flooding techniques, improving green spaces both indoors and outdoors and helping the general public to better understand the environmental impacts of not only the MEC, but buildings in general in the community.

This environmental assessment looked at the MEC specifically but the



PHOTO BY EDWARD VINCENT ARCENAL/VOICE  
James Culleton with the moving panorama, known as a Crankie, he and folk musician Daniel Pélouquin-Hopfner performed at The Gardens on Tenth last week as part of the Altona Home Routes tour stop.

skills and knowledge passed down from the Manitoba Green Action Centre will hopefully continue to be utilized by the Climate Action Team. The Green Audit could be applied to almost any building and help Altona take steps towards a greener, more environmentally sustainable future.

ACAN seeks to educate and inspire sustainable practices in our community. Follow us on Facebook, Instagram, [altonacan.blogspot.com](http://altonacan.blogspot.com) or email inquiries to [altonacan@gmail.com](mailto:altonacan@gmail.com) Give us a shout if you would like to be a Friend of ACAN.

## "I've been doing music forever, but painting has been something new"

From Pg. 11

She is inspired by her rural upbringing, and her traditional-minded perspective is reflected in all of her work.

"It feels like I've been doing music forever, but painting has been something new," Barsi said. "I've always enjoyed dabbling in art and making

things, but seriously dove in about eight years ago.

"The music definitely lends itself to it," she said. "The lyrics of my songs sometimes come out in a painting or the other way around as well.

"I just hope that people will come and enjoy," she noted. "I put a lot of heart and soul into every single painting, and I hope the pieces will touch people in some way."

In addition to the display of Barsi's work, the Manitou Opera House will also feature another art show during the month of November as a satellite gallery of the Pembina Hills Arts Council in Morden.

There will be a cross-section of prairie art, local and regional, on display with the *Twenty-six plus One* peer-to-peer show.

This traveling exhibition invited

artists to submit paintings, drawings, sculpture, photographs and mixed media, and the result is an eclectic collection of viewpoints

From Nov. 5-30, art show viewing hours at the Manitou Opera House will be Sundays and Thursdays from 2-4 p.m. The gallery will also be open a half hour before all public events.

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Prairie Belle Greenhouse is owned and operated by two sisters, Louise Penner and Barbara Froese. We always had a dream to have a greenhouse, but wanted to share our plants with others, and therefore started up the retail location of Prairie Belle Greenhouse in Morden right next to the Coop Grocery. Prairie Belle is a sweet little greenhouse that carries a variety of annuals, including flowers, vegetables, grasses, hanging baskets, potted planters and many small gift ideas for special occasions. We have wonderful staff who are very knowledgeable, and creative, and can put together beautiful pots custom made for you. We also carry a small selection of hard goods, seeds and houseplants. We are one of a select few MB greenhouses that carry the eco-friendly WallyGro wall hanging planters for indoor and outdoor applications. Personalized service is provided throughout your shopping experience as needed.

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Tangible Dreams Ltd. has been serving customers in the Pembina Valley and beyond since 1999.

“We are a design-to-build company,” says owner Melody Martens, explaining that means they work through the design concept with their clients, create custom drawings, source and schedule the trades needed, and handle all the administrative work that goes into the completion of projects.

“Trades say we run the tightest and best schedules,” she says. “That’s something that is important, as we know that during renos we are asking clients to sacrifice full function in their homes or businesses.”

Tangible Dreams does interior, exterior, residential and commercial spaces, as well as some outdoor yard design project management. They also offer custom blinds and window coverings for clients.

“We love renos, and that is our main focus, but we have worked with hundreds of projects for many local builders and developers on new construction projects as well,” notes Martens.

“The best thing about the job is the people, and the mathematical side of design process,” she says, adding she also loves seeing the before and afters of every project, as well as tackling the challenges that may arise “and then seeing the stunning results and the clients happy.”

“We have the best clients,” Martens stresses. “And I couldn’t do it without the great trade family I work with every day.”

Check out Tangible Dreams’ work on Instagram, Facebook, its website, [tangibledreams.ca](http://tangibledreams.ca).

**beautiful bend THERAPY**

Beautiful Bend Therapy is a private pediatric occupational therapy clinic located in Southern Manitoba. Providing a playful, child and family-centred experience while addressing the specific needs and goals of families who have children that may need some support in their development. These areas of development can include learning how to regulate through big emotions, stress, and energy, process their sensory worlds, build social-emotional skills, grow in visual-fine motor skills (such as printing), self-help skills, eating, toileting, sleep and more! **Not sure if OT is a fit for you and your child? Book a free consult today!**

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It is through play that children develop, adapt and tell their stories. We engage in play together to grow and develop skills that are challenging for your child. Play is the means in which we grow and learn. So get ready to enjoy a playful experience when you come to us at Beautiful Bend!

**Anita Froese**  
**Certified Life & Health Coach**

**The Fortified Lifestyle**

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In January of 2018, The Fortified Wife was launched. This site was established to help women and marriages navigate through their journey. In 2021, I graduated with my Life and Health Coach certification from the Health Coach Institute. I have had the honor of working with dozens of women, men and couples who find their way through difficult situations.

Tools are needed on these journeys; they help equip us and guide us toward our goals. The Fortified Lifestyle is one of those tools. This site is used in my coaching business and has helped many clients. I am genuinely grateful for the ability and strength to help clients work toward a place of healing and peace.

If anyone you know or for yourself, please know that I create a safe atmosphere and trust can be established.

Reach out! My email is [anitafroesecoach@gmail.com](mailto:anitafroesecoach@gmail.com).  
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# arts & culture

## Artist makes an Altona homecoming with new show

By Lori Penner

Friends, family, residents, and local artists recently gathered at the Gardens on Tenth Art Gallery in Altona to welcome the featured artist for the fall season.

Painter and ceramicist Tim Froese was born and raised in Altona and has since made his home in Winnipeg. His work is bold and exuberant, much like his personality.

Froese favours large portraits, ranging from his ancestral family to famous musicians to self-portraits.

Entitled *eye Level*, his exhibit features portraits grouped around the themes of Mennonite heritage, Froese's personal world, and a glimpse into his early period. Each of the 13 pieces comes with its own story.

The painting "Helena Toews" for example displays a confident woman in uniform, the family black sheep, and the woman his mother named as her hero. In 1945, she was an achiever, with degrees in nursing and social work.

The self-portrait "Permission" was painted in what Froese describes as a post-divorce fog. His first major canvas, the piece was a departure from

his regular style, and was a plunge into the unknown.

The son of a preacher and a stay-at-home mom, Froese says his art began with an inkling at the age of six.

"I started by tracing drawings, evolved to copying, and after that, drawing became almost an obsession."

After winning prizes at an art contest during a country fair at the Altona Sunflower Festival, and some encouragement from his Grade 6 teacher, Froese's passion for art flourished.

Shortly after graduating from W.C. Miller Collegiate, Froese moved to Winnipeg to obtain his teaching degree while also taking courses through the Winnipeg Art Gallery. After obtaining his degree in 1990, art continued to be a part

of his life. He soon began teaching art and later studied ceramics.

"My love of art kept growing, and my ceramic work, which featured cartoon cats through a Winnipeg gallery, really took off. It was pure fun and people were buying the stuff."

After a few decades of raising a family, working at a prison, and teaching, he longed to become a full-time artist.

"This thing just stays with you. I had the thought that I could go hard at my art aspirations. I followed that hunch, and it's just the last year that I can call

**"NOW PAINTING IS MY PASSION ... SO FAR MY FOCUS HAS BEEN PORTRAITS."**



SUPPLIED PHOTOS

The work of Tim Froese is on display now at The Gardens on Tenth.

myself a full-time artist."

Creating his own workspace led to other avenues, and soon the ceramicist became a painter.

"Now painting is my passion. The cats were the whimsical side of me, but painting tends to be more serious, and so far, my focus has been portraits. It's a bizarre thing because portraits are maybe the hardest thing a person can paint, because you're always trying to get this likeness, and people are always kind of judging you."

Today, art brings him joy.

"If I was able to pick up the 15-year-old Tim that I was, and kick-drop him into what I'm doing now, he wouldn't believe the stuff I'm doing. In the sense that I had this inkling to do art from way back, I have far exceeded what I thought I would do. For me, being fully retired, I feel like a kid in a candy shop all over again."

He describes his style as storybook realism.

"Every time you look at my work, you will immediately know it's a painting, but I want to infuse the painting with the character of the person I'm painting. It's about the celebration of the moment."

Froese says he is grateful for the opportunity to display his work back in his hometown.

"It's a lovely homecoming. For all

kinds of reasons, when I left Altona, it was cutting the ties. It wasn't a spiteful thing. It's been easy returning to my roots and it's incredibly rewarding. Some of my work is about my forebears, with a ton of admiration I have for them. I feel very fortunate that I was raised in a caring, loving home, and that's what matters in the Mennonite pieces."

The Gardens on Tenth Art Gallery began when the seniors' residence opened. Tenants Elizabeth Falk and Wes Sawatzky made it their mission to make sure that art would always be an important element in the interior spaces.

When Sawatzky retired from these efforts, Lloyd Loewen and Lois Braun were recruited to help Falk carry the mission forward, with the help of staffer Sara Bueckert. Together, they created a program where they identified one main space and a few secondary spaces and purchased and installed hardware for the rotation of three-month art exhibits throughout the year, usually one-person shows.

Froese is the third artist to participate in the program. Previous artists were Rick and Grace Kornelson, and Olga Krahn.

The upcoming winter season will feature the photography of Timmothy Loewen.





# Winkler Police make counterfeit currency arrest

By Voice staff

A 36-year-old Winnipeg man is facing a litany of charges after allegedly attempting to make purchases in Winkler with counterfeit bills.

On the afternoon of Oct. 14, Winkler Police were called to a business on Foxfire Trail after a man attempted to make a purchase using a counterfeit \$50 bill.

As officers arrived, they were flagged down by the manager of a second business on Navigator Road. Police were told that the same suspect had just tried paying for merchandise at this second store using counterfeit \$50 bills.

Officers found the man in a vehicle of the parking lot of the second business. Police spoke with the suspect, who provided fraudulently altered



WINKLER POLICE PHOTOS

Winkler Police confiscated a crossbow, counterfeit money, meth, and numerous pieces of stolen identification from an arrested suspect last week.

identification and claimed to be the person on the identification.

The man was arrested for uttering counterfeit currency. Following the arrest, police were able to confirm his identity and found he was the subject of 12 outstanding arrest warrants from various police agencies throughout Manitoba. Many of these arrest warrants were related to the use of counterfeit currency, and one was held by the Winkler Police Service in relation to a counterfeit currency investigation from early 2023.

Police also determined that the vehicle the suspect had been arrested in was stolen and that the licence plates on the vehicle were stolen from a different vehicle.



A search of the suspect and the stolen vehicle resulted in the seizure of fraudulent identification, numerous pieces of stolen identification, additional counterfeit currency, a crossbow with ammunition, and approximately 1.4 grams of methamphetamine.

In addition to the charges related to the numerous outstanding arrest warrants, the man has been charged with two counts of possession of property obtained by crime under \$5,000, possession of property obtained by crime over \$5,000, two counts of uttering counterfeit money, possession of counterfeit money, personation with intent, possession of a weapon for a dangerous purpose, and possession of Schedule I substance.

## > BARSİ, FROM PG. 13

lead, and harmony vocals, and Barsi herself on guitar, banjo, and lead and harmony vocals.

Together they offer a fresh take on traditional cowboy, folk, gospel and country music as well as original music that she hopes takes you to the places that she writes about in the songs.

"My original music is really written from the heart, and it's real stories about real people," Barsi said. "It's down to earth and it's genuine. I think anything generated from the basis is going to reach people."

"Regardless of the genre ... if you strip it down to just me and my guitar, it's just storytelling and folk flavoured," she continued. "The show will include quite a few of my originals with a nice mix of familiar standards in all sorts of genres."

"It's a fun, fam-

ily show," she suggested. "I think it's just a fun, positive show."

In addition to her music, Barsi has also focused on writing books as well as working in her newly established art gallery, Prairie Girl Gallery and Gift Boutique, in Moosomin. A selection of her artwork will be on display for a month at the Manitou Opera House, which is a satellite gallery of

the Pembina Hills Arts Council (see story below).

Tickets for her show are \$25 and available by calling or texting 204-242-4287.

Organizing committee member Lindy Sharpe believes the audience will be enjoying a great evening.

"I felt like she was a really good fit for the kind of audience we were go-

ing to attract ... and she is a very, very personable lady," she said. "Her music appeals to me. I choose music that I like and that I think our audience will like."

"I think it's the kind of music that can span the ages. Anybody could sit down and enjoy this concert."



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# Goldsborough releases third Abandoned MB book

By Lorne Stelmach

Gordon Goldsborough is more surprised than anybody that he has now released a third *Abandoned Manitoba* book.

*On the Road to Abandoned Manitoba: Taking the Scenic Route Through Historic Places* follows earlier national bestsellers *Abandoned Manitoba* and *More Abandoned Manitoba*, the latter receiving the McNally Robinson Book of the Year Award in 2019.

"When I published the first book, I thought it was a one-off. I never thought by any stretch of imagination that there would be any more ... but it's obviously resonated far more than I would have believed," Goldsborough said last week in advance of a series of talks at the five branches of the South Central Regional Library.

"I did the first book back in 2016, and I kind of thought I had done it all. I didn't anticipate there would be any more demand, and yet there was, so I did the second book and likewise thought I had covered all the topics.

"This is probably the last. I think I've tilled this ground thoroughly enough that I think I want to move on to something else ... but each time, I think I've got so many good stories that there can't be any more good ones, but I find out there's actually a lot of good ones yet."

Goldsborough is an active member of the Manitoba Historical Society and has written four books on Manitoba history. He also has a weekly series on Manitoba history on CBC Radio 1 in addition to a weekly column on Manitoba history in the *Manitoba Cooperator* newspaper.

In his latest book, he hits the road in search of adventure and little-known stories from Manitoba's past.

Among the places he visits are underground radi-



SUPPLIED PHOTOS

Gordon Goldsborough's latest *Abandoned Manitoba* book is out now.



ation monitoring posts from the Cold War, a remote hydroelectric generating station, cruise ships on the Red River and the original route of the Trans-Canada Highway.

He always aims to not cover too much of the same ground in his stories.

"I want each story to be unique. There's lots of variations on a theme," he said, citing such examples as the transformation from one room schools or the disappearing grain elevators where one example tells the story for all cases," said Goldsborough. "I think for me, the interesting part, is that I'm constantly finding things that I had never heard about before though, so this is what keeps me motivated."

A good example is his discovery of radiation fallout reporting posts that were put in place back in the early 1960s during the Cold War out of concern about nuclear war.

He estimated there were about 2,000 stations overall in Canada including about 200 in Manitoba, and they were often in the basements of federally operated locations such as post offices like one in Deloraine. In other cases, it was a hole in the ground covering what looked like a large culvert.

"In some cases, we may have been the first people to climb down into them since the 1960s," said Goldsborough.

Another favourite story is what he calls The Pine to Prairie Relic Run where five old antique cars drove from the Ontario border to the Saskatchewan border fol-

lowing, as much as possible, what remained of the original trans-Canada highway route.

"One of the things that I was trying to reconstruct were the routes of the original provincial highways in Manitoba. In some cases, they follow the present day route, but in some cases, it is quite different," he noted.

"So we followed it at least as best as we could because there were sections that we simply couldn't drive because they were gone," Goldsborough said, noting it produced the book's front cover photo showing a Ford Model T on an old section of the road. "And we had more problems with the modern vehicles that were coming along."

Perhaps above all else, Goldsborough likes to show what all the province has to offer, including its rich history.

"I think Manitoba is a beautiful place to live, and you appreciate it more when you have the time to go by slowly," he said in contemplating the slow pace of the Pine to Prairie Relic Run.

"Part of my ulterior motive in this as well is to convince Winnipeggers that there are interesting things beyond the Perimeter Highway," he said. "I'm hoping by showing them some of the wonderful things I've found that it will motivate them to want to go out."

Goldsborough believes there are a few factors behind the popularity of his books.

"Part of it is that they are stories people haven't heard of before, and I go out of my way to try to find unusual stories," he said. "The other thing is it tells us about how Manitoba has changed. There's the other element as well that people simply enjoy finding out things about the past. People are interested in history for its own sake."

He always especially enjoys doing readings and events in rural Manitoba.

"It's somewhat self-serving because I get some of my best ideas from people," he added. "It's also just sharing my passion for Manitoba history."

Goldsborough will be at the library in Altona on Thursday, Nov. 2 at 6:30 p.m. then at Miami Saturday, Nov. 4 at 10 a.m., Winkler Saturday, Nov. 4 at 1 p.m., Morden Tuesday, Nov. 7 at 6:30 p.m., and Manitou Wednesday, Nov. 8 at 2 p.m.

## The Funnies

PLANET GARRY By: Harrison Dell Inspired By: Bill Watterson





# sports & recreation

## Flyers still flying high

By Ashleigh Viveiros

The Winkler Flyers' win streak continues after victories against the OCN Blizzard and Neepawa Titans.

In Saturday's home game, the Flyers had a 2-0 lead for much of the first two periods thanks to back-to-back goals from Trent Penner and Brady Craik in the opening frame's sixth minute.

OCN made good on a power play to get on the board near the end of the second, but Winkler's Jacob Sargent widened the gap midway through the third for the 3-1 score that held through to the final buzzer.

Malachi Klassen made 20 saves in net off 21 shots. His teammates sent 45 the other way.

Monday afternoon the team faced Neepawa in the first of two games played in Winnipeg as part of the MJHL Showcase. Winkler was also scheduled to play Dauphin Tuesday afternoon, though results were not available at press time.

The Neepawa game was a rout, with Winkler keeping the Titans to just one goal while scoring seven themselves.

Zach Nicolas scored twice while singles came in from Dalton Andrew, Brady Craik, Mike Svenson, Spencer Shugrue, and Trent Penner.

Liam Ernst was between the posts this game. He made 10 saves as Winkler outshot Neepawa 51-11.

With that, Winkler's record is 9-0, which puts them at the top of the



Winkler's Trent Penner leaps to avoid the check attempt of OCN's Sebastian Hamming Saturday. The Flyers won it 3-1.  
PHOTO BY RICK HIEBERT/VOICE

MGEU East Division standings alongside the Steinbach Pistons with a couple games in hand. Winkler is in

second with 18 points, one behind the Pistons and one up on Niverville in third place.

This weekend the Flyers play in Steinbach Saturday and then host Niverville Sunday evening.

## Male Hawks split weekend games with Yellowhead

By Lorne Stelmach

They snapped their losing skid, but the male U18 Pembina Valley Hawks only managed to earn a split this past weekend with one of the teams they are pursuing in the standings.

The 10th-place Hawks picked up a 2-1 overtime win over the eighth-place Yellowhead Saturday but then dropped a 4-1 decision in the rematch

Sunday in Morden.

Lane Apperley's first goal of the season 1:10 into overtime gave Pembina Valley the victory in game one. Yellowhead had opened scoring in the first, but Kam Thomas's fifth of the season evened things in the third.

Shots on goal were 33-24 in favour of Yellowhead with Bryson Yaschyshyn earning the win with 32 saves.

Three powerplay goals made the

difference Sunday as Yellowhead broke open a 1-1 game after 20 minutes with four unanswered second period markers.

Jaxon Hildebrand and Ben Dias scored for the Hawks, who were vastly outshot in this game by a 44-19 margin. After giving up three goals on 16 shots, Ryler Gates was replaced by Yaschyshyn, who stopped 26 of 28 shots.

Pembina Valley sits in 10th at 2-6-0-1 for five points, which is one up on the Winnipeg Wild and one behind the Parkland Rangers.

The Hawks pay a visit to Eastman Friday evening and then face a tough task Sunday in hosting first-place Brandon, which came into the week unbeaten through eight games.

Check out the Voice online at [www.winklermordenvoice.ca](http://www.winklermordenvoice.ca) or [altonavoice.ca](http://altonavoice.ca)



# Altona trailblazer reflects on early days of professional hockey

By Ty Dilello

More than 40 years after he hung up his skates, Jerry Rempel can still remember the thrilling days of his hockey career — from small town shinny, to professional-league glory.

Rempel, now 79, was born in Altona, a small town just five minutes from the United States border in Manitoba on Dec. 21, 1942.

"We had lots of ice time being from a small town. We were playing at the old Sunflower Gardens arena for one-and-a-half hours after school three times a week, and the rest of the time, we'd play all day on the outdoor rinks," Rempel said, taking a walk down memory lane.

"Now there are apartments where the old rink was downtown. But we played on the frozen ponds, and all over. It was endless."

Rempel grew up idolizing Gordie Howe and would listen to him on the radio on Saturday nights when the Detroit Red Wings were playing in Toronto. That was the only time Howe and the Wings would be on the air in Manitoba.

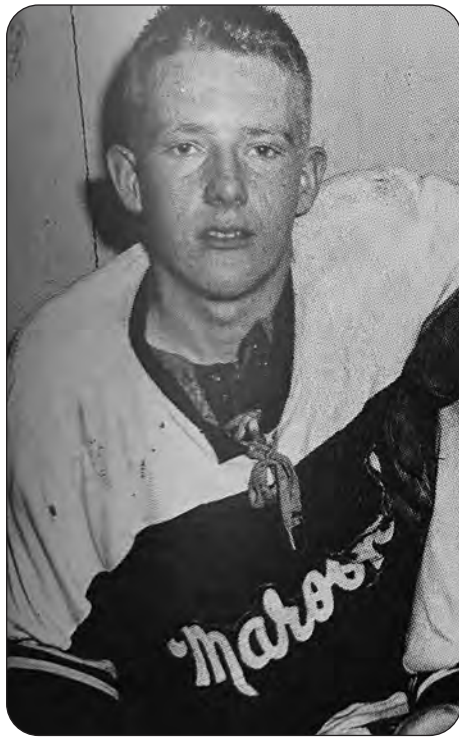
By the time he was 15-years-old, Rempel was already good enough to be playing for the senior Altona Maroons. He was considered as close to a hockey prodigy as Altona has ever had.

Around this time, Rempel signed a "C Form" with the Detroit Red Wings, making him property of the big-league club.

"Harry Sulkers was a playing coach for the Maroons, and I guess he saw something in me, and he recommended me to some of the scouts in Winnipeg. So, some NHL scouts came from Winnipeg to Altona to watch me, and the next thing I know I was signing with Detroit."

"I never got to attend any Detroit Red Wings training camps, sadly. They would take the top draft choices to the Detroit camps in those years, and I never got to go."

From there, Rempel went to the Saskatchewan Junior League and played



PHOTOS SUBMITTED BY JERRY REMPEL

Jerry Rempel was the first hockey player from Altona to sign a professional hockey contract and play pro hockey.

two seasons with the Weyburn Red Wings. In Weyburn, Rempel was teammates with goalie Joe Daley, who later backstopped the WHA's Winnipeg Jets to three AVCO Cups in the 1970s.

In 1963, Rempel officially turned pro, playing with the Philadelphia Ramblers of the EHL. And for the next three seasons, he played professionally across the eastern seaboard in cities such as New York, Providence, Jacksonville and New Jersey.

"I thought that going from Altona to Weyburn was a big adjustment going to a new and bigger city. But then when I went to Philadelphia, now that was a big adjustment, living in a major city for the first time."

"That Philadelphia Ramblers team was just like the movie Slapshot. It was the same thing. A lot of ex-NHLers played in that league because there were only six teams in the NHL then. I would go to training camp, and there would be 100 kids there trying to make the team."

Some of the players that Rempel

called teammates in the pros included Hall of Fame netminder Eddie Giacomin, Willie Marshall, Ab McDonald, Tommy Williams and Cliff Pennington.

"At that time, it was a bigger deal playing pro," recalled Rempel. "It's all changed so much since then, and the game has changed so much. I don't even know if it's the same game anymore."

In 1966, Rempel decided to pack in professional hockey and went out west to play senior hockey in Trail and Medicine Hat. By 1969, he was back playing senior hockey in Manitoba.

Through it all, the only championship that Rempel ever won in his career was with the senior Altona Maroons.

"Altona was a good place to get my start in life. When I was about 36 or

37, I was playing old-timers in Altona and living in Winnipeg. I came home one night really late because there were always late games there. And I figured that's it — time to stop playing hockey and so I haven't really skated since then."

Nowadays, Rempel is living in Winnipeg with his wife. He has two bad knees and doesn't get around too much, but still enjoys watching the hockey on television.

When looking back at his favourite hockey memories, Rempel said, "I guess just being a kid on the prairies, growing up in a small town, we were on the ice all the time and all over the place, on ponds, wherever there was a place to play. It was a great childhood, and that was mainly because of the fun I had playing hockey. I wouldn't change it for the world."

**"IT'S ALL CHANGED SO MUCH SINCE THEN, AND THE GAME HAS CHANGED SO MUCH."**

# Twisters best Victorias, fall to Charleswood Hawks

By Ashleigh Viveiros

It was a week of mixed results for the Pembina Valley Twisters.

The MMJHL team bolstered their record with a 5-1 win over the St. Vital Junior Victorias on Thursday, but then bowed to the Charleswood Hawks 4-3 on Sunday.

Merek Degraeve had a three-goal

night against St. Vital, with Riley Goertzen and Derek Wiebe also contributing to the tally.

The Victorias outshot the Twisters 30-26. Matt Grysiuk got the win in net for Pembina Valley with 29 saves.

It was a much more even match Sunday against the second-place Hawks.

Brett Bergman and Wiebe kept the

Twisters in the lead 2-0 after 20 minutes. The tide turned in periods two and three, though, with the Hawks scoring the middle frame's lone goal and then adding two more to Pembina Valley's one in the third, scored by Riley Goertzen.

Logan Enns made 27 saves in net for the Twisters. Pembina Valley had 34

shots on goal to Charleswood's 31.

With that, the Twisters are 2-3-1-1 for the season so far, good for six points. That has them in seventh place in the 10-team league.

Coming up, the Twisters play road games against the Fort Garry/Fort Rouge Twins Friday night and the River East Royal Knights on Sunday.



## Pelly's Lake biomass harvesting—replicating success on both sides of the border

Submitted by the Redboine Watershed District

A group of researchers, engineers and project stakeholders from the Red River Retention Authority (RRRA) in North Dakota made the trek north of the border this month to tour the Redboine Watershed District's Pelly's Lake project.

The group was hosted by RBWD district manager Justin Reid as well as staff from the International Institute for Sustainable Development (IISD).

The group was looking to tour an existing biomass harvesting site to help them in the planning stages of a similar biomass harvesting project in North Dakota. Having heard of the Pelly's Lake project before, and after meeting with RBWD staff at the Red River Basin Commission conference

this past January, they decided that a tour of the Pelly's Lake site was in order so that they could get a firsthand look at the retention area and the harvesting operation.

After enjoying the view from the park overlook and a look at the retention structure, the project history was discussed by Reid. The group then ventured into the wetland area to watch the biomass harvest.

Richard Grosshans, Bioremediation and Water Policy Lead from IISD, was there to give the group the details on the harvesting portion of the Pelly's Lake project. Grosshans has been involved with the harvesting there since it began in 2012 and has been involved with IISD's biomass harvesting research for over 15 years.

The group was shown some swaths of cattails that had been recently cut



SUPPLIED PHOTO

The Redboine Watershed District welcomed a delegation from south of the border recently to tour the Pelly's Lake project.



by the Prairie Agricultural Machinery Institute (PAMI) who has been IISD's partnering organization doing the actual harvesting work in the wetland.

In addition to the conventional harvesting methods shown by representatives from PAMI, the group was treated to a demonstration of a new harvesting technique with a tracked wetland harvester, owned and operated by KOMB Ag Services. IISD contracted KOMB Ag to come and test out the new equipment that they had purchased from the UK. The tracked harvester is the first of its kind in Manitoba.

The project tour and biomass harvesting demonstration were very informative for the group, and many were impressed with the size and scale of the project.

Keith Weston, a board manager from the Cass County Joint Water Resources District, who was one of the organizers of the RRRA tour group was asked about his thoughts on the

tour. He commented, "I was quite impressed with the commitment of the Redboine Watershed District to reduce phosphorus loading by harvesting and removing biomass from the Pelly's Lake Watershed. This type of watershed management and science is something watershed districts in the U.S. portion of the Red River of the North are looking to implement on new flood retention projects".

On behalf of the watershed district, Reid said he was "thrilled with the opportunity to showcase Pelly's Lake, and to help other organizations repeat the success that we have had here."

Further discussions are being planned between the RRRA group, IISD and RBWD. The group is looking to get together this coming January in Fargo at the annual Red River Basin Commission Conference.

Reid says he "looks forward to meeting with this group again to help continue the planning process for biomass projects in North Dakota."

## Hawks fly south for Minneapolis tournament

By Lorne Stelmach

The female U18 Pembina Valley Hawks had a break from league play but faced some elite competition at a weekend tournament in Minneapolis.

They went winless through their four games against San Diego, Dallas, North Dakota, and Anaheim, but three of those match-ups were close ones.

The first game Friday saw the San Diego Angels take period leads of 2-0 and 6-1 on their way to an 8-1 victory. Ava Dalebozik scored the lone goal for the Hawks.

The second game Friday saw Pembina Valley edged 2-1 by the Dallas Stars Elite Girls 19U team. Dalebozik again scored the Hawks goal.

The only game for the Hawks then Saturday saw Pembina Valley shutout

2-0 by the North Dakota 19U team.

The final game Sunday produced a similar result, with the Hawks falling 1-0 to the Anaheim Lady Ducks 19U team.

League play resumes for the Hawks

this weekend with home games against the Winnipeg Ice Saturday and Winnipeg Avros Sunday.

Pembina Valley comes into the week in fourth place with a 3-3-0 record for six points. It has them even with the

Ice and two up on the Avros, although both of those teams have games in hand. Just one and two points ahead of the Hawks are Eastman and Westman.

## Bombers fall in SEMHL opener

By Ashleigh Viveiros

The South Eastern Hockey League season got underway last weekend with the Warren Mercs handing the Morden Bombers a 4-2 loss.

Morden drew first blood just three minutes in thanks to Jaden Townsend, but the Mercs got that back before the first intermission and then added a

second goal early in the second period.

The third saw Warren bolster their lead to 3-1 before Morden's Sven Schefer got the team's second and last goal of the night eight minutes in. One more from Warren on an empty net cemented their win.

Brady Klassen made 45 saves in net for the Bombers as the Mercs won the

shot battle 48-23.

Many of the SEMHL's other eight teams get in on the action this week.

Locally, the Winkler Royals host the Red River Wild Wednesday night. The Wild also host Carman Saturday.

Morden's next game is Nov. 4 against Winkler, while the Altona Maroons kick off the season Nov. 2 in Carman.



# get informed

## Miami Fire and Rescue holds open house to show community new fire truck

By Becca Myskiw

Miami Fire and Rescue has a new firetruck and it showcased it to the community on Oct. 14.

After deciding quickly to host an open house, firefighters with Miami Fire and Rescue had two weeks to prepare. Fire chief Ray Frost said they'd been wanting to have the event for a while, and time finally allowed for it to happen.

During the COVID-19 pandemic, the fire department got a new firetruck. Custom-built by Sea Hawk in Carman, the new truck is made to the departments specifications.

The primary pump is located inside the truck, rather than outside — allowing the operators to focus solely on the gauges and system, which is exactly what Frost wants.



"We're very pumped about the new truck," he said. "It's worked extremely well."

Because the truck was paid for with taxpayers' dollars and because it's the community's truck, the department wanted to show it off to the public



SUBMITTED PHOTOS

Miami Fire and Rescue's open house was a thrill for kids in the community, who had an opportunity to take a look at the latest addition to the community's firefighting arsenal.



The Carman Fire Department's aerial ladder truck allows fire crews to get above a blaze and douse flames safely from above.

and give everyone a chance to see it. So, it opened the fire hall to the community and parked all the firetrucks outside, including the Carman Fire Department's ladder truck.

Frost asked the Carman department to bring its truck because it's available to them if needed. Through the Mutual Aid District, Miami Fire and Rescue can call on surrounding fire departments to help if it needs, and vice versa. That means if firefighters can't make it to a call fast enough or if they need backup, one of the neighbouring departments will go to the scene to help.

"Anyone will come any time you ask because that's the nature of the fire family," Frost said.

Miami Fire and Rescue has informal arrangements with all the partners that border the community, and are

in the process of getting everything in written agreements.

Along with firetrucks, the open house had a smokehouse to demonstrate how smoke works in a house fire: layering and going to the floor.

Frost said with the number of times the children went in and out the escape window of it, they could have walked to Winnipeg and back.

The fire department also had Smokey the fire dog there, and offered hot dogs and refreshments to everyone, paid for by donation. The money generated will pay for

food expenses and the rest will be donated locally.

Frost said the fire department is hoping to do another open house next year or the year after. They also have some ideas for other family-oriented events in the future.

"WE'RE VERY PUMPED ABOUT THE NEW TRUCK. IT'S WORKED EXTREMELY WELL."

## Lamoureux named new Manitoba Liberal leader

By Voice staff

Cindy Lamoureux has been appointed the interim leader of the Manitoba Liberal Party.

Lamoureux was the only Liberal

candidate in this fall's election to earn a seat in the Manitoba Legislature.

Former leader Dougald Lamont stepped down from the role after his failed re-election bid in St. Boniface.

Lamoureux was first elected in the

Burrows riding in 2016 and then successfully ran in Tyndall Park in 2019 and again this year.

MLP president Terry Hayward said in a statement that he is pleased the party has been able to move forward

quickly with this appointment, and that the board will be working to set a date for a Leadership Convention, which will be held by April 2025.



# Elm Creek family one of the first in Canada to try Dexcom G7

By Becca Myskiw

The new Dexcom G7 is finally approved for use in Canada.

After being diagnosed with Type 1 Diabetes at three years old, Hayley Boyachek has spent countless hours pricking her fingers and then inserting her continuous glucose monitor (CGM) device, the Dexcom G6.

Before they had the CGM device, Heidi Boyachek, Hayley's mom, was waking up multiple times every night to check her daughter's blood sugar levels and spent most days anxious about it, not knowing if she was experiencing a low or high.

When a person with Type 1 Diabetes's blood sugar is too low, they can go unconscious, have a seizure, go into a coma, or die. If it's too high, they can go into diabetic ketoacidosis (DKA), which is when the body starts filling with acid and goes into a coma. This can also lead to death. Both extremes also come with their own mental side effects.

With the CGM device, Heidi can sleep through the night — and so can Hayley. The device is composed of tiny disposable sensors that sit just beneath the skin, attached to a small wearable pack. The unit measures the amount of sugar in the blood every couple of minutes and sends that reading to a smart phone app, letting the person in charge know if ev-



SUBMITTED PHOTO

Hayley Boyachek with her brand new Dexcom G7, which is finally available in Canada.

everything is OK. The CGM device also gives warnings when the person's blood sugar is too high or too low.

The new Dexcom G7 is a smaller sensor than the G6. It still needs to be changed every 10 days, but unlike the Dexcom G6, which had a two-hour warm-up period after insertion, the G7 has a 30-minute warm-up period.

"That was always nerve wracking for us," said Heidi. "Hayley had lots of lows during [the two-hour warm-up period] because you don't get readings during it."

The Dexcom G7 is also an all-in-one device as opposed to the G6, which had a transmitter Heidi had to remove and replace every 10 days. This new design means the device costs less, as additional transmitters aren't needed. The new device is also 60 per cent smaller than the G6 and gives the family a 12-hour grace period for changing it.

The Dexcom G7 is approved for children to wear on the back of their arm. Though Hayley has worn hers there for a while, the G6 wasn't approved for that. Heidi said the arm is the best location — there, the device is out of the way and Hayley doesn't feel the prick as much as she does on her tummy.

"It truly is a lifeline for us to be able to get an update every five minutes," said Heidi. "We can see the trend in which way her glucose is moving. It gives Hayley more independence too not having to stop and check her blood sugar levels every 10 minutes. I really can't picture life without one."

# Carman Gun and Hobby Show returns for its 33rd year Oct. 28

By Ty Dilello

The 33rd annual Carman Gun and Hobby Show is just around the corner, and this year's event promises to be bigger and better than ever.

The Carman Gun and Hobby Show will be returning on Oct. 28 from 9 a.m. to 3 p.m. at the Carman Community Hall (60 1st St NW). Admission is \$7 for the day with children 12 and under free.

Bruce Reid, the organizer of the show, has been hard at work securing an impressive lineup of vendors who will be showcasing a wide variety of items. With several new vendors on board, attendees can expect a fresh look and plenty of exciting finds.

One thing that hasn't changed is the venue itself - the Carman Community Hall will once again play host to the event. With 80 tables chock-full of cool stuff, there's no doubt that visitors will be in for a treat.

"There will be guns, ammunition, hunting supplies, knife makers and reloading stuff. As always, there will be a large selection of new and used guns, and all of the accessories to go with them for sale."

Whether you're looking for a brand-new firearm or interested in adding some unique pieces to your collection of used guns, you'll find it all at the Carman Gun and Hobby Show. The knowledgeable owners behind each table are always eager to share their expertise with visitors.

In addition to being a hub for gun enthusiasts, the show also has a charitable side. Each year they raffle off an item with 100 per cent of the proceeds going towards supporting different charities. There will also be several other door prizes up for grabs.

With its reputation as one of Manitoba's premier gun shows steadily growing over three decades now, the Carman Gun and Hobby Show

attracts attendees from far beyond its borders. This year there will be vendors coming all over from Manitoba, Saskatchewan and Ontario.

"It's one of the only locations you can go and see so many at one point. The owners know all the info and history about the guns, so you're getting all that knowledge firsthand. The atmosphere is great, and everyone seems to have a common idea as it's the same kind of hobby," said Reid.

Make sure to bring along your appetite too because Crazy Lady's Cafeteria will be serving up delicious food throughout the day, including their famous Schnitzel Burger.

Reid said everyone is welcome to take in the day to browse, shop, trade or sell.

For more information, contact Reid via email to [carman-gunshow@gmail.com](mailto:carman-gunshow@gmail.com).



SUBMITTED PHOTO

The Carman Gun and Hobby Show will be returning for their 32nd year this Saturday.

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## PUBLIC NOTICE



**Public Notice**  
City of Winkler Snow Parking Ban

### The City of Winkler will be implementing a snow parking ban this winter.

Updates to the City of Winkler Traffic & Parking By-Law 2283-22 have been made to include a snow parking ban effective between October 1st until April 30th each year.

Through the winter months, Snow Route Parking Restrictions may be implemented during a snow event to expediently and efficiently complete snow clearing activities. During a parking ban, parking on the street will be prohibited until streets have been cleared to the curb.

Public notice will be given 24 hours before a parking ban is enforced via text message, website notice, as well as a social media post. Please note, only residents that are signed up to receive text messages through Connect Winkler will get the text notifications on their mobile device. If you would like to sign up or are not sure if you currently receive text notifications, please email connect@cityofwinkler.ca or call 204-325-9524.

You can also register for Connect Winkler online at <https://www.cityofwinkler.ca/p/connect-winkler>.

Vehicles that are not removed from the street after the notification period, could be ticketed, or towed at the owner's expense.

Full details on the Snow Parking Ban can be found on our website at <https://www.cityofwinkler.ca/p/snow-clearing>

Questions can be directed to Public Works & Facilities Manger, Cliff Wall at 204-325-9524 or by email at cliff.wall@cityofwinkler.ca

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## FARMLAND TENDER

### FARM LAND FOR SALE BY TENDER

Sealed, written tenders for property in the MUNICIPALITY of LOUISE and MUNICIPALITY OF PEMBINA described below will be received by:

**McCULLOCH MOONEY JOHNSTON SELBY LLP**  
BOX 1670  
CARMAN, MANITOBA R0G 0J0  
ATTN: SCOTT W. JOHNSTON

**PROPERTY** NE ¼ 36-2-10 WPM  
PARCEL A PLAN 37688 MLTO IN NE ¼ 36-2-10 WPM  
being approx. 153.24 Acres

PARCEL B PLAN 37688 MLTO IN SW ¼ 6-3-9 WPM  
Being approx. 9.00 Acres

SE ¼ 36-2-10 WPM  
Being approx. 156.52 Acres

#### CONDITIONS OF TENDER

- Interested parties must rely on their own inspection and knowledge of the property.
- Tenders must be received on or before 2:00 pm on November 3, 2023.
- Tenders must be accompanied by a \$10,000.00 cheque payable to McCulloch Mooney Johnston Selby LLP in Trust as a deposit. Deposit cheques accompanying unacceptable bids will be returned.
- Highest or any tender not necessarily accepted.

#### TERMS AND CONDITIONS OF SALE

- The bidder whose tender is accepted will be required to complete an agreement covering terms and conditions of sale.
- In addition to the deposit, the balance of the accepted tender must be paid on or before the date of closing which shall be December 1, 2023, or evidence provided that the purchase funds will be available under conditions acceptable to the Vendor. If the balance of the accepted tender is not paid within the set time limit the deposit may be forfeited as liquidated damages and not as a penalty.
- Possession is not authorized until acceptable arrangements for full payment are made following acceptance of tender.
- Successful bidder will be responsible for real property taxes commencing January 1, 2024.
- The purchaser shall be responsible for payment of GST or shall self-assess for GST.

For further information contact Scott W. Johnston at:  
Ph: (204) 745-2546  
Fax: (204) 745-3963  
email: [scott@mmjlaw.com](mailto:scott@mmjlaw.com)

## CAREERS



### MAINTENANCE MECHANIC/MILLWRIGHT

Bunge Altona has an opening for a Maintenance Mechanic/Millwright. Work involves process equipment installation, maintenance and repair, lubrication, steel fabrication and welding.

Preference will be given to those candidates holding a valid provincial Millwright or Industrial Mechanic ticket. Candidates who do not hold a valid ticket will be expected to enrol in the apprenticeship program to obtain their ticket as soon as possible. Overtime and on-call duties are required. The successful applicant will possess excellent written and verbal communication skills, trouble shooting skills, and be a team player.

The following would be considered an asset for this position:

- Experience in grain handling, processing, or manufacturing facility
- Experience in industrial equipment maintenance and repair
- Ability to read blueprints and technical documents
- Pressure or structural welding tickets and related experience

This is a regular full time position providing an excellent wage and benefits package. Bunge is committed to providing a safe, healthy, and rewarding workplace for all employees.

Starting Wages:

- Mechanic \$32.70/hour
- Red Seal Millwright: \$38.08/hour

A job description for this position can be found online on the Bunge website: <https://obs.bunge.com/>. enter "Altona" in the field "Search by Location". Click on "Maintenance Mechanic/Millwright" to read the description. Applications should be made online with an attached resume.

**Bunge Canada is an equal opportunity employer.**

## PASTOR/PASTOR COUPLE

### Pastor/Pastor Couple

Arborg Christian Fellowship Church (ACF) is seeking a pastor/pastor couple. ACF is a small non-denominational church located in Arborg, Manitoba. Arborg is a rural community of approximately 1200 people located 100km north of Winnipeg.

The initial focus of the position will be to work in partnership with the Elders to renew ACF's mission to serve God and bring Glory to Him by equipping believers and being of service to the community.

**Please submit resume with references to:**  
Arborg Christian Fellowship Church  
Pastor Search Committee  
P.O. Box 676, Arborg, MB R0C 0A0

## COMING EVENTS

### CARMAN GUN SHOW

**Date:**  
**Oct. 28, 2023**  
**Time:**  
**9AM to 3PM**  
**Place:**  
**Carman Hall**  
**\$7 ADMISSION**



# Classifieds Announcements

## SUDOKU

4			5		2			
2			8	6				
	1	6		2				
6	3					8	1	
	4		9			6		
			3	9				
5	6							7
		8			2	5		4

### Fun By The Numbers

Like puzzles? Then you'll love sudoku. This mind-bending puzzle will have you hooked from the moment you square off, so sharpen your pencil and put your sudoku savvy to the test!

Level: Intermediate

### Here's How It Works:

Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

take a break > GAMES

4	3	5	2	7	9	8	6	1
2	7	6	8	1	4	3	9	5
6	8	1	5	9	3	4	2	7
3	4	7	6	8	2	1	5	9
5	2	6	1	3	9	7	4	8
9	1	8	7	4	5	2	3	6
8	5	8	1	6	7	2	9	3
1	9	3	4	6	8	5	7	2
7	6	2	3	5	1	9	8	4

Sudoku Answer

S	A	T	P			M	L	L	S	
S	E	C	U	S		S	E	K	A	S
E	T	I	M	E	R	E	D	E	T	I
W	A	R	A	L	T	N	E	N	I	N
L	E	D	C	V	I	L	I	L	A	O
E	M	A	N	A	S	D	I	A	S	H
A	R	A	S	O	P	A	P	A	T	R
A	T	S	A	L	T	N	A	V	O	K
S	E	E	S	P	R	E	S	S	O	O
T	U	T	U	E	L	I	E	S	O	L
S	O	S	E	S	A	R	E	S	H	A
D	E	T	A	R	E	C	E	C	E	D
A	M	A	C	O	S	A	R	K	E	K
A	C	E	L	L	A	C	E	N	E	D
A	R	T	H	A	R	T	S	O	N	S

Crossword Answer

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### PUBLIC NOTICE



**\*\*\*REVISED\*\*\*  
NOTICE OF REGISTRATION  
AND NOMINATIONS  
CITY OF MORDEN**

**NOTICE OF REGISTRATION OF  
PROSPECTIVE CANDIDATES FOR  
MUNICIPAL BY-ELECTION**

Prospective municipal election candidates must register with the Senior Election Official (SEO) during the registration period before they may begin to accept contributions, incur expenses, fundraise or borrow money for their campaign.

NOTICE IS HEREBY GIVEN that candidate registrations will be received:

For the office of Mayor and for the office of Councillor two (2) positions: Up to and including November 14, 2023 at the City of Morden Administration Office, 100 – 195 Stephen St. Morden, MB, during the regular hours of business.

To obtain a registration form contact the City of Morden office at (204) 822-4434.

**NOTICE OF NOMINATION**

NOTICE IS HEREBY GIVEN that on the following days: November 8, 9, 10, and 14, 2023

between the hours of 9:00 a.m. and 4:30 p.m. at the City of Morden Administration Office, 100 – 195 Stephen St. Morden, MB, nominations will be received for the office of:

**Mayor;  
Councillor – Two (2) members**

The nomination deadline is November 14, 2023 at 4:30 p.m. Nominations cannot be accepted after this day.

All nominations shall be made in writing and shall be signed by at least twenty-five voters, or NOT less than 1% of the voters (whichever is the lesser) of the authority. Each nomination shall also be accompanied by the candidate's declaration of qualification.

Nominations may be filed in person or by an agent at the above location, on the date and hours specified. To obtain a nomination paper, and/or candidate's declaration of qualification, contact the Local Authority at the telephone number listed below.

**Nomination papers not accompanied by the required documents and not properly filed shall be rejected.**

Local Authority telephone number – (204) 822-4434

Dated at Morden, Manitoba on October 23, 2023.

Ted Fransen  
Senior Election Official (S.E.O.)  
City of Morden

# CROSSWORD

### CLUES ACROSS

- 1. Male children
- 5. Robert Wagner series "Hart to \_\_\_"
- 9. Unfolded
- 11. Digestive disease
- 13. Wednesday
- 15. Malignant tumor
- 16. Conscientious investment strategy (abbr.)
- 17. Slowed
- 19. Letter of the Semitic abjads
- 21. Weights of cars without fuel
- 22. Former CIA
- 23. Asian country
- 25. Instead
- 26. Ancient Egyptian King
- 27. Privies
- 29. Shopping trips
- 31. Paradoxical anecdote
- 33. It's on the table
- 34. Ancient Persia ruler
- 36. Small American rail
- 38. File extension
- 39. Days (Spanish)
- 41. Everyone has one
- 43. South American plant
- 44. About ilium
- 46. Vanished American hoopster Bison
- 48. A type of breakfast
- 52. Uncooked
- 53. Examined
- 54. Christian recluse
- 56. Strong posts
- 57. Some are for pasta
- 58. Skinny
- 59. School-based organizations

	1	2	3	4		5	6	7	8	
9					10			11		12
13					14			15		
16				17			18			
19			20		21					22
23			24		25					26
	27			28		29			30	
		31		32		33				
	34				35		36		37	
38				39		40		41		42
43				44			45		46	47
48			49	50				51		52
53						54			55	
56							57			
	58								59	

### CLUES DOWN

- 1. Ringlet
- 2. Type of complex
- 3. Midway between north and northwest
- 4. It becomes something bigger
- 5. German courtesy title
- 6. Genus of birds
- 7. Marked by public disorder
- 8. Least aggressive
- 9. Russian city
- 10. Insect repellent
- 11. Interruptions
- 12. Scoundrels
- 14. 1,000 calories
- 15. What one does overnight
- 18. Dwarf planet
- 20. Pipe
- 24. Black powdery substance
- 26. Set of four
- 28. Canned fishes
- 30. North Carolina college
- 32. Secured
- 34. A disgraceful event
- 35. Physical suffering
- 37. The home of the free
- 38. Some are boys
- 40. Satisfy
- 42. Makes very happy
- 43. South American plants
- 45. Modes of transportation
- 47. Female sheep
- 49. Type of torch
- 50. Piece of merchandise
- 51. Jump over
- 55. Wife of Amun



# Classifieds

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Call 325-6888 or Email  
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The *Winkler* *Morden*  
**Voice**

**EMPLOYMENT**



BORDER LAND SCHOOL DIVISION  
Life Long Learning

Border Land School Division invites applicants for a  
**TERM TEACHER  
(1.0 FTE)**  
FOR HORIZON COLONY SCHOOL  
AT HORIZON COLONY

This position will commence January 8, 2024 and conclude June 28, 2024 with the possibility of an extension into 24/25 school year.

FOR DETAILS VISIT [WWW.BLSD.CA](http://WWW.BLSD.CA)

**EMPLOYMENT**



BORDER LAND SCHOOL DIVISION  
Life Long Learning

Border Land School Division invites applicants for a  
**TERM SENIOR  
YEARS TEACHER  
(0.75 FTE)**  
FOR W.C. MILLER COLLEGIATE  
IN ALTONA, MB

FOR DETAILS VISIT [WWW.BLSD.CA](http://WWW.BLSD.CA)

**SENIOR RENTALS**

**OAK WEST ESTATES IN MORDEN HAS SUITES AVAILABLE.**

All are one bedroom with a den. From 963 sq ft and up. Some facing east onto the creek. Everything is on one level, heated garage parking available. All suites come with fridge, stove and dishwasher, a laundry room with hook ups for your own washer and dryer, a walk in pantry, a patio and more. Call Cindy at 204-362-7151, or email to [cindy@jacobmanagement.com](mailto:cindy@jacobmanagement.com)

**FARM LAND FOR SALE TENDER**

**FARM LAND FOR SALE BY TENDER  
IN THE MUNICIPALITY OF STANLEY**

Sealed tenders in writing for the purchase of the property described below will be received by:

**McCULLOCH MOONEY JOHNSTON SELBY LLP**  
351 Main St.  
Box 279  
Manitou, MB R0G 1G0

**PROPERTY FOR SALE:**  
NW ¼ 8-3-6 WPM  
148.65 cultivated acres  
Title No. 2862254/4; Roll No. 264100.000

**CONDITIONS OF TENDER**

- Interested parties must rely on their own inspection and knowledge of the property.
- Tenders must be received on or before 3:00 p.m. on November 3rd, 2023.
- A deposit cheque in the amount of \$30,000.00, payable to McCulloch Mooney Johnston Selby Trust, must accompany the Tender. Deposit cheques accompanying unacceptable bids will be returned.
- Highest or any tender not necessarily accepted.

**TERMS AND CONDITIONS OF SALE**

- The bidder whose tender is accepted will be required to complete an agreement covering terms and conditions of sale.
- In addition to the deposit, the balance of the accepted tender must be paid on or before the date of closing which shall be January 1, 2024, or evidence provided that the purchase funds will be available under conditions acceptable to the Vendor. If the balance of the accepted tender is not paid within the set time limit the deposit may be forfeited as liquidated damages and not as a penalty.
- Possession is not authorized until acceptable arrangements for full payment are made following acceptance of tender. Once arrangements acceptable to the vendor have been made, the successful bidder may have access to the property.
- Successful bidder will be responsible for real property taxes commencing January 1, 2024.
- The purchaser shall be responsible for payment of GST or shall self-assess for GST.
- The land is not subject to a right of first refusal.
- The existing Lease Agreement expires December 31, 2023 and will be discharged.

For further information, contact Chris H. Bowler  
Phone: 204-242-2801  
Fax: 204-242-2723  
Email: [chris@mmjlaw.com](mailto:chris@mmjlaw.com)

**Please Label Envelopes: "8-3-6WPM Tender"**

**FARM LAND FOR RENT TENDER**

**FARM LAND FOR RENT BY TENDER  
IN THE MUNICIPALITY OF STANLEY**

Sealed tenders in writing for the rental of the farm land described below will be received by:

**McCULLOCH MOONEY JOHNSTON SELBY LLP**  
351 Main St.  
Box 279  
Manitou, MB R0G 1G0

**PROPERTY FOR RENT:**  
SW 21-3-6 WPM - 136.73 acres  
- approx. 106.5 cultivated acres  
SE 20-3-6 WPM - 155.89 acres  
- approx. 81.1 cultivated acres

**CONDITIONS OF TENDER**

- Interested parties must rely on their own inspection and knowledge of the property.
- Tenders must be received on or before 3:00 p.m. on November 3rd, 2023.
- A deposit cheque in the amount of \$5,000.00, payable to McCulloch Mooney Johnston Selby Trust, must accompany the Tender. Deposit cheques accompanying unacceptable bids will be returned.
- Highest or any tender not necessarily accepted.
- Bidders may bid on one or both parcels of land.

**TERMS AND CONDITIONS OF RENTAL AGREEMENT**

- The bidder whose tender is accepted will be required to complete a rental agreement covering terms and conditions of agreement.
- Duration of rental agreement: three years.
- Rent payments are due on April 1st and, November 1st, in each year. The deposit shall be deducted from the first payment under the rental agreement.
- The renter shall be responsible for payment of GST to the Owner with each rental payment.
- Possession is not authorized until acceptable arrangements for full payment are made following acceptance of tender. Once arrangements acceptable to the vendor have been made, the successful bidder may have access to the property.
- The existing Lease Agreement expires December 31, 2023 and will be discharged.
- No atrazine is to be used.
- No cutting timber without consent.
- No altering waterways.
- Tenant shall incorporate all straw and crop residue into the soil. No burning of crop residue permitted.

For further information, contact:  
Chris H. Bowler  
Phone: 204-242-2801  
Fax: 204-242-2723  
Email: [chris@mmjlaw.com](mailto:chris@mmjlaw.com)

**Please Label Envelopes: "21-3-6WPM & 20-3-6WPM Rent Tender"**

**SENIOR RENTAL/LIFE LEASE**

Morden Elks Park Place  
55+ Building  
**One Bedroom  
Apartment  
Overlooking  
Confederation Park**  
Available Immediately  
**Life Lease Arrangement  
\$27,500 Deposit  
\$865.00 per month**  
Apply to:  
100-9th Street  
Morden, MB R6M 2B8  
Or call 822-9324

**COMING EVENTS**

**C.A.R.E  
HANDIVAN NEEDS  
YOUR SUPPORT!**

WE ARE HOSTING A  
FUNDRAISER DRIVE THRU  
MONDAY NOVEMBER 6  
ALTONA SENIOR CENTRE  
PULLED PORK with a  
BUN, COLESLAW & PIE  
**4:00 - 6:30 PM**  
**\*BY DONATION\***  
WE HOPE TO SEE YOU THERE!

Book Your Classified Ad  
Today - Call 467-5836  
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The Winkler Morden  
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Call 204-467-5836 or ads@winklermordenvoice.ca

**McSherry Auctions**  
12 Patterson Dr.,  
Stonewall, MB

**Online Timed Auctions**  
@ iCollector.com

**Estate & Moving**  
Closes November 1 @ 7:00PM

**Offsite Auction for Jim Poole**  
Closes November 2 @ 7:00PM

**Estate & Moving**  
Closes November 8 @ 7:00PM  
204-467-1858 or  
204-886-7027  
Consignors Welcome!

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- Renovated RV Sales
- Custom Renovations
- Service and Repair

1480 Springfield Rd  
Winnipeg, MB  
www.revolutiontrailers.ca

**Call Now:**  
204-955-7377

**COMING EVENTS**

**Valley Mennonite Academy Fundraiser**

Saturday, Nov 4th  
4:30-7

**Pembina Threshermen Museum**  
HWY 3, Stanley MB, R6P 0A9

Dine in and Drive thru  
**Soup, Pulled Pork, Coleslaw and Pie**



Proceeds go to the general operating fund of the school.  
VMA is non-government funded.

All donations are greatly appreciated



Nordic Ware and Cookbooks available for sale

**CAREERS**

**EMPLOYMENT OPPORTUNITIES**



Walinga Inc. is seeking a full time, experienced **CNC Machinist** to join our growing team!

**Duties and Responsibilities:**

- Able to work in a fast paced environment, with a focus on high quality standards.
- Be a team player with effective interpersonal and organizational skills.
- Must be flexible, reliable, and have good time management capabilities.

**Qualifications and Requirements:**

- Red seal certified machinist or equivalent preferred.
- Must have basic machine programming skills and be able to use precise measuring tools.
- Able to read and understand drawings and blueprints.
- Minimum 1 year experience.
- Wage range is \$22/hr - \$35/hr depending on experience and skill set. A red seal or equivalent is automatically entitled to a \$2 hour premium.

Walinga Inc. in Carman, Manitoba is seeking a full time, **Material Handler** to join our growing team!

**Duties and Responsibilities:**

- Maintain inventory by monitoring incoming shipments & ensure proper quantities received.
- Distribution of materials received within the Plant.
- Record & report any discrepancies or damaged goods received.
- Locate and pack materials for shipping.
- Operate forklift, pallet jack and other machinery to move items onto and off trucks and loading docks.
- Maintain cleanliness of Warehouse and stock locations.
- Keep Yard and Receiving areas neat and tidy.
- Assist production with miscellaneous tasks.
- Assist in Year end Inventory & other duties as skill set reflects ability.

**Requirements:**

- Able to work in a team or independently in a fast paced environment.
- Must be reliable, organized, self motivated and pay attention to detail.
- Must be physically able to lift 40lbs & work in all weather conditions.
- Must comply with safety regulations & wear protective gear.

**Benefits:**

Walinga offers a competitive wage, full benefits package, pension, profit sharing, and a great work environment. Wage is dependent on experience and qualifications.

If you are looking for a rewarding career and would like to share a resume please contact Ray Beukema at 204-745-2951 (ext 440) or email him at ray.beukema@walinga.com.

We thank all applicants, but only those selected for an interview will be contacted.

**PUBLIC NOTICE**

**FARM LAND FOR SALE BY TENDER**

Sealed, written tenders for property in the RM of GREY described below will be received by:

**McCulloch Mooney Johnston Selby LLP**  
14 Main Street S., Box 1670  
Carman, Manitoba R0G 0J0

**PROPERTY** SW ¼ 18-8-5 WPM  
being approx. 160.12 Acres  
NW ¼ 18-8-5 WPM  
being approx. 129.68 Acres

**CONDITIONS OF TENDER**

1. Interested parties must rely on their own inspection and knowledge of the property.
2. Tenders may be placed and accepted on one or both or all parcels of land.
3. Tenders must be received on or before 2:00 p.m. on November 17, 2023.
4. Tenders must be accompanied by a \$10,000.00 cheque payable to McCulloch Mooney Johnston Selby LLP in Trust as a deposit. Deposit cheques accompanying unacceptable bids will be returned.
5. Highest or any tender not necessarily accepted.

**TERMS AND CONDITIONS OF SALE**

1. The bidder whose tender is accepted will be required to complete an agreement covering terms and conditions of sale.
2. In addition to the deposit, the balance of the accepted tender must be paid on or before the date of closing which shall be December 17, 2023 or evidence provided that the purchase funds will be available under conditions acceptable to the Vendor. If the balance of the accepted tender is not paid within the set time limit the deposit may be forfeited as liquidated damages and not as a penalty.
3. Possession is not authorized until acceptable arrangements for full payment are made following acceptance of tender.
4. Successful bidder will be responsible for real property taxes commencing January 1, 2024.
5. The purchaser shall be responsible for payment of GST or shall self-assess for GST.

For further information contact Scott W. Johnston at:  
Ph: 204-745-2546  
Fax: 204-745-3963  
email: scott@mmjlaw.com

**BATTERIES FOR EVERYTHING! 50,000 BATTERIES IN STOCK**

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- The ads blanket the province and run in MCNA's 31 Manitoba community newspapers
- Very cost effective means of getting your message out to the widest possible audience

Contact this newspaper NOW or MCNA at 204.947.1691 or email classified@mcna.com  
www.mcna.com

**WANTED**

Gold, Silver & Platinum!!



Cash Paid For Coins, Coin Collections, Bullion, 999 bars, Ingots, Rounds, Jewelry, Watches, Nuggets, Scrap, Gold Dust, Sterling Silver, Sterling Silverware plus anything Gold, Silver or Platinum.

Also purchasing Old Money, Royal Canadian Mint Coins, Franklin Mint, Coin Sets, etc.  
**Wanted:** USA, Canada and World Coin Collections, coin sets & old money. Buying Entire Collections!

**Todd The Coin Guy**  
250-864-3521



Manitoba Beef Producers is hosting a virtual district meeting to provide updates for those unable to attend their in-person district meeting.

The session will be held using the Zoom meeting platform on Tuesday, Nov. 7, beginning at 7 PM. Advance registration is required.

Please visit [www.mbbeef.ca/news](http://www.mbbeef.ca/news) for more information.



# Classifieds Announcements

The *Winkler Morden* **Voice**

Book Your Classified Ad Today - Call 467-5836 or Email ads@winklermordenvoice.ca

### CARD OF THANKS

The residents of Crocus would like to thank everyone for the generous donations of garden produce we received. It was greatly appreciated.

### CARD OF THANKS

With sincere thanks from the Agnew family - Thank you to our family, friends, and neighbours for your kindness over the past weeks. Thanks for your visits and food (so much wonderful food!), for the flowers and donations, and for sharing your memories of Mom. Thank you to the doctors and nurses at Boundary Trails Health Centre for the compassion they showed Mom in her last days and to Joey Grenier and his staff at Wiebe's Funeral Home for easing our way in the days after Mom's passing (and for helping us figure out how to host the hotdog and beer reception!). Pat, Mike, Theresa, Joan, Clare, and Bob and their families sincerely appreciate your support and kind words at this difficult time. We know Mom is at peace and has been joyfully reunited with dad.

### IN MEMORIAM



#### In Memory of Germaine Gibb

Five years have passed,  
And we still miss you every day.  
We see you in each other, your grandchildren  
and your great-granddaughter.  
Forever loved.  
-Jim, Daryl, Dawna, Carl, and Arlene

### OBITUARY

#### Elizabeth Ann Krahn 1953 - 2023

On October 12, 2023 Elizabeth (Bette) Ann Krahn of Morden, MB and formerly of Creston, BC passed away at the age of 69 years old at the Boundary Trails Health Centre in Winkler, Manitoba.

Bette was born and raised in Altona, Manitoba. She was the second of seven children to Frank and Elizabeth Krahn. She attended school in the community and in 1971 married her husband, Ben at the age of 17. Together they had three children and their family lived in several communities in southern Manitoba before settling in Creston, BC in 1993. Bette worked as a health care aide and volunteered with the local hospice society. She loved to read, to spend time with her loved ones, to make people laugh and to sing. To know Bette was to know humour and compassion.



Her faith in God helped her through many challenging times in life and she was always there for any person who needed her- a voice of wisdom, kindness and forgiveness.

Bette is survived by her daughter, Carla (Dave) and her sons, Steven (Stacy) and Mike (Desiree); by her grandchildren: Liam, Sydney, Tanner, Matthew, Marshall and Marley as well as her sisters, Judy, Lori and Connie and her brothers, Rick and Ed and a host of extended family and good friends.

She was predeceased by her parents, her brother, Bill and her husband, Ben. Funeral was held on October 18, 2023 at the Cornerstone Vineyard Church in Winkler, MB. Cremation followed and interment of ashes with a celebration of life will take place in Creston, BC in the summer of 2024.

Her children would like to thank the nurses and physicians at Boundary Trails Health Centre, the community palliative nurses and Dr. Tanja Borchers for their wonderful care of Bette.

-Life is not measured by the number of breaths we take, but by the moments that take our breath away. Maya Angelou

Wiebe Funeral Home, Winkler  
In care of arrangements  
wiebefuneralhomes.com



*Your memory will live forever Engraved within our hearts*

### PUBLIC NOTICE



#### RURAL MUNICIPALITY OF STANLEY PUBLIC NOTICE - BOARD OF REVISION

Public Notice is hereby given that the 2024 Assessment Roll for the Rural Municipality of Stanley has been delivered to the Municipal Office at 1-23111 PTH 14 and is open for public inspection during regular business hours. Applications for revision may be made in accordance with Sections 42 & 43 of *The Assessment Act*:

#### APPLICATION FOR REVISION

42(1) A person in whose name property has been assessed, a mortgagee in possession of property under Subsection 114(1) of *The Real Property Act*, an occupier of premises who is required under the terms of a lease to pay the taxes on the property, the authorized agent of the person, mortgagee or occupier, or the assessor may make application for the revision of an assessment roll with respect to the following matters:

- a) liability to taxation;
- b) amount of an assessed value;
- c) classification of property; or
- d) a refusal by an assessor to amend the assessment roll under Subsection 13(2).

#### APPLICATION REQUIREMENTS

43(1) An application for revision must

- a) be made in writing;
- b) set out the roll number and legal description of the assessable property for which a revision is sought;
- c) set out which of the matters referred to in subsection 42(1) are at issue, and the grounds for each of those matters; and
- d) be filed by
  - (i) delivering it or causing it to be delivered to the office indicated in the public notice given under Subsection 41(2), or
  - (ii) serving it upon the secretary, at least 15 days before the scheduled sitting date of the board as indicated in the public notice.

The Board of Revision will sit on Thursday, December 7, 2023 at 10:30 a.m. in the Council Chambers of the Rural Municipality of Stanley to hear applications.

The final date on which applications must be received by the Secretary of the Board is Tuesday, November 21, 2023.

Dated at Winkler, in Manitoba, this 26th day of October, 2023.

Dale Toews - Secretary  
Board of Revision  
Rural Municipality of Stanley  
1-23111 PTH 14  
Stanley MB. R6P 0B1

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### FARMLAND TENDER

#### FARMLAND FOR SALE BY TENDER

#### R.M. of MONTCALM

Title #	Legal Description	Total Acres
3141037/1	THE NW 1/4 OF SECTION 5-1-2 EPM	160

When submitting an offer, please note:

1. The highest, or any, offer will not necessarily be accepted.
2. The date of closing, possession, and adjustments will be January 2, 2024.
3. You must provide a certified check or bank draft in the amount of \$10,000.00 payable to Cole & Mace Law Office. The cheques accompanying unsuccessful tenders will be returned.
4. You must rely on your own research of the property.
5. Tenders are binding upon acceptance and not subject to any conditions precedent.
6. Tenders may only be submitted in the form provided by Cole & Mace Law Office; a form of tender may be requested from Cole & Mace Law Office in person at the address below, or by emailing: adam@colemacelaw.com.
7. The Vendor will be responsible for the taxes on the property up to the date of closing.
8. The Purchaser will be required to pay GST unless the Purchaser is registered for GST and agrees to self-assess.
9. Title to the land will be transferred free and clear of all encumbrances and liens.

*Signed and sealed Tenders will be received up to 4:00 p.m. on November 14, 2023 at:*

**Cole & Mace Law Office**  
26 Centre Ave. East, Box 2039, Altona, Manitoba, R0G 0B0  
Attn: Adam Mace

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# get informed

## Kidney transplant gives father second chance at life

By Ty Dilello

RM of Roland Reeve Jodi Gaultier is back in office after donating a kidney to her father at the end of August.

Paul Gaultier of St. Claude was first diagnosed with kidney disease in 2019 due to his ongoing struggle with diabetes. Paul's doctors monitored his kidney function for the next few years, and in mid-2021, they decided he was a candidate for dialysis.

In October of 2021, he started Continuous Ambulatory Peritoneal Dialysis at home, and every four hours, he had to "change his oil," as he called it. Paul had to drain one type of fluid from his abdomen, add in another type, and repeat the process four hours later. After three months, he was eligible for automated peritoneal dialysis, which takes place overnight and uses a machine.

While definitely keeping a person alive, these forms of dialysis do not provide a good quality of life. And over time, the process became less and less effective for Gaultier. The average person at his stage of the disease can usually last about five years on dialysis before the disease becomes fatal.

The creatinine levels in your blood measure kidney function. Normal levels fluctuate from 70 to 130, but Gaultier's levels were 660 when he checked into the hospital for his kidney transplant.

"Shortly after switching to the peritoneal dialysis, I told my dad I wanted to be tested to see if I was a match," said Jodi Gaultier. "At first, he was reluctant to let me get tested as he didn't want me to put myself at risk. After some research, we discovered that if I was a match and was accepted as his donor, it would only be if I was healthy enough to not only survive the surgery but that I would have a high chance of full recovery."

With that, they started the testing process and soon discovered that Jodi was a 90 per cent match for her dad. Jodi was the first in the family to get tested, and because she was such a good match and in good shape, no



Jodi Gaultier and her father Paul Gaultier are both getting stronger every day.

one else in the family got tested.

However, that was just the beginning.

"I had to undergo numerous tests of all sorts to determine if I was indeed a good candidate to donate," said Gaultier. "I finally received clearance in January of 2023."

Gaultier now had to wait for her dad to be cleared by the medical team. "He is 74 with diabetes and other health issues as well," she said.

In June, Paul was cleared by his cardiologist, nephrologist, and oncologist (from a previous cancer diagnosis). The health care team finally set the date of Aug. 31 for the surgeries.

"The day of surgery came quick for me and maybe not quick enough for him. My main concern going in was for my dad, and I would say he was probably for me."

Thankfully, Paul and Jodi came through the surgery at the Health Sciences Centre in Winnipeg with flying colours.

"I was able to visit my dad the next day and was thrilled to see that his colour was better than before the surgery. His/my kidney was helping him almost immediately with his creatinine levels coming down to 460 within 18 hours of the transplant."



SUPPLIED PHOTOS BY MACKENZIE GAULTIER PHOTOGRAPHY

RM of Roland Reeve Jodi Gaultier donating one of her kidneys to her father Paul Gaultier.

Jodi was released from the hospital just two days after being able to walk independently, eat solid foods, and manage the pain with oral medication.

"I was definitely not in great shape for the first week, but after that, I felt better and better each day. I needed lots of rest and was surrounded by love and support from my husband, my extended family, my friends and community members."

Paul was in the hospital for ten days following the surgery. Although he wasn't in much pain, Gaultier's blood sugar levels were all out of whack due to the steroids he required to keep his new kidney working well.

Since he has been back home, he has only improved each day. His creatinine levels are now at 140, which is considered in the normal range.

Paul's wife, Elaine, has been the primary caretaker since coming home. She drives him to his many follow-up appointments and figures out all the complex medications he has to take now. Jodi's brothers Ryan and Jeremy Gaultier have been harvesting the crop as Ryan, Jeremy and Paul all

help each other in farming.

"That has probably been one of the hardest things for my dad in the years leading up to the surgery; he hasn't been able to participate on the farm like he wants to. And now, once he is healed enough, he will be able to continue doing the job he loves the most."

For Jodi, she had to take off work as reeve of the RM of Roland for several weeks after the surgery. She was forced to miss a couple of council meetings, but her fellow council members were very understanding about her limitations, and now she is back in the office at full health.

Gaultier notes that the community has been wonderful, as they've received many messages, care packages, and prayers. On top of that, the Gaultier's are very grateful to the healthcare system for making this surgery happen as quickly as possible.

"We are both so thankful for the health care system and all the medical professionals that helped to make this possible. We will be forever grateful to them."



**get inspired**  
 > MEAL IDEAS

## Blackened Shrimp Tacos with Creole Remoulade Slaw



Recipe courtesy of Coastal Seafoods and Fortune Fish & Gourmet

Prep time: 30 minutes

Cook time: 10 minutes

Coleslaw:

- 1/3 cup mayonnaise
- 1 tablespoon capers, chopped
- 1 teaspoon stone ground mustard
- 1/3 cup parsley, chopped
- 1/2 teaspoon horseradish
- 1/3 cup red onion, diced
- 1 tablespoon Cajun seasoning
- 1/2 bag coleslaw mix

Tacos:

- 6 small corn tortillas
- 1 tablespoon Cajun seasoning
- 1/2 pound peeled and deveined ASC-certified shrimp, thawed
- 3 green onions, sliced
- fresh salsa or pico de gallo (optional)
- 1 lime, sliced (optional)

To make coleslaw: In bowl, mix mayonnaise, capers, mustard, parsley, horseradish, red onion and Cajun seasoning. Mix coleslaw and about 3/4 of dressing. Stir until coated then add more dressing, if desired. Refrigerate coleslaw until ready to serve.

To make tacos: Heat grill to medium heat. Once hot, toast tortillas on each side until browned on edges. Stack toasted tortillas on plate and cover with towel until ready to serve.

Pour Cajun seasoning over shrimp and stir until shrimp are coated.

Cook shrimp 3-5 minutes per side, or until shrimp are firm and Cajun seasoning is blackened. Remove shrimp from grill to prevent overcooking.

To serve, place about 1/4 cup coleslaw in each tortilla then top with 3-5 shrimp and green onions. Top with salsa or pico de gallo, if desired. Squeeze wedge of fresh lime over top, if desired.

## MNP Consumer Debt Index: Canadians' Debt Outlook Reaches Lowest Point in 5 Years

More Canadians report their current and expected debt situation as deteriorating.

An increasing number report a decline in their capacity to handle an interest rate increase (28%, +5pts) or an additional \$130 in interest payments (37%, +5pts).

Half report that they are \$200 away or less from not being able to meet all of their financial obligations (51%, -1pt).

CALGARY, Alberta, Oct. 18, 2023 (GLOBE NEWSWIRE) -- From near-zero to the highest interest rates in over two decades, Canadians' debt outlook has reached the most pessimistic point since tracking began five years ago, according to the latest MNP Consumer Debt Index. Reflecting on their current debt situation compared to one year ago, more rate their current situation as much worse, an increase of 2 points from the previous quarter (20%) and more say their debt situation has worsened compared to five years ago, (25%, +3pts). When asked to look into the future, more believe their debt situation will be worse a year from now (18%, +3pts). Five years from now, more believe that their debt situation will worsen (16%, +2pts) and fewer feel it will improve (35%, -2pts).

"There is no mystery as to what is causing Canadians' bleak debt outlook: it's getting increasingly difficult to make ends meet," says Grant Bazian, president of MNP LTD, the country's largest insolvency firm. "Facing a combination of rising debt carrying costs, living expenses and concern over the potential for continued interest rate and price hikes, many Canadians are stretched uncomfortably close to broke."

More than half (51%, -1pt) of Canadians report that they are \$200 away or less from not being able to meet all their financial obligations, including three in 10 (31%, -4pts) who say they already don't make enough to cover their bills and debt payments. The average amount of money that Canadians say they have left over at the end of the month dropped significantly this quarter to \$674, down \$97 from the previous quarter, as the surging cost of living has chipped away at household budgets.

When it comes to the potential for future interest rate increases, Canadians feel worse about their ability to absorb further hikes compared to last quarter. More (28%, +5pts) say their ability to deal with an increase of 1 percentage point has worsened. This question was rephrased to ask their ability to absorb an additional \$130 in interest payments on debt, to which four in 10 (37%, +5pts) say their ability to absorb this increase is much worse.

While Canadians' debt outlook and ability to absorb additional interest rates have deteriorated, there were

a few bright spots in the data. Overall, the MNP Consumer Debt Index improved slightly to 86 points, up 3 points since last quarter, but remains below the five-year average. Canadians are feeling marginally better about their ability to pay their debts (62%, -4pts), being in financial trouble (60%, -3pts), or being driven towards bankruptcy (45%, -5pts). Four in ten Canadians regret or are concerned about their current level of debt but, perhaps adjusting to the higher interest rate environment, the number who have regrets (45%, -7pts), or feel concerned (45%, -3pts) declined this quarter.

"For now, the financial concerns of some Canadians have been offset, at least to some degree, by the strong job market. The uncomfortable truth is that higher interest rates slowing the economy will inevitably come with consequences like increased unemployment," says Bazian.

Four in ten Canadians worry about someone in their household potentially losing their job (38%, -2pts), according to the survey.

Bazian says that higher unemployment and underemployment, where individuals either make insufficient income or are given insufficient hours to meet their household expenses, is one of the leading causes of insolvency.

"Bills and debt obligations and the ever-increasing cost of living may be somewhat manageable when income remains consistent but suddenly become troublesome when the unexpected occurs, even after cutting back on non-essential spending," he says.

"That's when the danger of relying on credit to meet basic household needs becomes a real risk. Initially, households use credit with the idea that the reduced income is temporary and that they will be able to pay off the debt as soon as their circumstances improve. Using credit to pay for one bill, then another they start to miss payments and end up on a high-interest debt treadmill," he explains.

The consequences of missed payments, compounding interest, repossession or foreclosure can be swift and have long-lasting effects. Bazian recommends those who anticipate missing payments first contact their lender to see if they can set up a payment plan and seek advice from a Licensed Insolvency Trustee.

"In addition to initiating direct contact with their lenders, individuals facing the challenge of escalating debts should speak with a Licensed Insolvency Trustee for a confidential financial assessment and impartial advice on various debt relief solutions, including budgeting and debt consolidation and consumer proposals."

Licensed Insolvency Trustees are the only federally regulated debt profes-

sionals who can assist with all the debt relief options, including consumer proposals and bankruptcies, stop harassment from debt collectors, and discharge people from debt. To support those in need of financial assistance, MNP provides free consultations across the country.

About MNP LTD

MNP LTD, a division of the national accounting firm MNP LLP, is the largest insolvency practice in Canada. For more than 50 years, our experienced team of Licensed Insolvency Trustees and advisors have been working with individuals to help them recover from times of financial distress and regain control of their finances. With more than 240 Canadian offices from coast-to-coast, MNP helps thousands of Canadians each year who are struggling with an overwhelming amount of debt. Visit [MNPdebt.ca](http://MNPdebt.ca) to contact a Licensed Insolvency Trustee or use our free Do it Yourself (DIY) debt assessment tools. For regular, bite-sized insights about debt and personal finances, subscribe to the MNP 3 Minute Debt Break Podcast.

About the MNP Consumer Debt Index

The MNP Consumer Debt Index measures Canadians' attitudes toward their consumer debt and gauges their ability to pay their bills, endure unexpected expenses, and absorb interest-rate fluctuations without approaching insolvency. Conducted by Ipsos and updated quarterly, the Index is an industry-leading barometer of financial pressure or relief among Canadians.

Now in its 26th wave, the Index increased to 86 points, up 3 points since last quarter, but remains below the five-year average. Visit [MNPdebt.ca/CDI](http://MNPdebt.ca/CDI) to learn more.

The data was compiled by Ipsos on behalf of MNP LTD between September 5-8, 2023. For this survey, a sample of 2,000 Canadians aged 18 years and over was interviewed. Weighting was then employed to balance demographics to ensure that the sample's composition reflects that of the adult population according to Census data and to provide results intended to approximate the sample universe. The precision of Ipsos online polls is measured using a credibility interval. In this case, the poll is accurate to within ±2.5 percentage points, 19 times out of 20, had all Canadian adults been polled. The credibility interval will be wider among subsets of the population. All sample surveys and polls may be subject to other sources of error, including, but not limited to coverage error, and measurement error.

Provincial data is available upon request.

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