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"It's just so great to be back in person with everybody again"

By Lori Penner

After two years of dealing with CO-VID-19 restrictions, the Altona and Area Family Resource Centre (AAF-RC) is finally returning to their regular programs.

The AAFRC supports and connects families through free programming for preschool children to build healthy communities.

Coordinator Nina Edbom-Kehler says the organization has steadily grown in its 20+ years from a toy lending library to a fully facilitated group reaching dozens of families in Altona, Gretna, Rosenfeld, Gretna, Dominion City, Emerson, and surrounding areas.

"Our vision has always been the same: thriving children, empowered families, and strong communities," she says. "So many studies show the value of children learning through play in their early years. And we've had the feedback from our families and local schools to prove it."

When COVID-19 hit, the AAFRC was already bursting at the seams in

its space in the former Altona Clinic building.

"Because of number restrictions, we were already running a lot of outdoor programs, and at other facilities. But COVID shut all that down, too."

In order to stay connected to the families they support, they had to get creative.

During 2020-21, AAFRC provided a variety of free, remote, and in-person programs to 93 families. In all, AAF-RC provided 33 programs, including 19 different themes through take home kits. About 439 kits were delivered to 727 children from 79 different families.

"The take home kits were one way to keep reaching out," Edbom-Kehler says. "And they were incredibly popular."

With the lifting of COVID restrictions, AAFRC began to offer some in-person programming in the spring of 2022. About 84 families and 113 children attended programs such as outdoor gym days, Shake, Rattle and Roll, outdoor play groups, and Grow-

Two-year-old Deacon Krahn experimented with natural art during an outdoor play day organized the Altona and Area Family Resource Centre. **AAFRC** provides variety of activities and programs families to engage in interactive and fun learning.

SUPPLIED PHOTO



ing Up Green.

"We're excited to be back to inperson programming in three of our communities now: Altona, Gretna and Rosenfeld," says Edbom-Kehler. "Each of the schools have given us designated spaces for our Stay and Play program, which gives parents and caregivers a chance to chat over coffee while the children play."

Three facilitators from each community run the program.

"It's just so great to be back in person with everybody again. The take home kits have been huge, and we've reached a ton of families. But again, we hope they're getting out of it what we hope they get, without our support. We want to bring those pieces together while we're chatting over coffee and the kids are playing together."

Going forward, Edbom-Kehler says the AAFRC plans to continue to strengthen their connections with local stakeholders and organizations.

"As a non-profit, we rely on things like grants and fundraising, and community support."

Right now, she says, their goal is to gain back some of the ground they lost during the pandemic.

"Two years out a preschooler's life is a big chunk. We've been without programming for a long time in person. Now there's that big piece about everybody coming back and feeling safe. A lot of our families are new to us. Many of the kids have graduated to kindergarten, and their younger

siblings missed out on being a part of all this. We missed our window with them. We're looking to find them again, so they know who we are and what we do. We're also bringing in a whole new group of parents who didn't know what we're about."

Along with encouraging learning through play, Edbom-Kehler says supporting mental health is a big part of their mission.

"The preschoolers coming in now are COVID kids. They may not have been exposed to people in a social setting. They don't know the empathy or the sharing or any of that, so our biggest focus now is to get them in a place that's safe, and help the families feel safe. And then they can play together and grow trust again."

Mental health is important for parents and caregivers too, she notes.

"The AAFRC gives them a place to talk to other parents and caregivers. Sharing stories. Validating each other's concerns.

"The coming year will be a year of easing back in and welcoming new families," Edbom-Kehler says. "If you have a preschooler in your life, connect with us. It doesn't matter who you are or what your social background is. Anybody from any walk of life is welcome here. If you're a parent, grandparent or caregiver with a child who needs this programming, you're in.

"It's free, it's fun and it's educational. Come check us out."

The Return of Monthly Compost Collection

It's getting colder outside, which means that the compostable material collection schedule changes to monthly. Collection will be on your normally scheduled pick-up day on the following weeks this winter:



Work is set to begin on Boundary Trails Health Centre expansion

By Lorne Stelmach

Construction will start soon on renovation and expansion of Boundary Trails Health Centre.

A ground-breaking ceremony last Thursday marked the start of the project that will add new acute care inpatient beds and a larger, more modern space for patient care programs. It will be at least a \$64.4 million project.

"Investing in the expansion and renovations at Boundary Trails Health Centre reflects the increased importance the facility plays in our health care system and the region," said Health Minister Audrey Gordon. "This investment supports the expansion of specialized services at the site which will reduce the need for many residents to travel frequently to Winnipeg for care."

"The expansion of acute care and patient capacity and community services will strengthen the network of resources that make Boundary Trails Health Centre an important hub of medical services," said Jane Curtis, CEO of Southern Health-Santé Sud.

BTHC provides essential services to a growing population in not only the Winkler and Morden area but the surrounding region, she emphasized.

"These projects will bring us one step closer to meeting the longterm needs of this growing area by providing access to high quality specialized care closer to home."

Ben Friesen, chairperson of the BTHC Foundation, called this an important and "necessary step towards ensuring we can continue to provide high quality sustainable patient care offered now and for many years to come."

Work will move forward in two stages starting with the construction of a two-storey community services building and then an inpatient building. The project will add 24 medicine beds and eight level two nursery beds to what is currently a 94-bed hospital.

Once programs and services have been relocated to the new community services building renovations will begin on the vacated spaces in the health centre to allow for the creation of expanded spaces for several departments and programs including surgery as well as the addition of a retail pharmacy.

A two-storey addition to the inpatient building will also be constructed to house 24 inpatient beds on one level and enhanced nursery capacity on the other.

Gordon noted this project is vital in helping advance the province's clinical and preventive services plan, which was developed and led by clinical leaders and health system experts who looked at such areas as population growth and community health needs, distance to specialized



PHOTOS BY LORNE STELMACH/VOICE

A glimpse at what the BTHC expansion will look like. Below: Local dignitaries hailed the project as an investment in specialized local services that will reduce the need for people to travel into Winnipeg for care.

services, and stability and reliability of the health care work force.

"Our government is committed to strengthening the health care system by investing in rural community health services and providing care

Continued on page 5







HOURS OF OPERATION:

Monday - Friday 9:00 am - 5:30 pm Saturday 9:00 am - 5:00 pm







Morden is hoping its video detailing what makes it such a great hockey town will win the Jets



Each day, hog farmers live up to the progressive 105 Code of Practice for the Care and Handling of Pigs requirements. And veterinarians, such as Dr. Earl VanAssen, DVM, from Morden, Manitoba, regularly visit hog farms.

The sector's strong focus on continuous improvement has led to significant changes over the last number of years in both animal care training and investment in new barns and technologies. These new investments have allowed farmers to adopt new technological advances that provide optimal care, like computerized feeding systems that ensure a proper diet for each individual pig's unique needs, and the group housing of sows, allowing sows to socialize as they desire.

A shared set of values, focused on caring for animals, guides work done across the sector. This keen focus on keeping pigs healthy and safe allows the province's hog sector to continue to be a world leader in producing high-quality Manitoba pork.

To learn more, visit manitobapork.com/animalcare

SPONSORED CONTENT



Morden aims to win **Jets Town Takeover**

Voting is open until Friday night at 11:59 P.M.

By Lorne Stelmach

Contest.

late

Morden soon find out if it will be hosting a Winnipeg Jets event next spring.

The city was chosen as one of three finalists for the Jets Town Takeover 2023, going up against Beausejour and Oakville.

The decision as to who will win the honour of having the Jets coming to their town on April 11 is now up to Jets fans, who can view the three finalist videos online at www.nhl. com/jets/info/jets-town-takeover and vote for their favourite until 11:59 p.m. on Friday, Oct. 28.

Beausejour, Morden, and Oakville were vying to host a full day of activities including Project 11 mental wellness programming for local students and Winnipeg Jets alumni on-ice participation with a local hockey team.

There will also be a free, all-ages, social-style viewing party as the Jets play the Wild in Minnesota that night.

"We saw this as a great opportunity for the City of Morden," said director of community services Chris Moffatt.

"We had about a week to make a 60 second video and showcase why we should be the Jets Town Takeover," he explained, noting the community's pitch highlighted that it should be chosen because of our great local teams, coaches, and mentors, sup-

portive business community, and facilities and volunteers that have come together to host mulitple national-level hockey competitions over the years.

"It's very exciting to be in the running in the top three, and hopefully we can come out on top for an exciting event and for a whole day of Jets stuff," Moffatt said, adding that he's been encouraged to see Morden's bid gaining some traction on social media. "Morden is on the map in Manitoba, but it's always nice to showcase it and that we can host all kinds of

The Jets Town Takeover initiative aims to make Winnipeg Jets hockey and programming accessible to communities beyond the Perimeter.

"Thank you to all the communities that put so much effort into showing their passion and dedication to the Winnipeg Jets," said Kory Harnum, community relations manager for True North Sports & Entertainment.

"The Jets truly are Manitoba's team, and it's always encouraging to see the support our team receives across our great province. We can't wait to see that on full display this spring in one of these three amazing Manitoba communities."

For more information on Winnipeg Jets Town Takeover, visit www.winnipegjets.com/jetstowntakeover.

BTHC Fdn. fundraising campaign off to a \$1.7M start

By Lorne Stelmach

A major fundraising effort in support of the expansion and renovation of Boundary Trails Health Centre officially kicked off last week in conjunction with the ground-breaking ceremony for that project.

The campaign got underway in a big way with two large donations to the Boundary Trails Health Centre Foundation, which is aiming to raise \$10 million.

Representatives of the Morden Community Thrift Store have raised and pledged \$1 million, while another \$750,000 has been committed for an echocardiography suite on behalf of Bill and Colleen Lyne, in memory of Bill.

"Your support shows that all things worthwhile are possible, and that truly good things do happen to vibrant and involved communities," said foundation chairperson Ben Friesen.

"It's just fantastic ... we did know that the thrift store [would be contributing] ... we were working with them prior already ... we didn't know exactly what the amount would be," he noted. "The fact that they were there and ready to give us a \$1-million dollar cheque, that was just fantastic. That's 10 per cent."

Representing the thrift store, Kent Noel noted the roots of this contribution go back about five years.

"The board at the time had some funds that were left over. They were actually planning on building a new building at the time, and that didn't Morden Community THRIFT SHOP

PHOTO BY LORNE STELMACH/VOICE

The Morden Community Thrift Store has committed \$1 million to the expansion and renovation project at Boundary Trails Health Centre. Also helping to kick off the BTHC Foundation's fundraising campaign for the project was a \$750,000 donation on behalf of Bill and Colleen Lyne.

come through," he explained.

"So with the funds that they had, they sat down and brainstormed the idea of what can we use this money for," said Noel. "It's about five years in the making, and we're very proud to be able to do this ... it's an honour for us.

"Everybody at the thrift store is happy. From the people who walk through the door ... for our customers, for everyone who walks through the door for volunteering in the last five years ... it's an uplifting experience for everybody," he added. "It's our hospital. We all use it, we've all been here ... it's part of our community, and that's what we're for: we're here for our community."

"That shows the community what they do in this community," Friesen said of the thrift store.

"Nobody really knows how huge a part of the community this is, that they contribute such a large amount to the community," he continued. "That's why I really wanted them, the people of the community, to be able to see this time what a great impact this big cheque is and the work that they do there all the time."

It gives the foundation a good start to their fundraising campaign. Friesen

sees the \$10 million goal as ambitious but achievable.

"We know it's a big target, and we're obviously also going to a very large community. We're not just working with Morden-Winkler-Stanley area,' he said. "We are approaching some 25, 30 different municipalities that we feel that all of them will contribute in some fashion.

"There probably are more people and more businesses around in the community that are looking to do that kind of thing and we'll try to find them," Friesen concluded.

Representative from the Lyne family were not available for comment.

> BTHC, FROM PG. 3

closer to home," she said.

"This new community services building will house a number of existing programs currently located elsewhere in the community or in acute care areas of the health care centre," Gorden noted. "Moving existing programs into the new building will provide larger spaces

for several departments and programs."

If the project proceeds as anticipated, opening of the community services building could happen in the second quarter of 2024 and the inpatient expansion and new beds wing in the third quarter of 2025.











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OUR SISTER PUBLICATIONS







The Voice Setherial > VIEWPOINTS > LETTERS

Pondering tradition

n the wonderful Jewish classic play and film Fiddler on the Roof based on the book by Joseph Stein you have a powerful song

called dition!' that defines the central theme of the entire work.

ers, men, women,

Fathers,



By Peter Cantelon

sons and daughters—they all have very specific roles they must fulfill and adhere to without question. Father provides for the family and leads, mother cares for the family, daughter learns to become mother, son learns to become father, etc.

The point is that tradition is the foundation of a successful, safe, harmonious community. Everyone knows their assigned roles and adheres to them and we'll all be happy.

Of course, in reality this is a farce because for many people traditional roles do not create harmony, they enable dissatisfaction, pain, and conflict. Part of the tension developed in the plot is an exploration of the ageold problem of young people chafing against tradition and how far does compromise go before hitting a brick

With Queen Elizabeth dying recently I have been thinking of the relevance of tradition a lot.

When I look at the monarchy, I increasingly question its relevance and value to Canada in ways I never used to. Being a part of the monarchy costs Canada approximately \$58 million per year. This is both a lot of money and not very much depending on how you look at it. According to Macleans it is \$1.57 per Canadian per year, or about the cost of a small Tim Hortons coffee.

From a purely economic perspective there is literally nothing provided by being a member of the Commonwealth that any non-Commonwealth member couldn't pursue.

Continued on page 7

DON'T MIND THE MESS

When the candies were worth the cavities

October 1970-something. Usually. it's almost impossible for my mom to wake me for school, but on this particular morning. I leap from my

bed the second she calls mv name.

I can already smell the oatmeal cooking as I eagerly dress up for the day, but this is not just any regular



Bv Lori **Penner**

day—oh no!

This is Halloween, and a full scale celebration awaits me at school.

Back then, we could dress up in pretty much any costume we chose. There was no such thing as politically

Of course, there were the usual vampires, zombies and witches. My mom forbade those, not because of any religious leanings; she disliked them simply because to her, they were ugly. She wanted me to look sweet, so of course the choice was a princess costume, purchased for a few bucks at

the local Macleod's store. This store was an older version of the modern day Walmart, featuring everything from dry goods and

canned goods to children's clothes and building supplies.

My princess outfit was actually hilarious when I look back. It included a plastic face mask, held on by a thin elastic string you could conceal under your hair, thereby fooling the onlooker into thinking the frozen expression with the cut out holes for eyes and mouth, the painted hair and pointy tiara was in fact the real you!

You were really a princess, just paying a casual visit to a small prairie town.

The thin plastic dress that came with it was basically a sleeveless apron, tied in the back. Now, you would think the creators of this get-up would have

Continued on page 7

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> CANTELON, FROM PG. 6

So, then we come to tradition and the idea that as a former British colony Canada was born out of England and the monarchy is a part of our history and tradition. It touches us all. When I joined the military and swore an oath of service it was not to Canada—it was to the queen. The oath as I took it was:

"I, Peter Cantelon, do swear that I will be faithful and bear true allegiance to Her Majesty, Queen Elizabeth the Second, Queen of Canada, Her heirs and successors according to law. (So help me God.)"

The oath of citizenship is similar:

"I swear (or affirm) that I will be faithful and bear true allegiance to His Majesty King Charles the Third, King of Canada, His Heirs and Successors, and that I will faithfully observe the laws of Canada, and fulfil my duties as a Canadian citizen."

The question to me is what is the value? I mean, tradition as expressed in Fiddler on the Roof comes out of the context of thousands of years of Jews constantly being persecuted and eliminated. For them tradition is partly about cultural survival and defiance in the face of those who would see you wiped from the face of the earth.

Other groups such as the Indige-

> PENNER, FROM PG. 7

at least attempted to make it look like an actual fancy flowing gown. Like the makers of the Six Million Dollar Man, they had the technology!

But instead it featured a huge picture of the princess I was pretending to be, with the word "princess" printed right on the front. Ugh. But to me, it was awesome. We didn't over-analyze everything then. We accepted it all at face value.

When I got to school, there were several other clone princesses milling around the classroom, along with the usual vampires, zombies and witches. Some of the parents went all out with the make-up, and I remember feeling a tad uneasy. So babe-in-the-woods innocent, but I think most of us were in those days.

Our games that day were far from hygienic. Bobbing for apples in a tub of water, with our hands behind our back. For those not familiar with this, it meant trying to catch an apple in

nous people of Canada, Mennonites, etc. can identify with this drive to preserve tradition in response to historic persecution. But Canada as a whole does not have this historic need to preserve the monarchy.

I appreciate the pomp and circumstance of the monarchy as a cultural enthusiast and can see it as a culturally relevant institution dating back well over a thousand years to the smaller kingdoms within England.

I also recognize that images such as the crown, the queen, the king, are powerful symbols of colonialism to disposed people all over the world from India and Pakistan, to the middle east, through Africa and Australia and back again to the Indigenous peoples of Canada.

They are symbols of what was lost, stolen and broken and of the continued pain and suffering that directly connect to that history. Is their ongoing pain worth the price of keeping it

Do you simply eradicate it?

Perhaps there is some compromise, as we see in Fiddler on the Roof. Honestly, I don't know. What I do know is that Queen Elizabeth II's death has opened up an interesting can of worms across the Commonwealth.

your teeth. Most of them already had bite marks from the dozens of failed attempts. Germs weren't really a thing, I guess.

Her royal highness spent the night trick-or-treating with her siblings. When we were little, my brother drove us into town, stopping at the end of each street, waiting in the warm car with the radio blaring, as we ran from door to door. We used pillow cases instead of fancy bags. Time meant nothing. We didn't give up until that thing was too heavy to carry. The feast when we returned was every dentist's nightmare—or dream, depending on how you look at it.

Upset stomach aside, it was just a great day. Princess costume lying in a crumpled heap on the floor beside my half empty pillowcase, I drifted off to sleep, praying I wouldn't dream about vampires, zombies and witch-

The Volce What's **You'v** story? Call 204-325-6888

Upgrades coming for PR 201

By Voice staff

Provincial Road 201 will be getting a major overhaul over the next few years.

Manitoba Transportation and Infrastructure Minister Doyle Piwniuk was in Vita last week to announce a \$60-million commitment to upgrade the busy roadway from PR 200 to PR 302.

"Our government recognizes the efficient transportation of goods is an integral part of Manitoba's economy and the provincial highway network plays a critical role in enabling market access," he said. "As the only east-west provincial route serving the Municipality of Emerson-Franklin and the rural municipalities of Stuartburn and Piney, PR 201 is an important highway in the region."

PR 201 is currently subject to Level 1 spring road restrictions, which restricts the maximum axle weight for vehicles to 90 per cent of normal loading in order to protect pavement in vulnerable conditions. While spring road restrictions are in effect, heavy vehicles may need to take alternate routes or haul multiple smaller loads.

The planned improvements will upgrade the highway to Manitoba's heaviest regulated loading classification to accommodate heavy commercial loads year-round.

"This upgrade is a significant and welcomed infrastructure project for our region," said Monique Chenier, economic development manager for Sunrise Corner, a partnership of the RMs of Piney and Stuartburn. "This investment in rural communities and people will enable our local farmers, retailers and manufacturers to be more competitive and grow their businesses to benefit our region and all of Manitoba."

Work on this project is expected to begin in 2025/26. It will begin with \$27.7 million in improvements on PR 201 from Provincial Trunk Highway 59 to PR 302 followed by further upgrades valued at \$33.5 from PR 200 to PTH 59 the follow-

Minister Piwniuk noted PTH 59 is currently being upgraded from the U.S. border to PTH 52 to accommodate heavier commercial loads. That project will be completed this fall, weather permitting.

Investing in Our Communities



Manitoba is investing \$34 million this year in culture and communities through the Arts, Culture and Sport in Community Fund.

This fund supports capital projects, special initiatives and community celebrations - allowing local arts, culture and amateur sport organizations to innovate and respond to emerging community needs, including those that are led by Indigenous, Francophone and ethnocultural communities.

Online funding applications open August 16, 2022. All eligible non-profit organizations are encouraged to apply.

To learn more please call 1-866-626-4862 or visit Manitoba.ca/ACSC.



GVC business students hosting artisan market

By Ashleigh Viveiros

Young entrepreneurs at Garden Valley Collegiate will be launching their businesses at an artisan market at the school next month.

The Winkler school's Gr. 11 venture development students will be selling their wares in The Zone (the upstairs student common area) on Saturday, Nov. 26 from 10 a.m. to 3 p.m.

"We were looking for an outlet for our business students to be able to talk to the public, start selling their products, and really get them excited about their business," explained instructor Rhonda Kezema. "It really lights a bit of a fire under them."

Students so far this fall have been working through developing their own businesses, coming up with a name and logo, researching the market, and figuring out cost-revenue ratios for their products.

The artisan market will give them the opportunity to launch those businesses and interact with real customers.

The event is also open to other vendors from the community at large.

"One of our school goals is to work with the community, so we thought what better way to do that than bring the community in and have these different vendors here and see what our kids are doing as well," said teacher Susana Hawryshko. "We're not just having sellers here for the sake of having sellers, but to give the students that real-life experience."

The students are excited but also a little nervous to be in the spotlight.

Veronika Reimer and Kerri Ketler are developing a scented candle company.

"We came up with our name Seasonal Scents, so we're mainly basing it off of scents that we're going to be selling during the season," explained Reimer. "We're currently working on doing some winter scents for the Christmas season coming up."

A love of fishing led Rylan Hiebert and his friends to focus their efforts on selling fishing lures.

"We have five or six colours lined up and now the ice fishing season's coming so hopefully we're going to get people to purchase them," Hiebert said.

"I've been planning this since Gr. 9 when I found out about this course," he added of his decision to take the business course. "When I grow up I want to do something business related by possibly owning my own small business or working for a business, so I want to learning all this now."

Viktoriia Troitskaia's booth will be offering hand-made home decor items.

"I started with my mother. I just like doing something with my hands," she said. "For the future, my profession [will be] business, so it's good to understand what you can do and how to start it—if I want to start my company I'll know how to do that. It's good information."

In all, the market will include 10 booths run by students, either in groups or individually, plus the outside



vendor tables. The first year GVC hosted this event they had nearly 40 vendors in all.

Registration is \$10 per table. To sign-up, head to gvc.gvsd.ca for an application or email susana.hawryshko@gvsd.ca. The deadline to book a table is Nov. 14.

All the registration fees will go to GVC's Youth in Philanthropy group, which will be handing out grants to local charities next spring.

There is no admission fee to come shop at the market.

Morden council puts call out for youth member

By Lorne Stelmach

CancerCare Manitoba

The City of Morden is looking for its next youth member to serve on city council.

It is an opportunity open to Grade 11-12 students who live in Morden, and Mayor Brandon Burley said they see the youth member playing a vital role.

"We listen to their feedback and, where we can, help them realize some bits of their vision for the city," he said. "So there's a job to be done; it's not just a on paper thing. It's something that we want to fully invest in and prioritize.

"We've been very fortunate as a city to have been well represented both by Molly Wheeler and then by Bijan Salimi," Burley noted. "They both had character in spades, and we have a lot of great young people in this city, and we need to do the best job that we can in listening to them because they do have a lot to offer."

The city is looking for someone to represent the community's youth on council from this fall through to next August.

As a volunteer position, the responsibilities of the youth member include the following:

- Reviewing information sent to them including meeting agenda packages.
- Attending council and committee meetings as the individual is available and contributing to the discussion.
- Where topics are considered to

have a significant impact on youth in the community, obtaining and presenting feedback to council on how youth view the topic.

- Organizing and facilitating a joint meeting between the Morden Collegiate student council and the City of Morden council with the purpose of discussing community issues.
- Speaking at City of Morden media events where the topic is significantly relevant to youth.

"It's added a lot of perspective to city council that we would have lacked otherwise," said Burley. "It's particularly the ability to connect with the next generation and the people who are future voters of Morden and the people that we're trying to build this community to inherit.

"It's a really good opportunity for a student who wants to get some civic experience or volunteer their time and get involved in their community," he continued. "It's a bit of a commitment in terms of the time and attention, but we try to make it as rewarding as possible for them and try to integrate them as fully as we can into the experience."

Bijan Salimi, who most recently served as youth council member, has called it a fantastic experience.

"Mayor Burley and the council were all very supportive, and they made it a true priority to hear other voices and to hear the voices of the youth in Morden. I think they understand if they invest in youth now, it will come back to pay great dividends in the future," Salimi said in an earlier interview.

"I think it was a great opportunity for me to be a voice for our youth," he said. "When you start to listen to your peers, listen to their feedback and the issues they voice to you, it opens you up to a brand new perspective ... that someone has seen something in our city in a different way."

Any youth interested in applying for the position or learning more about it should contact city manager Nicole Reidle by Oct. 31 at 204-822-4434.



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FTC brings Murder on the **Orient Express to the stage**

By Ashleigh Viveiros

Flatlands Theatre Company (FTC) invites the community all aboard the Orient Express next month.

The Winkler theatre troupe performs Agatha Christie's Murder on the Orient Express Nov. 3-6 at the P.W. Enns Centennial Concert Hall.

It's the first full-fledged show from FTC since the pandemic began, notes director Jeanette Hoeppner.

"Not only are we coming back to doing a fully staged drama this season but we're coming back with quite a bang in the setting up of a 1934 Orient Express, which was a luxury train."

FTC crew have been hard at work

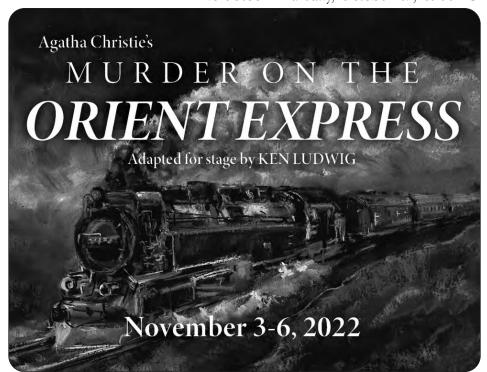
building a pair of train cars as the backdrop for the murder-mystery.

"We have a dining car and a sleeper car on stage," says Hoeppner. "They're not moving vehicles ... but there's a lot of different components we're bringing in to bring it to life."

That includes some special effects and "an element of film" to the show in a way that's new to FTC.

The play is an adaptation of Christie's 1934 novel, adapted for the stage by Ken Ludwig.

A murder is discovered on the elegant Orient Express as it's stopped on the tracks by heavy snow. Luckily, famous Detective Hercule Poirot



(played by FTC veteran Eric Buhr) is among the passengers and he sets out to unravel whodunit.

The cast of 13 includes a few familiar faces and some FTC newcomers as well, Hoeppner says.

Over the past few years, with the uncertainty of pandemic restrictions, all of FTC performances have been of old-time radio dramas, requiring less commitment in the way of costumes, props, and sets.

Getting back into the swing of organizing a large-scale dramatic performance has been a fun challenge for cast and crew alike.

"In some ways it feels like we're starting over again to get back into the habit of thinking of all the different things that comes with putting on a show like this," Hoeppner says. "And yet at the same time, for all of us that have done theatre previously, it's like, 'Oh yeah, I remember this' and we're right back into it again."

Shows are nightly at 7:30 p.m. Nov. 3-5 and at 3 p.m. on Nov. 6.

Tickets are available in advance at winklerconcerthall.ca or at the door.

Four arrested after drug busts in Morden, Winkler

By Voice staff

On Thursday, Oct. 20, Morden Police Service officers arrested two people as a result of an ongoing investigation.

Shortly following that arrest, local police were joined by members of the Regional Support Tactical Team to execute a search warrant on the suspects' home.

During that search, police found a quantity of pills, psilocybin, multiple digital scales, a replica firearm, and other drug trafficking related paraphernalia.

Morden's K9 unit also conducted a search on the suspects' vehicle, with service dog Ice indicating the presence of drugs on the vehicle's hood. Police found a device used to transport controlled substances.

A further search of the vehicle located a hidden lock box in the trunk area that contained methamphetamine and another concealed area in the trunk containing cans of bear spray and pepper spray, pills, methamphetamine, a scale, and other drug related paraphernalia.

As a result of this investigation, a 32-year-old Morden man has been charged with multiple counts of drug possession for the purpose of trafficking, possession of a controlled substance, and possession of a weapon for a dangerous purpose. He was remanded into custody and transported to Winnipeg to appear in court.

Police say a 45-year-old woman, also

from Morden, will be facing similar charges. She was released on an undertaking to appear in Morden Provincial Court in December.

The investigation continues and more charges may be laid.

Police say the amount of meth seized was enough for 150 individual uses at the street level

WINKLER METH BUST

Two Winkler men are facing drug charges after a drug bust at a local motel last weekend.

Just before midnight on Oct. 21, police executed search warrants on three separate guest rooms. Six suspects were initially taken into custody, four of which were later released without charges.

A search of the motel rooms resulted in the seizure of a quantity of methamphetamine as well as drug trafficking paraphernalia.

A 46-year-old Winkler man is facing charges of possession of methamphetamine for the purpose of trafficking as well as with failing to comply with the conditions of an undertaking. He was released and will appear in court

A 50-year-old Winkler man will be charged with possession of methamphetamine for the purpose of trafficking. He was released on an undertaking with a court date in January as



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Meringue Ghosts

You won't be able to resist these sweet, light and crispy ghosts. Decorate them yourself or with someone you love. Yield: 16

INGREDIENTS

- 3 egg whites
- 3/4 cup white sugar
- · 1/4 tsp. cream of tartar
- · 1 tube of black or brown gel icing

- 1. Preheat the oven to 200 F and prepare a parchment-lined baking sheet. Pour about a cup of water into a saucepan and bring to a boil.
- 2. In a large metal bowl, whisk together the egg whites, sugar and cream of tartar. Place the bowl over the pot of boiling water to create a double boiler. Make sure the bowl doesn't touch the water.
- 3. Heat the mixture, constantly whisking, until the sugar is dissolved. Remove the bowl from the saucepan and whip with an electric mixer until stiff peaks form. Carefully pour the mixture into a pastry bag or resealable plastic bag with a cut
- 4. Pipe 16 ghost shapes. Place the baking sheet on the middle rack of the oven and bake for three hours. Turn off the oven and leave the door slightly ajar to let the meringue ghosts dry for at least two hours. When the meringues are completely cooled, decorate them with gel icing.

Find the 7 differences







Get your crayons, pencils and markers and decorate the Halloween drawing.





















YOUR FAMILY FOOTWEAR STORE 204.325.5538





WORK & WESTERN WEARHOUSE

Volunteer fair a big hit



PHOTOS BY LORNE STELMACH/VOICE

Fifteen organizations and agencies were on hand last Tuesday for Morden's first Community Volunteer Fair. The Morden Activity Centre expanded on their own search by providing a means for other organizations to recruit as well, giving local



organizations opportunity to raise public awareness of what they do in the community. "I think it's a win win for everybody ... it's sort of an outlet mall for volunteers," said Rhonda Plett. resource coordinator for Morden Services for Seniors.



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October 24-28 is Canadian Patient Safety Week

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For patient safety resources, visit healthcareexcellence.ca

About the College of Physicians and Surgeons of Manitoba (CPSM)

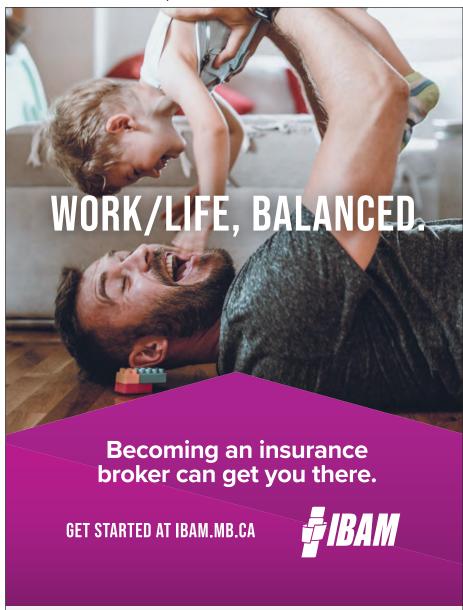
CPSM is the medical regulatory body that oversees the practice of medicine in Manitoba. We are guided by our responsibility to protect the public. We follow the framework in The Regulated Health Professions Act.

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3-575 Boundary Trail

Celebrating Diwali



The Pembina Valley Indian Society along with friends and dignitaries gathered at the Access Event Centre in Morden Saturday for a Diwali celebration. Diwali is India's biggest and most important holiday of the year, and it is a colourful celebration marked by several major religions around the world with a common theme of light



PHOTO BY LORNE STELMACH/VOICE

overcoming darkness. Co-ordinated by lead organizers Sachin Jain and Kunal Patel, the local gathering featured cultural activities, games and prizes, snacks, soft drinks, sweets and a lavish dinner followed by fireworks.





Enrolment and budget challenges ahead for Border Land School Division

By Lori Penner

Border Land School Division (BLSD) trustees may be heading into the 2022/23 school year with most of the same familiar faces around the boardroom table, but they'll still be facing a number of new challenges.

The nomination deadline in September resulted in seven incumbent trustees retaining their seats by acclamation. There remain vacancies in Ward 2 and Ward 7.

Vice-chair Patty Wiebe said the board will be determining the next steps regarding the two open seats in the near future.

As a division, they'll be juggling a number of things in the coming months, including next year's budget season

"It will be a season filled with unknowns," Wiebe said. "The government has undertaken a new funding formula for school divisions in Manitoba. At this point, we still have no information or direction from the province and have been told that this new formula will be applied to the 2023 budget, and that needs to be set for March 15.

"This makes planning for the future very difficult, but this is work we will engage with our senior administration"

Superintendent Krista Curry said while they won't have to do as much board orientation this year, they'll still be continuing ongoing work on their priorities in the areas of literacy, numeracy, Indigenous education, and education for sustainable development.

"Some of the work there was scaled back during COVID and so the board's expectations now will now be focusing on that work. In the areas of literacy and numeracy, we'll be looking for gaps that happened as a result of COVID and then planning to overcome those gaps and work with students to bring them back to grade levels in places that decreased."

She added that even with the new funding formula coming, their priorities are still to have quality education in all their classrooms and not impact the front lines if they have to make budget cuts.

"That will be a lot of the work the board focuses on this year, once we know the new budgeting formula and how that impacts our division directly," said Curry. "I know they're looking to simplify it and make it more transparent. But they're not talking about the pot of money increasing, so we really don't know."

Meanwhile, BLSD's enrolment decreased by about 70 students this year.

"Much of this has to do with the trend towards smaller families," Curry noted. "And we also know there are some students who have moved to private schools. We appreciate that and the parents' perspective. But we



PHOTO BY LORI PENNER/VOICE

Border Land School Division saw its enrolment drop by 70 students this fall compared to last year.

have 17 locations across the division and so if you start losing a couple of students in each of those locations, it adds up pretty quick.

"We also see a number of kids coming back after homeschooling. But coming out of two years of COVID, it's hard to really determine enrollment trends right now."

The BLSD board will have their first meeting and senior planning day on Nov. 4 to review policies and set goals.

"Local values and beliefs provide the foundation for board policies," Wiebe said. "Setting policy and direction for the division is one of our main functions as a school board."

Another goal of the board, she said, will be to continue to grow under-

standing of what the role is as trustees, the role of the board, and the role of the provincial government in decision making.

"It is important that people understand this so that they can make an informed decision and possibly run for trustee in the next election. Maintaining open communication with the communities we serve is going to be one of our top priorities for Border Land School Division this year."

The BLSD board is in the process of planning a community consultation event where ratepayers can hear about their plans for the coming year.

"The shelves keep emptying, but the need keeps growing"

By Lori Penner

With another winter approaching and food prices on the rise, Angelika Stoesz of the Rhineland & Area Food Bank is encouraging residents to continue to offer their support.

"The shelves keep emptying but the need keeps growing."

Last week, youth from four local churches and Altona Youth for Christ canvassed for non-perishable food items around the community. The event resulted in many truckloads of supplies for the shelves.

Stoesz says she is deeply grateful.

"The community really supported us again. The shelves are full right now. But we have up to 50 hampers that go out a week, and some of those are very large families. It goes quickly."

She notes that École Parkside School is currently collecting items for them

as well.

"That's always great to see. So, yes, we need continual replenishing, and the community has been very generous."

Monetary donations are also most welcome.

"We do get discounts," Stoesz notes. "If I spend your \$20 it goes further than when you spend it."

Stoesz reminds those who want to donate to stick to their Top Ten Wish List of canned or packaged items: soup, pasta, rice, peanut butter, meat, fruit, vegetables, cereal, oatmeal, and beans.

"After a long break from fundraising, it's a good idea to re-educate the community on what we need," she says. "It's great to get things like condiments and such. We did also get a lot of sweets this year, but we do try to provide healthy options."

Stoesz says they also had a huge re-

sponse from those sharing their garden produce this year. Occasionally they also receive some meat when the Winkler food cupboard has an overabundance.

"But that's not very often, so we don't depend on it."

Local churches and stores have also been generous, she adds.

"IGA is part of a program called Second Harvest, where grocery items that are at, or almost at, their best before expiration date are donated to the food bank. We can't physically give it out, but we can put it on a table, and they can help themselves."

Meanwhile, Stoesz says they're still enjoying the new space in the Co-op storage building on Centre Ave.

"It's bigger and works so much better for us. We still limit it to 10 people inside at a time. We also still like to social distance and have masks and sanitizers available. We do encourage

people to use them out of consideration."

Patience and kindness are another two things she wants to encourage.

"It's a process when you get here. COVID has made people a little impatient. Please remember that we are completely volunteer run, and they do their best to serve you here."

Stoesz anticipates those volunteers will be kept quite busy in the months ahead.

"We know how groceries have gone up in the last few months. And I think that will just get worse. With that, the need for this place increases. These shelves won't stay full for long."

The Rhineland & Area Food Bank is open Mondays from 10-11 a.m. and 7-8 p.m.

Financial donations can be mailed to: Rhineland & Area Food Bank, Box 1107, Altona, MB, R0G 0B0.

Southern Health reports on a year of challenges, successes

By Lorne Stelmach

The region's health care leaders expressed optimism recently as Southern Health-Santé Sud held its annual meeting.

Challenges remain for the health care system as we continue to emerge from the pandemic, but officials sounded a hopeful tone in their message that was built around the theme of "meeting the moment."

"Meeting the moment in the past year has meant different things to each of us. It may be impossible to find the right words to describe the impact and tragic consequences of a global pandemic," said CEO Jane Curtis.

"It's exhausting duration, it's scale and severity most of us have never seen before," she continued. "We have been tested, and I am proud to say how in a profound and real way, Southern Health-Santé Sud is meeting this moment."

"We know more than ever just how critical the nature of our work is and how vital our health care system is as a whole," added board chairperson Adam Monteith.

Curtis reflected on the heroes who have kept showing up to work despite all of the challenges, but she acknowledged it has taken a toll on everyone.

"We value and priorize the health and well being of our staff and are determined to continue making Southern Health-Santé Sud a great and safe place to work," she stressed.

Monteith added that COVID-19 has also produced some silver linings, as it required a higher level of innovation and collaboration and presented opportunities to make use of and even expand on technologies.

"Now more than ever, we are reminded of the fundamental role that



SCREENSHOT

Southern Health-Santé Sud board chair Adam Monteith and CEO Jane Curry spoke at the RHA's virtual annual general meeting last week.

health care occupies in society," Curtis continued. "It has also put a spotlight on some of the areas in our health system that need better co-ordination and attention.

She maintained that progress is being made in our health care system especially with the implementation of the clinical and preventative services plan with patient focused solutions.

There have been a variety of other positive initiatives ranging from advancing virtual care options to a provincewide approach to increasing surgical and critical care capacity.

Monteith then highlighted what he called a historic \$812 million in capital investments over the past year, including a new hospital in Portage, hospital expansions in Steinbach and at Boundary Trails Health Centre as well as the completion of several other projects like the new Boyne Lodge in Carman, expansion of Rest Haven in Steinbach, and EMS improvements in Crystal City and Portage.

Looking ahead, the health authority is now working on a new five-year strategic plan that will involve everything from phone interviews and focus groups to engagement with key partners and stakeholders.

"These changes reflect the evolving current environment and will inspire all we do as we move forward in a post pandemic future," said Monteith, as he and Curtis emphasized the idea of healthier people and healthier communities thriving together.

They touched on the challenges of trying to address the low vaccination rates in the region as well as doing their part to help facilitate reconciliation with a focus on needs in the health care system.

"In an effort to continue our work towards reconciliation, the region has formed an Indigenous health program team to help provide focused attention and ongoing work to address this," said Curtis.

She also highlighted the goal of strengthening care options that are community-based.

They continue their work to bring more specialists and clinicians to the region but also to have them work more together with the example of the new cardiac rehab program—a six week initiative that focuses on im-

proving cardiovascular health of individuals who recently had a negative cardiac event or have recently had a cardiac procedure.

"Specialized programs are being created closer to home," said Curtis.

A question from those in attendance at the virtual meeting focused on what is being done to address physician and nursing shortages.

"There is a lot of work going on provincially and within our region," said Curtis, who noted that provincially there is an increase in training spots for nurses. "I think it's also very exciting that the province is looking outside of the country to internationally educated nurses.

"We use our social media platforms to get the word out there about what it's like to work in Southern Health-Santé Sud ... we do a lot of presentations at recruitment fairs," she continued. "We're trying to bring more training programs in-house in the region so people don't have to move into Winnipeg if they want to train as a nurse or health care aide."

Another discussion point touched on care for seniors at home as a growing need and priority. It was noted that home care criteria is being reviewed as there is an interest and a push to find more innovative ways to allow aging at home.

Another question wondered why was Steinbach was chosen for a new dialysis unit as opposed to other locations such as BTHC. It was noted that Steinbach did not have one in place, so patients from that area have needed to go to Winnipeg.

"It was very evident those numbers were increasing," explained Curtis.

Financially, Southern Health-Santé Sud ended its fiscal 2021-22 year with a deficit of just over \$18.5 million, but it is still left with an accumulated surplus of just over \$94.2 million.

Flu shot clinics coming to sites across Southern Health

By Ashleigh Viveiros

As the warm weather winds down and winter looms, public health official are reminding Manitobans that flu season is coming, and one of the best ways to protect both yourself and your community is to get the annual flu shot.

"Influenza is an important virus that typically circulates every year. It causes just over 12,000 hospitalizations and about 3,500 deaths in Canada in a typical flu season," notes Dr. Davinder Singh, Medical Officer of Health with Southern Health-Santé

Sud.

COVID-19 precautions have helped to blunt the impact of recent flu seasons, Singh says, but that's likely going to change this winter.

"We may experience a return of a typical flu season this year," he says, noting physical distancing and mask-wearing not only slowed the spread of COVID-19 but also other respiratory illnesses the past few years. "So we haven't seen the typical flu levels.

"But when we look at countries in the Southern Hemisphere, specifically looking at places in Australia, South Africa, Chile, they did have a return of a typical flu season."

In fact, Australia had one of its worst flu seasons in five years during their winter—a sign of what may be to come here in the Northern Hemisphere.

The Manitoba health system is still under strain due to the COVID-19 pandemic, so the fewer people who need to be hospitalized with influenza, the better.

"If you spoke to a health care practitioner before COVID, even, you would hear that ... the flu season causes large strains on our system," Singh says.

Immunization has been shown to reduce the number of physician visits, hospitalizations, and deaths among those at highest risk of influenza and its complications—people age 65 and up and those with weakened immune systems due to other conditions.

But even if you aren't at high-risk of complications, the flu vaccine is still an important one to consider, Singh stresses.

"We do emphasize that those people who are at higher risk and the people they're in contact with ... that it's es-

Continued on page 15





LEFT PHOTO BY ASHLEIGH VIVEIROS/VOICE; ABOVE PHOTO SUBMITTED

From left: Katelyn Lang, owner Isolde Termer, Ivonne Termer, and RM of Rhineland councillor June Letkeman cut the ribbon on Livienne Bridal Boutique's new home in Plum Coulee Saturday. Located downtown, the boutique offers a range of gowns and accessories.

Livienne Bridal Boutique puts down roots in Plum Coulee

By Ashleigh Viveiros

Downtown Plum Coulee welcomed its newest business to town last week.

Livienne Bridal Boutique cut the ribbon on its space at 253 Main Ave. on Saturday.

Previously located in Winkler, the boutique was purchased by Isolde Termer this summer and opened its doors in the former town civic building during Plum Fest weekend.

Termer lives in Plum Coulee herself and wanted to bring her new business closer to home.

She's been involved with Livienne as a seamstress since it opened a few years ago. When the former owners announced they wanted to sell, she decided it was too good an opportunity to pass up.

"So now here I am," she says, noting the past few months have seen people

from all across southern Manitoba make the trip to town to look for their special dress.

Livienne's offers a wide variety of wedding dresses, of course, but also bridesmaid dresses, outfits for the mother of the bride, flower girl dresses, and a growing selection of graduation gowns.

They also have a few accessories available, including veils and some

Termer plans to grow her inventory and notes she can also order in dresses to suit any style.

"I tell girls if you have some idea, a style you're looking for, probably I can find something similar.'

Her job doing alterations meant Termer has worked with a lot of brides over the years, but getting the chance to be with them as they actually chose their gown is a special mo-

"Everybody is different—some want a bit of sparkle and others want it plain," she says, sharing the best part of all is "when all the alternations are done and it fits perfect and they're so

Livienne Bridal Boutique is open by appointment. You can reach Termer at 204-325-5595, via email to Livienne. bridal@gmail.com, or through the shop's social media pages.

Amaranth CU members okay merger with Access

Amaranth Credit Union's members have approved the proposal to merge with Access Credit Union.

The merger received the necessary two-thirds majority vote on Oct. 20. Access members were not required to vote since Amaranth represents less than 10 per cent of Access' total assets.

"The partnership with Access provides tremendous benefits to our members, employees, and communities." said Amaranth board president Marie Strong in a statement last week.

The merged credit union, operating

under the name Access Credit Union, will have more than \$10 billion in assets, over 168,000 members, over 900 employees, and 53 branch locations.

The merger will take place on Jan. 1,

> FLU SHOTS, FROM PG. 14

pecially important for them to be immunized," he says. "But even for people that don't fall into those categories, it's still recommended that they get the vaccine because that can help themselves and their community overall in preventing infection or, if they do get infected, preventing the likelihood of getting a severe disease or hospitalization.

"And I will note that every year there are people in a typical flu season that are otherwise young and healthy that end up experiencing severe disease, including going to the hospital and the ICU. So even though it's a lower risk, it can still happen."

The vaccine can cause side effects in some people, including, most commonly, a sore arm and possibly fever, chills, or fatigue. These symptoms only last a day or two and pale in comparison to a full-fledged case of the flu.

"It's a sign that your immune system is responding to the vaccine and making the antibodies in case you do actually get exposed to flu this year,"

Singh says. "So that's a good thing, and most people's experience is that the symptoms are very mild or moderate."

More serious negative reactions are incredibly rare, he adds.

All Manitobans over six months of age are eligible for the free seasonal flu shot. It's recommended people age 65+ get the high-dose flu vaccine (your immune response to a vaccine weakens as you age).

There are flu vaccination clinics coming up all across the region over

the next few weeks, including in Altona Nov. 10 and Nov. 16, Carman Nov. 9, Morden Nov. 14 and Nov. 23, and Winkler Nov. 17.

The complete flu clinics schedule is available online at www.southernhealth.ca. You can also ask your primary care provider or, for people age seven and up, visit a local pharmacy

A map of local locations for vaccination is available online at ProtectMB.

News or sports tip? E-mail news@winklermordenvoice.ca or call 204-325-6888

getinformed

Check your soil account balance

By Warren Ward

Soil nutrient analysis is like a balance slip from the bank. By checking the balance this fall, farms can set fertilizer rates specific to the needs and yield potential of each field.

Sampling in late fall instead of just before seeding gives the advantage of time. With results in the fall, farms have more time for fertilizer planning. Fertilizer prices can also be lower in the fall, but not always. With fall soil test results, the general benefit is that farms can plan their blends and rates, and buy the right amount of fertilizer at a lower price.

The best time for fall sampling is after soils cool to below 10°C. Cool soils reduce the microbial activity that can mobilize nutrients. Soil samples collected after this activity slows down will more closely reflect spring nitrate contents. If farms plan to band fertilizer in the fall, sampling when soils drop to 10°C (but not too much lower) should allow for fall application – based on soil test results – before the ground freezes.

A custom-collected two-depth

sample (0-6" and 6-24") plus lab fees will cost around \$100. More samples collected should lower the cost per sample. Soil nutrient analysis may not provide a return on investment for every field tested – especially if results confirm that a farm is using the right rate to meet its yield target. However, soil test analysis may encourage a farm to use higher nitrogen rates to match yield goals or, in the case of high nutrient reserves, lower their rates. In these cases, profitability can go up with soil tests.

ONE SAMPLE OR MANY?

One composite sample per field can provide a general impression of soil nutrient levels. For the composite, take 15-20 cores from the most productive areas – not hill tops, not low spots, not saline areas. Divide each core by depths and put them into separate pails. Suggested depths are 0-6" and 6-24", or a three-way split of 0-6", 6-12" and 12-24". Submit a separate sample for each depth.

With composite samples, farms can create fertilizer blends specific to the



needs for each field. If field-specific fertilizer blends are not logistically possible, a compromise is to apply the same blend at different rates to match the yield goal for each field.

Zone sampling increases precision. Instead of one composite sample per field, submit composites for each productivity zone within the field. Zones are generally based on productivity differences that can be fairly predictable based on soil characteristics, drainage or elevation. Three zones could be hilltop, mid-slope and lowlying areas. For each zone, follow sampling methods similar to the composite sample technique. This could mean six or more samples per field (two depths for three zones, for example), but this method can provide meaningful results for fields with higher levels of soil variability, and can point to the potential value of variable-rate fertilizer applications.

CANOLA 4R ADVANTAGE

The new Canola 4R Advantage program provides financial incentive to

soil test fields that have not been sampled as part of a 4R Nutrient Stewardship plan in the past.

Canola 4R Advantage, funded by Agriculture and Agri-Food Canada through the Agricultural Climate Solutions - On-Farm Climate Action Fund (OFCAF), is a voluntary program that supports farmers in initiating or advancing 4R Nutrient Stewardship practices. Canola farmers can apply for funding to help pay for practices that can improve nitrogen management. Eligible practices include soil testing, enhanced efficiency fertilizer, preferred application timing and field zone mapping. Farmers can seek funding for up to two practices per year. Up to 85 per cent of eligible costs can be reimbursed – up to \$12,000 per farm each year. For more on the program, including guidelines and application, visit canolacouncil. org/4r-advantage.

-Warren Ward is an agronomy specialist with the Canola Council of Canada. Reach him at wardw@canolacouncil.org.



Hanging the Scotties banner

Proud papa and coach Sheldon Zacharias, father of Altona's Mackenzie and Emily Zacharias, last week unveiled a banner at the Altona Curling Club marking Team Zacharias' provincial championship win late last year.

SUBMITTED PHOTO

Get Ready to #ShowYour4HColours

Submitted by Manitoba 4-H

Calling all 4-H youth members, volunteer leaders, alumni, and supporters! November 2 is Show Your 4-H Colours Day!

Manitoba, dig into those closets and put on your favourite piece of green clothing and join thousands of members and volunteers from coast-tocoast-to-coast in helping local communities

Show Your 4-H Colours is the annu-

al celebration of 4-H that highlights 4-H's proud Canadian heritage and ongoing commitment to growing inclusive opportunities for youth empowerment. Use the hashtag #ShowYour4HColours on Instagram, Twitter and Facebook and celebrate one of Canada's leading positive youth development organizations.

Go green, support your community and Show Your 4-H Colours. For more details, visit showyour4hcolours.ca.



Local Insurance Brokerage Being Proactive to Keep MB Roads Safer

Rempel Insurance Brokers, Manitoba's largest independent transportation Insurance broker, is taking a proactive approach to protecting their clients. They have aligned with the trucking industry's top fleet safety experts to ensure the most up-to-date safety information is easily accessible to their clients.

Rempel Insurance Brokers have formed a strategic partnership with Tim Lucko and Rick Geller of GL Transport Consulting (GLTC). Tim and Rick have extensive knowledge and experience in compliance and governance of fleet safety management. They are known throughout Canada and the U.S. for their training and guidance within both the transportation and insurance industries. By aligning with Rempel Insurance, together they can further their mutual goals of delivering the most relevant safety information to the transportation industry, creating a culture of safety and improving business outcomes.

Rempel Insurance Brokers serves over 150 Manitoba based trucking companies, and are committed to helping their clients succeed. They have built a strong reputation within the industry for their expertise and timelines, always ensuring their clients have what they need to stay on the road and keep their loads moving.

The relationship between Rempel Insurance and GLTC developed through their work within the insurance industry as well as the Manitoba Trucking Association. Rempel Insurance recognized that this collaboration would bring a whole new level of value to serving their clients.

GLTC's long term fleet safety service offerings in Manitoba are now exclusive to the clients of Rempel Insurance and focus on improving safety through assessment and coaching of both governance and compliance within an organization. If you are interested in learning more about how to qualify for these services, please contact Rempel Insurance at 204-746-2320.



From left to right: Brendan, Naomi, Ryan, Erika, Shawn, Shane, Rick Geller (GLTC), and Tim Lucko (GLTC)











PLTO PLTONE PLTO

Pembina Valley Pinoy basketball league begins

Altona Mayor Al Friesen (above, in the yellow hoodie) was on hand at W.C. Miller Collegiate Saturday to help with the opening tip off of the inaugural day of games for the Pembina Valley Pinoy Basketball Association. The new inter-town league features teams from Altona, Morden, Winkler, and Morris, all made up of members of the regional Filipino community. Basketball is the most popular sport in the Philippines, akin to hockey's popularity here in Canada.

SUPPLIED PHOTOS





THE PATH TO TOTAL WELL-BEING

The proven benefits of massage

BOOSTS THE IMMUNE SYSTEM

A study found that massage increases production of lymphocytes, white blood cells that play an important role in the body's ability to fight off disease. Participants who received 45 minutes of Swedish massage were found to have higher levels of lymphocytes than those in the control group.

IMPROVES MOOD

Research indicates that massage therapy positively influences the cocktail of hormones and neuro-transmitters that affect our mental well-being. After a massage therapy session, cortisol, the so-called stress hormone, is decreased, while oxytocin, the love hormone, is increased. Higher levels of the neurotransmitters serotonin and dopamine, which regulate mood and pleasure, are also found in the brain following a massage. For these reasons, massage therapy could be particularly beneficial for those with anxiety and depression.

REDUCES INFLAMMATION

A study published in Science Translational Medicine found that a ten-minute massage could provide significant relief of muscle soreness following physical exertion. Another study found that subjects who were treated with massage therapy had decreased levels of cytokines, molecules associated with inflammation.

REDUCES PAIN

Various studies support the claim that massage can alleviate lower back pain. In one test, 33 percent of subjects who were given a massage once a week for ten weeks saw an improvement in symptoms, versus only one out of 25 who received conventional treatment. Back massage can reduce stiffness and pain as well as enhance range of motion.



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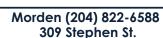
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www.mordenchamber.com

Peace and relaxation at **Bhavva Wellness Centre**

Bhavva is being in a state of peace and relaxation, so it is a fitting name for Bhavva Wellness Centre, which aims to restore and maintain

The centre started out in a single room rented in the back of a local salon with just one therapist. Today, it's in its own clinic with three spacious rooms shared by four registered massage therapists and an acupuncturist.

tion is effective, efficient, and stress-free.

Jordyn Wuerch has been a registered massage therapist since 2017 and worked in three massage clinics and one physiotherapy office before moving back to Morden and starting her own practice.

"It's been very good ... it's been a bit surprising how quickly it has caught on and how busy we have been," she says.

"I think the range of services and our hours work in our favour," Wuerch notes. "We're open seven days a week ... and we're very accommodating. A lot of my therapists will work whenever someone asks for an appointment. They're not super set on their schedules.

"We have a wide variety of services which allows us to refer to other therapists within the clinic when needed, but we are also very grateful for the wellness community in Morden where we find confidence in referring our clients out as well."

Wuerch is passionate about working with clients to build a treatment plan that helps them achieve their goals, whether its pain relief, to de-stress, or just to spend an hour relaxing.

They are always looking for more opportunities for further training and expanding their services. Currently, the services provided include deep tissue/therapeutic massage treatment, myofascial cupping, reflexology, acupuncture, prenatal and post-natal massage, facial cupping, myofascial release, hot stone massage, infant massage, and couples mas-





Jordyn Wuerch of Bhavva Wellness Centre has worked hard to grow the services they're able to offer their clients.

"Through my education, I developed an interest in the complexity of the myofascial system of the body, which lead me into my first continuing education course of myofascial cupping," Wuerch says. "I have now also travelled to Edmonton to expand my cupping knowledge to add facial cupping as well."

They also offer mobile massage therapy services for patients who have trouble reaching them at the clinic and offer massages to Bella's Castle guests in a room on-site.

For more information, head to bhavvawellness.







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sports&recreation



PHOTO BY RICK HIEBERT/VOICE

All eyes were on the puck in front of Winkler goalie Malachi Klassen, the Friday night game's first star with his 44-save night. OCN won it 4-3.

By Ashleigh Viveiros

The Winkler Flyers added a win and a loss to their record last week.

They followed up a 4-3 loss to OCN Friday with a 3-1 win against Swan Valley Saturday, both games taking place in front of a hometown crowd.

Friday's game against the Blizzard required overtime for a decision, the score tied at 3-3 after 60 minutes.

After a scoreless opening frame, OCN was up 1-0 for most of the sec-

ond before Mike Svenson tied things up with seconds left on the clock.

A second goal from Svenson early in the third coupled with one from Dalton Andrew pulled Winkler into the lead briefly, but OCN managed two more of their own to force the extra period.

It was the Blizzard's Ashton Paul who got the winning goal two minutes in.

Malachi Klassen went the distance in net for Winkler, making 44 saves off

48 shots on goal. His teammates fired 31 shots the other way.

The pendulum swung the other way for Winkler the next night against the Stampeders.

Winkler was up 1-0 through the first 40 minutes thanks to a goal from Trent Sambrook midway through the first.

Svenson then bookended the third period with a goal at 3:54 and an empty-netter at 19:58. Swan Valley got their lone goal in the 16th minute. Winkler outshot Swan Valley 39-36

overall, with Aidan Comeau making 35 saves in net.

With that, Winkler remains in third place in the MJHL East Division standings with a 9-3-1-1 record for 20 points. They trail the Pistons in first by four points and the Terriers in second by two, though Portage has a game in hand.

This week the Flyers have a homeand-away with Virden, playing in Winkler Wednesday and in Virden Saturday.

Female Hawks struggle at Minnesota tournament

By Lorne Stelmach

The female U18 Pembina Valley Hawks faced a tough test at an elite tournament in Minnesota this past weekend.

The Hawks took part in the Tradition National Invitational Tourna-

ment from Oct. 21-23.

The tournament hosted in Blaine, Minnesota featured teams from all over the U.S. and Canada with play in both AAA and tier one divisions and age categories including U16 and U19.

The Hawks fell 6-1 in their first

game against the St. Louis AAA Blues Friday and then were shutout 2-0 later that same day by Ironbound 19U. Their third game Saturday saw Pembina Valley again blanked 2-0 by Shattuck-St. Mary's.

The Hawks return to league play this week having struggled in the ear-

ly going. Their record of 2-5-0 for four points has them sitting in seventh place in the eight team league.

Pembina Valley remains at home in Morden this weekend for a pair of games against Winnipeg teams starting with the Ice Friday night followed by the Avros Saturday evening.

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AUCTIONS

315 ACRE FARM Edwardsen Brothers, Sells at timed auction closing Nov 7. 3 miles South & 2 West of Ashern. Sam 204-771-3399 & Reuben 204-771-1343.

at 204-461-1649

CONDO FOR RENT

Cedar Estates Condo for Seniors in Winkler -1050 sq. ft. comes with 2 bedrooms, 2 baths, laundry room, kitchen, dining/living room. Located on 8th floor, east side. Available November. Includes water. hydro, inside parking Appliances include fridge, stove, dishwash-\$1590 per month. Contact Tina at 204-362-3049.

HELP WANTED

BOCKY MOUNTAIN EQUIPMENT HIRING: AG Equipment Techs, Equipment Heavy Techs - Journeyman, Apprentices, and CVIP/ Truck Techs. View open roles www.rockymtn. com/careers . Relocation and signing bonus offered.

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WEEKLY CONSIGNMENTS Wednesdays

Sell with Norsemen and AuctionTime and get your items seen worldwide. AuctionTime consistently brings auction values higher than any other auction platform.

Call Jordan for details 204-651-0008

EMPLOYMENT

Alzheimer Society

Dementia Care & Brain Health

The Alzheimer Society of Manitoba is hiring for a part-time (0.8 EFT) permanent Regional Coordinator in the South Central Region, based in Winkler, MB.

The Regional Coordinator is responsible for the provision of support, information and education services to people with dementia and their family care partners within the South Central Region

The successful applicant should have:

- Experience working in a social sciences or health care related discipline.
- Experience in the field of dementia care and family support
- Experience in providing supportive counselling
- Experience working in non-profit milieu

Please submit cover letter and resume by email clearly stating how the requirements are met by Friday, November 4th at 4:30 pm to Liz McLeod, Senior Manager, Regional Services at Imcleod@alzheimer.mb.ca

EMPLOYMENT



RURAL MUNICIPALITY OF STANLEY PUBLIC NOTICE - BOARD OF REVISION

Public Notice is hereby given that the 2023 Assessment Roll for the Rural Municipality of Stanley has been delivered to the Municipal Office at 1-23111 PTH 14 and is open for public inspection during regular business hours. Applications for revision may be made in accordance with Sections 42 & 43 of The Assessment Act:

A person in whose name property has been assessed, a mortgagee in possession of property under Subsection 114(1) of The Real Property

Act, an occupier of premises who is required under the terms of a lease

to pay the taxes on the property, the authorized agent of the person, mortgagee or occupier, or the assessor may make application

for the revision of an assessment roll with respect to the following matters:

- liability to taxation;
- amount of an assessed value:
- classification of property; or
- a refusal by an assessor to amend the assessment roll under Subsection 13(2).

APPLICATION REQUIREMENTS

43(1) An application for revision must

- be made in writing;
- set out the roll number and legal description of the assessable property for which a revision is sought:
- set out which of the matters referred to in subsection 42(1) are at issue, and the grounds for each of those matters; and
- d) be filed by
 - (i) delivering it or causing it to be delivered to the office indicated in the public notice given under Subsection 41(2), or
 - (ii) serving it upon the secretary,

at least 15 days before the scheduled sitting date of the board as indicated in the public notice.

The Board of Revision will sit on Thursday, December 1, 2022 at 10:00 a.m. in the Council Chambers of the ural Municipality of Stanley to hear applications.

The final date on which applications must be received by the Secretary of the Board is Tuesday, November

Dated at Winkler, in Manitoba, this 27th day of October, 2022

Dale Toews - Secretary Board of Revision Rural Municipality of Stanley 1-23111 PTH 14 Stanley MB. R6P 0B1

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Instructor, Practical Nursing School of Nursing Morden, Manitoba Full-Time term: December 2022 – August 2024

Competition #39-22/23 Salary: \$58,764 to \$87,303 annual (\$31.07 to \$46.16 hourly) (Educational supplement: Masters \$1.45/hour, PHD \$2.89/hour)

Assiniboine Community College strives to create exceptional learning experiences for our students. We place a high priority on student success and are committed to building an environment that creates and supports a high level of student engagement. We are committed to contributing to First Nation, Metis and Inuit prosperity by having the highest college participation

Be Passionate. You will be an engaging and forward-thinking Instructor, ready to share your passion and knowledge of the nursing profession with students in our Practical Nursing program. Enthusiasm that can be applied to classroom management, student evaluation, academic advising and related administrative duties will be essential. You will be well-informed about the role of the CLPNM, the Practical Nurse entry-level competencies, scope of practice and other regulatory requirement of our students and the Licensed Practical Nurse in Manitoba.

Take Initiative. We are looking for someone who loves to communicate, wants to share their knowledge and is committed to creating exceptional learning experiences for our students. With your relevant post-secondary nursing education and significant industry experience, particularly in the areas of acute medicine and surgery, you will be able to contribute to an unparalleled student experience for our nursing students. Teaching experience in an adult environment is highly desirable, experience using Moodle an asset.

Deliver Results. As an instructor in the Practical Nursing program, you will have the appropriate nursing credential and other relevant post-secondary education, be registered and in good standing with CRNM, CRPNM or CLPNM, and have relevant experience in teaching (theory, lab, and clinical). You will have a solid understanding of program and curriculum development, Indigenization and decolonization of curriculum, classroom instruction, assessment and evaluation, student advising and group facilitation. You will also have well-developed technical skills, particularly in Microsoft Word, have highly developed communication skills, strong organizational skills, and be able to work effectively as part of the Practical Nursing team.

This competition will remain open until filled.

Assiniboine Community College is committed to reconciliation and ensuring that its policies, practices, and systems are free of barriers. Assiniboine values diversity and promote full participation to ensure dignity, respect, and equal access for all employees.

Assiniboine welcomes applications from all qualified candidates who are legally entitled to work in Canada, including Indigenous peoples, persons of all abilities, members of visible minorities, all genders and sexual orientations, and all other groups protected by the Human Rights Code.

If you are interested in this career opportunity, please forward your resume and cover letter to the address/email/fax information found at the bottom of this page. Requests for accommodations can be made at any point during the recruitment process through the same contacts.

Assiniboine Community College c/o Human Resources 1430 Victoria Avenue East, Brandon, Manitoba R7A 2A9 Fax 204.725.8736 or Email humanresources@assiniboine.net

We thank you for your interest. Those selected for further consideration will be contacted.





Border Land School Division invites applications from exemplary leaders for the position of

STUDENT SERVICES MANAGER OR STUDENT SERVICES COORDINATOR

FOR DETAILS VISIT WWW.BLSD.CA

EMPLOYMENT

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Is looking for a concrete driver. Starting wage to be \$24.00 per hour plus compensation & benefits Bring resume to plant. Phone No: 204-324-5564



Chief Financial Officer

The Municipality of Rhineland is accepting applications for a full-time permanent Chief Financial Officer.

A complete job description is available at our website: http://www.rmofrhineland.com/p/employment-opportunities

POSITION SUMMARY

The Chief Financial Officer is responsible for the financial functions of the Municipality along with various other administrative management functions.

QUALIFICATIONS AND EXPERIENCE

Candidates are expected to have a thorough knowledge of accounting through related experience and or training. A professional accounting program (CPA) and/or Municipal experience would be considered an asset.

PAY PACKAGE

The salary will be competitive with a comprehensive benefits package.

Please submit your resume and cover letter detailing how your experience and qualifications meet the requirements. We thank all that apply, however, only candidates selected for an interview will be contacted. The position will remain posted until filled. The candidate being considered will be required to undergo a Criminal Record Check.

Michael Rempel

Chief Administrative Officer

R.M. of Rhineland

Box 270 Altona, MB R0G 0B0

Phone: 204-324-5357 Fax: 204-324-1516

E-mail – Michael.rempel@rhinelandmb.ca

Classifieds

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Insurance Specialist

Competition: #2022-23-21 Location: Morden, Manitoba

(There may be an opportunity for a hybrid work arrangement.)

Manitoba Agricultural Services Corporation (MASC) has an exciting opportunity for you to be a part of a team that values building relationships, enables change, and supports the agriculture industry in Manitoba. Come join our team as we offer an engaging work environment, competitive pay, a comprehensive benefits package (including pension plan), and we encourage a healthy work-life balance.

Reporting to the Client Service Manager, the Insurance Specialist is responsible for providing a high level of personalized customer service to Manitoba producers. The successful candidate will be the insurance expert for the service centre team. In this role, you will be responsible for ensuring that MASC's insurance products are administered effectively and resolving client issues. You will also be responsible for planning and implementing the insurancerelated goals and targets as part of the service centre and divisional strategic plans.

MASC values innovation, excellence, collaboration, and accountability. We strive to enhance existing products and develop new products, transform service delivery to enrich the client experience, pursue customer driven organizational change, and maximize performance, engagement, and development of all employees.

MASC has five core competencies: communication, decision making, initiative & innovation, leadership, and organization. Competencies relate to every position at MASC and along with the technical requirements, are included in the qualifications for all positions at MASC.

ESSENTIAL QUALIFICATIONS

- · Post-secondary education in agriculture and related experience or an equivalent combination of related education and experience may be considered.
- Experience providing a high level of customer service.
- Experience interpreting and applying regulations, contracts, policies, and procedures.
- Experience in the agricultural industry.
- Knowledge in sales and marketing.
- Knowledge of agricultural insurance.
- Ability to use Microsoft products (SharePoint, OneDrive, Excel, Word, Outlook, PowerPoint) in a cloud-based

DESIRED QUALIFICATIONS

• Ability to communicate verbally in both official languages (French and English) is an asset.

CONDITIONS OF EMPLOYMENT

- Must be legally entitled to work in Canada.
- Must possess a valid driver's licence, access to a vehicle and the ability to travel within the Province of Manitoba.

This position has a salary range of \$60,295 – 72,399 per annum. Interested candidates are requested to send their résumé and cover letter, marked Confidential, no later than Friday, November 4, 2022 to:

MASC – Human Resources Unit 100 - 1525 First Street S. Brandon, MB R7A 7A1



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EMPLOYMENT



Homestead

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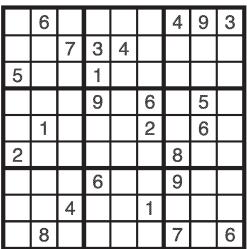
Deadline for applications is November 3, 2022.

Are you looking for a career that will enhance community life? Homestead Co-op is looking for you! Together, we build relationships, lead in service, and positively impact our communities with every interaction.

We offer great benefits, an employer matched pension plan and learning opportunities.

To apply, please go to the Careers section of our website and apply on the Job Board: www.homesteadco-op.crs

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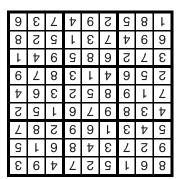


Fun By The Numbers

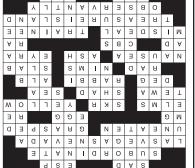
Like puzzles? Then you'll love sudoku. This mind-bending puzzle will have you hooked from the moment you square off, so sharpen your pencil and put vour sudoku savvy to the test!

Here's How It Works:

Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!



Sudoku Answer



Crossword Answer

CROSSWORD

CLUES ACROSS

- 1. Unhappy
- 4. Clairvoyance
- 7. One who works under you
- 12. What happens there stays there
- 15. Not ingested
- 16. Got the picture
- 18. One thousandth of a gram
- 19. Breakfast item
- 20. About
- 21. Tall deciduous trees
- 24. Safe keeping receipt
- 27. Cowardly
- 30. Pueblo people of New Mexico
- 31. Herring-like fish
- 33. A very large body of water
- 34. Angle (abbr.)
- 35. Spiritual leader of a Jewish congregation
- 37. White clergical vestment
- 39. Cool!
- 41. Matchstick games
- 42. Thick piece of something
- 44. A state that precedes vomiting
- 47. Burned item residue
- 48. Jaguarundi
- 49. Anno Domini (in the year of Our Lord)
- 50. The home of "60 Minutes"
- 52. Dorm official
- 53. Give cards incorrectly
- 56. One who is learning the job
- 61. Popular R.L. Stevenson novel
- 63. Attentively
- 64. CNN's founder
- 65. Criticize

CLUES DOWN

- 1. Fijian capital
- 2. Assist
- 3. Elected lord in Venice 4. The capacity of a physical system to do work
- 5. People of the wild

- - 6. Parent-teacher groups
- 7. Midway between south and southeast
- 8. Moved quickly on foot
- 9. Handheld Nintendo console
- 10. "Top of the Stairs" playwright
- 11. Electronic data processing 12. "Dog Day Afternoon" director
- 13. Leaned
- 14. About aviation
- 17. Mountain is a popular type
- 22. Lake along Zambia and Congo border
- 23. Heroic tales
- 24. Soviet Socialist Republic
- 25. "Star Trek" villain
- 26. Hand gesture popular on social media
- 28. Renters have one
- 29. Tubular steel column

- 32. Database management system
- 36. Similar
- 38. Providing no shelter or sustenance
- 40. Death
- 43. What a sheep did
- 44. Midcentury Asian battleground
- 45. Horizontal passage into a mine
- 46. Mortified
- 51. Improper word
- 54. No seats available
- 55. Financial obligation
- 56. It can be hot or iced
- 57. Tough outer skin of a fruit
- _ Spumante (Italian wine)
- 59. Misfortunes
- 60. Negative
- 62. Camper

Classifieds The Voice

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PUBLIC NOTICE



UNDER THE AUTHORITY OF THE PLANNING ACT NOTICE OF PUBLIC HEARING FOR RE-ZONING By-Law # 1805-2022

On the date and at the time and location shown below, a PUBLIC HEARING will be held to receive representations from any person(s) who wish to make them in respect to the following matter: PARKSIDE VILLAGE LTD, (applicant) of mailing address 20 BRANDT ST UNIT 3 - SUITE 407, STEINBACH, MB, STEINBACH, on behalf of PARKSIDE VILLAGE LTD (owner/s) has made an application to amend the Town of Altona Zoning By-Law 1792/2021 to Re-Zone the land legally described as Lot 2 Plan 2144 in the SW 8-2-1WPM, civic address 224-10TH AVE NW, roll # 115300 from ""5:6" RMH - Residential Mobile Home" to ""5:5" RMD - Residential Medium Density"

HEARING Town of LOCATION: Council

Town of Altona Council Chambers

227 10 Ave NW, Altona The Rhineland Pioneer Centre

DATE & TIME: November 15 2022 at 7:00 PM

GENERAL INTENT:

The applicant is applying to rezone the property to "5:5" RMD - Residential Medium Density from "5:6" RMH - Residential Mobile Home on the property described above. A Public Hearing is required for this purpose. Notices were sent out within 100 Metres.

Please see attached Schedule "A" for reference.

FOR INFORMATION CONTACT:

Susan Stein, Community Development Officer 109 – 3rd Ave NE, Box 270 Altona, MB RoG oBo Phone: (204) 324-5357 Email: manager@rpgamb.ca

Schedule "A"



HEALTH

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PUBLIC NOTICE



ANNUAL GENERAL **MEETING**

7:00pm Thursday October 27, 2022

Altona Curling Club

·Annual Report ·2021 Audited Financial ·Statement ·Election of Directors

Call for nominations for the Board of Directors

Incumbent Directors are eligible for re election-Nominations from the floor will not be accepted at the AGM-Candidates must meet certain qualifications

Applications available at the SVC Admin Office 204-324-6956

Deadline for applications is Thursday, October 20, 2022

EMPLOYMENT





Administrative Coordinator Pembina Hills Arts Council - Part-time 352 Stephen Street,

Morden, MB, Canada R6M 1T5

Job Description: The Administrative Coordinator is responsible for the overall management of the Pembina Hills Arts Council operations and programs. This position includes office and program administration, gallery exhibit planning, and grant writing. It is part-time at 22.5 hours per week.

Responsibilities include: board relations, administration, finances (grant writing), human resource management, gift shop management.

Position requirements: Knowledge and experience in administration, excellent interpersonal and communication skills, proficiency with computers, previous experience with grant writing an asset, post-secondary education; knowledge of and experience working in arts and culture and not-for-profit sector. Interested applicants should apply with resume and minimum of two references via email to admin@pembinahillsarts.com. Deadline to apply is November 4, 2022.

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Resumes can be dropped off 851 Pembina Ave, Winkler or email to wdcc@mymts.net attention Ang 204 325-9103

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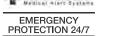
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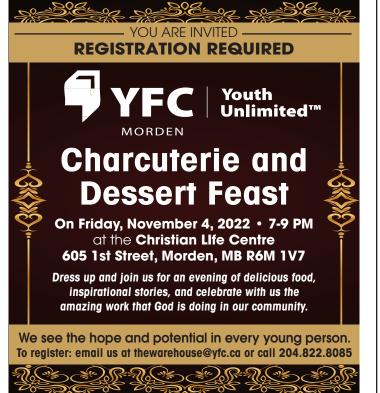
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AUCTION

Auction for Henry and Elvera Peters, 73 2nd Street, SE, Altona, MB. Timed online, closing Nov 4.



Ph: (204) 325-4433 Cell: (204) 325-6230 Fax: (204) 325-4484

Reporter/Photographer Wanted

Are you a natural born storyteller with an eye for photography and a passion for community news? Carman-Dufferin Standard is currently seeking a full-time reporter and photographer to join its multi award-winning weekly community newspaper.

We are looking for someone who is both motivated and passionate about being the best outlet of interesting and breaking news stories and event coverage in the Carman-Dufferin area and surrounding area communities.

Qualifications:

- A post-secondary degree/diploma in journalism or equivalent experience in a related field
- Strong photography and writing skills with an interest in social media
- · Self-starter with the ability to exercise solid news judgement
- Ability to establish professional relationships to consistently source and write a wide range of stories and cover events in a fair, balanced and accurate manner
- · Able to work both independently and as a team on a flexible work schedule including both evenings and weekends to meet our weekly editorial deadline
- Experience covering council and school board meetings
- Knowledge of CP Style and about the Interlake and its surrounding communities would be an

Please forward your resumé along with three writing and photography samples to:

Email: news@stonewallteulontribune.ca

Deadline to apply is Friday, October 28, 2022.





Announcements Voice

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OBITUARY

Gerald (Gerry) Untereiner 1931 – 2022

Peacefully in the early morning hours of Tuesday, October 18, 2022 at Tabor Home, our dad, Gerry Untereiner, 91, went to be with his Lord and Saviour.

Gerald Lawrence Untereiner, the second of eight children, was born on July 16, 1931 to Adam and Annie (nee Wiens) Untereiner in the small town of Wymark, Saskatchewan where he grew up with his seven siblings; five brothers and two sisters. He did his elementary and secondary schooling in Wymark's one room schoolhouse. After Grade 12 graduation, Dad joined the Royal Canadian Air Force in 1949 which began a career spanning 37 years. He graduated as a flight navigator in August 1954. During one summer while working in Regina, our gramma (our Mom's

mom) invited Dad home for a family dinner and there he met his sweetheart, our Mom Irene. Dad was going to the University of Saskatchewan in Saskatoon at this time and wrote many heartfelt letters to Mom. In May 1956, Dad graduated with a Bachelor of Science in Chemistry and he and Mom were married at long last on May 5, 1956. They were blessed with three children - Brenda (1959), Mitchell (1962) and Curtis (1972). They had many moves which took them overseas, across Canada and to parts of the USA. Dad went on to earn his Masters in Engineering (1962) at the Air Force College in Dayton, Ohio. He worked hard in his career but his love for his family was paramount. He loved our Mom dearly, always holding her hand- right to the end. Dad's faith in the Lord grew after meeting Mom - he was baptized and confirmed in the Lutheran Church - serving faithfully - especially at Our Saviour's in Ottawa for over 30 years. It was important to him to pass on his love for the Lord to his children. Dad and Mom both loved country music. They had so much fun Square Dancing and Round Dancing from early in their marriage to well into their midseventies. Dad loved to play games and was an avid cross word puzzler! His love and knowledge of words was amazing! After being in Ottawa for 32 years, Mom and Dad moved to Morden in October 2015. They began a new part of their journey together at a side by side then moved to Homestead a year later. In October 2016, Dad suffered a fall while in hospital on the day he was to return home. A broken hip resulted from that fall as well as surgery. Unfortunately, he never regained his ability to walk after surgery and thus began a six-year journey of being in care. This saddened him greatly, but he faced it with grace. By this time, he was also facing a decline in his cognitive abilities. After being lovingly cared for 13 months in Rock Lake Hospital, Dad moved into Tabor Home in February 2018 and again received loving care for 4 1/2 years.

We as a family would like to thank the many wonderful health care providers of all disciplines at Boundary Trails Health Care Centre, Rock Lake Hospital and Tabor Home. Dad appreciated you all so much and you made his tough times brighter.

Gerald is survived by his daughter, Brenda Untereiner-Falk (Ron), their children: daughter, Gabriella (daughters, Kezleigh, Kaia and Kanyon) and son, Michael; and his son, Curtis Untereiner (Nancy). He is also survived by his sisters-in-law: Gail Untereiner of Saskatoon, Margaret Untereiner of Brandon, Evelyn Stone of Calgary, Gladys Peterson (Pete) of Calgary, Helen Hepting of Regina, as well as several nieces and nephews.

He was predeceased by his loving wife, Irene (July 2022); his parents; his seven-year-old son, Mitchell (1970); two brothers; five sisters; 12 brothers-in-law and five sisters-in-law.

In lieu of flowers, donations may be made in Dad's memory to the Canadian Food Grains Bank or Ducks Unlimited.

Wiebe Funeral Chapel, Morden In care of arrangements wiebefuneralhomes.com



OBITUARY



Margarita (Marge) Wieler (nee Peters) 1934 - 2022

Marge Wieler age 88 years of Winkler, MB formerly of Stephenfield passed away on Sunday, October 16, 2022 at her residence.

She is survived by her husband, John Wieler; their daughter, Eunice; daughter-in-law, Faye; two grandchildren and four great-grandchildren.

She was predeceased by her son, Harvey (2002).

Funeral service was held on Friday, October 21, 2022 at the Winkler Sommerfeld Mennonite Church with interment at the Rosenbach Cemetery.

Wiebe Funeral Home, Winkler In care of arrangements wiebefuneralhomes.com



OBITUARY

Mary Demke (nee Krahn) 1933 - 2022

On Friday, October 14, 2022 Mary Demke, age 88 of Winkler, MB passed away peacefully at Salem Personal Care Home in Winkler.

Mary was born on December 6, 1933 in Wymark, Saskatchewan to Bernhard and Katherina Krahn. She was the 5th child in a family of nine children. The family later moved to Reinfeld, MB where she spent her growing up years. Mary married Walter Demke on July 31,1955. They made their home on the Demke homestead north of Winkler raising chickens and growing crops. Mary was a baptized believer and a member of the Winkler Bergthaler Mennonite Church. Here she was involved in serving meals at funerals and singing in a lady's choir during the Christmas season. Mary was an incredible cook, baker and seamstress. Her specialty was

creating wedding and grad gowns. She enjoyed watching curling, hockey and baseball; she also participated in floor curling and golfing. For many years Mary volunteered at the Ag Society and MCC store. Family was important to Mary being involved and interested in her children, grandchildren, and great-grandchildren. She adored the little people. Mary had a loving, caring and sincere heart and she enjoyed a good laugh.

Mary will be lovingly remembered by her family, three daughters and two sons: Debbie (John), Cherrie (Pete), Howard (Lynne), Pam, Brian (Chandelle); 11 grandchildren: Derek (Leanne), Candice (Nat), Calleen (Corey), Alex (Randy), Jesse (Callie), Connor (Callie), Shaye, Emerson (Brandi), Alyssa (Jayden), Daisy and Lila; 11 great-grandchildren: Owen and Connor, Sam and Katelyn, Chloe, Damien and Dexter, Mason and Rohen, Jace and Cole. Mary is survived by one brother and two sisters, four sisters-in-law and one brother-in-law.

She was predeceased by her husband, Walter Demke, by her parents, grandchild, Colin (stillborn), son-in-law, Albert Fehr, two sisters and three brothers.

Memorial service was held at 11:00 a.m. on Thursday, October 20, 2022 at Wiebe Funeral Home, Winkler with interment at Westridge Memorial Gardens.

In lieu of flowers, donations may be made in Mary's memory to Salem Personal Care Home, 165 15th St. Winkler, MB R6W 1T8.

Thank you everyone for your sincere prayers and acts of kindness. A special thank you to the Evergreen staff in Salem for showing love and care to our mother, Kiley Wilson and staff, thank you for your care and support in looking after all the fine details in arranging our Mom's funeral; your expertise is very much appreciated! Thank you, Pastor Dean, ushers, Earth Buds and Marina Sawazki, your service was greatly appreciated.

Wiebe Funeral Home, Winkler In care of arrangements wiebefuneralhomes.com



OBITUARY

John Gerald Leonard Toews September 25, 1938 – October 11, 2022

It is with deep sadness that we announce the passing of John (Jare) Toews.

Leaving to mourn John is his wife of 52 years, Susan Toews; brothers Dick (Marlies) and Bill (Barb); brother-in-law Mel, brother-in-law Robert, sister-in-law Carole Dickson and many nieces and

John was predeceased by his parents John and Katherine Toews, his brother Arthur, sisters June and Wilma.

John was born and raised in Kane, Manitoba. He was noted for his spirit of adventure. As a young man, he worked for a short

period with the Canadian National Railway as a land surveyor in the North West Territories. In 1967, John started his long career with the RCMP. First, for several years in Canada and then as Attaché to the Canadian Embassies and High Commissions in Beirut, Lebanon; Bonn, Germany and Bogota, Columbia. After retiring from the RCMP, he worked with the United Nations in Ecuador. Upon retiring from the UN, he volunteered in training and mentoring police forces in Costa Rica, Kosovo and Bolivia.

John met Sue in 1969 and they married in 1970. John's career took them to different corners of the world making for an interesting life of adventure. Upon full retirement, John and Sue settled in Surrey, B.C. where they enjoyed 11 years of sailing and getting together with family and friends. He will be deeply missed.

Donations in John's memory may be made to Parkinson Canada.

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Maroons fall to Wild, **Royals best Hawks**

By Ashleigh Viveiros

The South Eastern Manitoba Hockey League kicked off its season last weekend.

In Altona, the Maroons got things off to a rocky start with a 9-2 loss to the visiting Red River Wild.

Justin Voth got the home team up on the board with the first period's lone goal midway through.

Red River hit back hard, though, in the second, scoring five times and then adding three more in the first half of the third before the Maroons found the back of the net again courtesy of Robert Guimond. The Wild added one more with a few minutes left on the clock.

Cole Kehler made 60 saves in net for the Maroons as their opponents outshot them 69-23.

Down the highway in Winkler, the Royals fared much better in their season opener against the Notre Dame Hawks.

Winkler was in the 3-2 after 40 minutes thanks to a pair of goals from Aaron Lewadniuk and a single from Caleb Suderman.

Remi Laurencelle widened that gap to 4-2 a minute into the final period before Notre Dame added three goals in nine minutes to take a 5-4 lead.

Winkler's Jordan Peters saved the day with a little over three minutes on the clock to send the game into



PHOTO BY EDWARD VINCENT ARCENEL/VOICE

The Altona Maroons opened their season with a 9-2 loss at home to the Red River Wild Saturday.

There, Brett Harder got the gamewinner for Winkler on a powerplay.

The Royals had a slight edge in shots on goal, 44-39. Goalie Jayme Janzen made 34 saves for Winkler.

Coming up, both Winkler and Altona play the Ste. Anne Aces this weekend. Winkler hosts them Friday

night while Altona is on the road Sunday. The Royals also have an away game against Notre Dame next week Wednesday.

The Morden Bombers, meanwhile, open their season with a home game against Notre Dame Saturday, Nov. 5.

Male Hawks sweep doubleheader vs. Chiefs

By Lorne Stelmach

The male U18 Pembina Valley Hawks erased their first regulation loss of the season from their memories last week as they then swept a weekend doubleheader on home ice in Morden.

A 5-3 loss to the Southwest Cougars last Wednesday in Souris was followed by 4-2 and 9-3 wins over the Yellowhead Chiefs Saturday and

The Hawks trailed 3-2 and 4-2 at the intermissions against Southwest, who sealed the win with the empty net insurance marker with 55 seconds remaining in the game.

Carter Campbell, Nate Lodewyks and Beau Bannerman scored for Pembina Valley, which outshot the Cougars 32-27. Raiden LeGall took the loss with 22 saves.

The Hawks finished strong against the Chiefs in game one with three unanswered third period goals for the victory.

Sebastien Hicks had a pair of goals including a shorthanded marker, and Sam Delaquis and Lane Apperley also contributed on the scoresheet. Bryson Yaschyshyn made 30 saves with the Hawks having a 47-32 edge in shots

Things then worsened for Yellowhead as the game progressed Sunday, with the Hawks taking 2-1 and 4-1 period leads before adding five more in the final frame.

Lodewyks had a hat trick and Ty Love contributed a pair, while other goals came from Cedrik Robidoux, Marek Miller, Ryder Wolfe and Liam Goertzen. Shots on goal were 43-33 in favour of the Hawks with LeGall getting the win on 30 saves.

The Hawks came into the week sitting in third place at 6-1-2 for 14 points, and they will have a good chance to move up a notch with a pair of games against the second place Winnipeg Bruins this weekend.

Twisters best Express, fall to Twins, Riels

By Lorne Stelmach

It was a week of mixed results for the Pembina Valley Twisters in MMJHL action.

It started off badly with the Twisters being thumped 11-4 by Fort Garry Fort Rouge last Tuesday. Their fortunes improved then with a 4-1 victory Friday over Transcona, but that was followed by a 5-3 loss to St. Boniface Sunday.

Things went bad quickly for the

Twisters against the Twins, who scored just 20 seconds in and went on to take period leads of 4-1 and 8-2. Carter Halamandaris led the way with a big four goal night.

Slade Sotheran, Brett Bergman, Nico Vigier, and Riley Goertzen scored for the Twisters, who were outshot 50-22.

Matt Grysiuk started in net and allowed four goals on 11 shots in the first period before being replaced by Logan Enns, who allowed seven goals on 39 shots.

On Friday, Pembina Valley expanded a 1-0 first period lead to 4-0 in the second period before Transcona got on the board.

Southeran, Goertzen, Zander Carels and Caelan Russell scored for the Twisters while Enns made 28 saves with the shots on goal 29-27 in favour of the Railer Express.

Then, special teams did in the Twisters against St. Boniface as the Riels went 3 for 6 on the powerplay while getting solid goaltending from Gordon Pohl with 48 saves.

Goertzen, Bergman and Mike Heppner scored for Pembina Valley, and Grysiuk took the loss in net in stopping 33 of 38 shots on goal.

Their early season struggles have the Twisters sitting near the basement in ninth place at 2-5-0-1 for five points.

This weekend, the Twisters again face Fort Garry Fort Rouge Friday followed by the Raiders Sunday after-



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